Register Magazine

Issue No 428 December 2026



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Letters, articles and photographs are always welcome, but views and opinions expressed by contributors are not necessarily those of the publishers.
We reserve the right to edit submissions if appropriate.

info@registermagazine.co.uk

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News

Wyke Regis Gardening Club

Merry Christmas from all of us! Our last trading day before Christmas is December 12th so please come and join us for coffee and mince pies and take part in our Christmas raffle. We reopen on January 16th 2027 when we hope to have the seed potatoes in.

Membership is £10 per year but if you join now it is just £5 to take you up to April 1st 2027. The Clubhouse in Rylands Lane is open on Saturdays from 9.30am to 12.30pm.

For more information email enquiries@wrhs.org.uk or call 01305 602137.

Wyke Regis WI Report

Join us on the dancefloor for our disco on 26th November from 2.00pm-4.00pm. Other local WI members have been invited, tickets £6 including a soft drink.

Our book group will be holding an open session on the 19th November, when people can come along and discuss books they have enjoyed. In December we are looking forward to a talk by Grace Lovelace on The Life of an Opera Singer at our meeting on 10th, in addition to the regular meetings of our numerous interest groups. We're also getting ready for Christmas with a stall at the Wyke Christmas Fayre on 6th December, a flower arranging session on 3rd December and the Wyke WI singers' Christmas concerts on 8th & 9th December.

In November we had a very informative talk on will and probate planning by James Coleman.

Our next coffee morning will start at 10.00am on Tuesday 1st December, where members and non-members are welcome for tea and coffee, homemade cakes, book and bric-a-brac stalls and a chat at the WI hall in Gallwey Road.

For details of our events, meetings and interest groups please visit our website www.wykeregiswi.org.uk.

Portland Coves annual concert

Wyke Memorial Hall, DT4 9EZ, Saturday 5th December 2026, 7.30pm doors open at 7.00pm.

Coves play predominantly Celtic roots based music, not just from the UK but from around the world including Portugal, Turkey and Japan. Introducing a number of unusual instruments.

Often played upbeat but always with the Coves unique twist. £10. Cash Bar.

Advance ticket purchase recommended however ticketss on the door if still available.

For further information contact:
Ian Cox
07966439161
iancoxart@yahoo.com

Carols in Wyke Square

Monday 21st December 2026 at 7.15pm.

Come and sing carols round the Christmas Tree in Wyke Square accompanied by Weymouth Concert Brass and enjoy a glass of mulled wine. It's just possible that Father Christmas will call too, so bring your family and friends, and don't forget your reading glasses and a torch!

Sutton Poyntz Village WI

The weather is definitely turning colder and darker after the clocks changed a couple of weeks ago. We've also had a couple of Storms since last month's report!

In fact I wondered if anyone would turn up to our Coffee Morning in aid of The Women's Refuge. But I didn't need to worry it was a very successful event despite the weather! We raised £242.50 and we have yet to count the charity bucket that goes out each month for members to drop in their spare change.

At our November meeting we welcomed Kath Coker MBE who talked to us about The Veterans Hub in Wyke Regis. They support Veterans in the local area and never turn anyone away, they just get a bigger room! They also run lots of regular support and learning groups for the more vulnerable Veterans. Kath is originally from Bristol where she raised money for a Charity, that she started, for a number of years. She moved to Weymouth in 2022 and started volunteering at The Veterans Hub. Kath told us that they are always looking for volunteers so if that appeals to you just drop in sometime and see how it all works. There is a cafe and a charity shop at the Hub and they're always grateful for any donations. Kath's volunteering started after her husband died and she eventually wanted to move forward and find her own path. This gave her the confidence to start the Bristol charity and subsequently become involved in The Veterans Hub.

During November we are going out for our annual Autumn Meal and then we are holding a Willow Workshop which should be really enjoyable. A group of us are also going to see The WOW show at The Weymouth Pavilion.

Our next meeting is our Christmas Party! I can't believe it's that time already!

Val Dawe - President

Sutton Poyntz Talk by Paul Atterbury

The Great Exhibition of 1851, an illustrated talk by Paul Atterbury.

Friday January 15th at 7.30pm, Sutton Poyntz Mission Hall. £10 Tickets in advance only
07714506168
suemcottam@btinternet.com

Paul Atterbury is a familiar face on TV, being one of the experts on the Antiques Roadshow.

His expertise as an historian, a writer & his knowledge of antiques are brought together in this illustrated talk about the fascinating Great Exhibition, housed in Crystal Palace, which was visited by 6 million people over 6 months in 1851. Limited places so please book early. Profits will go towards the hall's building improvement fund.

Preston Village Market and Coffee Morning

Saturday 5th December

This will be our Christmas Market and the last one of 2026. Come along and see our Christmas Fayre and partake of delicious refreshments. The market will be held in St Andrew's Church Rooms, Church Road DT3 6BU, 10am - 12.30.

We are pleased to say that we raised £186 at our last market, to share between our chosen charities. This time we are raising funds for:

Hollie Gazzard Trust. Providing workplace training packages to help organisations recognise risks, respond effectively and build a safer, more supportive network for those at risk from Domestic Violence or Abuse.

St Andrew's Church, Preston. Serving the local Community. Free Entry but donations to our chosen charities would be gratefully appreciated.



Overcombe WI members with their rag wreaths ready for Christmas.

Overcombe WI

Overcombe WI have had a busy few months and our various sub groups (walking, book, craft, singing and culture) have continued to be very active.

Recently we have visited the RNLI in Poole and Oxfords Bakery in Alweston. At our November Meeting we made a presentation to the Poppy Appeal as we had created our own Poppy Wreath for Remembrance Sunday. We then made rag wreaths ready for Christmas.

If you would like any more information on Overcombe WI and what we are doing next please contact us on overcombewi@gmail.com

Trustee Vacancies – Osmington Village Hall

Osmington Village Hall Management Committee is looking for new Trustees.

We currently have three vacancies for Parishioners to help to run and develop our popular Village Hall.

The Management Committee will welcome enquiries and applications from persons who feel they might like to join a friendly, committed team.

Full use is made of any skills, talents, enthusiasm and ideas our Trustees might have – as far as possible, to keep maintenance costs as low as can be managed, the hall is maintained by the Trustees. Help in that direction is always much appreciated.

The hall is a Charitable Incorporated Organisation (CIO), a corporate legal structure designed specifically for charities in the UK, regulated exclusively by the Charity Commission rather than by Companies House.

The decision to become a CIO was taken by the Trustees in 2018, to protect serving Trustees from any financial risk that might arise pertaining to the Management Committee's governance of the hall.

Osmington Village Hall Trustees do a great job in keeping the hall friendly and accessible for everyone. Some of our Trustees are members of groups that currently use the hall, some are interested parishioners – all are committed to the management of the wonderful village asset that is Osmington Village Hall.

More information on the role of the Trustee is available from Vic White, Chairman - chairosmingtonvillagehall@gmail.com

Vic White
Chairman,
Osmington Village Hall Management Committee

Weymouth Bay Medical Practice

www.weymouthbaymedicalpractice.co.uk

Diary Dates

Thursday 10th December
Closed from 3.00pm for Staff Training

Friday 25th December
Closed, Christmas Day

Monday 28th December
Closed, Substitute Boxing Day

Friday 1st January
Closed, New Years Day

Autumn: Time to Think About Vitamin D

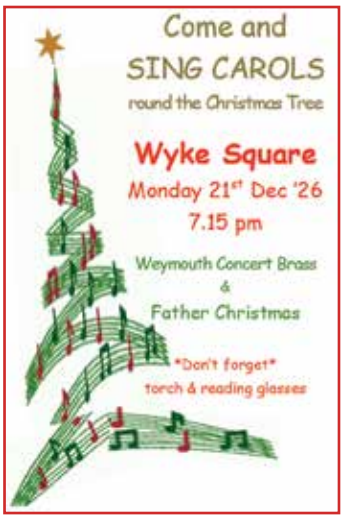
As autumn arrives and sunlight becomes weaker, our bodies can no longer make enough vitamin D from the sun. That's why taking a daily vitamin D supplement from October to March is a simple and effective way to support your health.

Vitamin D helps keep bones, teeth, muscles and the immune system healthy. During winter, vitamin D levels naturally drop, which can lead to bone pain, muscle weakness and an increased risk of falls if levels become too low.

Some people are more at risk of vitamin D deficiency, including those who spend little time outdoors, people with darker skin tones, adults over 65, pregnant or breastfeeding women, people living with obesity, and those who have had multiple fractures. These groups may benefit from taking vitamin D all year round.

Food sources of vitamin D include:
Oily fish such as salmon, sardines, trout, herring and tuna.
Egg yolks, meat, liver and milk
Fortified foods such as some

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breakfast cereals, margarines, yogurts and infant formula milk
Taking vitamin D during the colder months is a simple step that can help maintain your health throughout winter.

Patient Participation Group
Are you interested in finding out how your GP practice works and about the health services it delivers? Why not join our Patient Participation Group?
The PPG meet every three months, and information of interest is shared via email to its members.
If you would like to be part of the PPG, or would like further information, please ask at reception.

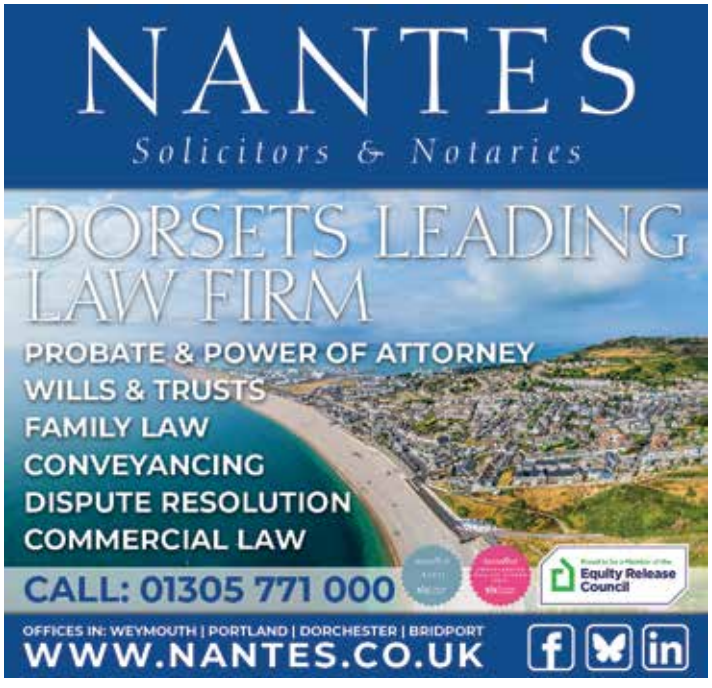
New Telephone System
We are pleased to announce that our new telephone system is now live.
The new system provides our team with real-time information on call volumes and queue lengths, enabling our Patient Services Team to monitor demand and respond quickly during busy periods.
A new callback feature is also available. Rather than waiting on the phone, you can choose to keep your place in the queue and receive a callback when you reach the front of the line.
We hope this improvement will make it easier for patients to access our services while enhancing the experience for both patients and colleagues.

SystmConnect - Easy Access to Your GP Practice
We have changed from eConsult to SystmConnect which is a secure online service that lets patients contact their GP practice, submit requests, and access help from any device.

What can you do with SystmConnect?
Complete online consultation forms and send them directly to your GP practice.
Request appointments for yourself or on behalf of someone else.
Access the service from our Practice Website
Share documents, photos, fit notes, and questionnaires securely.
Access self-help information, symptom checkers, pharmacy advice, and self-referral services.
Track requests and communicate with your practice easily online.
Because SystmConnect is linked directly to your NHS medical record, information is stored securely and helps practices respond more efficiently, often reducing the need for face-to-face appointments.
Simple, secure, and convenient healthcare access anytime, anywhere.

Have you had your Flu Vaccination?
Flu season is here once again, and we were pleased to have held three large vaccination clinics throughout October, at Wey Valley school delivering an impressive 6,856 vaccinations.
We would like to say a huge thank you to all our colleagues who supported the clinics, and a special thanks to our Patient Participation Group volunteers, whose help in managing traffic flow in the car park was invaluable. Your support helped ensure the clinics ran smoothly and efficiently for everyone attending.
Flu is a common winter illness that can be serious, especially for older adults, pregnant women, young children, and people with certain health conditions.
Many people worry that the flu jab gave them flu, but this is not possible because the vaccine does not contain a live flu virus. It takes around 1-2 weeks for the vaccine to provide protection, so some people may catch flu before it has had time to work.
The flu virus changes every year, which is why a new vaccine is developed each season. Having the flu jab annually gives you the best protection against the strains most likely to circulate that winter.







While the vaccine is not 100% effective, it can reduce your risk of severe illness, hospital admission, and complications from flu.
If you are invited for your flu vaccination, remember it helps protect both you and those around you.
If you have received a flu invitation and not yet received your vaccine, please contact the surgery to book your appointment.

Self-Care Week 2026: Looking After Your Mind and Body
16th-22nd November 2026
National Self-Care Week encourages everyone to take simple steps to improve their physical health and mental wellbeing. This year's theme, 'Mind & Body', highlights the strong connection between mental and physical health. Why self-care matters Self-care helps you stay healthy, manage existing conditions, reduce stress, boost energy levels and know when to seek professional support.

Simple ways to practise self-care:
Eat well with a balanced, nutritious diet.
Stay active through regular exercise you enjoy.
Prioritise sleep with a consistent routine.
Support your mental wellbeing by taking breaks and making time to relax.
Stay connected with friends, family and supportive communities.
Keep on top of your health by attending screenings, keeping vaccinations up to date and seeking advice when needed.
Small, everyday actions can make a big difference to your long-term health and wellbeing.
Find out more: Visit the Self-Care Forum for advice, resources and information about Self-Care Week.
www.selfcareforum.org

Wishing you a Fair Trade Christmas

We are grateful that we are having a good year in the shop with more people discovering us and wanting to support Fair Trade.
Hopefully, this trend will continue in the lead up to Christmas. As a charity we make donations to other charities working for the relief of poverty and the trustees have just agreed to donate now to two charities that we have supported in the past.
Child Rescue Nepal work tirelessly to rescue vulnerable children from trafficking. In the aftermath of

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the devastating flash floods their work has turned to supporting families who have lost everything, providing food, medical supplies, warm clothing, solar lighting and the emotional support they need to recover.

Action Against Poverty is a charity we support each year through the Christmas Big Give. Their campaign this year is focussed on their Women Leading Clean Water & Coastal Restoration programme in Sierra Leone, supporting women to improve access to clean water, restore vulnerable coastal ecosystems, strengthen food security, and develop sustainable livelihoods.

We will consider further donations in January, both locally and overseas when we know what funds are available. Shopping with us not only supports the producers of our fair trade goods but allows us to give more away to other charities, so do think about making this a fair trade Christmas when looking for gifts and stocking fillers.

After the success of the previous two years, Holy Trinity Church are holding a Christmas Tree Festival from the 5th-13th December which will be well worth visiting but don't forget to pop into the shop to say hello afterwards. We will also have a stall at the Wyke Christmas Fair on Sunday 6th December so come and find us in the Memorial Hall.

From Monday 30th November we will be open on Mondays in December and we will be open until lunchtime on Christmas Eve. We will then be closed until Tuesday Jan 5 to give our volunteers a well-deserved break over the holidays, so make sure you stock up on your essentials including chocolate and coffee before we close! During January we will be open for shorter hours, Tuesday-Saturday, 11.00am-3.00pm.

We would like to wish all of our customers a very happy Christmas and hope that 2027 will be a good year for all of us but especially for our suppliers and all of the wonderful artisans and producers they work with.

We can be contacted on 01305 772842, by email at thebridgefairtrade@gmail.com or follow us on Facebook.

The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ

December - Open Monday (from 30th November)-Saturday, 10.00am-4.00pm

January – Open Tuesday-Saturday 11.00am-3.00pm.

News from Citizens Advice

A: We know that poor quality work is an issue in the roofing sector but there's a difference between a roofer who does a less than perfect job, and a scammer who commits a calculated crime, designed solely to extort money from homeowners.

Consumers have reported 'traders' disappearing with their money, being tricked into paying for work not carried out, damage or issues being invented, aggressive sales tactics, intimidating demands for payment and being grossly overcharged. Scammers exploit the fact that roofs are out of sight and reach, knowing most people can't easily inspect the work themselves.

Here are our top tips on how to avoid rogue traders - and what to do if you have a problem with home repair work.

Find a trader you can trust: Your local council might be able to offer you a list of traders. The trader may belong to a trade association, so you can check if it offers any support.

Check if the trader is genuine: Be wary of anyone offering to deliver unsolicited work, either by knocking on your door or calling you on the phone or offering their services via social media. Get multiple quotes. Ask for references and make sure you get details of any work you agree on in writing. Be wary of traders who won't put anything in writing, only accept cash or want you to pay everything upfront.

Gather evidence: If there's a problem caused by a trader, you should be able to get it fixed or get some money back. Gather paperwork and receipts, take photos to use as evidence, and make notes about what's happened - including times and dates.

Know your rights: Your rights will vary depending on your situation. If a trader is at your home when you agree to roofing work, you have 14 days to cancel. The trader has to give you the information about your right to cancel in writing. If they won't do this, don't proceed.

If a trader hasn't done a good job with 'reasonable care and skill', the

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The publishing world and many other organisations have to plan ahead to meet deadlines. With the advance notice that is required for Over the Hill you could be reading this in the December edition of the Register, which is issued mid-November and written at the beginning of November! Are you still clear about the process?

Anyway, when I scribed these golden words – Mrs Barnacle of Wyke's view, not mine – Christmas was a still a long way off. This meant of course that my few remaining brain cells – My In-house Adviser's view, not mine – were somewhat confused with the mix up between Halloween, which involves 'treating' i.e. giving presents, and December 25th which definitely involves giving presents.

And don't ask when the January edition will emerge. All right then, do ask. It's the week before Christmas. So you are probably now as confused as I am. Though perhaps not as confused as me, but close to it. And that's not to mention Bonfire Night, which is sensibly now aimed more at fireworks designed to are colourful but not noisy. Less noisy to protect those who don't really understand what is going on, like yours truly and animals. Halloween was not something that most Senior Citizens had to deal with in their younger days. But bonfire night most certainly was. No youngster would miss the opportunity to cause themselves bodily harm with dangerous explosive devices. Health and safety was not a big topic in the years around the coronation of the monarch before last, or, if you are a tad younger, in the swinging sixties. Largely because our parents had either used or had many such deadly and far more powerful explosive devices dropped on them during the Second World War. They regarded a 'banger' or a 'Catherine Wheel' as easily survivable. But I digress.

What is more important now is to start my annual moan about Christmas items appearing in the shops months ahead of the great day itself. Wouldn't really enjoy the festive season without this yearly rant. But one or two other important matters are worth mentioning first. The subject of local mayors being one. When the subject is raised the expectation is that the process will involve a number of fine upstanding citizens from which the local electorate will, by a process of rational thought and careful consideration, select the most suitable candidate. Be warned. History tells us that this is not always the case.

In 1959 for instance a Ms Carareco stood as a candidate in the municipal elections in San Paulo, Brazil. She received more votes than any other candidate – over 100,00 it is said – but election officers refused to accept the result of the ballot. which are said to have been caused by an electorate fed up with the behaviour of the current administration. The vote was declared null and void and a new ballot was scheduled. This was done for the entirely ridiculous and biased grounds that Ms Carareco was ineligible to take office as she was a five-year-old female black rhinoceros, a fact well known to those who voted for her. Mind you, the story led some years later to the creation of the Canadian Rhinoceros Party, currently led by Chinook Blais-Leduc. You can't say that you don't learn anything by reading Over the Hill. But the plot thickens.

As an example, look at Kitimat, located in the British Columbian district of Canada. Kitimat has a population of just over 8,000. Despite the town name suggesting cats, they voted in Gus, a labradoodle, as their first Dog Mayor. Gus beat the second candidate by 134 votes. The process achieved its object, as it raised the overall – and official - voting figures by 33%.

There have been other examples. One of great importance was Stubbs, a Senior Senior Citizen in cat age, who was elected Mayor of Talkeetna, Alaska at, if my arithmetic is correct, the age of three months. A ginger Tom, he passed away, still Mayor and much loved, in 2017. But this is another digression, for Mayoral contests have little to do with looking forward to, advising on and planning for, the festive season. Mrs Barnacle suggested that to achieve success one of her most important tips was to buy everything you needed well in advance. We had a frank exchange of views about whether this meant my rant about Christmas starting too early was unfounded. I was developing a very strong position in the argument until my In-house Adviser weighed in on the side of Mrs Barnacle.

Another very important decision to make is whether or not to send Christmas cards. This process requires foresight, a large budget and an up-to-date contact list – or address book as we used to call it.

Personally I enjoy sending and receiving cards via the Royal Mail, but new problems have arisen in recent years. The stamps themselves have grown bigger, to the extent that you have to pay extra to get an envelope big enough to stick them on. This means bigger cards which weigh more, so cost more to send and if you have to walk more than 20 feet (I believe that's about 2 kilometres in new distance measurements) you can't carry more than five before collapsing under the weight. Online cards might seem the answer, but to view these they have to be opened and we Senior Citizens have had it drummed into us never to click on links in emails for fear of losing all our Bitcoins to scammers. Mrs Barnacle says she is safe from this particular threat as she doesn't have any Bitcoins. I suspect she doesn't know what they are.

This is the end of the first of many Over the Hill Christmas specials. If you find these OtH tips on how to enjoy Christmas useful, bear in mind that you could well still be receiving them in March 2027 if I can't sort out my deadline dates correctly.

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Pre-Christmas Days Out

Friday 27th November
Saturday 5th & Sunday 13th December

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Friday £71 Adult / £58 Child
Weekends £73 Adult / £59 Child

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Tuesday 8th Dec
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News

Continued from page 7

Consumer Rights Act 2015 entitles you to ask for the problem to be fixed or for a refund.
There is more information on the consumer page of our website www.citizensadvice.org.uk and if you want to report a problem you can contact our Consumer Service either online or by phone at 0808 223 1133.

News from Trading Standards

Why Energy Retrofitting Matters
As energy bills continue to strain household budgets, more Dorset residents are looking for practical ways to improve the warmth, efficiency, and long-term affordability of their homes. Retrofitting is one answer. This is the upgrading of existing properties with modern insulation, efficient heating systems, and renewable technologies.
Dorset Council is committed to help residents make their properties warmer and cheaper to run. Many households face the challenge of living in older, less efficient homes. About half of Dorset's properties have an EPC rating of D or worse, meaning they lose heat rapidly and cost more to heat. Retrofitting measures not only reduce energy use but also support national efforts toward meeting the UK's Net Zero target.
Retrofitting remains one of the most effective steps households can take. Dorset Council and its partner organisations now offer a wide range of free support to help people consider their options.
The Healthy Homes Dorset energy advice line provides free, impartial support on everything from lowering bills to dealing with damp and mould. Advisors can also explain grant options and energy-saving measures. Call their helpline on

Continued on page 18

Live your life the way you choose

Live every day your way at Anning House in Weymouth where you can continue with much-loved hobbies, try new activities and make new friends all in a welcoming, safe environment.
From pampering sessions in the hair and beauty salon, movie marathons in the cinema, to socialising in the café and bar – enjoy a fulfilling lifestyle tailored to you.
Choose what makes you happy
At Anning House you can fill your day with activities you enjoy. From crafting, baking and gardening to laughter-filled days out, we'll support you to live life to the full. Highlights include trips to Monkey World, Weymouth Pavilion and The Walled Garden.
For restful moments or quieter days, you can enjoy a natter over afternoon tea with friends and family in the café or simply enjoy the sunshine with a good book in our landscaped gardens. Community also plays a big role at Anning House, and local schools and groups often come and join in our activities. Some of our favourite visits include dance classes, animal visits and performances from local theatre groups.
Fulfilling lives and dreams
Dreams really can come true with our Wishing Tree initiative, which all residents can take part in. When you hang your wish on our tree, we will do our best to make it happen, no matter how big or small your request is.
Recently, residents have taken to the skies and flown over London in a 1930s Dragon Rapide plane; sailed in a hot air balloon; hit the airwaves on the radio; and even got a tattoo.
Home-cooked meals to savour
Care UK's award-winning dining experiences focus on providing choice and accessibility for all. Meals are tailored to suit any dietary needs you may have, including modified diets if you have difficulties with swallowing (dysphagia). Rest assured that no matter your needs, you'll enjoy high-quality, tempting meals, as well as sweet and savoury treats.
Dine in restaurant-style surroundings, with the reassurance that our team is ready to step-in if you need a helping hand at mealtimes. In-room meals are also available if needed.
Freshly prepared, seasonal dishes are created with residents' input so you can still enjoy family favourites while trying tasty new dishes. What's more, our person-centred approach to dining means that our chef will always do their utmost to accommodate your requests, even if they are not on the current menu.
Trusted to care
At Care UK, we've been delivering high quality, person-centred care for over 40 years. That's why over 16,000 families across the country trust us to care for their older loved one.
To find out more about Anning House call 01305 896 970 or visit our website careuk.com/anning-house.
Cross Road Weymouth Dorset DT4 9QX
careuk.com/anning-house



By Grahame Howard

As Time Goes By

I can't believe that it is almost Christmas. Time goes so quickly and in a blink of your eye, things happen that we are just not ready for. For me, it is Christmas shopping. I don't like shopping at the best of times, but Christmas shopping I find so stressful. Queues get to me, I admit that I have very little patience. Ask the CO and she'll tell you that my motto is everything has a place, a time and should go as planned.

My army training taught me and if anything threatens this, such as change, I struggle with it. I manage ok though but my mood is far sweeter when things go the way I plan them to and this is what Christmas shopping does to me. It looks ok when we watch a film and the Christmas shopping seems to go well with beautiful smiles and joy. However, in reality life is not like that and we are faced with queues, traffic hold up, parking problems and a host of other such things. So if you spot my grumpy face out shopping, spare a kind thought for my suffering.

Well, things have really been happening since I last wrote to you. For a very long time, my wife had been telling me that I stop breathing for a short time when I'm sleeping. This has been going on for some years now and I couldn't understand why I was so tired most of the day. She told me that she lays awake frightened to go to sleep in case I don't start breathing again. She told me that she has to dig me in the side to get me breathing once more. Now this would account for the many bruises I have received in my body - I am a vulnerable adult you know! Anyway, I took note of the notifications I received on my Apple Watch where it flagged up that I could be suffering from Sleep Apnoea. I spoke to my GP about it and he checked me over and felt it a good idea to refer me to the Sleep Clinic. Weeks later, I received an appointment and had a sleep test via a monitor they gave me for an overnight test. Six months later I received a letter with the diagnosis of Severe Obstructive Sleep Apnoea Syndrome and needed to commence CPAP Therapy.

To cut a long story down, CPAP Therapy helps a person to breathe properly and is a safeguard for when the patient stops breathing. It actually breathes for you. Therefore, every night, I have to wear a mask and head harness. I chose the nasal mask as the full mask looked very constricting to me. It took a little while to get used to it because it forces continuous air into the nose and one has to become used to it. In the end, it works well with practice. In my case, I needed to surrender my licence to DVLA because Sleep Apnoea makes the patient very tired. I now have to rely on the CO's driving skills. At this stage, I will say no more on this subject.

In addition to this, we have adopted two kittens. They actually live next door but prefer to jump the fence and play around in our garden. Charlie is not impressed as he doesn't like cats because they clip his ear or jump on him when he passes by. After all, he is 10 years old so he prefers the quiet life. Princess Willow is a house cat so has to be content in watching all of the fun through the windows, which are open but not wide enough for her to get through. It doesn't bother her though. The other day, I noticed our swing chair rocking and as I looked more closely, both the kittens were sitting on there rocking to their hearts content. Charlie didn't care for it though but, was too frightened to interfere in their activity.

The CO thought it would be a good idea to clear out our two sheds. The problem with this was that she put all her stuff into my shed and I couldn't move around. 'I'll move it later, my little fat man,' she said eyeing my reaction. I learnt long ago that it is always better to keep quiet when she has one of her ideas. The other problem, and much worse, was that I just can't fail to react. I try to be quiet, huffing and puffing around her but after a short time, I have to state my case. Now this is the wrong thing to do with the CO. She knows best; I need to learn to realise this fact and it would be more peaceful around us. But I fail every time. However, after a few hours of staring at her uttering the odd word and her, 'giving me the look' we managed to finish this task. The problem is now, she has filled my shed with the stuff that needs to go to the tip. Yes you've read this right. Why not put it in her own shed, I thought. However, she began giving me 'the look' again' just baiting me to say something, but I refused.

I don't know if you know the name, Paul Atterbury? He is one of the antique specialists on the Antiques Road Show. Well, we were doing our shopping in Sainsbury's and he and his wife were on the next till waiting to be served. 'Look' I almost shouted causing everyone to turn round, 'There's Paul Atterbury off the tele'. The CO knew his face very well and following us both completing our shopping, she began to speak to him as they walked out. I was already at the car loading it but the CO called me over. He is the man who wears those wonderful striped jackets which I love. The CO began telling him that she bought me one for my birthday recently. He is such a nice man very pleasant to speak with. So, that was our treat for the day.

We have just got to get ready for the festivities. So I wish you all a lovely Christmas and thank you for continuing to read my page each month.

Happy Christmas

Grahame and the CO

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The Ridgeway Churches

† Holy Trinity, Bincombe; † St Nicholas, Broadwey; † St Nicholas, Buckland Ripers; † St Francis, Littlemoor; † St Osmund, Osmington; † St Andrew, Preston; † St Laurence, Upwey.

Serving Bincombe, Broadwey, Buckland Ripers, Littlemoor, Nottington, Osmington, Overcombe, Preston, Poxwell, Ringstead, Sutton Poyntz, & Upwey

Worship and information is available at www.weymouthridgeway.org.uk

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

Normal Sunday worship in church

8.00am St Osmund's, Osmington (3rd, 4th)
9.00am Holy Trinity, Bincombe
9.00am St Nicholas', Buckland Ripers (1st,3rd)
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)
9.15am St Andrew's Church Rooms (1st)
10.30am St Nicholas, Broadwey
10.30am St Francis', Littlemoor
10.30am St Osmund's, Osmington (1st, 2n, 5th)
10.30am St Laurence, Upwey
4.00pm St Nicholas, Buckland Ripers (2nd, 4th)
6.30pm St Francis', Littlemoor (4th) Celtic Prayer

Weekday Worship
7.30pm Mon Evening Prayer/Compline St Francis'
7.00pm Tues Together on Tuesday St Francis' Church
7.30pm Tues Candlelight Service St Andrew's. Communion 1st Tuesdays
12.45pm Tues Prayer Meeting St Francis'
8.00am Thurs Morning Prayer St Francis'
12.00pm Fri Prayer Meeting St Andrew's
(For weekday services at St Nicholas see separate paragraph

S¶ACES to grow in faith
Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

Who's Who

Team Rector
Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 revjamesmenzies@outlook.com (day of rest Monday)

Team Vicar
Rev'd Philip Elliott
(Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadwey;
St Nicholas, Buckland Ripers)
The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971
weymouth.west.ridgeway.vicar@gmail.com (day of rest Monday)

Team Administrator
Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147
weymouth.ridgeway.team.office@gmail.com

Community Angels
A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc
(01305) 834866 standrewsangels@hotmail.co.uk

Hall Hire

St Andrew's Church Rooms, Preston,
Shirley Mitchell (01305) 837147 sachurchrooms4@gmail.com

St Francis' Community Room, Littlemoor
Anne Field (01305) 832532 anne_field@talk21.com

Mission Hall, Sutton Poyntz
Maureen Morris (01305) 835533.
Preston Village Hall
Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset
prestonvillagehallweymouth@gmail.com. 07742 636511.

New Weymouth Ridgeway Team Ministry Newsletter
If you would like to receive news and information about what is happening in our churches please contact me on: weymouth.ridgeway.team.office@gmail.com or 01305 837147.

Ridgeway Churches Diary Special Events

Tuesday 1st December
Knit & Natter
St Francis' Church, Littlemoor
Every Tuesday 10.30am-12pm
St Andrew's Church Rooms, Preston
Every 1st Tuesday 10am - 12pm

Thursday 3rd December
Little Lambs Baby & Toddler Group 9.30am-11.30am
Every Thursday
St Francis' Church, Littlemoor
£1.50

Monday 14th December
Angel's Lunch Club 12.30pm
Every 2nd Monday
St Andrew's Church Rooms, Preston.
(suggested donation of £7 per head)
Contact 01305 834866

Friday 18th December
Osmington Lunch Club 12.15pm for 12.30pm
Every 3rd Friday
Osmington Village Hall, Shortlake Lane, Osmington
Contact: 07814 888085

Saturday 19th December
Coffee, Cake & Chat 10am-12pm
Every 3rd Saturday
St Osmund's Church, Osmington
£3 per head

All Saints & St Edmunds Churches

The Parish of Wyke Regis All Saints with St Edmund Rector: Revd John Mackenzie Assistant Curate: Revd Ash Liddington www.parishofwykeregis.org.uk

You will find a warm welcome at our friendly and inclusive churches: All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road. We also have a close relationship to Holy Trinity Church on the Weymouth harbourside.

All Saints Church DT4 9ES Churchwardens: Alison Rimmer, Leslie Seamark
The church is open daily for visitors and prayer from 9.00am.

Sundays
8.00am Holy Communion BCP (said).
1st Sunday of the month, 9.30am: Café Church – Tea, coffee and toast from 9.30am onwards.
2nd, 3rd and 4th Sundays, 9.30am: Sung Communion, followed by refreshments. 4th Sundays, 11.15am to noon: Ignite, our new service for all ages, followed by refreshments.
4th Sundays, 6.30pm: Joint Evensong, location alternates between All Saints and Holy Trinity Church.
5th Sundays: Joint Service with St Edmund's. Location alternates between All Saints and St Edmund's.

Morning Prayer
9.00am Mon, Wed, Thu, Fri
9.30am Saturday
Fridays
10.30am: Holy Communion (said), followed by refreshments.

Coffee Mornings
10.00am: 3rd Saturday of the month (see dates below).
St Edmund's Church DT4 9HZ Churchwarden: Caro Elliott; Deputy Churchwarden: Amy Roff

Sundays
1st, 3rd and 4th Sundays, 11.00am: Holy Communion with hymns, occasionally alternating with Service of the Word. 2nd Sundays: Ignite, our new service for all ages, followed by a light lunch.
5th Sundays: Joint service with All Saints. Location alternates between All Saints and St Edmund's.

Thursdays
1.00pm–3.00pm: Little Saints Baby and Toddlers Group (during term time). Bring along your children, grandchildren or Godchildren and meet up with others. All welcome. Contact Amy on 07397 805124 if you would like to know more.

Coffee Mornings
10.00am – midday, last Saturday of each month (see dates below).

Hall Hire
Have an event in need of a venue? St Edmund's beautiful church hall is available for hire at very reasonable rates. Send enquiries to office@parishofwykeregis.org.uk, or contact Amy on 07397 805124 for more information.

The Parish of Wyke Regis works with local schools, charities and other organisations. We offer many opportunities for people of all ages to come together, such as men's breakfasts, walking groups, craft groups, as well as chances to learn to sing and ring the bells; all of which help towards combatting loneliness and isolation.

Contact Us
If you want to get in touch, contact us via email: office@parishofwykeregis.org.uk, or call us on 01305 784649.

Regular parish activities
All welcome. Get in touch beforehand, or just come along and join in!
Art Group – Contact Janet Hall on 01305 839737.

Bell Ringing – Weekly practices for ringers of all ages. Contact Michael Dillistone on 01305 784902.

Book Group – Meets quarterly. Next meeting: 3rd November.

Churchyard Working Group – All Saints: first Tuesday in the month; St Edmunds: third Tuesday in the month. If you're interested, please come along armed with gardening gloves and wellies!

Choir Practice – All Saints, 6.00pm on Friday. Contact Derek Griffin on 01305 772873.

Circle of Friends Lunch – Lynch Lane Garden Centre. 12.00pm, first Wednesday in the month. Next meeting 4th November.

Craft Group – 10.00am on Thursdays at All Saints, fortnightly.
Singing for Fun – third Tuesday in the month, 2.00pm, All Saints Church.

Walking Group – meets at Bincleaves Green on Mondays at 10.00am.

Men's Breakfast at St Edmund's Church Hall
Fancy a chat over a full English Breakfast? (other options available) Second Saturday in the month, 9.00am to 11.00am, next on 14th November. For more information contact Ian Cox: iancox-art@yahoo.com

Coming Events
All Saints
21st November, 10.00am – 12 noon
All are welcome to join us for coffee, tea, home-made cakes, Fairtrade stall, books, music and for a catch up with friends old and new. Gluten free available.

Film Night: Scott of the Antarctic
Saturday 21st November, 3pm, Wyke Regis Memorial Hall
Wyke Regis Community Film Club presents: Scott of the Antarctic (1948). Starring Sir John Mills as Captain Robert Falcon Scott, this drama tells the tale of the ill-fated Terra Nova expedition in 1912. Rated U. Tickets £6.50, includes complimentary drink. Book online at parishofwykeregis.org.uk or via Jeff Thomas on 07710 096174.

St Edmund's
Coffee Mornings
Saturday 28th November, 10am - 12 noon
Teas, coffees and home-made cakes (GF available). Books, CDs, jigsaw puzzles, and a chance to catch up with old friends and welcome new ones.

Weymouth Family Church

14 Westham Road, Weymouth DT4 8NP. http://weymouthfamilychurch.org.uk/

Sunday 10.30am-12.00
Main meeting. At least twice a month, we share in the Lord's Supper, remembering what Jesus did for us on the cross and declaring it until He comes again, deepening our union with Him.

Monday 10.30am-12.00
Coffee morning with the opportunity to learn Makaton sign language, open to all.

Tuesday 7.00pm – 9.00pm.
Craft evening. Join us for some craft activity and enjoy a chat and a cuppa.

Thursday 10.30am-12.00.
Coffee morning, open to all.



Friends of Weymouth Peace Garden

The Garden was originally a Quaker burial ground and is now a calm, tranquil space enjoyed by local people and visitors alike throughout the year.
Situated on the Nothe, next to the Nothe Tavern, unless the weather is bad, volunteers meet every Saturday morning for a gardening working party for 2-3 hours from around 10.15. to approximately lunchtime, with coffee/chat break part way through. It is informal, friendly and new volunteers are welcomed. Gardening expertise is not necessary, enthusiasm and interest are more important.

Holy Trinity with St Nicholas Weymouth

We are an inclusive church, come as you are, we welcome you all.
The Harbourside Church
Trinity Road Weymouth DT4 8TJ
Wednesdays 10.00am Said Eucharist
https://www.holytrinityweymouth.org
Face book: Holy Trinity Weymouth with St Nicholas

Sunday 8am - Said Communion service (in the Lady Chapel)
Sunday 10am - Sung Communion service (in the main space)
1st Sunday 6.00pm for a 6.30pm start - Open Table - Inclusive service for LGTBQIA+ friends, families and allies (in the main space)

Weekday Services at St Nicholas Church, Broadwey

Tuesdays	8.45am	The Angelus and Meditation	Broadwey.
	9.00am	Morning Prayer	Broadwey
	10.00am	Holy Communion (BCP	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadwey
	9.00am	Morning Prayer with Communion	Broadwey
Thursdays	8.45am	The Angelus and Meditation	Broadwey
	9.00am	Morning Prayer	Broadwey
	10.00am	The Holy Eucharist	Broadwey
	10.45am	Coffee Morning	Broadwey
Fridays	8.45am	The Angelus with Meditation	Broadwey
	9.00am	Morning Prayer with communion	Broadwey
Saturdays	8.45am	The Angelus and Meditation	Broadwey
	9.00am	Morning Prayer	Broadwey

Methodist Churches in Weymouth

Churches are available for baptisms, marriages (including same sex marriages at Weymouth Bay) and funerals.

Sunday Morning Services
10.30am Chickerell, North Square, DT3 4DX
10.30am Lanehouse, Lynch Lane, DT4 9DL
10.30am Weymouth Bay, 32 Melcombe Avenue, DT4 7TH
Sunday Evening Services
6.30pm Weymouth Bay, normally 2nd Sunday in month.
Worship information in available at www.dsw.church

Church Activities
Chickerell
Craft and Chat – 1st and 3rd Wednesdays at 2.00pm
Craft and Sew – 2nd and 4th Fridays at 7.00pm
Coffee Morning – last Saturday in the month at 10.00am
chickerellmethodist@gmail.com

Weymouth Bay
Wednesday
10.00am Coffee Morning – all welcome, tea, coffee, cakes, books and jigsaws to borrow or swap
10.30am Grace Notes, informal singing group for all abilities
2.00pm CAMEO, women's group meets fortnightly
5.00pm Miscellany Band for anyone who plays a musical instrument

Thursday
2.00pm Bible study Group

First Friday in the month
2.00pm Dementia Café for people with dementia and their carers

Last Saturday in the month
9.00am Garden Gang
Rooms are available for hire, all enquiries to weybay@yahoo.com or 01305 457510.

Organisations

Accordion Club
Every Tuesday 7.30pm. St Ann's Schoolroom, Radipole Lane, Weymouth. £3.00 includes tea/coffee and biscuits.For more information please email or call Graham. gacrow1907@googlemail.com. 07733367065.

Aquafit
Exercise in the water with a smile. Tuesday & Thursday mornings at Osprey Leisure Centre. All abilities welcome. Margaret on 07977191547.

Beachview Community Centre,
Beachview Close, Wyke Regis, DT4 9JA. My Place Dorset run a lunch club, every Friday from 12.00. Please call Michelle Wilson to pre book on 07920 428039.

Baby and Toddler Group
0-4 years. St Edmunds Church Hall, Lanehouse Rocks Road, DT4 9HZ. 1.00pm-3.00pm during term time. Free fun, singing, crafts. Please contact Amy on 07397 805124 if you are interested.

Blind & Partially Sighted
Wednesdays 1.30pm - 4.00pm
Weymouth Community Safety Centre, Radipole Lane. Bingo/Excursions - Jenny Clift . 01305 787065.

Breathe Well Weymouth
A support group for people with lung problems. Meet 2nd Wednesday of the month. 2.30pm - 4.30pm at The New Fire and Community Centre, Radipole Lane, Weymouth. Mike on 07792846463 or 01305 814600.

Busy Bees
Friendly stitch and craft group meets alternate Thursday 2.00pm-4.00pm in Upwey. For more information contact Joy on 0774 230 5841.

Community Angels
Volunteer Support- Do you need neighbourly help or could you volunteer to help someone? Please 'phone 01305 834866 for more information.

The Cygnet Group
Third Saturday in the month, St Paul's Church Hall, Abbotsbury Road, 10.00am-12 noon. For more details Eve Hanney 01305 787220 or Joan Savage 01305 820668.

Dorchester and Weymouth Branch of Epilepsy Action
Coffee and Chat Meetings, Jacksons' Gallery in Fortunswell, Portland every second Thursday 10.30 - 11.30am. Suttons' Coffee Shop, St Albans St, Weymouth. On the 4th Thursday each month

Dorset Kidney Fund
Support for Renal Patients throughout Dorset and South Somerset. For help and information please call Diana Crowder on 01305 834954 or Sue Bithell on 01305 269293.

Friends of Lodmoor Country Park
Aim to protect, maintain and improve the Park for all to enjoy. We have tree trails, gym equipment, a children's playground all free and we hold events such as Sparkle in the Park, table top sales and Pic-a-Book-Nic. Contact 01305 770772

Friends of Weymouth Library
Supports and promotes our Library. Talks, socials, book sales, knit & natter and quizzes all raise money for Library activities. Membership £6 pa.
01305 750557
friendsofweymouthlibrary.org.uk

Hardy Quilters and Stichers
Meet on the second Monday of the month (not July or August) 9.30am to 12.30pm, St Francis of Assisi Hall Merredin Close Littlemoor DT3 6SB. Contact. chantaldavid1@gmail.com

Island Voices Community Choir
Tuesdays 7.30pm - 9.30pm (in termtime. Peter Trim Hall, St George's Centre, Reforne, Portland. The first session is free and then £6 per week. Contact Anne for information linkusup9@gmail.com or 01305776328.

Ladies Keep Fit
Exercise to music classes for the mature mover. We have a few vacancies at the Southill Community centre on Thursday mornings 9.45am till 10.45am. Please contact Linda 889119. Try the first class free.

Ladies Social Badminton
Players needed for ladies badminton group. Friendly group, social games, not league. Meet Tuesdays at Redlands Sports Hub. Details Rosemary 01305 832456

Lip Reading and Communication Skills
Mondays in school term time, 2pm - 3.30pm at the Frank Reynolds Community Centre, Dorchester Road, Weymouth, DT3 5BY (Broadwey). Email. elizabeth.ian.messer@gmail.com

Littlemoor Library
Monday: Closed
Tuesday: 10.00 - 17.00
Wednesday: 10.00 - 17.00
Thursday: 12.00 - 18.00
Friday: 10.00 - 17.00
Saturday: 10.00 - 13.00
Sunday: Closed
Return items at any time through the letterbox by the library entrance door.
The library holds the following;
Writing group every Monday at 10.00am
Rhymetime every Tuesday at 10.30am
Cuppa and company every Thursday 2.30pm. Councillor Surgery drop in first Saturday of the month at 10.00am to 11.00am. Police Community Support Officer drop in second Thursday of the month 2.30pm to 3.30pm. Reminiscence is the third Thursday of the month at 2.30pm

Mulberry Bush Pre-school
At St Andrew's School. Children. 2 years 9 months to school age. Contact jjones@standrews.dsat.org.uk

Osmington Archery Club
We meet one afternoon a week in the Village Hall throughout the year. Sometimes in better weather in the summer we shoot on private ground at Milborne St Andrew. Please phone 01305 833460 for further details.

Osmington Art Group
We meet each Thursday afternoon in term time at Osmington Village Hall from 2.00pm till 4.00pm. Bring your own art, whatever it is, and draw, paint, collage, in a relaxed atmosphere and pause for tea and cake or biscuits (and a natter), at half time. Phone Sheila 01305833150 or email sheilaedmonds@hotmail.com.

Osmington Leisure
Table Tennis is held on Wednesday evenings (7.30pm - 9.30pm).

Osmington Lunch Club
The club is now meeting on the third Friday of the month. A two course meal is available with a glass of wine for only £8.50. Guests arrive at Osmington Village Hall at 12.15 for lunch to be served at 12.30. To book a place phone Fran on 832430 or 07817825527.

Osmington Village Hall
07387 118300 osmingtonhallbookings@gmail.com. www.osmingtonvillagehall.co.uk.

Parish of Wyke Regis, All Saints with St Edmunds
All Saints, Portland Road, 01305 78464
info@parishofwykeregis.org.uk
www.parishofwykeregis.org.uk
Every Friday at All Saints. 10.30am Holy Communion followed by coffee.
Sundays at All Saints. Possible 8.00am Said Holy Communion
9.30am Sung Holy Communion. First Sunday in month – Café Church.
St Edmund's, Lane House Rocks Road.
Alternate weeks, Holy Communion or Service of the Word. 11am
Mother and Toddlers at St Edmund's. 1pm – 3pm
Please check our block of parish activities elsewhere in magazine.

Pilates classes with Clair Myers
Every Thursday morning St Andrews Church Rooms, Preston 9.00 and 12.30 for beginners and advanced, men and women. cmpilates@live.co.uk

Preston Pre-school
Where learning is fun, in a free flowing environment indoors and outdoors. Children from 2 years. Funded places available.
Monday – Friday 8.45am to 2.45pm For more information, phone 07826515321, e-mail prestonpreschool@hotmail.co.uk or simply come and visit us during our opening times.

Preston Table Tennis Club
Wednesdays 7.00pm and 9.00pm, Westfield School, Littlemoor Road. Contact Mick Hogan. E-mail. prestonttc@gmail.com

Preston Pantomime Group
Meets every Wednesday, 7.30pm at Preston Village Hall. New members welcome from age 14 upwards. Contact Julie on 832620.

Portland Gig Rowing Club
Meet Osprey Quay for various rowing sessions during the week and weekends and are open to all from 11yrs and over. For more information, www.portlandgigrowingclub.co.uk

Repair Cafe Weymouth
Volunteers repair broken items in return for a donation. Events are on the second Saturday of the month from 10.30am - 12.30pm, except July and August.
Southill Community Centre in Radipole Lane, DT3 9SS.
www.repaircafeweymouth.org or 'Repair Cafe Weymouth' on Facebook. E.repaircafeweymouth@gmail.com.

Scottish Country Dancing
Thursday 7.00pm September - May. New dancers welcome anytime. Southill Community Centre, Radipole Lane, Weymouth. DT4 9SF. Details from Graeme at graemedickson1@aol.com

Social Badminton Players Needed
Friendly groups, non league, Redlands Community and Leisure Centre.
Ladies Doubles 10 to 11am Tuesdays
Mixed Doubles 9 to 10.30am Fridays
Details – Rosemary 01305 832456

South Dorset Caledonian Society
Friendly Scottish Country Dancing including popular Ceilidh dances. Mondays, Preston Village Hall. 3.45pm – 5.45pm £3 inc Tea and Coffee. No partner required, wear soft shoes. Email frank@southdorsetcaledonians.org or phone Frank and Marilyn 01305 835075.

South Dorset Radio Society
We meet on the second Friday of the month, Weymouth West Scout Hall, Granby Close, DT4 0SR from 7.30. www.HamRadioSouthDorset.com, E. stuartvanstone@btinternet.com

South Dorset Ramblers Group
Guided walks for our members throughout Dorset, on Wednesdays, Saturdays, and Sundays. Taster walks available.
www.ramblers.org.uk/go-walking/ramblers-groups/south-dorset-group

Somerset and Dorset Family History Society
St Aldhelms Church Centre Spa Road on the 3rd Friday of the month talks commence at 2.30 pm, preceded by tea or coffee. John on 01305 776008.

South Dorset Woodcarving Club
South Dorset Woodcarving Club
Tuesdays, 7 - 9pm - Upwey Old School Hall, Church Lane, Upwey, DT3 5EQ
Contact - Jordi 07368 360908. Find us on Facebook. email. southdorsetwoodcarvingclub8@gmail.com

Southill Short Mat Bowls Club
Meet at Southill Community Centre, Radipole Lane, Mondays 2.00pm and Wednesdays 2.00pm & 7.00pm. First 3 lessons free, then £4 per session. Tuition given. www.southillsmbc.co.uk

SSAFA
The Armed Forces Charity
All enquiries to. 020 4566 9131.

Start your Memoir Courses
Are you ready to write down your memories? Events of your life? What you know of your ancestors? Create a record of your life (or even a book) for your grandchildren and generations to come? To find out more, contact writer Sheena on sheenadearness51@gmail.com or 07875 842399.

Sutton Poyntz Venue
Hire £10 an hour - meetings, clubs, celebration, performances.
Book the Mission Hall - 01305 835533. Information suttonpoyntz.org.uk.

The Light Spiritualist Church
Preston Village Hall, Preston Road, Weymouth. DT3 6BH. Sunday Services 5.30pm for 6.00pm. Tel 07483 811516.

Watercolour Art Classes
Thursdays, 1-3, Broadway and Upwey Memorial Hall. Starting September 7th. Call Jan 07746 871134 for more info.

Weldmar Hospicecare Shops
Wyke Regis.- 82 Portland Road, Tel 788369. Open Mon - Sat 9am - 5pm.
Weymouth -71 St Thomas Street. Tel. 783523. Open Mon - Sat 9am - 5pm. Sun 10am-4pm.
59, Great George Street. Open Mon - Sat 9am - 5pm. Tel 787825.
10 Hardwick Street. Tel. 777774.
Mon - Sat 9.00am - 5.00pm
Weymouth Outlet
Unit 11/12 Oxford Court, Granby Ind Estate, Weymouth DT4 9GH. Tel. 770760. Mon - Sat 9.00am - 5.00pm.

Wellworthy Bowls Club
Dumbarton Road, Wyke Regis. FREE Saturday Open Mornings, 10.00am-12 noon.Every week all year round. Come and try your hand at bowls. Wear flat-bottomed shoes. Range of bowls available. Help & guidance provided. Contact: Carol on 07817393178.

Weymouth Art Group (WAG)
New members welcome to our friendly mixed ability group. Tuesdays 9.30am-12.00pm, Southill Community Centre, £2 weekly. Our annual Exhibition is the 2nd Tuesday in November 10.00am-4.00pm. Browse or buy. Free entry, parking & refreshments.

Weymouth Astronomy Club
7.30pm second Friday each month St Aldhelm's Church Centre, Spa Road, New members welcome. www.weymouthastronomy.co.uk

Weymouth & Portland Branch, Fleet Air Arm Association
Welcomes serving and veteran members of the Fleet Air Arm.
We meet at 7:30 pm on the first Friday of every month at the Weymouth & Melcombe Regis Working Men's Club, DT4 8BT.
Contact the branch secretary at email: faaa.wpsecretary@outlook.com. Facebook "Weymouth & Portland Branch FAA Association" https://www.royalnaval-association.co.uk/fleet-air-arm-association-weymouth-branch

Weymouth and Portland Sub-Aqua Club (BSAC)
Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

Weymouth Ind Evangelical Church
WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm.

Weymouth Carers Group
Meetings 11am to 1pm on the third Tuesday of the month, Bethany Hall, Westham Road, next to Wilko. For more information 07766 529297 and leave a message with contact details.

Weymouth Choral Society
St Aldhelm's Church Centre, Spa Road, Monday 7.30 to 9.30pm during term time. You can join at any time of the year. www.weymouthchoralsociety.org info@weymouthchoralsociety.org.uk or Fiona Webb 0775946116 fionavwebb@gmail.com

Weymouth Drama Club
For adults and young people, meeting on various nights during the week. For enquiries for our youth section, please email wdccurtainraisers@gmail. com and for our Adult section, please email wdcsecretary25@gmail.com.
www.weymouthdramaclub.com

Weymouth East Scout & Guide Groups
Beavers - Friday 5.30 - 6.30
Cubs - Wednesday 6.30 - 8.00
Scouts - Friday 7.00 - 9.00
Explorers - Thursday 7.00 - 9.00
Brownies - Thursday 5.00 - 6.15
weymoutheastscouts@gmail.com

Weymouth South Scout Group
Scout Hut – Ryland's Lane
weymouthsouthgroup@gmail.com - volunteers welcome
Waiting List - weymouthsouthwaitinglist@outlook.com
Squirrels aged 4 to 6. Mon - 5.30 to 6.30pm
Beavers aged 6 to 8. Wed - 5.30 to 6.45pm & Fri 6.00 to 7.15pm.
Cubs aged 8 to 10½. Tue & Thur - 6.00 to 7.30pm.
Scouts aged 10½ to 14½. Mon & Wed - 7.00 to 9.00pm.
Explorers aged 14½ to 17, Tue & Thur 7.45 to 9.30pm.

Weymouth and District Model Engineering Society
Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickerell Road. Talks on Tuesday during Winter months.www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

Weymouth Floral Design Group
New Venue Now Meeting at the Holy Trinity School, Cross Road, Weymouth. Doors open 7.15pm for 7.30pm start. Meetings held usually 3rd Thursday of the month (except August no meeting & Dec meeting on the 2nd Thursday).

Wemouth Spiritual Awareness Centre
Join us at Pilgrim House (Hope Square)
Sunday Service 6pm for 6.15pm
Friday Healing & Readings 2.00pm-4.00pm
Contact Shelley 07884943242

Whist Drive
Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

Wyke Regis Horticultural Society
Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm
Annual Membership £10 may be taken out at our shop during opening times. www.wrhs.org.uk

Wyke Regis Community Association
Email. wrca@btconnect.com
www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook
www.facebook.com/WykeRegisCommunityAssociation/

Wyke Regis Library
Monday 12.00 noon - 6.00pm
Wednesday 2.00pm - 5.00pm
Thursday 10.00am - 1.00pm
Friday 10.00am - 1.00pm
Saturday 10.00am - 1.00pm
Throughout each month, we also hold a number of free group events in the library.
Scrabble - the 1st Monday of every month - 2.00 - 4.00.
Knit and Natter - the 2nd and 4th Monday of every month - 2.00 - 4.00.
All ages Chess - Mondays - 4.15 - 5.45.
Rhyme Time - Wednesdays - 2.15-2.45.
Lego Club - Wednesdays - 3.15 - 4.15.
Cuppa and Company - Thursdays - 10.30 - 12.30.
Reading Friends - the 2nd Friday of every month - 10.30 - 12.30.
Learn to Crochet - every Saturday - 11.15 - 12.45.

Wyke Regis Pre-School
Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

Wyke Regis Medical
Portland Road, Wyke Regis – 782226
Surgery hours – Monday - Friday – 8.30am - 1pm and 2pm - 6.30pm.

Wyke Regis Nursery
Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qualified teachers). Nursery housed within Wyke Regis Infant School. Monday – Friday 8.45am – 3.15pm. Term time only. From 3 years. For more information tel. 01305 782470 or email us at infoffice@wykeregisfed.dorset.sch.uk

Wyke Regis Society
www.wykeregissociety.org.uk
Meetings second Monday every other month, 7.00pm at Working Men's Club, Portland Road. Contact 01305 761993 or georgina.s.skipper@gmail.com

Wyke Ukedelics
Non-profit group of musicians who gig to keep our members and equipment from wear and tear, available for functionss. Dave 07980 32221 or Clare 07837 307932.

Wyke Regis WI
General meetings are at 2pm on the second Thursday of the month at the WI Hall, Gallwey Road, DT49AJ. The various interest groups meet at regular times during the month, details on our website. For more information contact us. 07719312901. Email. secretary@wykeregiswi.org.uk
www.facebook.com/wykeregiswi
www.wykeregiswi.org.uk

Yoga
Sutton Poyntz. Small groups at our home studio on Tuesday, Wednesday and Friday mornings. Also Chair Yoga (a standing and seated practice) at the Mission Hall on Wednesday mornings. Contact Isabelle on 07970 772963 and Lea on 07973 268836.

Yoga JAX
Thursday mornings 10.30 - 11.30 Hope Redemer Church, Trinity Street, off Hope Square, Weymouth. Basic Vinyasa yoga, gentle, restoring, traditional. Phone 07543 627944.



Feeling Better
Abbigail Langstone - Wring
BSc, FETC, MAR.
www.dorsetclinicalreflexology.co.uk



Immunity and Resilience

Two main areas of focus to keep physically and mentally healthy are the immune system and building resilience. The Immune System relies on many factors for optimum functioning and NHS guidance includes:

Eat a Balanced Diet: Aim for at least 5 portions of fruit and vegetables daily, incorporating a wide variety of whole foods, fibre-rich starchy carbohydrates, and protein sources.

Stay Hydrated: Drink plenty of fluids—roughly 6 to 8 glasses of water a day—to help your body produce lymph, which carries immune cells.

Consider Vitamin D: The NHS recommends considering a daily vitamin D supplement during the autumn and winter months when sunlight is limited.

Stay Active: Aim for at least 150 minutes of moderate physical activity weekly, such as brisk walking, cycling, or swimming, which helps immune cells move efficiently through your body. Prioritize Sleep and Manage Stress: Maintain a consistent sleep routine and practice stress-reduction techniques like mindfulness, meditation, or getting outdoors daily, as prolonged stress can lower immune function.

Much of the above is easily recognisable and providing there are no underlying issues can be easily achieved. Building Resilience is a different matter and requires professional support as it is not something you either have or do not have; it involves flexible behaviours, thoughts and actions that can be learned and strengthened over time that may require multidisciplinary professional input using a mix of methodologies based on holistic principles.

Defined by the National Institute for Medical Research NIHR as a dynamic biological process of adapting successfully to stress, trauma or adversity allowing a person to "bounce back" or maintain healthy functioning and having the capacity to recover quickly from difficult life events and resist the negative impact of stress. Experiencing physical or emotional trauma or stress triggers the "fight or flight" response, a combination of Sympathetic Nervous System activation (a branch of the autonomic nervous system) and increased Adrenalin and Cortisol production creating a state of high alert, quickening actions, increasing heart/pulse rate and blood pressure, affecting breathing and digestion (may develop a panic attack), although valuable and necessary when facing immediate danger increasingly research findings are showing that consistent long-term release of high levels of adrenalin /cortisol negatively impacts on physical and mental health and may lead to emotional "burn out".

My professional experience of using the combination of Clinical Reflexology and Counselling to calm anxious patients has shown to be both therapeutic and beneficial by helping the body and mind to relax. Applying pressure in sequence to specific zones and areas on the feet (hands or ears) that link to organs and systems of the body, sharing a relationship with the meridians of acupuncture, clinical reflexology works to rebalance nervous systems and as symptoms subside breathing and digestion becomes naturally regulated. Valuable to this process is stimulation of the vagal nerve (X cranial nerve & main conduit of the para-sympathetic nervous system) and engagement with the Sensory Nervous System (sight, smell, touch, taste and hearing).

As a qualified professional counsellor, I use listening skills and reflection during a session encouraging patients to identify their stressor(s) once identified various coping strategies are talked through, demonstrated, tried out and explored in depth. I offer a wide variety of tried and tested techniques that can be easily learnt, practiced and developed by the patients themselves. Patient experience feedback has shown that a high number had felt in a state of stress/anxiety for a prolonged period of time, some identified a pattern of similar stress triggers e.g. family dynamics, some recurring stress triggers e.g. work related, others had experienced a panic attack following a traumatic incident and had not felt able to let go or move on and felt overwhelmed with ongoing health related issues.

The range of symptoms varied from patient to patient, broadly they included fatigue and sleep disturbance, breathlessness, pounding heart, headache, tight

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muscles of neck and upper back with restricted head movements, jaw pain, teeth grinding, swallowing difficulties, weak voice, indigestion, nausea, loss of appetite, abdominal discomfort, irregular bowel habits, bladder urgency, hot sweats, shaking, sweating, giddiness and brain fog. Hypersensitivity to bright lights, strong smells, load noises, itching skin as well irrational fears and phobias (avoiding crowds of people, not wanting to leave the house or to be alone) were also noted. Patients commented that they felt out of control and chaotic, unable to make decisions, Meditation, Mindfulness and EFT- Tapping practice has shown to be supportive alongside Nutritional Therapy, making changes to diet and lifestyle and Homoeopathic / Bach Flower Remedies. Success of any intervention relies on patient willingness to positively engage, emotionally invest and commit to the process of change with realistic expectations. If you are experiencing the symptoms of anxiety/stress/trauma and would like some advice, support and positive practical interventions, please get in touch, always happy to help. I am fully qualified, registered, insured and DBS checked with 35yrs professional experience specializing in Clinical Reflexology. Nutritional Therapy, Homoeopathy and Counselling.

Contact Tel 01305784986 abigailwring@btinternet.com
www.dorsetclinicalreflexology.co.uk

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DT1 3SS
Call 01305 768888 | pengillys.co.uk

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0300 003 7023, or visit www.dorsetcouncil.gov.uk/w/energy-advice-line

If someone in your household is vulnerable, has a health condition, is over 65 or has a child under 5, you may also be eligible for a grant to help with cavity wall insulation, loft insulation, heating and renewable energy. Some residents may also qualify for other funding to help improve existing heating, switch to a low-carbon heating source (such as a heat pump) and other insulation, heating, or renewable energy measures.

When you are ready to have work done, you can turn to Dorset Council's vetted list of trusted installers. Buy With Confidence, run by Trading Standards, can identify qualified, reliable professionals who meet strict standards for technical competence and service. Don't get caught out by a rogue trader, employ an approved installer. For vital protection and peace of mind visit www.buywithconfidence.gov.uk or call 0808 223 1133.

Encore Singers Christmas Concert

Encore Singers will be staging their Christmas concert on Thursday 3rd December at the United Church, South Street, Dorchester. DT1 1BY.

The concert will start at 7.30pm and admission is free, with a retiring collection for Julia's House. Expect a mixture of songs from the shows, other popular pieces and some seasonal music for the run-up to Christmas. There'll even be a chance to join in with a few of your favourites.

Poundbury Art Exhibition

Art at the Duchess, Poundbury, 7th December 2026 to 3rd January 2027.

Acrylic and watercolour artworks for sale by local artists Helen Willis and Jane Scutt.

20% of all sales donated to the Lexi May Trust Charity.

Admission: Free.

Location: Duchess of Cornwall Inn
12 Queen Mother Square
Poundbury, DT1 3DD.

Weymouth Concert Brass

The connection between Christmas carols and brass bands is deep rooted, and for many their combination is a musical experience that resonates with the spirit of Christmas.

So, this year, as in previous years, Weymouth Concert Brass will be keeping the tradition alive at a number of Weymouth and Portland venues, including the following:

Easton Christmas Fayre on Saturday 5th December.

Weldmar Hospicecare's Light up a Life service at Weymouh Pavillion, 6.30pm Monday 7th December

Carols for Chickerell at Willowbed Hall, 7.00pm on Friday 11th December.

Music and Carols for Christmas at All Saints Church, Wyke Regis, 7.00pm Friday 18th December

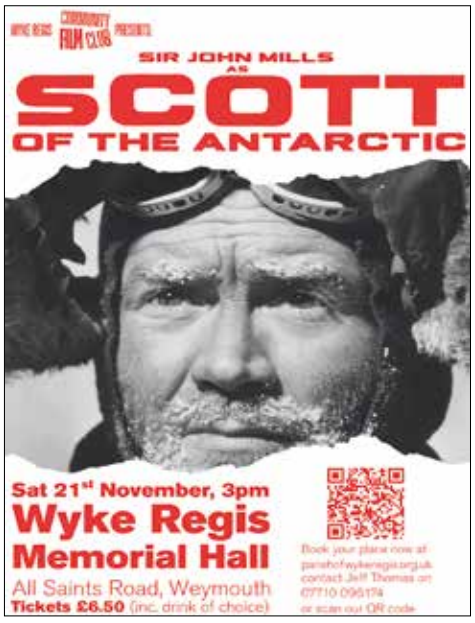
Carols at Portland Yacht Club, 2.45pm on Sunday 20th December

Wyke Square Christmas Carols, 7.15pm Monday 21st December.

The list is not exhaustive, and we will be popping up elsewhere too! In the meantime, Happy Christmas from all at Weymouth Concert Brass.

As ever, the band is available for hire for a wide variety of events and occasions and is always keen to hear from prospective new players. We normally meet once a













week on Thursday evenings at St Edmund's Church Hall, Lanehouse. To get in touch, or for further information, contact us at weymouthconcertbrass@gmail.com, or find us on Facebook or X.

Jeff Thomas.

Weymouth baby bank launches 2027 business appeal

Family Matters Baby Bank is calling on businesses to help support local families facing difficult times by choosing the Weymouth charity as their Charity of the Year for 2027.

With Christmas approaching, the volunteer-run charity is asking businesses planning a festive donation to consider making it the start of a year of support. A year-long partnership would give colleagues a shared local cause to support through fundraising activities and workplace events, while helping the charity plan ahead.

The appeal comes against a backdrop of significant deprivation in parts of Weymouth and Portland. According to Dorset Council's 2025 Index of Multiple Deprivation bulletin, five neighbourhoods in the area are among the 10% most deprived in England.

Based on the Granby in Weymouth, Family Matters collects good-quality, pre-loved items donated by local families and passes them on free of charge to those who need support. These include prams, cots, high chairs, clothing, school uniforms, toys and other essentials for babies and young children.

Since it was established in 2019, the charity has supported over 2,500 families across Weymouth, Portland and surrounding areas of Dorset. Between January and September 2026, 312 different families turned to Family Matters for help.

Debbie Sandels, Chair of Family Matters Baby Bank, said:

"We are here to make life a little easier for families going through a difficult time. Thanks to the generosity of local people who donate items they no longer need, we can provide everything from cots and prams to clothes, school uniforms and toys.

'We are incredibly grateful for everything people donate and for the time our volunteers give, but we also need funds to cover our premises and ongoing running costs. Having businesses support us throughout the year would help us meet those costs and plan ahead, so we can continue providing essential items free of charge to local families.'

The charity welcomes support from businesses of all sizes, from sole traders to large companies, through fundraising activities, sponsored challenges, workplace events or other initiatives that suit their time and resources.

Helen Rewse, Family Matters Baby Bank Trust Secretary, added:

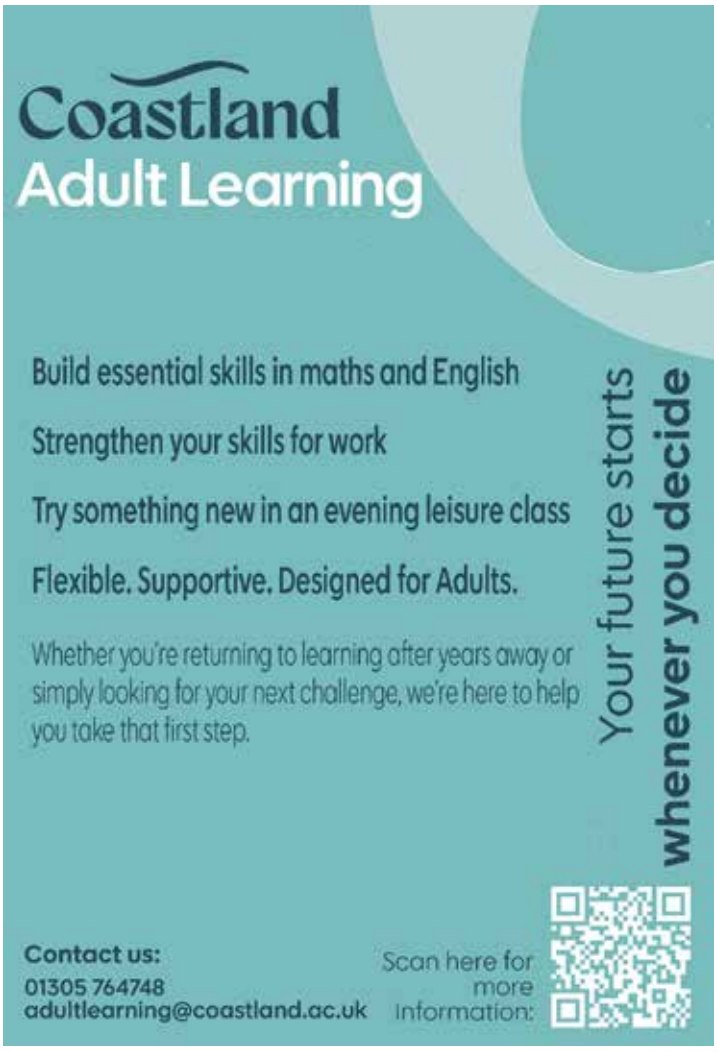
"Choosing Family Matters as your Charity of the Year gives colleagues a shared cause to get behind. Planning events and taking on fundraising challenges together can strengthen working relationships and give staff a sense of pride in what they achieve.

'For businesses, it is also a practical way to show their commitment to the local community. We would keep supporters updated on the difference their fundraising makes and recognise their contribution by sharing their stories and photographs through our website and social media.'

Businesses interested in making Family Matters Baby Bank their Charity of the Year for 2027 can find out more at www.familymat-

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tersbabybank.org or email family.matters.wandp@gmail.com.

Preston & Sutton Poyntz Councillor News

Regional mayor for the so-called 'Wessex' region

Sadly, this is part of a worrying trend in which more powers are being taken away from local councillors and residents. Recent changes to the planning system have seen further powers transferred to unelected officers, weakening the role of locally elected representatives.

Even more worrying is the prospect of a regional mayor for the so-called 'Wessex' region. I fear that this is not genuine devolution, but rather another layer of government which will take powers away from local councils closer to home. It threatens to bring more red tape, additional costs and yet more politicians and staff.

The proposed Wessex region would comprise Dorset, Wiltshire and Somerset Councils, together with Bournemouth, Christchurch and Poole Council. Does South Dorset really need a regional mayor, potentially based in Trowbridge or Wincanton, to stimulate economic growth or manage our affairs?

Such a mayor would possess significant powers, including the ability to intervene in certain planning matters, potentially overriding the decisions of local planning committees. More worrying still is the prospect of additional tax-raising powers, including a possible tourist tax, which could do considerable damage to seaside towns such as Weymouth and Swanage.

We were told that the solution to our problems lay in the last local government reorganisation, which abolished our borough and district councils and merged them into much larger authorities. Whilst this may have temporarily staved off financial ruin, many residents feel that it has left their communities overlooked, neglected and forgotten.

Now, apparently, we are to believe that all our problems will be solved by the creation of yet another political office.

The principal argument I have heard in favour of a regional mayor is that it would somehow unlock millions of pounds in additional investment and funding. Yet we heard much the same argument in 2019, when the last reorganisation was being proposed. As the old saying goes, 'Fool me once, shame on you; fool me twice, shame on me.'

Those who favour this proposal may genuinely believe in the promised mayoral miracle. Others, I fear, may have ambitions for the office themselves.

The economic arguments advanced in favour of a regional mayor overlook two fundamental considerations.

Firstly, since the local government reorganisation of 1974, we have witnessed an increasing centralisation of local government, accompanied by the steady erosion of genuinely local decision-making.

Secondly, and more importantly, these arguments neglect the deeper questions of local democracy, accountability and belonging. There is a growing feeling, particularly amongst residents of our smaller towns and villages, that decisions are increasingly taken by distant authorities with little understanding of the communities they govern.

These concerns cannot simply be dismissed by promises of additional funding.

There is also a constitutional principle at stake. We British have never been particularly enamoured of government by one all-powerful individual. Our historical experiences, not least under Cromwell and James II, helped shape our historic and ingrained preference for constitutional government, parliamentary institutions and the restraint of arbitrary power.

The notion that one powerful individual, presiding over a vast regional authority, can somehow provide the answer to all our difficulties holds little appeal to me.

What we require is not a new political figurehead, but the restoration of genuine local government.

I believe we must oppose this further centralisation and demand that the people themselves be given the final say through a referendum.

I am not generally an enthusiast for referendums. Representative democracy ought to remain the normal means by which we govern ourselves. However, where fundamental changes to our constitutional and governmental arrangements are proposed, I believe the consent of the people is essential.

The residents of Dorset and the wider Wessex region should not be dragged, kicking and screaming, into a vast mayoral authority without being given the opportunity

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to express their views at the ballot box.
We have already seen too much power removed from our towns, villages and local councils. The answer cannot be to concentrate still more authority in the hands of a distant, highly paid regional mayor. What we need is genuine localism: more powers for our local councils, greater accountability to the communities they serve, and fewer decisions imposed from above.
Devolution should mean bringing power closer to the people, not moving it further away. Write to your Councillor supporting a referendum.

Cllr Louie O'Leary

Dorset councillor for Littlemoor & Preston
Weymouth town councillor Littlemoor ward
Conservative and Unionist group leader on Weymouth council
Littlemoor community centre
Canberra Road, DT3 6AH
07809905412.

Cllr Kate Wheller – Dorset Council and Weymouth Town Council Report

Thankfully the roadworks along the Esplanade are now complete and the surface certainly looks much improved. I wondered why the 'bus stops' had been omitted and have been told that it is something to do with the weight-bearing capacities. (Don't shoot the messenger). It sounds unlikely to me , too
I have been speaking to Highways engineers about the poor condition of our road signs. This has been a very long-term conversation. We are all aware of 'brown' visitor signs that are no longer valid but there are also signs particularly on Granby Way, Weymouth Way etc where signs are obscured by ivy and tree branches. I am compiling a list of this and would really appreciate your help if you could email me. A photo would be great.
Did you visit the town on 5th November? Did you enjoy the drone show? Please let your local Councilor know or email office@weymouthtowncouncil.gov.uk. Your feedback is very helpful.
The Pavilion carpark was not closed at all for Bonfire Night. How did you find the traffic? I parked there and waited until the area was almost empty. Leaving the carpark was, of course, very slow. I think this would be helped by drivers genuinely filtering onto the roundabout in turn. Should we have a marshal ensuring that? Traffic along both Custom House Quay and the Esplanade was slow but it seemed to me it was tolerable following such a well-attended event. What did you think?
I am enjoying my involvement with Weymouth Youth Council . This is a group of young people aged from 13 years to 18 years from schools across the area interested in being involved in events and activities in the town and helping to shape the place that is their home. With some of the group, I attended the 'Trunk and Treat' event organised by the BID (Business Initiative District) Providing a safe environment for young children, dressed in some wonderful costumes, to take part in the very American Halloween tradition. The children seemed especially to enjoy their parade through the town and the jugglers and fire eaters were very popular. All participants ran out of sweets. Well done to the BID.
Mid November I will be attending a Dorset COP meeting with the Youth Council at Kingston Maurward, Coastal College. An opportunity for our young people to learn more about the threats to our environment but even more importantly the measures being taken to combat and control those threats. And to discover what they can do to help. The end of the month is Parliament Week; I have written about this before in this publication. Another opportunity for our young people to learn whilst having fun. This time finding out more about democracy, how it works and why it is important. We will travel as a group to London where we have been invited to visit our MP Lloyd Hatton in his office in Westminster. A busy month before the run up to Christmas!
The various EAPs I report each month rumble on and I continue to attend. I am pleased with that the Local Plan is finally coming together although disappointed it has taken so long. I am anxious that the Design Code work that runs hand and hand with this does not lose momentum. The Boundary Review work is now with the commission and shows real signs of joined up thinking. Representatives from our partners and voluntary organisations seem to be valuing the Community Conversations taking place across the County and some very useful information is emerging.
Don't forget if there is anything that concerns you, I attend the coffee morning at All Saints Church, Portland Road on the third Saturday each month and WTC/DC councilors attend a surgery at Weymouth Library on the second Saturday of each month. Or do please contact me either by email or phone (07850060947) or you will see me on my walks around Wyke and Weymouth.

Kate
Cllr Kate Wheller Leader of Labour Group – Dorset Council - Rodwell and Wyke Regis cllrkate.wheller@dorsetcouncil.gov.uk ; Weymouth Town Council – Wyke Regis North cllrkatewheller@weymouthtowncouncil.gov.uk;
Cllr Howard Atkinson - Melcombe Regis - cllrhowardatkinson@weymouthtowncouncil.gov.uk; Cllr Mike Sewry - Rodwell - cllrmikesewry@weymouthtowncouncil.gov.uk; Cllr Thomas Taylor Wyke Regis South – cllrthomastaylor@weymouthtowncouncil.gov.uk

Greenhill Gardens Floral Bedding Display Winners Revealed

The Mayor of Weymouth has announced the Veterans Hub Weymouth and Portland Community Interest Company (CIC) has been chosen to feature as the 2027 floral bedding display at Greenhill Gardens.
Each year, the logo or crest of a local charitable organisation is recreated by Weymouth Town Council's gardening team in a floral tribute, with the eye-catching display enjoyed by many residents and visitors to the town.
Rachel Gray, Manager and Company Secretary at the Veterans Hub, Weymouth and Portland CIC, said: "We are incredibly proud and touched that The Veterans Hub Weymouth and Portland CIC has been chosen for the floral bedding display at Greenhill Gardens in 2027, the year we celebrate our 10th anniversary.
"What began in 2017 as a small, two-hour weekly drop-in has grown into something far greater than we could ever have imagined. Over the past decade, the Hub has become a place of friendship, support, hope and belonging for so many people within our community. Behind those 10 years are countless stories of lives changed, friendships made and people finding the support they needed when it mattered most.

We welcome your views, news and photographs which may be of interest to our readers

register magazine

Email:
info@registermagazine.co.uk



THE GIFT OF CHRISTMAS

What's On in Advent

Sun 29th Nov	6.30pm	**Service of Light** at All Saints' Church
Sun 6th Dec	11.30am	**Wyke Christmas Fayre** until 4.30pm
Sun 13th Dec	11.15am	**Ignite Christingle Service and Festive Lunch** at St Edmund's Church
Fri 18th Dec	7.30pm	**Weymouth Concert Brass** at All Saints' Church
Sun 20th Dec	6.30pm	**Carol Service** at All Saints' Church
Mon 21st Dec	7.15pm	**Carols in Wyke Square**
Tue 22nd Dec	6.30pm	**Blue Christmas** at All Saints' Church
Wed 23rd Dec	6.00pm	**Beer & Carols** at The Wyke Smugglers

Our Churches

All Saints' Church
Portland Road
DT4 9ES

St Edmund's Church
Ludlow Road
DT4 9HZ

Contact us
01305 784649 (Option 1)
office@parishofwykeregis.org.uk

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All Saints with St Edmund

Inclusive Church

THE GIFT OF CHRISTMAS

Christmas Eve

4.00pm **Family Crib Service**
at All Saints' Church

5.30pm **Family Crib Service**
at St Edmund's Church

11.30pm **Midnight Mass**
at All Saints' Church

Christmas Day

8.00am **Said Eucharist**
at All Saints' Church

9.30am **Holy Communion**
at All Saints' Church

11.00am **Holy Communion**
at St Edmund's Church

Sunday 27th December

8.00am **Said Eucharist**
at All Saints' Church

11.00am **Joint Eucharist**
at St Edmund's Church

Parish of Wyke Regis
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