

Register

Magazine

Issue No 359 March 2021

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Letters, articles and photographs are always welcome, but views and opinions expressed by contributors are not necessarily those of the publishers. We reserve the right to edit submissions if appropriate.

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*Front page: The stream running through Veteran Wood, Sutton Poyntz
Photo: Iain Ross*



Canon Tim West, who is retiring this Easter.

Road, Preston, Weymouth. DT3 6BU
Tel: 01305 837147
Please send anything you would like included by Friday 19th March, we look forward to hearing from you!

Shirley Mitchell (Team Administrator)

Preston Friendship Club

Hello, Dorothy is having a break for this month, so I have decided to give you an insight into my life, and it is far from boring. I have been having trouble walking for some time, and of course I am not even shopping anymore.

So! I have bought a four wheel walker, and if it is not raining hard I go out for a walk, each day. I try to walk a bit faster and a bit farther, but always remember that you have to retrace your steps, I am not planning to walk to Portland, but I go farther every day.

Yes I am no longer going to the shops, but there is so much help there if you don't want to bother with big shops, a much better service is available, as when I was a child most things were delivered from bread to coal. Last January I decided to have my milk delivered and who better than Craig's our local farm shop, they deliver 3 days in week, so what else do they deliver, well everything actually cheese locally made at Ford's farm, I love Coastal and the Somerset Goats Brie. Yummy, but there are lots more to choose from, organic yogurt, eggs, butter made at the dairy, and other local butter, plus well bread, veg, fruit, cooked meat and raw

meat and bacon.
Meat - there are several butchers in Weymouth, but Howells on Dorchester Road was my choice. Nigel delivers twice a week, this is real meat, more expensive, but oh the difference in flavour and is worth every penny, this tastes like meat when I was a child. Now to groceries who better than the Spar, they sell most of what I need besides, veg, fruit, groceries cooked meat lovely bread and deli ham hand cut, but most importantly it is a Post Office, so they handle that too, they are very helpful. This is my confession they sell the most scrumptious Belgian buns, yum, yum, when it arrives my hands shake with excitement, one bite I am lost, sssso divine, alas I am having to get my diabetes in check. These are the shops I use, all deliver free, but there will be others like Littlemoor Hardware who also deliver if they have it and mostly they do.

Everything else a friend collects when she goes to other shops. In summer I bought fish for several people from the fish shop on the quay, lovely fresh crabs. Roll on spring and the start of growing last year.

I fed myself for a long while, imagine warm strawberries, luscious raspberries, loganberries and, juicy blackcurrants, blueberries, meanwhile the salad went ballistic and came all at once, lettuce, cucumbers, carrots, beetroot, and there are a full range of fruit trees even a fig, courgettes, peas, broad-beans, and tomatoes plus wonderful runner beans, squash I tried them all. Everyday my two ducks give me an egg each, they are very rich and make marvellous cakes.

This year I am not sending cards, but when we meet, which hopefully won't be long now, there will be birthday treats for all, some, at least three, are now ninety. It is hoped that we are having a cream tea at the Springhead in April or May, when we can chat, chat, chat and hopefully laugh, laugh, laugh.

If you have any interesting stories to share Dorothy would love to hear from you ring her, I have her phone number ring me 832918.

Gayl Salt
Chairman, Preston Friendship Club

Local news

From your Parish Church in Wyke Regis All Saints and St Edmunds churches

At the time of writing (and subject to cancellation/change on C of E advice and Government Direction) our current pattern of services are:

For the latest information please always check our website at www.parishofwykeregis.org.uk or telephone 01305 784649 Option 5 for recorded information

Tuesdays 5pm – 6pm. A live streamed service with reflections and prayers.

Wednesdays No services.

Sunday 9.30am Holy Communion service livestreamed, see below.

Livestream

The main parish service continues to be livestreamed at 9.30am on Sunday Mornings which can access from your own home. An order of service is published each week so you can join in with the hymns and prayers. You can connect to the live stream service on the following links:

YouTube - <https://www.youtube.com/user/WykeRegisChurch/live>

Facebook - <https://www.facebook.com/groups/allsaintswyke/>

Parish website - <https://www.parishofwykeregis.org.uk/live/>

If anyone is without internet access but would like to be in touch with

some spiritual uplift or daily hope the Church of England has a FREE phone line

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In addition to the livestream service the parish also runs a live local news programme at 6pm and a quiz at 7.30pm on Saturdays, these can be accessed on the same links as above.

If you would like to make contact with your local church, we can be contacted on

Tel 01305 784649

Email info@parishofwykeregis.org.uk

Canon Tim West is retiring this Easter

Many people will know Tim either through his ministry or simply through the pages of this magazine.

Due to Covid 19 we can't have a big celebration to mark his retirement but we would love to be able to share your memories in a scrapbook. If you have a photograph, letter or note that you would like to be included (or if you would like further details) please see contact details below.

weymouth.ridgeway.team.office@gmail.com.

St Andrew's Church Rooms, 4 Church



Gayl Salt

St Andrew's Primary School, Preston

This term has been another strange one – with schools closed to most pupils. We have continued to open for children of key workers, and our most vulnerable pupils. The majority of children are now learning 'remotely' and we have been delighted with the support, encouragement and engagement from parents at this difficult time.

Remote Learning

We are delighted to have been able to support pupils' remote learning with loans of our own IT equipment, along with an additional 37 laptops provided by the Department for Education.

Here are some of the lovely comments we have received from parents!

'Plenty of communication from teachers. 1 hour of live learning is great. Feedback has been good and gives useful guidance.'

'The response from the teachers has been fantastic, they have really made a difference to our child's home learning experience.'

'...everything provided has been great. I think you are all doing a fantastic job.' 'I'm impressed with how fast it was up and running and that it has been well done this time!'

'Thank you for your huge efforts in providing continuity of schooling and clear communication with us during this pandemic.'

Mental Health and Wellbeing at St Andrew's Primary School.

The children were invited to draw or paint a picture with a theme of 'Express Yourself' for Children's Mental Health Week. They were encouraged to use their favourite colours or to draw their favourite things.

Wellbeing Wednesday is a day when children are set screen-free activities.

Also during the week children watched the Place2Be and Oak National Academy's Children's Mental Health Week Assembly online to learn more about mental health.

The children finished the week by dressing in their favourite outfits, wearing their favourite colours and celebrating clothing that helps them

to 'Express' themselves. We asked them to share photos to celebrate the children's individuality. We are all different but part of the same school community.

Food Parcels

You may have seen a lot of negative comments in the national press around food parcels for families eligible for free school meals. We are pleased to be able to continue using our own local company – Local Food Links – and are delighted that so many of our families are enjoying benefiting from these. Caroline Morgan, CEO of Local Food links is passionate about providing quality food and says 'We do not seek to make a profit out of the parcels and almost the full amount is used on ingredients and packaging. We continue to work with local suppliers to provide ingredients for the parcels.'



Daily Worship

Worship is an important part of our school day at St Andrew's and something that enables the children to belong and part of something 'bigger'. All of our worships can be accessed via the online learning pages. If community members would like to join us in watching any of our worships, you would be most welcome. Any feedback you might like to send us would also be appreciated!
<https://www.standrewswey.dsat.org.uk/daily-worship-spring-term-2021/>

PTA

Our PTA are keen to gather some creative and innovative ideas for fundraising during lockdown. If you have any bright ideas, please contact them via our school Facebook page (St An-

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ps: I like strong tea with two sugars, please

drew's CE Primary School, Weymouth) or through the school office office@standrews.dsat.org.uk.

Governance

A number of our governors will be coming to the end of their term later this year. Consequently The Trust will be looking to recruit academy governors, including those with chairing experience, who hold a strategic (not operational) role and use their individual skills, knowledge and experience to hold leaders to account for the educational performance of the academy they oversee.

Together, academy governors are for driving educational improvement via the monitoring and evaluation of educational performance against the Academy Improvement Plan (AIP), provision of challenge as well as support to hold school leaders to account for academy standards; pupil outcomes (especially for disadvantaged children), spirituality and wellbeing;

stakeholder engagement and regulatory compliance ie safeguarding, H&S, SEND.

In terms of time commitment, academy governors meet formally six times per year either in person at the academy or online for 1.5 - 2hour meetings which usually start between 5-6pm. From time-to-time academy governors are invited to attend meetings during the school day where they can, such as, Academy Improvement Meetings run by the DSAT Academy Improvement Team, Ofsted/SIAMS inspection meetings and monitoring and evaluation visits to assess the progress and impact against the Academy Improvement Plan. There are also occasional panel meetings and training events.

More details about the Trust's governance, including the Scheme of Delegation and committee terms of reference can be found via: <https://www.dsat.org.uk/governance/> If you feel you, or someone known

to you, possess the skills, knowledge or experience to become an academy governor as a volunteer please contact our clerk by email via: clerk@standrews.dsat.org.uk and CC governance@dsat.org.uk to express your interest and/or ask any questions you may have. No previous experience is required as induction and ongoing training will be provided.

Sutton Poyntz Victorian Street Fayre 2021

You will be aware that we planned to run the Sutton Poyntz Victorian Street Fayre on 27th June 2021 after postponing the event in 2020 due to Covid 19.

Given the current situation and after great thought and consideration by all the committee of our Street Fayre, it is with regret that we feel we need to cancel the Fayre for this year, We will regroup for 26th June 2022. It is of course especially sad given this has always been an excellent community

event run by a dedicated committee and helped by over 200 villagers in order to raise a lot of money for local charities.

We realise the vaccinations are rolling out but our event, like all, takes time to organise and we will not have enough time to get everything together given the current situation and with no respite on the immediate horizon.

We'd like to thank all those people who have supported us in the past and look forward to being able to hold the event next year on 26th June 2022 and of course for your continued support.

David Langridge – Chairman

Sutton Poyntz Victorian Street Fayre

World Fair Trade Organization (WFTO)

It's Fairtrade Fortnight so a good time to be thinking about choosing Fairtrade alternatives to your regular shop. Most people are now familiar with the Fairtrade Mark found on food items in supermarkets, such as



Is it safe to consider making your home at one of Friary Care's care homes? The answer is simple, YES it is.

The pandemic has been an exceedingly difficult time for all of us, but we have learnt a great deal from the experience, especially how brilliantly our residents and staff have supported each other through the tough times and the lighter moments.

During January, all our staff and residents were offered vaccinations and they are now scheduled for their second vaccination.

Visiting is a central part of our care home life. It is crucially important for maintaining health and wellbeing and quality of life for residents. Visiting is also vital for family and friends to maintain contact and life-long relationships with their loved ones and contribute to their support and care, unless someone tests positive, visiting is encouraged.

Our success in managing the pandemic was based on strict adherence to the government's guidelines though it has also been very reassuring that all our processes were very much inline with their recommendations and we will maintain all these standards going forward.

If you wish to learn more about our homes, we have a detailed website www.friarycare.co.uk you can also arrange virtual visits with the owner by calling Peter Fry on 01305 787811. There is probably no better time to consider moving into a caring environment, join our community and experience many new opportunities, companionship and above all a live in a safe environment.

bananas, coffee etc but there is another symbol worth looking for on non-food items.

The FTO verification scheme and mark was introduced by the WFTO in 2004 and is used by registered Fair Trade Organizations worldwide. It is a guarantee that standards are being implemented and the 10 Principles of Fairtrade are being followed regarding working conditions, wages, child labour the environment and more.

The World Fair Trade Organization (WFTO) was created in 1989 and is a global association of 401 organizations who are committed to improving the livelihoods of economically marginalised producers. WFTO has members in 76 countries; they are primarily fair trade enterprises, whose business model is verified by independent audit and peer review. Verification covers all aspects of the business and supply chain. Members include producer cooperatives and associations, export marketing companies, importers, retailers, national and regional fair trade networks and fair trade support organizations. WFTO's stated mission is 'to enable producers to improve their livelihoods and communities through Fair Trade'.

The WFTO logo is not a product mark - it is used to brand organisations that are committed to 100% Fair Trade. It sets them apart from commercial as well as other Fair Trade businesses, and provides a clear signal to retailers, partners, governments and donors that their core activity is Fair Trade. The system was originally designed for marginalised producers of hand-



crafts currently not catered for by the Fairtrade Certification system, which was designed for commodity products. Once certified, an organisation is able to use the label on all its products which may include clothes as well as gifts and household items so you may be surprised where you find this label. It seems unlikely that we will be able to open our shop before Easter but we will still have some Easter gifts available and will be taking orders for Easter Eggs. The new Traidcraft catalogue will be available shortly and we are happy to order from the catalogue for you. If you would like to buy anything from us while we are closed we can be contacted through our Facebook page The Bridge Fair Trade Shop or by email at thebridgefairtrade@gmail.com to arrange collection or delivery. The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ During this pandemic our opening times may change at short notice but we will endeavour to keep our Face-

Continued on page 6



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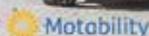
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Weymouth's Jubilee Clock to Light Up for Charity

Weymouth Town Council are planning to light up Weymouth's iconic Jubilee Clock throughout 2021 to raise awareness for good causes.

The initiative will light up the clockface with colours that represent different charities and will run throughout the year. The council aims to represent one cause or charity per month, with the clock being lit for up to three days during the month.

Residents can nominate any local or national charities they would like to see represented by completing the form on the Weymouth Town Council website by 31 January 2021: www.weymouthtowncouncil.gov.uk/light-our-jubilee-clock-for-charity

They will need to give details of the charity, chosen dates and appropriate colour or colours.

Nominations will be taken to Weymouth Town Council's Tourism, Events and Fundraising (TEAF) Working Group for consideration.

In 2020, the clockface was illuminated on a number of occasions in support of the NHS, Lifeboat Week, National Alotments Week, World Mental Health, Poppy Appeal and Pancreatic Cancer.



Councillor Ken Whatley, Chair of the TEAF Working Group, said: 'We hope to help raise awareness for charities and good causes using this well-known landmark. The Jubilee

Clock is one of Weymouth's most recognisable sights and a proud symbol of Weymouth's heritage. The Town Council look forward to receiving and supporting applications from residents and charities.'

The Jubilee Clock Tower is a free-standing clock tower. It was built and erected in 1888 to commemorate the Golden Jubilee of Queen Victoria and became Grade II Listed in 1974.

The Clock Tower was originally located in front of the promenade and jutted out onto the sands of Weymouth Beach. In the 1920s, the clock was set back from the beach as the promenade was extended around it to protect the beach from the encroachment of shingle from the eastern end. The clock tower was also painted in bright colours during the same decade.

News from Dorset Trading Standards

How do you know if the collection bags dropping through your letterbox asking for your old clothes, shoes, CD and DVDs and other household items are genuine?

According to the National Fraud Investigation Bureau, charity bag fraud costs £50 million per year in the UK. Some charity bags are distributed by fraudulent collectors who claim that donated goods will go to charities, legitimate or otherwise, but have been pocketing the proceeds for themselves.

A large proportion of charity bag collections are genuine, and they will

feature the charity's details and registered number on the bag. If you want to check them out then you can look up the charity from its registration number on the Charity Commission's website <https://www.gov.uk/government/organisations/charity-commission> call the Charity Commission helpline on 0300 066 9197

However as only English or Welsh charities need to be registered with the Charity Commission it means that it's more difficult to check an overseas-based charity and you may wish to take this into account when deciding whether to support the collection.

If you want to donate it's also worth being aware that some charity bag collections are run by legitimate commercial collectors on behalf of genuine charities. These commercial collectors will take a percentage of the profits for themselves. This is all perfectly legal but they should tell you this so check out the small print on the charity bag to see how much profit they will keep and make sure you are happy with that before you donate.

Look out for the Buy With Confidence logo - trading standards check traders so you don't have to.

In trading standards we hear a lot about unfair trading and sub standard service. Many of us will have seen various programmes on the television about the rarer, but more extreme cases, of rogue trading.

How do you choose a trader?

Continued on page 9

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www.wykeregisfed.dorset.sch.uk

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How do you know if the person you have invited into your home to fix something is honest?

When making your choice we advise:

1. Get three quotes from different traders
2. Choose a trader from a recognised scheme.

Buy With Confidence is a national scheme of traders approved by Trading Standards, which was set up in response to concerns about rogue traders, which are often highlighted in the media. The scheme provides consumers with a list of local businesses which have given their commitment to operate in a legal, honest and fair way.

The businesses are vetted and approved by professionally qualified Trading Standards Officers who will have been and visited the trader to ensure their compliance with the law and to help ensure they will provide a quality service. The business will have to pass tailored background checks which include each applicant being checked against the National Trading Standards complaints database. Continual monitoring is undertaken to ensure the integrity of the scheme.

Whilst we cannot promise that a Buy With Confidence member's work will be perfect every time, you can expect any problems to be dealt with fairly by the business and Trading Standards can offer to assist and help resolve any issues.

Look out for the Buy With Confidence logo, visit the website www.buywithconfidence.gov.uk or call the Citizens Advice Service helpline on 0808 223 1133.

Dorset County Hospital Charity pays tribute to Captain Sir Tom Moore

With the passing of Captain Sir Tom Moore the country has lost a true hero. He played a huge part in the events of 2020, raising more than anyone else to support NHS patients and staff during the Covid pandemic.

Dorset County Hospital Charity pays tribute to this kind, courageous and generous man as they remember his incredible contribution to the NHS and in support of Dorset County Hospital. Simon Pearson, Head of Charity at Dorset County Hospital said, "Captain Sir Tom Moore's actions inspired us all and lifted the spirits of the nation at this very challenging time. We would like to pay tribute to him

and all he did to support the work of our hospital and hundreds of other NHS hospitals across the country.

'Sir Tom's fundraising efforts were a huge inspiration showing what could be done with positivity, dedication and selflessness. He provided a beacon of hope and inspired fundraisers across our community to support Dorset County Hospital through donations and their own amazing challenges to raise funds. Sometimes it's the little things that make the most difference - knowing people are thinking of you and appreciate what you do. Our thoughts are with Captain Sir Tom Moore's family and friends at this difficult time - I don't expect we will ever see his like again.'

Dorset County Hospital has benefited by more than £150,000 from funds raised by Sir Tom and others for the NHS Charities Together Covid Appeal. They have been used to support staff well-being at Dorset County Hospital by funding initiatives such as mental health support including counselling and creating safe spaces where DCH staff can take a short break away from the stresses of their work. These valued funds will also support longer term projects to assist the resilience and recovery of our NHS staff.

Simon added, 'Sir Tom's qualities of modesty and kindness have been echoed many times by local fundraisers who walked, ran, cooked, sewed, sang and swam to raise money for Dorset County Hospital during the pandemic. His actions have inspired a generation of people to take positive action for good and his legacy will be felt for a very long time.' In addition to Sir Tom's extraordinary fundraising, Dorset County Hospital Charity's Covid Appeal has raised over £130,000 locally. To support the DCH Covid Appeal in remembrance of Sir Tom please visit: www.justgiving.com/campaign/DCHCOVID-19Appeal

Preston Village Market St Andrew's Church Rooms, Preston DT3 6BU

It is sad that we haven't been able to have our February Market due to Covid but we are hopeful that future markets will go ahead. Please find below the dates for the rest of the year. Make a note in your diary.

10th April, 5th June, 7th August, 2nd October, 4th December

Looking forward to seeing all our lovely customers and stallholders again.

C'Siders - Cancer Support Group

Face to face meetings for C'Siders Cancer Support Group remain on hold, but the group's monthly Zoom meetings are proving popular.

Members and newcomers are welcome to join us. Please email info@csiders.org for more information and sign on details. For members preferring a one to one chat, the group is still

here for them. A call to our helpline 07430 695462 can put you in touch with other members or answer any questions you may have.

For latest details about the C'Fit Rehabilitation Exercise Classes, please call Osprey Leisure Centre on 01305 824378.

Up to date information about the group and future plans are available on our website csiders.org. You can also find us on Facebook at www.facebook.com/csiderswp, contact us by e-mail info@csiders.org or call us on 07430 695462.

Greenhill Gardens Shop is Open

Although we have not been able to have any entertainment in the Gardens for a year, we do have lots of merchandise for sale from our on-line shop!

Greetings Cards, Coasters, Mugs and Posters of the Gardens, the Harbour and Portland Lighthouse are all available. Check them out on our website: www.greenhill-gardens.co.uk/shop Thank you for supporting us
The Friends of Greenhill Gardens



Have fun by Zooming your own Mini Panto

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E: iaincampbellgo@yahoo.co.uk
01305 768446

106 Weymouth College Town Centre Site

Often just referred to as '106' the college is lucky to have a site dedicated exclusively to the over 18 population.

Message from the Centre Manager

Hello, how are you coping with the current lockdown? I think we are all finding it harder this time round. But there are some up sides! While working from home I have had to learn new ways of working - so I know what Zoom is and how to use it. Amazing! Now I just want to be on a zoom TV audience show like The Voice - not singing of course!

Although the news is gloomy at the moment, it was interesting to hear that there were more small businesses started in 2020 than in any other year! Staycations this year are going to be more popular than ever, for Weymouth & Portland that's good news as it will hopefully mean more jobs and will secure existing jobs.

Message to students who are currently enrolled on courses.

Your tutor will be offering support remotely, this could be online, by phone, email or sending you materials. If you are struggling with this way of learning don't worry, we will be resuming classroom teaching as soon as restrictions are lifted. Meanwhile please stay in touch and let me know any concerns.

Continued on page 10

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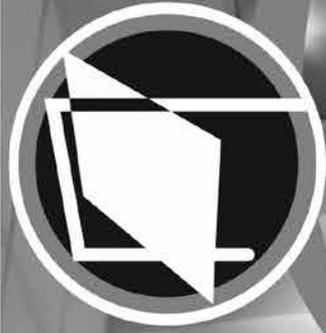
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Dorset Police Neighbourhood Policing Team

Your local officers are:



PC 2529
Kerry Farwell
(Littlemoor,
Radipole, Preston &
Sutton Poyntz)



PCSO 6084
Kirsty Gatehouse
(Radipole, Preston
& Sutton Poyntz)



PCSO 6488
Matt Barton
(Melcombe
Regis, Nothe &
Chapelhay)



PCSO 6083
Alice Butler
(Littlemoor)



PS 2162
Sam Goom
(Weymouth)



PC 2456
Jane Bayliss
(Chickerell &
Wyke Regis)



PCSO 6875
Kelly Heath
(Wyke Regis)



**Dorset
Police**

Contact Us

Dorset Police: 101

Please only use the number above for non-emergency calls. If a crime is in progress or life is in danger, please dial 999.

Crimestoppers: 0800 555 111

Follow Us

Twitter: @WeyPortPolice

Facebook:

Weymouth & Portland Police

Community Messaging Service

Dorset Police would like to encourage as many people as possible to sign up to our new community messaging system, Dorset Alert. You can print the forms directly from the Dorset Alert website, or ring us for an application form.



Local news

Continued from page 9

Message to students who are waiting for courses to start

We will receive two weeks' notice when courses can resume at the centre so will contact you as soon as possible.

Education generally!

If you just want to fill your time with some online learning, remember we can help. Whether it's to keep up with all this home schooling malarkey or to safeguard your future employment prospects, we're here and can offer remote learning during lockdown that leads to accredited qualifications. Take care, keep positive and stay safe.

Julie Ellis - 106 Manager

julie_ellis@weymouth.ac.uk

This month's student story - Lucy

Lucy previously worked in the administration field, but had been out of that area of work for some time, working in retail and as a painter & decorator. After receiving some assistance updating her CV, and commencing onto an ICT course to refresh her skills, Lucy has just secured a part-time post as an office administrator for a doctor's surgery. Well done, we're proud of you!

The job market

Despite some depressing news on TV, there are still some surprising statistics out there. A recent advert for an apprentice with the NHS in admin attracted only 8 applicants, a lecturer position at Weymouth College also 8, and their advert for Covid marshalls/staff just 4.

Transitioning from benefits to work

What's it like to return to work after significant time out of the job market? Here's one ex-student's story.

'A combination of depression, addiction and homelessness made my participation in the workplace sketchy at best for well over a decade.

Not certain if I could ever break this pattern, I felt my hopes and prospects were in the doldrums.

However, I started to address these issues and began to fill my time with some positive actions to raise my self-esteem and reintroduce me to healthy routines.

106 in Weymouth town centre was one of my first steps. While there I gained Level 2 qualifications in the essentials - maths, English and ICT, which gave me the confidence to get involved in

Continued on page 13



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For further information and on-line bookings -
www.bluebirdcoaches.com

Organisations

Beachview Community Centre,
Beachview Close, Wyke Regis, DT4 9JA.
Bingo, every Saturday, 7pm
Coffee Morning, every Monday, 10am
Home-cooked hot lunches Thursday
and Sunday at 12 noon.
Call 01305 750541 to reserve your
place. All very welcome.

Blind & Partially Sighted
Wednesdays 1.30pm - 4.00pm
Weymouth Community Safety Centre,
Radipole Lane. Bingo/Excursions - Jen-
ny Clift . 01305 787065.

Breathe Well Weymouth
A support group for people with lung
problems. Meet 2nd Wednesday of the
month. 2.30pm - 4.30pm at The New Fire
and Community Centre, Radipole Lane,
Weymouth. Details chairman Mike on
07792846463 or 01305 814600.

Christian Spiritualist Church
St John Ambulance Hall, Westway
Road, Weymouth. Sunday Services
6pm for 6.15. Spiritual Healing every
Friday 2 - 3.30pm. Parking available
www.spiritualistchurchweymouth.com

The Cygnet Group
Third Saturday in the month, St
Paul's Church Hall, Abbotsbury Road,
10.00am-12 noon. For more details Eve
Hanney 01305 787220 or Joan Savage
01305 820668.

C'Siders - Cancer Support Group
Meetings on the first and third Mon-
days of the month at the Wyke Smug-
glers, 76 Portland Road, DT4 9AB from
7.30pm - 9.00pm.
Visit our website at csiders.org, Fa-
cebook at www.facebook.com/csiderswp,
e-mail info@csiders.org, or
contact 07430 695462 for more infor-
mation.

**Dorchester and Weymouth Branch
of Epilepsy Action**
Coffee and Chat Meetings, Jacksons'
Gallery in Fortunswell, Portland every
second Thursday 10.30 - 11.30am.
Suttons' Coffee Shop, St Albans St,
Weymouth. On the 4th Thursday each
month

Dorset Kidney Fund
Support for Renal Patients throughout
Dorset and South Somerset. For help
and information please call Diana Crow-
der on 01305 834954 or Sue Bithell on
01305 269293.

Friends Of Weymouth Library
FOWL supports and promotes our
valuable library service. We hold regu-
larly coffee mornings in the library on
the first Tuesday of the month, all very
welcome 11 - 12.30. Our programme of
events such as talks, trips, quizzes and
socials raises money for library projects
and equipment. More details from the
library or 01305 832613.

Friends of Wyke Regis Library
Share views on the books you have read
recently, join the book club or just catch
up with Friends in the Library anytime

between 10.30 - 12.30 on the last Mon-
day of each month.

Hardy Quilters
Patchwork and sewing group. Fourth
Monday of month 10am - 1pm. Os-
mington Village Hall, Shortlake Lane,
Osmington DT3 6EY. Contact Chantal
on 01305 835757

**Lip Reading and Communication
Skills Weymouth Class**
We meet on Mondays in school term
time, 12.30 - 2.30pm at The Frank
Reynolds Community Centre on the
Dorchester Road, Weymouth, DT3 5BY
(Broadway). Email: elizabeth.ian.mess-
er@gma **Littlemoor Library**
Tues 9.30am - 1.00pm;
2.00pm - 5.00pm.
Wednesday 2.00pm-5.00pm.
Thursday 2.00pm - 6.30pm.
Fri 2.00pm - 5.00pm.
Saturday 9.30am - 12.30pm

Littlemoor Library
The library holds the following:
Writing Group every Monday at
10.00am.
Library Gets Lively Every Tuesday 11.15
- 12.00 noon.
Reading Group on the second Wednes-
day in the month 10.30am - 11.30am.

Modern Sequence Dancing
Wl Hall, Gallway Road, Wyke Regis every
Saturday. 7.45pm - 10.15pm. All wel-
come. For details 770780.

Mulberry Bush Pre-school,
Littlemoor Road. Children from 2 years
9 months, a fun and safe environment
in which to learn through play. Mon-
day to Friday 8.45am - 2.45pm. Contact
Nicki Saunders
Email: mbpreschool@standrews.dsat.
org.uk for more detail. Or just pop in!

Osmington Archery Club
We meet one afternoon a week in
the Village Hall throughout the year.
Sometimes in better weather in the
summer we shoot on private ground
at Milborne St Andrew. Please phone
01305 833460 for further details.

Osmington Leisure
Short-Mat Bowls Wednesday evenings
(7pm - 9pm), with the exception of the
third Wednesday of the month when
there is a Whist Drive in the Hall, and
Table Tennis is held on Thursday eve-
nings (7.30pm - 9.30pm).

Osmington Lunch Club
The club is now meeting on the third
Friday of the month. A two course meal
is available with a glass of wine for only
£7. Guests arrive at Osmington Village
Hall at 12.15 for lunch to be served at
12.30. No washing up just company and
chat. Look forward to seeing you
there! To book a place phone Fran on
832430 or 0781782527.

Osmington Recorded Music Society
Meets usually 1st and 3rd Monday
afternoons, October to April, at Os-
mington Village Hall, Shortlake Lane,

from 2.15pm. Plenty of car parking
available. Further details from 01305
262121, or email: heather.foster1@
btinternet.com

**Osmington Village Hall, 07387
118300**
www.osmingtonvillagehall.co.uk.

**Parish of Wyke Regis, All Saints with
St Edmunds**
Every Friday
Holy Communion 10.30am
Every Sunday
Holy Communion (said) 8.00am
Holy Communion (sung)* 9.30am
*Family service 1st Sun of the month,
Baptisms 2nd Sunday of the month.
Toddler Praise, 1st Wed month 2pm.
Sunday School, 2nd/3rd Sunday.
Rector: Rev Brother Alasdair Kay.
Tel 01305 784649
Email enquiries: info@parishofwykere-
gis.org.uk
www.parishofwykeregis.org.uk

Preston Pre-school
Where learning is fun, in a free flowing
environment indoors and outdoors.
Children from 2 years. Funded places
available.
Monday - Friday 8.45am to 2.45pm
For more information, phone
07826515321, e-mail prestonpre-
school@hotmail.co.uk or simply come
and visit us during our opening times.

Preston Table Tennis Club
Wednesdays 7.00pm and 9.00pm,
Westfield School, Littlemoor Road.
Contact Dave Clegg on 835108.

Preston Reading Group
Is a small, friendly group meeting the
first Thursday of every month from
6.30 - 7.30pm at Preston Village Hall.
Books provided for discussion follow-
ing month. Preston Reading Group
Ring Marian Martin 01305 833337.

Preston Pantomime Group
Meets every Wednesday, 7.30pm at
Preston Village Hall
New members welcome from age 14
upwards
Contact Julie on 832620.

Portland Gig Rowing Club
Meet Osprey Quay for various rowing
sessions during the week and week-
ends and are open to all from 11yrs
and over. For more information, www.
portlandgigrowingclub.co.uk

Scottish Country Dancing
Thursday 7.30pm - 9.45pm September
- May. New dancers welcome anytime.
Southill Community Centre, Radipole
Lane, Weymouth. DT4 9SF. Details from
Judy on 833660.

**Somerset & Dorset Railway Trust -
Dorchester Area Group**
Meets usually last Friday of the month
(except August and December) at the
Dorset Room, Colliton Club, County
Hall, Dorchester, 7.30pm. Further de-
tails from 01305 262121, or email:
heather.foster1@btinternet.com

South Dorset Caledonian Society
Ceilidh Dance Practice on Monday eve-
nings, 7.45pm - 9.30pm at Willowbed

Hall, Chickerell. £2.50 per session, inc
tea/coffee. www.southdorsetcaledo-
nians.org, e-mail: sdcsec@gmail.com

**South Dorset Group of the Somerset
and Dorset Family History Society**
St Aldhelms Church Centre Spa Road
on the 3rd Friday of the month tea or
coffee at 2pm and the talk at 2.30pm.
Contact no is John on 01305 776008.

South Dorset Woodcarving Club BWA
Tuesdays, Upwey Old School Village
Hall 7- 9 pm
Dave Whiddett 07948502857 or 01305
812064 email:
david.whiddett@homecall.co.uk

SSAFA
Pilgrim House, 1 Hope Street, Wey-
mouth, DT4 8TU. (By appointment only)
Urgent enquiries: 01202 742934. Office
Number - answerphone: 077 26127
532.

St John Ambulance Westway Road.
Adults - Wed 7.30 - 9.30pm. Cadets (15
- 18 years) Mondays 7.00 - 9.00pm.
Badgers (6 - 10 years) Wed 6.00 -
7.00pm. Tel 01305 784493.

The Tornadoes of South Dorset
Swimming Lessons from School age
on Fridays 5.30pm - 7pm. Squad Train-
ing daily (depending on ability). Os-
prey Leisure Centre, Portland.
uk.teamunify.com/Home.jsp? team =
swrtornadoes or tornadoessecret

Weymouth Stroke Support Group
Meets at 10.30am for coffee etc on
alternate Tuesdays at Weymouth Bay
Methodist Church, Melcombe Avenue.
Further details from Gerry Barr
07580664210

Weldmar Hospicecare Trust Shops
Wyke Regis:- 82 Portland Road, Tel
788369. Open Mon - Sat 9am - 5pm.
Weymouth :-71 St Thomas Street. Tel:
783523. Open Mon - Sat 9am - 5pm. Sun
10am-4pm.

59, Great George Street. Open Mon - Sat
9am - 5pm. Tel 787825.
10 Hardwick Street. Tel: 777774.
Mon - Sat 9.00am - 5.00pm
Weymouth Outlet
Unit 11/12 Oxford Court, Granby Ind Es-
tate, Weymouth DT4 9GH. Tel: 770760.
Mon - Sat 9.00am - 5.00pm.

**Weymouth & Portland Holzwickede
Twinning Association**
Weymouth & Portland Holzwickede
Twinning Society hold various social
activities in and around the area. All en-
quiries 832694.

Weymouth Areas Seniors Forum
An independent over 50s forum for
residents of Weymouth, Wyke Regis,
Portland and Chickerell. Meetings 4th
Tuesday of the month, 2pm - 4pm,
Weymouth Angling Society Commer-
cial Road, Weymouth.

**Weymouth Classical Recorded Mu-
sic Society**
Meets at The Acorns, Grosvenor Rd,
Weymouth on usually 2nd and 4th
Monday evenings, September to June,
from 7.30pm. Car parking available.
Further details from Mrs J Marlborough,

on 779787, or email heather.foster1@btinternet.com

Weymouth & Portland Branch, Fleet Air Arm Association

Meet 1st Friday of each month at the Wyke Smugglers, Portland Road, DT4 9AB. Full Membership open to serving or veteran members of the Fleet Air Arm. Associate membership to those with an association with the Fleet Air Arm.

Please contact Jeff Cook, Branch Chairman, on 0773333274, or email jeff.cook@faaa.org.uk

Weymouth and Portland Quakers

Meet first and Third Sunday of each month 10.30am at the Fire Station, Radipole Lane, Weymouth. Tea and Coffee after. Doors are locked after 10.45am. Tel: 01305 788452.

Weymouth and Portland Sub-Aqua Club (BSAC)

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

Weymouth Ind Evangelical Church

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm. All are welcome.

Weymouth Carers Group

Meetings 11am to 1pm on the third Tuesday of the month, Weymouth & Melcombe Regis Working Mens Club, 1 Mitchell St. For more information 07766 529297 and leave a message with your contact details.

Weymouth Dolls House Club.

Meet every 4th Tuesday, 10am - 4.00pm, Scutt Hall, Sutton Poyntz. Please bring your lunch. Details from Gayl Salt 832918.

Weymouth East Scout & Guide Groups

Beavers - Friday 5.30 - 6.30

Cubs - Wednesday 6.30 - 8.00
Scouts - Friday 7.00 - 9.00
Explorers - Thursday 7.00 - 9.00
Brownies - Thursday 5.00 - 6.15

Weymouth South Scout Group

Scout Hut - Ryland's Lane
Monday
Scouts aged 10½ to 14½, 7.00 - 9.00pm.
Tuesday
Cubs aged 8 to 10½, 6.00 - 7.30pm.
Explorers aged 14½ to 17, 7.45 - 9.30pm.
Wednesday
Scouts aged 10½ to 14½, 7.00 - 9.00pm.
Thursday
Cubs aged 8 to 10½, 6.00 - 7.30pm.
Friday
Beavers aged 6 to 8, 6.00 - 7.15pm.
For general inquiries: weymouthsouthgroup@gmail.com
To join our waiting list: weymouthsouthwaitinglist@outlook.com

Weymouth and District Model Engineering Society

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickereil Road. Talks on Tuesday during Winter months. www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

Weymouth Floral Design Group

(formerly known as Melcombe Regis (Weymouth) Flower Arrangement Society) meet at the United Reformed Church Hall (Radipole), Spa Road, Weymouth, door open 7.10pm starts 7.30pm prompt. Meetings are usually held the 3rd Thursday of the month (except August no meeting and Dec is the 2nd Thursday.)

Weymouth Movie Makers (formally Weymouth Cine & video Club)

Meet from September to May on alternate Wednesdays at 7.30pm at the Centenary Club 21 Jubilee Close, Weymouth www.weymouthmoviemakers.weebly.com E: weymouthmoviemakers@gmail.com Chairman Anne Vincent Tel: 01305 780140.

Whist & Military Whist Drive

Moonfleet Bowls Club, Knightsdale Road. Tuesday, start 6.30pm
Details on 784056.

Whist Drive

Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

Wyke Regis Methodist Church

Thursdays - Coffee morning, alternate weeks arranged by Church members. 10.00 - 11.30am

Wyke Regis Horticultural Society

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm
Annual Membership £5 may be taken out at our shop during opening times. www.wrhs.org.uk

Wyke Regis Community Association

Email: wrca@btconnect.com
www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook
www.facebook.com/WykeRegisCommunityAssociation/

Wyke Regis Community and Sports Association

Wyke Weenies - a group for Toddlers and their Parents/Carers meets on Monday mornings (term time only) from 9am to 11.30am.
Monday C'Siders-Cancer Support Group Table Tennis from 1pm to 2pm.
Monday Table Tennis from 7.30 to 9pm.
Tuesday Ladies Club 1.45pm to 3.15pm.
Tuesday Prize Bingo is 'Eyes Down' between 7.30pm and 9 p.m.
Wednesday Sing, Sign and Play 10am to 11.30am
Wednesday Holistic Yoga 7.30pm to 8.30pm
Thursday U3A Table Tennis from 2pm onwards.
Thursday League Table Tennis
Friday NHS Leg Club 9am to 12noon.
Friday Judokai Weymouth Judo Club from 7.30pm to 9pm Juniors from 8 years and seniors both beginners and improvements.
Sunday's Wargames-all ages-11am - 5pm.

Wyke Regis Library

Mon - 10am - 1pm; 2pm - 6.30pm
Wed - 10am - 1pm; 2pm - 5.30pm
Friday - 10.am-1pm
Saturday - 10am - 1pm

Wyke Regis Pre-School

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

Wyke Regis Medical Practice

Portland Road, Wyke Regis - 782226
Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

Wyke Regis Nursery

Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qualified teachers). We are a maintained Nursery housed within Wyke Regis Infant School and forming part of the Wyke Regis Primary Federation. Monday - Friday 8.45am - 3.15pm. Term time only. From 3 years. For more information tel: 01305 782470 or email us at infoffice@wykeregisfed.dorset.sch.uk

Wyke Regis Society

www.thewykeregissociety
Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or wykeregissociety@gmail.com

Wyke Regis Womens' Institute

General meetings are on the second Thursday of the month at the WI Hall, Gallwey Road, DT4 9AJ. The various groups meet at regular times during the month with details on our website. For more information: contact us on 07719 312901 or at secretary@wykeregiswi.org.uk; or check our website www.wykeregiswi.org.uk or Facebook page www.facebook.com/wykeregiswi/

Yoga

Sutton Poyntz. Monday to Friday mornings. Small groups in our home studio. See www.yogasadhana.co.uk or contact 07970 772963.

*NB: Organisations may not be meeting due to lockdown

sues!

Tips for staying healthy

Until our walking group can start, get out walking yourself - have you spotted the seal yet?
The Challenge The Lunar Challenge is an inclusive run, walk and cycling challenge using the free Strava app. Colleges are challenged to collectively reach 238,855 miles by running, walking or cycling by the end of February. Download Strava App on your Phone Click on explore, at the top of the page it will say clubs. Click on clubs and type in the search bar
Weymouth College Cycling club or Weymouth College running and walking

IT Tip of the Month

How are you staying in touch with friends & family? ZOOM is free to use for up to 45 minute sessions.

Local news

life again and move forward. In the past I would have avoided the job centre and other 'official' channels. However, I decided to do things differently and attended 106 job club. It got me out of the house, showed I was willing and not to mention it helped me fill out the dreaded job search record. When a part time position as a breakfast chef came up, I applied, not sure if I could do it. I got the job and discovered that I could be reliable, flexible and hard working. I was also a bit partial to a full English breakfast - a perk of the job - which helped!
After a year of this it was time to move on and I returned to the job club in search of a new direction. I applied for jobs that I thought would suit my new attributes, the 106 team were very helpful when it came to filling out applications and helped with my C.V. and quite soon I found myself with the best job I have ever had!
If they can do it, you can too! Never be afraid to ask for help to change your

life! We're always here and signpost on to other organisations as needed!

We were flattered to receive this email from an ex- student:

Hi 106 team!
I previously achieved both my L1 and L2 maths with you back in 2019. Now I am wondering if I would be able to join in with any of the virtual classes you have? The reason I ask is, just before the lockdown, I was offered a new job! Of course with everything that's going on, this has been put on hold until things settle down. I am aware the next stage for it will be completing a maths test. This is still something I lack confidence in, despite passing my L2. So I want to use the extra time that I have been given to prepare as much as I can.

Can you help with anything?

Of course we could help! We are always happy to help previous students, so never be afraid to ask - whether it be with education or employability is-

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Due to increased risk associated with the highly transmissible new strain of covid 19 and the significant rise in local covid-19 cases my private practice remains closed. Please visit my website for up-date announcements. In the meantime I will be operating an appointment waiting list with existing patients being given priority. Thank you for your understanding and stay safe.

Childrens Mental Health

We have all experienced to some degree the negative impact of lockdown on our mental health and wellbeing.

Some find it easier to cope than others and this is reflected within the NHS workplace with hospitals offering quiet spaces for those that need it to relax and reflect. Counsellors have been employed to offer help to those who are feeling overwhelmed with the situation and responsibilities associated with working in a pressured clinical environment. Cancer patients attending Dorset County Hospital for chemo-

therapy are still able to access the Fortuneswell Clinical Reflexology service. Myself, Lorna and Jane continue to deliver our holistic therapy on a daily basis helping patients to relax and offering a listening ear to enable them to voice their concerns, emotionally supporting them through difficult times in a safe and secure environment.

Generally, adults understand the severity of the current situation. For some living this experience has raised concerns resulting in stress, anxiety and changes in behaviour. However, gaining understanding can also provide us with life lesson coping strategies and mechanisms that when put in place help to alleviate fears and manage stress and anxiety. Children and young adults whilst listening or absorbing information intentionally or unintentionally do not have the same ability to reach understanding as their life experiences have been limited and therefore they do not have a library of coping strategies or mechanisms to call upon when they are feeling stressed, fearful or insecure when faced with traumatic events or their daily routines are disrupted.

Becoming aware of Childrens Mental Health Week and being a grandma and great grandma to children aged 18 months to 16 years (and older) I thought to explore the effect this pan-

demical has had on the younger generation. This family snap-shot revealed that although the needs of each child are individually unique there emerged a common theme. The appearance of behavioural changes that I believe to be a direct result from the children being denied physical social interaction. Little ones may not be able to recognise or understand that being denied access to familiar social groups be it grand parents, friends, school mates or activity based interest groups has compromised their educational and life skills development. We know that young children learn through play how to communicate, complete tasks and become socially aware. Being denied access to the environment in which to develop these basic skills I hope will soon be resolved with the re-opening of early learning centres, nurseries and infant schools. Signs that children are not coping is often reflected in changes in behaviour such as bed wetting or an unwillingness to take part in their normal routines (bedtimes/mealtimes). Parents devoting time with patience and continual re-assurance and introducing new routines developed through play with specific task setting such as little creative projects may help.

Older children and teenagers often do recognise that they are not coping but unable to express their worries or put coping strategies or mechanisms in place may develop issues around food and mealtimes, become withdrawn,

moody or may resort to unruly or bad behaviour. Parents taking time to sit and encourage conversations talking about worries may prove difficult but worthwhile if pursued. In most cases across all ages and throughout adulthood behavioural changes may be an outward expression of internal issues such as feeling insecure, unloved, lonely or fearful of the future.

Searching on-line I came across www.Place2Be.org.uk This is a registered charity with the aim of providing mental health counselling support and training to schools to improve the emotional wellbeing of pupils, families, teachers and staff and signposting to other resources. Their theme for this year is 'Express Yourself' and I totally support their concept of using creativity as a healing tool connecting mind, body and imagination. Billy Ocean has joined with the Young Voices Choir and released a fundraising Place2be charity single. "When the going gets tough" Very apt!

Contact Tel 01305 784986. abigailwring@btinternet.com www.dorsetclinicalreflexology.co.uk Abigail is fully qualified, insured and DBS checked with 30 years professional experience specialising in Clinical Reflexology, Allergy Testing, Nutrition and Counselling. Author of 'Holistic Health Tips' available from Buena Vista Gypsy Lane Weymouth Dorset DT4 0BZ. £9.00 inc p&p.

Local news

community amenities and front-line services for our town, without incurring any increase in the precept for 2021/22. This is the second year we have achieved this.

The council has had to make savings based on the 0% increase from last year. Decisions such as bringing cleansing staff and payroll in-house have resulted in savings, without affecting or reducing provision of services for residents.

The precept refers to the town council's share of the council tax paid by residents and is used to maintain local services including parks, gardens, open spaces, cemeteries, allotments, beach, community development and town centre work.

As well as maintaining award-winning amenities in the town, such as Weymouth Beach and Greenhill Gardens, the council has had to adapt to new ways of working during the coronavirus pandemic.

The council has worked with local groups and organisations in the community to provide additional support which has been vital for some residents. Initiatives such as the Keep in Touch scheme, in partnership with Refresh, ensured vulnerable residents were able to have food and/or prescriptions delivered to their homes and now offers weekly phone calls or letters for members to help address social isolation during lockdown.

Sutton Poyntz Village WI

After a successful practice WI Zoom committee meeting the week before, Sutton Poyntz Village WI tried a Zoom WI meeting. 22 members took part and I hope enjoyed some interaction with friends again, be it only on line.

After a WI catch up from nearly a year of shut down, members realised there were things going on, like on line craft days in February and March and a Federation holiday in August to Buxton and the National Federation AGM at the Royal Albert Hall in June.

The thorny question of membership fees for this year, when all had been shut down, was energetically discussed. All I will say, is watch this space!!

Zoom seems to be the way forward for those with computers, iPhones or iPads. Unfortunately, that leaves some of our less fortunate or elderly members left out. The members at the Zoom meeting, resolved to appoint an active Almoner to create regular contact with these members.

These are difficult times and no one really knows if or when things will get back to how they were before Covid struck.

The friendship of our WI members, has in the past relied on physical contact,

Continued on page 21

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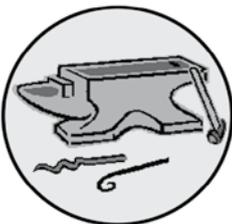
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Over the Hill

With Chris Hubbard

At the end of last month people from across Dorset were invited to take part in the RSPB Big Garden Birdwatch. This meant spending an hour recording the birds that landed in their gardens, with the results submitted to the RSPB as part of a national survey. Now our garden cannot be classed as big, but my In-house Adviser explained that this referred to the size of the survey, not the garden. And we do have a rather elaborate bird feeder I put up some time ago. There was early trouble with squirrels and pigeons eating all the food. This was solved by greasing the feeder pole with Vaseline so the squirrel slid down when trying to climb up and some upturned plant pots which stopped the pigeons landing on the top. With three hanging feeders and what seems like half a ton (that's a lot in metric units) of sesame hearts - the up market websites don't sell just seeds - quite a lot of birds now use it frequently. This encouraged my In-house Adviser to suggest (and we all know what that means) that we (which means me) should contribute to the survey this year.

Luckily I didn't have much on at the time, so it seemed to be a good way to fill in an hour. A nice alternative to watching yet another day time TV series. So when would be best to carry out this bird counting? Not too early in the day because I don't function well before breakfast which has become quite a late meal, and not too far into the afternoon as it gets dark early. Watching closely over a trial period it appeared that the birds were most active around one o'clock, which is understandable as that is lunch time. So allowing for my own lunch, 2 pm would be a good time to start. I fashioned a comfy nest in an upstairs bedroom looking down on the garden and equipped it with a large pad of paper, a supply of pencils and a pair of binoculars. My In-house Adviser was primed to bring frequent cups of tea and to be on call for the more difficult bird identification problems. On the selected day I settled myself into my bird observatory to undertake the vigil, feeling very virtuous. After all, hadn't the RSBP begged me to be one of those who helped them? Well, not exactly begged, but nearly, and they would no doubt be impressed by the accuracy and quality of my reporting. Probably so much so that my results would be given extra weight when calculating the results.

But I digress. As the hour started there were five birds on the three feeders. This was a problem. Should I count them, as they had clearly arrived before the hour started? Probably not, so I waited. After what seemed an age some flew off and others arrived. Counting them wasn't difficult. I have always been good with numbers. In one of my early primary school reports my teacher wrote one of her more polite comments against Maths "Good at counting unless wearing his mittens". Well, schoolrooms were cold in those days.

But I digress again. Counting our feathered friends wasn't difficult, but deciding whether these were the same ones I had

seen before or new visitors was impossible. Did two trips by one bird count as two visits or one? Eventually I decided to count everything that landed. Then came the next problem. Identifying the birds, because I know very little about bird types. Pigeons are easy, and it wasn't necessary to include the squirrels. A shame, as they are quite easy to identify. The little drab brown birds could be sparrows, and the brightly coloured ones were obviously different. Goldfinches seemed a good guess, but what about all the others. What on earth were they? Should I look in my bird book to identify them, thereby possibly missing some more visitors.

Swallowing my pride a distress call went for my In-house Adviser. Of course, by the time she arrived the little b.....irds had flown off. I tried to describe them for her while still counting, but they seemed to know I was in trouble and they started arriving in flocks to make it difficult. We struggled on, with my In-house Adviser advising and me writing down her words of wisdom and counting the birds they referred to. I didn't have the nerve to suggest that she pause to make me a cup of tea. Well, it could have compromised the accuracy of our count and seriously damaged my health into the bargain.

It was also difficult to stay awake, as counting birds has much the same affect as counting sheep. That's why the Royal Society for the Protection of Sheep does not organise a count of the different varieties of sheep that come into your garden, except in Wales. But I digress yet again. At long last the hour was up and our list covered four pages. I decided to rub out the entries that mentioned an eagle, three vultures and an emu. I do jest, but there were some dubious identifications. The result was quite pleasing. After all there probably few other twitchers, which is what we bird experts are called, who saw over 350 birds in just one hour. Perhaps I would be awarded an RSPB Gold Medal for services to Twitching.

After this encouragement you may want to copy my example. If next year you receive an email from the RSBP begging you to take part in their survey - unlikely as they don't send out emails, or perhaps they do and just didn't send one to me - then say yes. But first contact me for a copy of my recent book "Counting birds in Dorset gardens". For the bargain price of £19.99 it tells you all you need to know about bird spotting, with lots of relevant (and irrelevant) information.

Go on, spoil yourself.



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We hope to reopen church buildings for worship in April

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	Holy Trinity, Bincombe	Said Holy Communion
9.30am	St Andrew, Preston	Said Holy Communion
	St Nicholas, Broadwey	Said Holy Communion
10.00am	St Francis, Littlemoor	Lay led worship
11.00am	St Laurence, Upwey	Said Holy Communion
4.00pm	St Nicholas, Buckland Ripers	Said Holy Communion

Worship by candlelight 7.30pm every Wednesday at St Andrew, Preston

Who's Who

Team Rector Canon Tim West (normal rest day: Friday) The Rectory, The Weir, Preston, Weymouth, DT3 6BX (01305) 833142 weymouth.ridgeway.rector@gmail.com www.facebook.com/canon.tim.west

For St Andrew, Preston; or St Osmund, Osmington please contact **Administrator** Shirley Mitchell 4 Church Rd., Preston, Weymouth, DT3 6BU (01305) 837147 or weymouth.ridgeway.team.office@gmail.com

Team Vicar for St Francis Rev'd James Menzies, The Vicarage, 2 Primula Close, Littlemoor, Weymouth, DT3 6SL (01305) 815366.815366.

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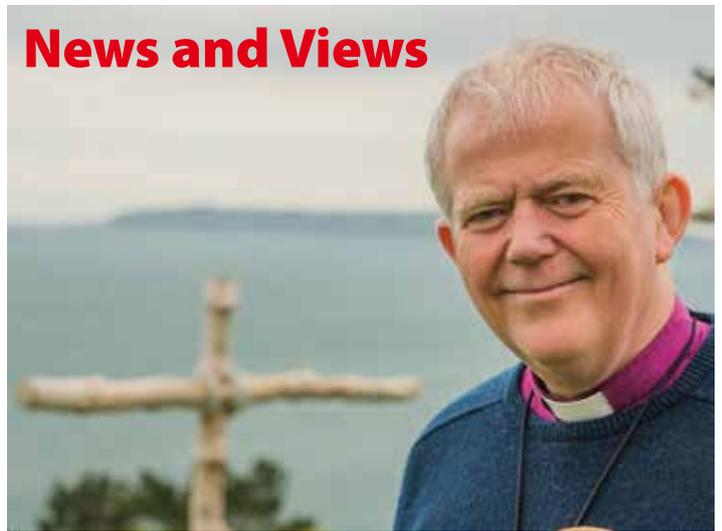
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St Andrew's Church Rooms, Preston: (01305) 837147 sachurchrooms4@gmail.com
St Francis' Community Room, Littlemoor: Anne Field, (01305) 832532 anne_field@talk21.com
Upwey and Broadwey Memorial Hall: Jonathan Harwood (01305) 814940
Upwey Old School: Phil Cooke (01305) 812665.

News and Views



Bishop Nicholas Holtam retires in July after 10 years heading up Salisbury Diocese [Dorset & Wiltshire]. He had previously been at St Martin-in-the-Fields, Trafalgar Square, London where social action blends with worship and the arts. He expressed that mix through our 'Pray, Serve, Grow' vision. We shall miss his wise leadership. Bishop Karen Gorham will stand in on his departure. May he have a fulfilled retirement away from the huge responsibilities he has carried so well.

Facebook evolution of Canon Tim's posts will include links to regular services being recorded by a video team. On his retirement Tim will no longer post but the site will be available to look back at several hundred comments made during Covid 19.

In April we hope to use churches again for worship. Services at St Andrew and St Osmund on Easter Day and the following Sunday [Tim's last] will be ticketed so, if you would like to be considered for a seat, please contact Shirley Mitchell on 837147 or weymouth.ridgeway.team.office@gmail.com

We continue to monitor local cases through the <https://coronavirus.data.gov.uk/details/interactive-map>, and will only open if numbers are low.

A farewell to Tim and Sue West will take place once Covid is at bay. No date or details yet, but watch this space. Pork scratchings and beer may feature!



Funeral teams have received vaccinations as part of the rollout to those encountering significant daily Covid risk. They have been fantastic, welcoming, and thoughtful. The crematorium even has relaxing fish swimming about in a corner of the foyer next door to the rather functional Covid trolley.

D Day – The decimalisation of the British currency - 50 years ago

15th February 2021 marked the 50th anniversary of the day when, after 150 years of proposals, debate and Royal Commissions, Britain finally adopted a decimal currency. The old system of 12 pennies to the shilling and 20 shillings to the pound was replaced by a simple 100 'new pence' to the same old pound.

The old currency wasn't quite as British as it seemed. The abbreviations £, s and d were respectively short for the Latin *libra*, *sestercii* and *denarii*, the coinage of Rome. The lira was the currency of Italy and Turkey, the schilling that of Austria and the pfennig was the German parallel to the penny. The two-shilling coin was known as a florin, the currency of the Netherlands, and the 2s 6d or 2/6 coin was 'half a crown,' the crown being the unit of currency in Scandinavia. There was no crown coin except for commemorative issues.

Many Britons – especially those born after the early 1960s – probably won't remember when the sterling pound was any different

The slang word for the sixpence was 'a tanner' and for a shilling 'a bob', a word that barely survives in the saying 'as bent as a nine bob note'. The 'guinea', or 21 shillings, had been withdrawn in the early 19th century, but private doctors, lawyers and auctioneers continued to charge in guineas, probably to squeeze an extra 5% from clients. The groat, 4d, had disappeared in Victorian times, being unnecessary alongside the 3d coin or 'thruppence'. The farthing was withdrawn in 1960 and the ha'penny in 1967. Old coins remained in circulation, as did coins from countries formerly in the sterling area. Late and even mid-Victorian

pennies continued to appear in change right up until decimalisation. 'Silver' coinage only dated back to the inter-war period, when the silver content of the coins was first reduced as the silver content came to be worth more than the denomination, and then replaced by cupro-nickel. The silver thruppence was replaced by a new brass coin, similar in size and shape to the new pound coins, in the late 1930s. The penny, thruppence and half-a-crown were withdrawn at decimalisation, as was the ten-shilling note, to be replaced by 1/2p, 1p, 2p and 50p coins, but other pre-decimalisation coins remained in circulation. The sixpence disappeared in 1980 but the shilling and florin coins, the same size and of the same value as the new 5p and 10p coins, continued in circulation until 1990.

After the ten shilling note was withdrawn in 1970 it became the smallest denomination note issued by the Bank of England. The one pound note was issued by the Bank of England for the first time in 1797 and continued to be printed until 1984. The note was withdrawn in 1988 in favour of the one pound coin. The biggest criticism of decimalisation was the way shops had handled the conversion from shillings to new pence. The tendency to round up fractions to the nearest pence meant that prices in shops were effectively raised.



Ten shilling note



One pound note

Did decimalisation cause inflation? - probably, some from rounding up, but the major inflation in the 1970s was caused by the rise in oil prices following the oil embargo of 1973. This was less controllable than the blip caused by decimalisation.

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Wyke Regis Bridging Camp

The bridging camp was established at the Fleet narrows of Chesil Beach on 1st May 1928. In the following years the camp was erected by the first unit in and struck by the last unit out. In 1938 the site was used by the Militia, and it continued as a training area during the Second World War, which included a period of use by the RAF as a base for some of their 'Dambusters' trials for the Bouncing bomb.

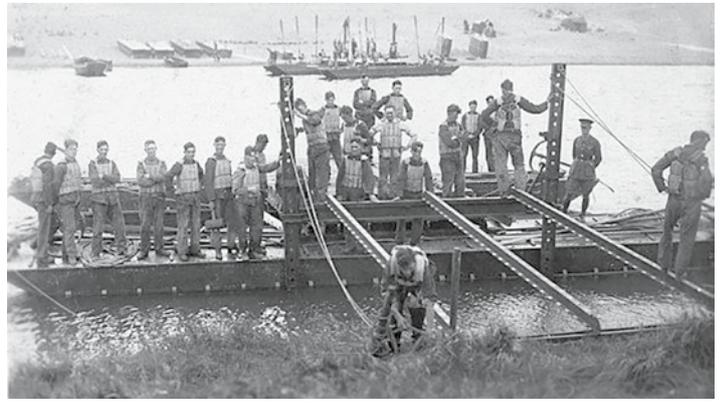
During 1945-49, the 9th Training Battalion Royal Engineers, who were based at the Verne Citadel on Portland, used the camp for some time before moving to the nearby Barrow Rise Camp, after POWs redeveloped the Wyke Regis site.

Territorial Army units used the site during 1947 and then each summer from 1950 onwards. The first permanent Camp Commandant took over in 1954. Southern Command Bridging Camp Royal Engineers was one of four such units in the UK. In October 1956 the 37 Armoured Engineer Squadron used the site as part of their continued training, partaking in atomic simula-

tion, bridge demolitions and work on the Kings Ferry. One month later and the squadron deployed to Malta and then took part in the Suez operations in 1956. The camp was upgraded from 1960 to 1963, and as a result facilities were much improved with more permanent buildings.

By the mid-1960s the camp saw more use of amphibious vehicles, and less of floating bridges. Shortly after the Royal Engineers Bridging Camp of Wyke Regis was the only one left in the UK.

In 1973 the Chickerell Camp and Range were taken over, and this providing extra hutted accommodation



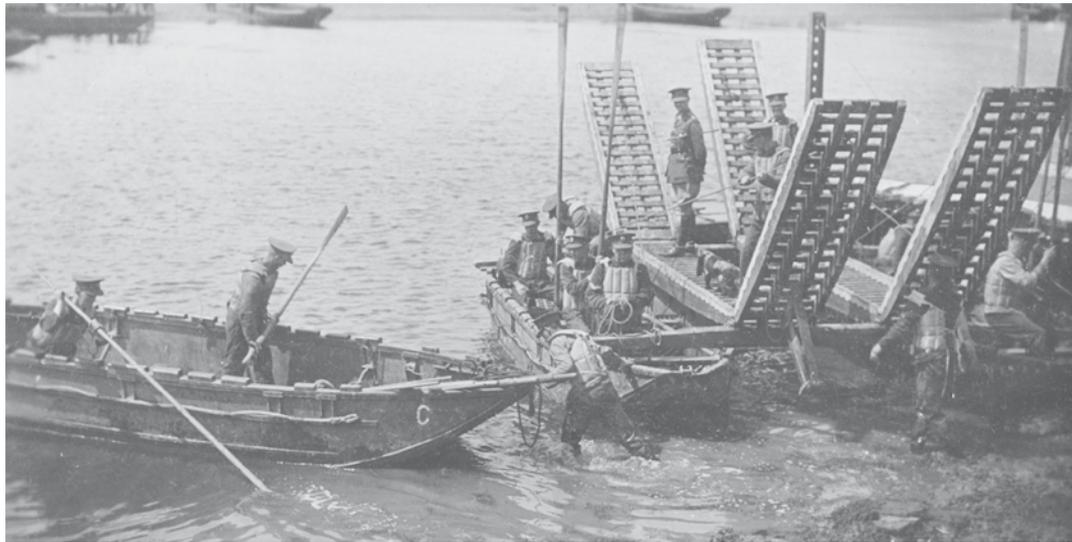
for use in both summer and winter. As a celebration of the broadening of the training facilities to include other Combat Engineer subjects besides bridging, the unit were renamed The Royal Engineers Training Camp on the camp's 50th anniversary in 1978.



In 1983, to mark the 55-year association, the Freedom of the Borough of Weymouth and Portland was granted to the Corps of Royal Engineers. The event was marked with a parade and, ten years later, in September 1993, 22 Engineer Regiment again exercised their right to march through the town with 'bayonets fixed and drums beating' to celebrate this singular honour. In 1999 Wyke Regis Training Area came under command of Army Training Estates as part of ATE SW, before command transferred to Defence in April 2006.

In January 2011, the bridging camp was the attention of national news when a soldier died after suffering massive head injuries during a routine training exercise. The incident occurred whilst the 30-year-old from the 53rd Field Squadron Royal Engineers was helping fellow soldiers take down a support bridge. In August 2011, the bridging camp was opened to the public for one day as visitors were given a tour, and various presentations and demonstrations.

(Wikipedia)



3rd Division Royal Engineers Company 1931



Local news

Continued from page 15

but with this no longer an option until Covid is resolved, we have to carry on as best we can. Trying out Zoom is one option and we are giving it a try!!

The darts, bowls, cinema, and croquet groups may have a problem, but perhaps on line games via Zoom using only paper and pencil, replacing Monday crafty chatty sessions, and I am not too sure, but maybe Ukaldadies on line? I have lots of new songs and tunes for you...

Liz Slee Secretary.

International Air Day 2021 Cancelled

With great regret, we must announce that the Royal Navy Interna-

tional Air Day (RNIAD) will not take place this year as scheduled at RNAS Yeovilton, Somerset, on Saturday 10th July.

Due to the ongoing uncertainty with the COVID-19 pandemic and current government policy on large outdoor gatherings, the risks associated with hosting a large-scale international event in July is too significant for all parties involved. It is therefore with great disappointment that the Royal Navy has had to make the difficult decision to cancel their flagship public event.

The annual airshow welcomes over 35,000 visitors from across the UK and aviation enthusiasts from around the world as well as many aircraft from

Continued on page 23

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FAQ - Making a Will in 2021



What is the process of making a Will during the pandemic and how a solicitor can help?

Although face-to-face meetings have reduced most solicitors have conducted interviews using the telephone, email, zoom or google meets. The most important thing is that both the client and solicitor are able to communicate clearly with each other. Wills

can be posted or emailed out to clients and the signing of them is possible with some forward planning.

What could happen to your estate if you die without a valid Will in place?

If you die without a valid Will then a set of rules called the 'Intestacy' rules determine how the estate will be distributed between blood relatives.

In limited circumstances, the rules of intestacy can suit the family of the deceased. However, there are a lot of circumstances whereby the intestacy rules are not suitable.

If you are not in a civil partnership or married then a 'partner' does not receive any of your estate. And if your estate is worth £270,000 or less your spouse or civil partner will receive everything leaving nothing for children from a previous relationship. Your estate may even pass to unknown family members.

The intestacy rules also ignore the distribution of any personal items and charities that the deceased may have supported.

Without a Will you haven't appointed executors to administer your estate which can also cause more work and delay.

What are the risks of using a DIY Wills kit or an unregulated service?

You shouldn't use an unregulated service to manage one of the most important documents you need. People are often tempted by low fees (but watch hidden costs). If Solicitors fees are your concern there are schemes that we can utilise to assist with the cost of a Will.

DIY Will kits do not provide you with the guidance that you need to make sure that your Will is clear and deals with all eventualities.

Solicitors are experienced in dealing with all circumstances and can therefore tailor your Will specifically to your needs. They are also trained on the legal intricacies that will determine the best way of distributing your estate regarding inheritance tax planning.

Solicitors also have insurance so that if Will instructions are not interpreted correctly then beneficiaries have some recompense. Unregulated services and DIY kit companies do not have such assurances.

Is it important for everyone, no matter their age, to consider making or updating their Will?

Everyone should have a Will and keep it updated because we do not know what may happen today, tomorrow. Making or updating a Will ensures your wishes are clear and comprehensive, giving you piece of mind.

For more information on making or amending a Will, contact Christine Butterfield on 01305 216205 or email: christine.butterfield@battens.co.uk



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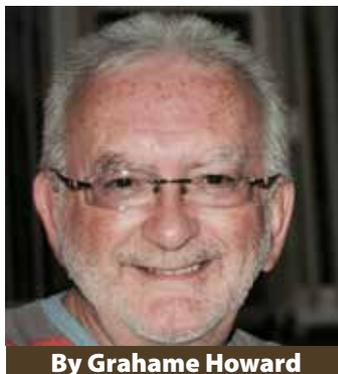
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By Grahame Howard

Under A Tenner

From time to time, people ask me how I met the CO. I often tell them that I used to be a prison visitor and I met her in Wormwood Scrubs where she was doing a stretch for armed robbery. Usually that gets a strange reaction and people walk away shaking their heads. It's lie of course, but I like it. However, I mostly tell them the truth, that I got her out of the Echo for Under a Tenner. That also gets some strange looks. But it is true, that's exactly what happened.

Back in 1977, not long after I left the army, I was living with my first wife and three children, in a village just outside of Blandford. One day, I went to work and when I returned, mid-afternoon, there was a letter waiting on the table, my wife had left me and ran off with another chap. She had not only left me, but she had also left our children too, aged 5, 10 and 13. I had to gather my thoughts and go to the various schools to pick them up and explain what had happened. It was a difficult time but we formed an action plan where we all had our tasks to do and we began to get on with our lives. However, it was not easy, a single parent with 3 children, a cottage to look after and a job. But we put our heart and soul into it. But I was so lonely. One night, following a few drinks at home, I wrote a letter to the Echo asking to meet with a lady who would consider being a friend to all of us. I took the letter and went down to the post box. The next day, I had completely forgotten about it.

After about two weeks, the postman delivered about two dozen letters from ladies who wanted to get to know me. I remembered the letter and couldn't believe my luck, all of a sudden two dozen ladies wanted to know me. YES, there was a God I thought. Only one of the ladies had put her telephone number on the letter, so I urgently rang to find out more. I said, 'Hello, this is Grahame.' 'Grahame who,' came the reply. At first I was gobsmacked, after all, she had written to me. Then, I realised that she wouldn't have known my name. We chatted for a short while and I agreed to visit her that night, for the 'interview'.

We got on well and I agreed to meet her with the children, the following Saturday. The kids took to her straightaway and her to them. It was really encouraging. We continued to meet on a regular basis and a while later, she came to live with me and we

had our first Christmas together as a family, me, the children and the CO. We bought a rather large Christmas tree and despite trimming it down, it was still large for the lounge. We ended up wedging it between the ceiling and the floor. Different, I know but fun. The CO did set fire to the chimney as we cleared up after Christmas. She threw very small branches onto the open fire and it was like a tornado. We had to have the fire brigade out. The kids loved it though and all wore fireman's helmets. There wasn't much damage, just smokey walls but it was soon cleared up.

We moved not long after that to a lovely village called Childe Okeford famous for Sooty and Harry Corbett and it was idyllic. We were snowed in our first weekend in the snow storms of February 1978. I had a mini and this disappeared for a week under a massive load of snow. But it started first time when it was cleared away. Amazing.

We were eventually married in Blandford. I wanted to ask the CO if she would reimburse me the £1.35 it had cost me to advertise for her, but I didn't think it would be appropriate on our wedding day. So I left it for later.

We didn't have much in those days, we grew our own vegetables, rolled our own cigarettes, (we had that bad habit then) we brewed our own beer and we wrote our own songs (we couldn't afford a radio or record player at that time.) It was bliss and we loved every moment of it. At that time, the CO couldn't afford to pay me the £1.35 for the advert, so I made a mental note to charge her interest on the venture. After all, I had taken her in, given her a ready made family and life's riches of roll your own fags and home brew, not to mention my loving self. I often used to tell her that women dreamt of having what she had. I am sure you ladies reading this would agree. She had it made.

I had a fabulous and incentive job at the time. I used to collect dead chickens from farms all over Dorset, Somerset and Devon and take them to a mink farm and a place that bred maggots for the fishing industry. I used to stink of everything and the CO was going to ban me from the house. Eventually, I was fortunate enough to put my qualifications into use and I entered retail management and eventually social work.

It has been a long haul and not always easy but after I became better employed, things began to pick up and we now have grown up, married children, grandchildren and one new, great granddaughter. Just think, the CO would have dipped out if she hadn't replied to my letter, and yes, ok, she has been brilliant for me as well - but don't tell her!

There is one thing missing though, she still owes me for the advert by my reckoning, with the interest, it must be £1350 by now. I'll tell her this, now.

See you next time
Grahame

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allied nations to participate in the extensive flying and static displays. The Royal Navy and AHA Events Ltd would like to take this opportunity to thank them, along with sponsors, exhibitors, service providers, station personnel and the many other stakeholders, for their continued support to the RNIAD and hope to welcome them back in 2022.

Your councillor update Weymouth Town Council

(Wyke Regis) and Dorset Council (Rodwell and Wyke Regis):-

Sadly we are not yet at the end of the pandemic but I am delighted that very slowly the rate of infection across the Dorset Council area is going down. The roll out of vaccination across the County seems to be very efficient with my own personal experience at Weymouth Community Hospital being excellent. All the reports I have heard from friends and residents has confirmed this. Well done and thanks to all those delivering the service.

Remember, although you have received your 'jab' do not be complacent; keep your distance, wash your hands and wear your mask.

I am pleased that more key workers are now receiving vaccinations, too. Always be ready to go at short notice if you receive a call, this may well be quite late in the day.

Continue to keep an eye on your neighbours, the elderly and infirm but also children and teenagers. We all appreciate a smile and wave.

Have you noticed the number of 'for sale' signs there are on houses locally and how quickly those become 'sold'? That rapid turn over is likely to push prices up and all too often some of those sales will be for second homes rather than local family homes. Too many new builds target second home buyers, too. Unfortunately controlling second homes sales is difficult to achieve as other areas have found. At least we are now able to charge full council tax on a house that may only be occupied a few weeks of the year. That used not to be the case. All those 'sold' signs will mean that you will notice removal vans and movement, some will be from within the area others further afield. The government has given strict guidelines for those moving house. I am sure that reputable companies and responsible house movers will abide by those rules.

There are a number of engagement and consultation processes being undertaken at the moment please keep a look out for them on line and in the Echo. Dorset Council Cabinet and the Leader tell us they really want our opinion so let us make sure they get them. Tell the cabinet member for highways, traffic and the harbour, Cllr Ray Bryan, how you see the future of Weymouth Harbour, tell him what you think of the plans for Custom House Quay. There will undoubtedly need to be compromises in the scheme but we must work to

preserve our working harbour which is an integral part of the make-up of Weymouth and Melcombe Regis. Cllr Louie O'Leary who represents Littlemoor and Preston sits on the Harbours Committee and is passionate about harbour businesses so I am sure he will shout loud and clear in their defence. What do you think of a 'contra flow' cycle lane (apparently they work well elsewhere) and the new car parking charges and the reduction of car parks? What do you think of the plans for North Quay and for the old Lakeside Bowling site? Write to Cllr Tony Ferrari and tell him.

Should it all be homes, private or mixed with social housing, should there be shops, should there be public car parking on site? Do you use Holy Trinity Church or the cafes and shops along Trinity Road, how do you get there, by bus? Would you support North Quay as a new site for Weymouth Museum? If you don't use the internet do not be afraid to write a letter.

Cllr Lucy Hamilton and other town councillors are working on the neighbourhood plan for Weymouth and Melcombe Regis. There are opportunities for groups and individuals to take part in this planning, please do. Councillors are elected to represent their residents so when you are asked your opinion please make sure you tell us.

Even when we know what local people think; for example the number of people who felt that 5 houses on the site of McColls newsagent on Portland Road was too many and said so, the planning committee turned down the application but a government inspector without knowing the parking problems locally overturned the decision.

Wyke Regis is a large ward and usually has three councillors. Currently there are only two neither living in the south of the ward. Fortunately Becky Blake who was a candidate for the postponed election last year was brought up in Wyke and knows the area well. Becky walks daily around Downclose, Smallmouth, the Rodwell Trail etc and keeps an eye on issues that Cllr Hamilton and I might miss. With her help I hope that we will soon have a plan to deal with the many benches in the ward that are in such a dreadful state.

All Council meetings for both Dorset Council and Weymouth Town Council continue to take place virtually. Don't forget Microsoft Team briefings and meetings with Dorset Council colleagues and Zoom meetings for Weymouth Town Council are open to the public so do log on and join in.

I am aware that not all the ward receives the Register but it is also available on-line so please tell anyone who asks. Please remember; the best way to contact me is by phone 07850 060947 (you can leave a message) or to email me at cllrkate.wheller@dorsetcouncil.gov.uk. I rarely check Facebook or pick up from messenger. Please stay safe – hands – face – space. God Bless.

Kate
Cllr Kate Wheller.



Tim West's View

Take up, not give up The privilege of serving local communities lets me see how we are ticking.

The second and third 'lockdowns' have seemed harder to bear than the first. At one level that's not logical because the first was largely an unknown open-ended challenge, whereas 2 and 3 were/are shorter with more of the same. Landing on the moon in 1969 was not exactly straightforward, so it's hardly surprising that coping with a pandemic has its problems!



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Perhaps it's the feeling of going backwards; progress is often 3 steps forward, 2 back, 3 forward. Unrealistic expectations have been dashed; a normal Christmas reduced to a day, with strong guidance to avoid mixing at all. It could be that we've had a glimpse of light at the end of the tunnel, but are still in dark dank conditions.

So how about treating yourself this Lent instead of giving things up. We've had to give up so much! I'm not arguing we overdose on chocolate, rather bathe in what's wholesome. Here are some examples. Observing nature unwrap the seasons from a similar viewpoint each day.



www.bbc.co.uk

Research has shown that watching programmes about fellow creatures lifts our mood; I find short extracts just before turning in put life in perspective. Surely respect for nature is our top priority, beginning with each other, the challenge of global warming, and reuse/recycling so that we don't exhaust our supply of raw materials. Covid has made me less patient with myself. I'll be taking up the Lent challenge of giving more time to what energises me: observation, music, creativity, friendships, exercise, beer! May God bless us as we spoil ourselves in order to be better at spoiling others!

How do you say that?

Did you know the Earth is not round?

No, I'm not a member of the Flat Earth Society, although I am a fan of Terry Pratchett* - just passing on the message from astronauts that it's an oblate sphere.

This is not as exciting as it sounds, it means that the spherical Earth, like many of us at this time of year, has a problem with midriff bulge. You can also call it an ellipsoid, squashed down top and bottom so that the poles are about 20km closer to the centre of the Earth than the equator. The word 'eclipse', although it sounds similar and relates to the shape of heavenly bodies, is nothing to do with ellipses.

I guess most people remember from school geometry that an oblong is a rectangle which isn't a square - that is, all rectangles have four sides (and four equal 90-degree angles), squares have four equal sides, and oblongs don't. I rather like the words 'oblate' and 'oblong', perhaps it's the 'obl' which sounds appealing.

Keep safe and well.

GS

**creator of the immortal Discworld novels, where great Ah Tuin the turtle moves through the universe carrying four elephants supporting the flat world (of course). If you haven't tried them yet, try Night Watch, which was written before Life on Mars and also has a cop called Sam who falls and finds himself in his own past.*



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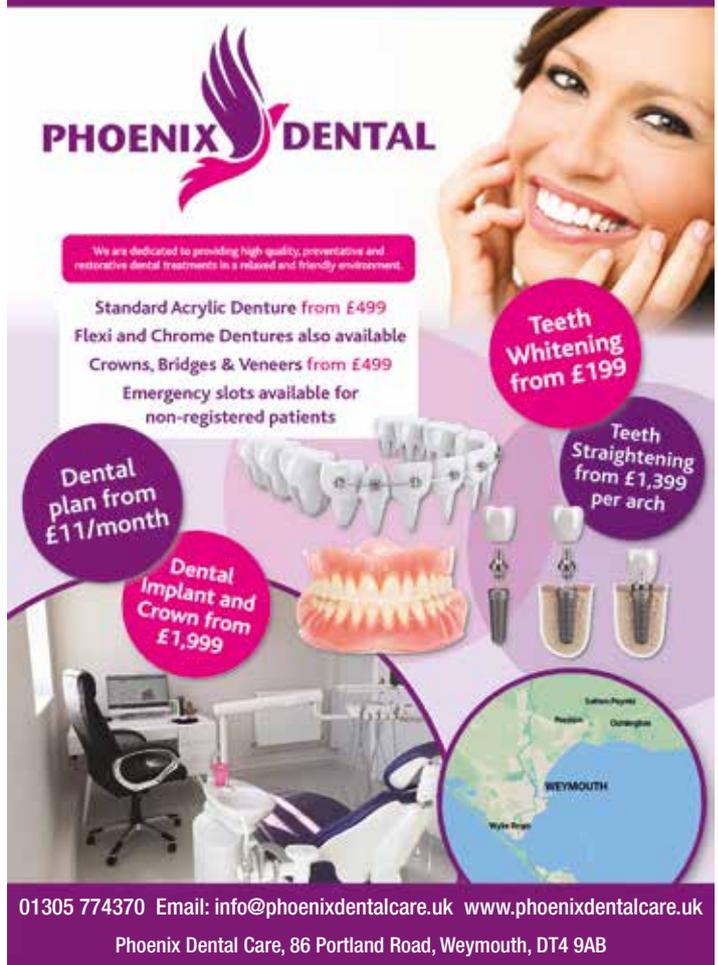
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