

Register

Magazine

Issue No 391 November 2023

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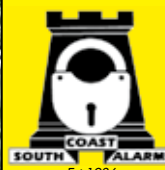
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Front cover: Woodland reflections
at Winterborne Came
Photo: Iain Ross

house on Wednesday 8th November from 7.00pm, followed by soup and dessert. Tickets £10, open to non-members.

The trading post is open as usual on Wednesdays 2.00pm-4.00pm and Saturdays 9.30am- 2.30pm. To join, come in and sign the form. Membership is £10 per year valid until April, but is only £5 if you join in November, or December! We are at the top of Rylands Lane, DT4 9PY.

For more information email enquiries@wrhs.org.uk or phone 01305 759668.

I'm Dreaming of a Wyke Christmas

Firstly, due to a hacking problem we have set up a separate email address: wykechristmas@gmail.com. Please use this email for future correspondence.

The Christmas Fayre is taking place on Sunday 3rd December in Wyke Square, in the Memorial Hall and in the Wyke Regis Social Club. You will be able to meet Santa, have your face painted, enjoy all the stalls inside and out.

We have a Kid's Fancy Dress Competition, a Best Dressed Dog Competition, Rate a Plate Competition (bring along your famous festive dish), and a Best Dressed House in the Village competition. Come along and join the fun.

For further details either email as above or call Jo on 07791 764599.

The Wyke Regis Society wykeregissociety.org.uk Minutes of the bi monthly meeting held 7pm Tuesday 12th September 2023 at Wyke Regis Working Men's Club, Portland Road.

Contact Georgina Skipper, georgina.s.skipper@gmail.com, 01305 761993

Members present: Chairperson-Georgina Skipper, Membership Sec/Sec. Jon Riley, Treasurer-Jean Hamdorff, Jeremy Potton, Rosemary Lander, Cyril Perren, Ann Corman.

Apologies:

Barry Walsh, Alan Howard, Cllrs Kate Wheller, Lucy Hamilton, Helen Toft, Clare Sutton, Brian Heatley.

Minutes of the last meeting:

Were read to be correct although a couple of items needed clarification: The cut through from Shrubbery Lane to Wyke Square, discussions on closing it to traffic are in

its infancy but locals in Wyke seem to feel it should be closed to all traffic.

The man who owns the camper van that is parked in All Saints Road would like us to state the following: 'At no time did he state he could not put his camper van on his drive, he needs to give his neighbours access to the garage that is a holiday jet.'

Membership:

No new members

Treasurer's Report:

The HSBC take £5 per month out of the account. Any suggestions for an alternative would be welcome.

To commemorate the Coronation of King Charles 111 the WRS felt if would be good to plant more bulbs in the Church yard on the corner of All Saints Road. Some years back the WRS and residents purchased and planted the daffodils with the assistance of Parks Dept. This time we thought that Camassia, Dutch Iris or Alliums would be nice as they would follow the daffodils in flowering, The WRS has approached the Church gardeners regarding this project and they are very keen.

Chairperson's Report:

The Society's new web manager has created a new website, address given above. It looks very good and he has included a lot of the Society photos, some of which had no reference, so he would welcome any help on this.

The picture boards left by Margaret Fitzpatrick have been photographed and put on memory sticks but the originals need going through, the Chairperson and Treasurer plan to do this.

The planning application for the incinerator on Portland was refused, the company has now appealed to the Secretary of State. We understand that no new evidence will be taken into account. As the Jurassic Coast extends 5km inland I wonder how the incinerator was even considered.

Wessex Water state that they are happy with the sewage disposal plans for the new builds on Lanehouse, etc., but with revelations about discharges this is a cause for concern, especially with the current government plans to allow even more discharges for building sites.

Councillor Report:

No Councillors attend this meeting. Cllr Helen Toft got together a small team of volunteers to tidy

Local news

Wyke Regis WI

The Institute is in full swing after the summer break. Members have selected Fortuneswell Cancer Trust as their chosen charity for this year. Rose Amy from the Trust attended the monthly meeting and was presented with a cheque, the proceeds from the most recent coffee morning. Rose thanked the members and gave a short description of the aims and work of the Trust.

Owning their own hall places a responsibility on committee and members and recent work on a flat roof has successfully been completed. A courtyard garden is used throughout the spring and summer and is tended by a small group of members keen on gardening.

More centenary events are coming up: a Beetle Drive and Bingo afternoon, a visit to the RNLI at Poole and a Fish and Chip lunch followed by a Book Charades afternoon. Two evening concerts by the WI choir are eagerly awaited. At the last monthly meeting Hilary Foggo from Age UK, West Dorset Branch gave a very interesting

and informative talk and members were provided with useful leaflets. She pointed out that Age UK have an Information shop in St. Mary's Street almost opposite Marks and Spencers.

The monthly coffee mornings on the second Tuesday of the month, 10.00am-12 noon, provide a lively meeting place for members and residents of Wyke Regis while enjoying coffee and home made scones and cakes.

The Institute will be holding the annual Autumn Fayre on Thursday 16th November, 10.30am-1pm. There will be stalls, tombola and the ever popular Winter Warmers Lunch comprising home made soup, bread, home made apple pie and cream, tea or coffee. Gluten free available. All very welcome.

Wyke Regis Horticultural Society

There will be an illustrated talk on the history of Athelhampton House and Gardens by Owen Davies and Sophy (manager and head gardener) in the club

and clear the small footpath that led to the Rodwell Trail from Rylands lane. This has always been a 'no man's land' with the council abandoning it. Since the tidy up the Council have taken this area into their maintenance. Well done, Helen. Items discussed at the meeting will be passed onto the Councillors for their attention.

Memorial Hall:

All seems okay with the hall. It had been suggested that a better covered area at the back of the hall that leads to the toilets would be desirable. This has been put to the Church Warden.

Church:

All Saints Church had been running visits to the tower, this has proved popular with the magnificent view from the top and the chance to ring a bell. They are booking the visits again this year. The wall surrounding the Church has been hit twice by vehicles and now has two large gaping holes in it. The Council has paid for the repair in the past but now feels it is not their responsibility, the wall belongs to the Church. A change at this junction which would move the Church wall back seems to be the obvious solution. It is almost impossible for the very large lorries to negotiate this corner without hitting the wall. This area is a real accident 'black spot'.

Wyke Square:

A resident has tidied up and replanted another one of the planters in the Square, a donation of £7.50 was given towards the fresh compost. Some of the planters in the Square are still in need of some up keep. Perhaps you live in the Square and you might like to brighten things up a bit by caring for a planter. A bin store overhanging the public highway in Shrubbery Lane has been reported to the Highways Dept. The little green area at the back of Lymes Close has been mown and the cuttings collected, a third of the area is set aside for wild flowers and grasses. This seems to have worked well., a small area under the trees by the footpath we have asked to be left wild. The Council has tried to reduce the wild leek that is taking over in some places. There are constant complaints about the waste bins and motor bikes on the public path in All Saints Road, please contact the Council Highways Dept or Waste Management if this is causing you a problem.

Many residents were sorry to see the 9-9A bus service taken out. This leaves Lanehouse area with no bus, very sad.

Planning:

There have been no new planning application on the web site for Wyke.

Footpaths and Highways:

The Society has contacted the Council and the Rangers about the problem of small motor bikes and cyclists using the footpath along the Fleet. This is now in the hands of the Councillors but we have asked again to have signs reinstated along the footpath. It is sad that the footpath at the back of the holiday camp has all fallen away near Ferrybridge. The footpath has been rerouted onto the Portland Road but walkers are still climbing over the old footpath which is in a dangerous condition with repair and drainage needed. DCC no cycling signs are at Martleaves but not along the rest of the path.

Councillors have called for some safety improvement to local roads, mainly the mini roundabout at all Saints Church/Wyke Road, Asda Junction and Portland Beach Road.

A concern has been raised about the new junction at the bottom of Lanehouse Rocks Road. Cars are parked opposite the middle white cross hatching which leaves little space for traffic to manoeuvre round the keep left sign. With the size of the lorries using this road it is an accident in the making. It is also mentioned that the filter lane at the traffic lights is hardly wide enough, considering the size of the lorries now using this road. The Society will contact Highways on this. Please contact the Dorset Highways department if you feel this junction is now not fit for purpose.

The yellow lines have been put in place outside the Smugglers Pub. The yellow lines give the traffic more space to pass stationary buses, and give a better traffic flow but cars still seem to park there on the yellow line.

Air quality monitoring: A group from the Scouts have shown an interest in this interesting project. Please contact the Society if this subject interests you.

Anti-social behaviour:

Again, residents have reported the problem with drug dealing in the area. This has been reported to the Police. Problem areas still seem to be Wyke Gardens, Crab House

at Ferrybridge, and the Rymead Fields near the Wessex Water site around the emergency exit areas. Residents must report whatever problems they see in relation to drug dealing or any other anti-social behaviour. If the problem has been moved on at Ferrybridge then the problem will turn up somewhere else.

Dog fouling in the area is a constant nuisance. Please report any person you see not picking up after their dog.

Parks and open spaces:

The Smugglers Hotel on Portland Road are doing well, residents have remarked on the small sitting out area that is a good use of the space. As we say so often, try to use these local venues or we will lose them.

The Society has contacted the Parks Department regarding the little orchard off Rymead Lane. They are trying to make it a wild flower area. It is a difficult area as there is still a lot of tarmac under the soil that was left by Wessex Water. The small fruit trees were put in and seems to have grown despite all the odds. The area will be cut and collected again this autumn with the hope to put in more wild flowers next spring. Feel free to sprinkle your wild flower seeds

in this area. These small 'green lungs' are very important to the community and we want to keep them.

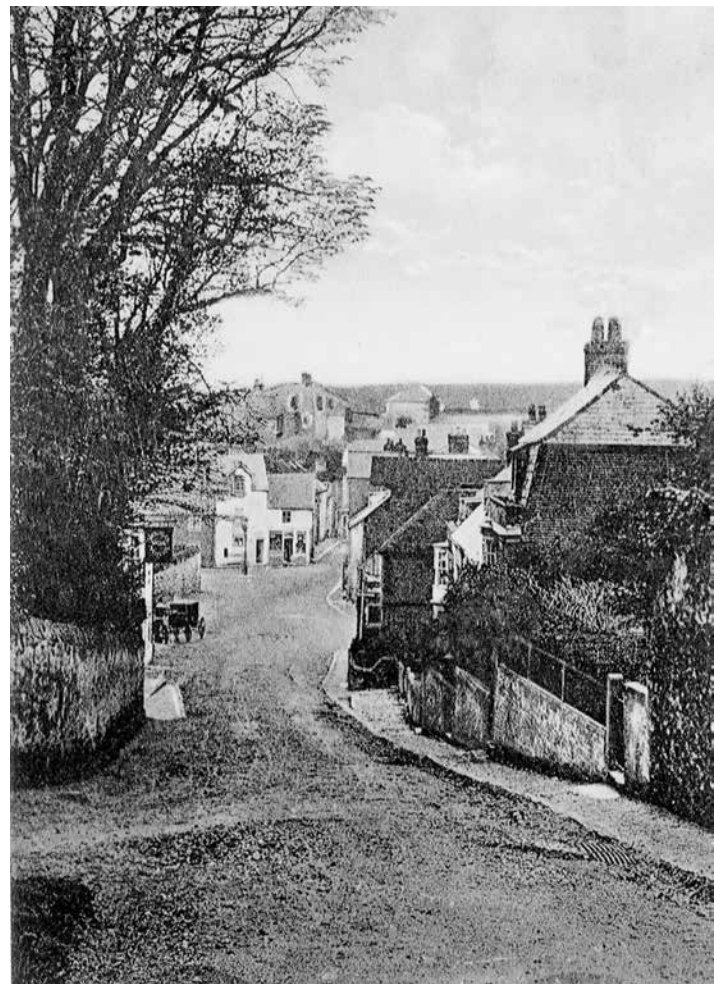
Post meeting note:

Camper vans have been using the parking area at the Community Centre in Rymead Lane. A notice has now gone up to point out there is 'No Overnight Camping'. Please let the Society know if you notice any overnight camper vans in your area.

A pop-up camp site has appeared in Pirates Lane, a great concern was the amount of rubble being taken onto the site presumably for paths for campers. Landowners are now allowed to run pop up sites for up to 50 pitches for 60 days without full planning permission. Prior notice is required and dates set out for provision of waste disposal and toilets. The location must not be within the curtilage of a listed building, within the SSSI or on a scheduled monument. A similar scheme on Portland was deemed in breach of the Habitats Regulations and an enforcement order was made to close it.

The sign has gone up for the sale of land at the bottom of Camp Road, this is beautiful pasture land

Continued on page 6



Wyke Square from the top of Chambelaine Road

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that belonged to Manor Farm. Hedges on neighbouring fields have been grubbed up, against current advice.

Evening walkers have reported seeing fishing with nets on the Fleet. This has been reported to the authorities.

The state of the Fleet area is of grave concern. Chairperson will contact Dorset Coast Forum for a presentation at the AGM.

It has been noticed that there are more bats around the area at night. The thought is that they are looking for a new home due to their habitat in Curtis Fields being taken away. A bat box for the little green behind the Square is being investigated.

AOB

The 'Wyke Pong' seems to be much improved. Wessex Water say there was an electrical fault and the generator that they use is not so efficient. Also, the extra lorries now using the site means the door are open more often. Please contact the Society if you feel it is still a problem. The emergency exit has not been cleared and the orchard is not being maintained. Meeting closed at 8.15pm, next

meeting is the Annual General Meeting on the 14th Nov 2023 at 7pm.

The Wyke Regis Society Agenda for the Annual General meeting No 44

7pm Tuesday 14th November at Wyke Regis Working Men's Club, Portland Road
Contact Georgina Skipper, georgina.s.skipper@gmail.com, 01305 761993

Apologies
Minutes of the last meeting
Membership Report
Treasurer's Report
Chairperson's Report
Councillors' Reports
Election of officers
Speaker
Alan Frampton, Dorset Coast Forum

Questions, with special reference to Chesil Bank/Fleet/Smallmouth/Coast Path/flooding of Portland Bridge Road

Bi monthly meeting – reading of Minutes of September meeting
Memorial Hall Church

Wyke Square and bus service; replacement conservation area bin Planning

Footpaths and Highways; bins and parking on All Saints Road; Lane-house Tesco junction; Ryemead Lane Orchard; Hedges
Air quality monitoring
Website
Wyke Clinic
Portland incinerator
Anti-social behaviour
AOB

Gardens (FoRT) will be held at 6.00pm on Tuesday 21st November 2023 in Weymouth Old Town Hall (Upper Hall), High West Street, Weymouth DT4 8JH.

Further details will be placed on the FoRT Facebook page and website.

National Churches Trust

The roof at All Saints Church in Wyke Regis, is at risk of lifting and being blown off. Interim measures of securing the cladding with sandbags have only

Friends of the Rodwell Trail and Sandsfoot Castle Gardens

The 19th Annual General Meeting of the Friends of the Rodwell Trail and Sandsfoot Castle



The tunnel on the Rodwell Trail

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been partially successful, with water and rain causing extensive damage to the building.

The church hosts essential local services, such as a warm space during the winter for those who cannot afford their heating bills in the current cost of living crisis. The church also runs an after-school club for children to learn bellringing.

Failure to repair the roof and tackle the water damage threatens the remarkable roof structure of this Grade I listed building and could make the building unusable, scuppering the support it currently offers the local community.

Thankfully, help is on hand. The much-loved Dorset church is to share in a £473,750 urgent funding pay-out from the National Churches Trust.

A £15,000 National Churches Trust Grant will help to pay for urgent roof repairs to ensure the church can stay open and thrive. The church also receives a £5,000 Wolfson Fabric Repair Grant from the Wolfson Foundation, on the recommendation of the National Churches Trust.

Claire Walker, Chief Executive of the National Churches Trust, said: 'I'm delighted that the National Churches Trust is able to support All Saints church with funding for urgent roof repairs. This will safeguard the unique heritage of this ancient and historic church and keep it open and in use for the benefit of local people.'

'Whether seeking quiet reflection, access to community services or a place to worship, the National

Churches Trust helps hundreds of churches each year and with the support of local people, keeps them open and thriving."

Paul Ramsbottom, Chief Executive of the Wolfson Foundation, said:

"As well as being places of worship and buildings of beauty, churches sit at the heart of the community. In many ways they stand between the past and present. We are thrilled to continue our partnership with the National Churches Trust to support the preservation of these significant, much-loved historic buildings across the UK.'

Anthony Shearman, Fundraising Volunteer at All Saints Church, said:

'Having nearly exhausted our external fundraising options over the last two years All Saints was delighted to receive the generous National Churches Trust grant, which put us with touching distance of the total funds required.'

'By repairing the North Aisle roof, the problems affecting the areas under the roof will be removed – immediately increasing the church's pew capacity. Also, it will allow us the opportunity to put the North Aisle to better use by designating spaces that can be safely and comfortably be used for activities, such as meetings, community events, and various outreach initiatives. This will ultimately help to promote a vibrant church, sensitive to the needs of the parish and hopefully contribute to a sustained increase in the congregation.'

How the grant will help the church The funding will facilitate to stop

damp in the North Aisle roof structures, North Aisle and North Nave walls by replacing the roof after rectifying all underlying design defects and previous faulty work.

More about All Saints church The build of the parish church of All Saints' was completed and consecrated in 1455. The list of priests goes back to 1263, therefore it is likely that there was at least one earlier building on or near the present site.

All Saints' is Grade Listed. Pevsner's 'The Buildings of England' describes the church as 'important' and 'impressive'. Also, it is an important example of the perpendicular style of architecture and is still essentially the building as was completed in the fifteenth century.

Of interest, high on opposing central pillars, facing each other across the central nave is the sculptured heads of Henry VI, King when the church was built, and his Queen, Margaret of Anjou.

The 'Corbel Heads' in the south aisle are all of the early English period and mainly of secular subjects. In the south aisle is the Corbel of a workman carrying a hod and gives a good idea of the dress of the times. Another, situated by the tower arch, represents a dog with a bone in its mouth. It is thought to be Norman and probably the only evidence that a Norman church once stood on the site.

Significant help for churches Thirty-three churches across the UK will stay open and in good repair thanks to £473,750 of funding awarded and recommended by the National Churches Trust in this latest round of grants. Find out about all of the churches at: <https://www.nationalchurchestrust.org/news/33-churches-saved-future-our-latest-grants>

In 2022, the National Churches Trust made over 255 grant awards to churches throughout the United Kingdom, with funding totalling more than £1.95m.

In 2023, grants continue to be available churches of any Christian denomination that are open for regular worship to fund urgent repairs, maintenance, installing loos or kitchens and feasibility studies to develop projects. Full details are at: [nationalchurchestrust.org/grants](https://www.nationalchurchestrust.org/grants)

Upwey Ceramics
Not to be confused with Upwey Potters, are a talented group of artists working in a variety of mediums. They are holding

their annual exhibition in Upwey Village Hall DT3 5GE (opposite the Wishing Well) between 10.30am and 4.00pm on the 25th and 26th November.

Ceramics, Paintings, Prints, Textile Art, Dichroic Glass, Cards and More will be on show and for sale. Do come along.

Family History Society
The November meeting of the South Dorset group of the Somerset & Dorset Family History Society will take place on Friday the 17th of the month and will be presented by Keith Tilley.

Entitled 'Remember', it is the story of the lives of 2 men whose lives covered the Great War. Both survived, won medals but had different wars. The presentation has 60 photographs/illustrations, some in the trenches, and diary extracts. The talk will take place at St Aldhelm's Church Centre, Spa Road, Radipole, DT3 5EW at 2.30pm preceded by tea or coffee. Admission is £2 for members and £3 for non-members.

For more information call John on 01305 776008.

Christmas Fayre
Christmas Fayre at Weymouth Bay Methodist Church, Saturday 4th November, 10.00am-2.00pm

Lots of stalls, snack bar, free entry. All proceeds to food bank.

Sutton Poyntz Village WI

When we booked Fiona Penny to be our speaker and to demonstrate for us how to do an Autumn flower arrangement, I don't think we fully appreciated the rich colours available at this time of year.

For a number of years, until a couple of years ago Fiona had a florist shop in St Thomas Street. She told us how during Covid the shop had to close and when Covid was over sufficiently for her to re-open the shop, she found she needed take a fresh look at her career and decided to close the shop but continue working as a florist working from her own home and doing demonstrations to spread to others her floristry skills.

Fiona arrived at the Mission Hall with numerous buckets of fabulous materials, these included rose hips, garden greenery, berries,

Continued on page 8



All Saints Church, Wyke Regis

leaves and flowers, fir cones and pumpkins of all sorts and sizes. In what seemed to be an amazingly short time she created a wonderful table decoration about a meter long and then proceeded to make another very topical piece using a pumpkin as the base. The meeting was well attended and members left inspired to raid their gardens and hedgerows ready to have a go at their own creations.



Back in March this year we enjoyed a talk about the work done at Monkey World, I recall we collected lots of towels and pillow slips and socks to send for the monkeys, and at that time, we resolved to arrange a group visit to Monkey World and we did this successfully in September. We had been advised to go early in the

day to have the maximum chance to see the monkeys and members had a good time seeing lots of monkey action.



We recently decided to adopt a new charity to support and the committee have decided to try holding a number of bring and buy sales tables to raise funds to be donated to the local refuge. The first of these will be at the January meeting when we hope to benefit from the sale of unwanted Christmas gifts! And, speaking of Christmas, we now have a plan for a fully catered fun Christmas party. Our other news this month is that we had two of our teams through to the final of the Dorset WI Federation's Annual Quiz. We didn't



Sutton Poyntz WI's Autumn Flower arrangements, with Fiona Penny

actually win but we were very pleased to be represented in the final by two of our teams. We have meals and walks and meetings and lots of plans, and, as

always, lots to look forward to.

Sue Davis
President Sutton Poyntz Village WI



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Over the Hill

With Chris Hubbard

Now here's a question for you. Which is the largest planet in our solar system? And no cheating by googling it on your smart phone, iPad, or PC. But don't worry, the answer is revealed later.

It's a bit unfair of me to put such a question here because all Senior Citizens, possessing a wealth of experience, common sense and knowledge, have an advantage over the many youngsters who read Over the Hill. No doubt the Junior Senior Citizens (those between 60 and 65) amongst you will have immediately provided the answer with great confidence, whereas Mature Senior Citizens, with twenty years more 'experience' but diminishing memory, have had to give it more thought. But we will get it right eventually. After all, we know the answers to everything. Recalling them is the difficult bit!

I can write with some confidence because my in-house adviser and I entered a quiz recently. Or to be precise, she entered and took me along. This one was held in a local village hall, with about fifty-eight other contestants, grouped into teams of six. One of the disadvantages of forming a team with friends is that being friends, they tend to have much the same interests as yourself. For instance, we may have had a wealth of knowledge on Mozart, but much less on music by Adele. And yes, I had to ask grandson George for this example of a present-day singer/songwriter. I know the lyrics of most of the late, great Chuck Berry's hits – you cannot help but dance to 'Let's twist again' - but Ed Sheeran's songs have mainly passed me by. But I digress.

No doubt you know the quiz format. The Questioner selects a series of topics, each topic containing a number of questions. The team which gets the most correct answers is the winner. Sometimes it is made slightly more complicated by the fact that a team can select one of the topics – in advance of course – as a Joker round. All your correct answers in your Joker round score double points. Seems simple enough, but often the topic headings bear little connection to the questions asked. For example, in the past we con-

fidently chose the round called Penguins as our joker because I convinced the other team members that I was an expert on chocolate biscuits, having eaten many of them over the years. It turned out to be questions all about types of cold-water aquatic flightless birds. Not a strong point of mine, even after watching a David Attenborough TV documentary about them. The youngsters huddle together for warmth in big herds – is that the correct word for lots of penguin chicks? – while all the parents go out to sea to hunt for food. On their return they find their own chick in this vast mass of penguin bodies and feed it. How do they do that? That is two more questions for you to answer. But I digress again.

By now you must be dying to learn how our team fared in the competition. Well, we scored highly in the Nursery Rhyme round, on which we would have played our joker, but there wasn't one. We achieved nine out of ten correct answers, but we didn't do quite so well later on. The two General Knowledge rounds proved that we were a little rusty on knowledge in general, and the Sports round was a disaster. Did you know that 'black cats' is the nickname of the Sunderland football team? You can bet that no-one in Sunderland knows that our football team is called 'The Terras', so why should we know anything about their team? But you might have guessed by now that I am trying to digress for long enough to avoid having to tell you the final scores.

Sadly, announcing the result cannot be put off any longer. Suffice it to say that our team, the 'Glad Rags' were only three points adrift of the team ahead of us and there wasn't a team behind us. But it was a great night out in good company. The only sad thing is that if we repeated the event with exactly the same questions, I probably wouldn't get any more answers correct.

It is a prime example of my ability over the years to spend time taking part in activities that were great fun but for which I had little or no talent. Playing in a cricket team I was wicket keeper for many of the games despite little ability to catch the ball, evidenced

by two non-functioning knuckle joints all these years later. The only reason I kept my place in the team was because I organised everything – kit, training, fixtures, booking grounds, travel and more. Nobody wanted those jobs, so my team place was guaranteed. Then again, over many years of road running and covering many racing and training miles I never achieved a top ten place. Or even a top twenty place. The only time I got into the top one hundred was when less than a hundred entered. There is a saying attributed to the founder of the Olympic Games who said, 'It's not the winning but the taking part that counts.' That's all well and good, but for those of us not at Olympic standard, or any standard come to that, it would be

nice to win just once, please. Sorry - so busy wallowing in melancholy that I nearly forgot to answer the question posed at the beginning. The largest planet in our solar system is – roll of drums – Jupiter. But do you know how much bigger than the Earth it is? Or the collective noun for a group of Pandas? Or the only mammal that cannot jump? Put your answers on a £20 note and send them to me for a chance to win 'The Quizzer of the Year' award. But if you were me entering then you would know you haven't really got a chance.

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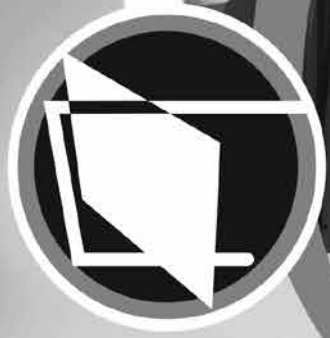


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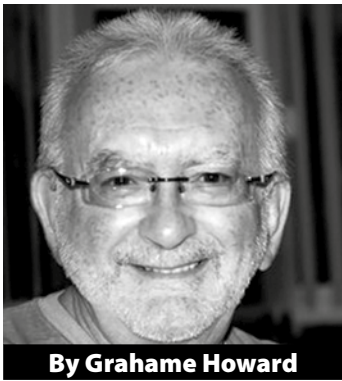
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By Grahame Howard

Weekends in North Devon

For many years, the CO and I have had a long weekend in North Devon. Our daughter, husband and our grandchild join us each year. This started when he was three, he is now eighteen so that is fifteen years or so. We like to go to Ilfracombe and love its rocky hills and beaches.

The first time we went, we went in my son in law's people carrier which was comfortable and spacious. He had just finished saying how good the car was when we broke down right on the main traffic island at Tiverton.

It was raining at the time so, if you can picture three people trying to push this car backwards towards the grass bank just off the roundabout, you may have thought it was hilarious. There was mud on the road from the constant tractors that were driving by and this made the pushing of the vehicle very slippery. No one stopped to help us, they just stared as they drove by. My daughter had the prime place, she was steering the car while the three of us huffed and puffed, slipped and swore until eventually, we managed to get the vehicle onto the grass verge. We then noticed there was a sign saying, 'No Parking on the Verge.' We politely stuck our tongue out at this and got inside the car to decide what to do next.

My son in law tried over and over to get the flipping thing to start but, it was dead. My daughter said that she had a breakdown company she could ring and we all began to feel better. That is until she noticed that it was out of date and the company had gone bust anyway. We decided to walk and find a garage. There was an industrial estate close by so, we felt someone could help us there. Eventually, we found a garage but the owner told us that he was so busy that it would be days before he could recover

the vehicle and have a look at it. As we were only there for a few days anyway, the conversation changed to hiring a vehicle. My daughter said she would pay for this and then found out that she had left her credit card at home - who does that!

It all came down to mum and dad paying so, out came my card and after a very costly fee, we were back on the road to Ilfracombe. We had to drive by the broken down car on the way, so we stopped in a lay-by and my son in law walked back to put a notice on the inside of the wind-screen saying he would recover this the following Tuesday. Eventually we arrived at our destination and we were so relieved. The CO felt we needed a cup of tea and some food before we went to find the hotel, so we headed to the Pavilion.

To give you some background on Ilfracombe, I dug this from the Wikipedia site:

Ilfracombe is a seaside resort and civil parish on the North Devon coast, England, with a small harbour surrounded by cliffs. The parish stretches along the coast from the 'Coastguard Cottages' in Hele Bay toward the east and 4 miles (6 km) along the Torrs to Lee Bay toward the west. The resort is hilly and the highest point within the parish boundary is 'Hore Down Gate', 2 miles (3km) inland and 860 feet (270m) above sea level. The landmark of Hillsborough Hill dominates the harbour and the site of an Iron Age fortified settlement. In the built environment, the architectural-award-winning Landmark Theatre has a distinctive double-conical design. The 13th century parish church, Holy Trinity, and the St Nicholas's Chapel (a lighthouse) on Lantern Hill, have been joined by Damien Hirst's statue of Verity as points of interest.

Ilfracombe has been settled since the Iron Age, when the Dumnonii (the Roman name for the inhabitants of the South-West) established a hill fort on the dominant hill, Hillsborough (formerly Hele's Barrow). The origin of the town's name has two possible sources. The first is that it is a derivative of the Anglo-Saxon Alfreinscoma - by which name it was noted in the *Liber Exoniensis* of 1086. The translation of this name (from Walter William Skeat of the department of Anglo Saxon at Cambridge University) means the 'Valley of the sons of Alfred'. The second origin

is that the name Ilfracombe was derived from Norse ilf (bad), Anglo-Saxon yfel (evil ford) and Anglo-Saxon cumb (valley) perhaps from a Celtic source (compare Welsh cwm), thus 'The valley with the bad ford'. [2][3] The manor house at Chambercombe in east Ilfracombe was recorded in the 1086 *Domesday Book* as being built by a Norman knight Champernon (from Chambernon in France) who landed with William of Normandy.

It is also said to be haunted. I felt this would be a nice place to take the CO, but decided against it. We went to a Wild Life Park nearby instead.

We eventually arrived home safely on the following Monday.

We saw my son in law's car still parked on the grass verge and all seemed well, so we decided to come back the next day to tow it back home.

We are going back again this year, in fact, at the time of writing, we are going in a few days. All will be well I am sure, but if we are not back by the next issue, we may have been kidnapped by pirates on the high seas. The CO is insisting to put a parrot on her shoulder just in case.

Bye

Grahame

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Local news

Overcombe WI

Our first meeting of the Autumn was this month when we very much enjoyed a talk and presentation from Ros and Judy from The Repair Café, Weymouth who meet on the second Saturday in the month at the Top Club in Littlemoor.

The Repair Café will try to mend just about everything and is all carried out by their willing volunteers. The ladies stressed how important it is to repair and reuse items rather than sending them to landfill. All electrical items are PAT tested before being returned to their owners. They will attempt to repair mechanical, electrical, electronic, carpentry, sewing, jewellery and craft, to mention just a few. No charge is made, except for replacements pieces but all donations are gratefully received to help with the running of the café. There is a café there too, so refreshments are available while waiting. This was a much enjoyed talk and Ros and Judy were asked many questions about the work. We were a happy group of 60 member that evening and the ladies were very warmly thanked for coming to talk and show their

photos and presentation.

Ideas were shared regarding our pre-Christmas coffee morning on 21st November to which everyone is invited and made very welcome. That includes you! Put the date in your diary, 10.30am-12 noon. Plenty of stalls, homemade cake, coffee and tea at The Church Rooms, Preston, just opposite St Andrew's Church. Easy parking. You will be made very welcome.

We were delighted to hear that the team of Anne, Margaret, Maureen and Sue won the Dorset Federation Quiz last month. Congratulations to them, you did us proud. The cup will be presented at the Federation General Meeting in Poole later this month. What a talented, knowledgeable team you are.

The walking group continues to thrive together with a craft group, a singing group and two book clubs. Skittles has restarted after the summer break. A jigsaw loan to members has started and was popular with members. For just £1 a jigsaw can be borrowed and returned when completed, or when the borrower gives up, whichever is the sooner.

We look forward to our get to-

gether during the winter time, it will soon pass, and summer will be here.

*Jackie Greet
WI President*

Preston and Sutton Poyntz Councillor News

We are delighted to see the bus company listened to the plea of Preston residents in the form of a Winter Sunday service for Preston.

Also in the diversion of later num-

ber two buses down to Chalbury corner to give Preston some night time coverage. It shows that lobbying and hard work pays off and we are grateful to all those residents who have written to us or the bus company and attended our public meeting on bus services back in July.

We will continue to push for improved services in the area and also for a new route to cover Sutton Poyntz and other areas. We wrote to a number of bus providers in September about this and are now organising meetings to take place to negotiate this.

As I write this, work is about to

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begin on another project we have spent many years pushing for. The re-surfacing of roads between Coombe Valley Road and Seven Acres Road. This work is much needed and we have lobbied Dorset Council hard to get them underway after it was initially agreed. We met a Dorset highways officer to discuss it and move it along before more bad weather sets in. There will be some disruption and issues which we apologise for, but hope it is worth it. We believe in keeping you in touch all year round via this article and through newsletters and also in being visible by attending local events and by holding public meetings to discuss local issues.

Our next residents meeting will take place on the 4th November at 6.00pm at Preston Village Hall so please come along. Some other issues we are working on include pavement improvements across the ward, getting the speed watch up and running (still always looking for volunteers) and getting Sutton Road, Cedar Drive, Willow Crescent and others down as next on the re-surfacing list.

Any issues please get in touch Cllr Louie O'leary on behalf of the Preston and Sutton Poyntz Councillor team. Cllrlouie.oleary@dorsetcouncil.gov.uk 07809905412.

Chess

Allan Pleasants (Weymouth) took on fourteen local members (including 8 juniors) in a simultaneous display of the recently formed social chess club at Wyke Regis Library in Weymouth.

The club is promoting chess in the community with a special focus on engaging with pupils at a couple of local schools.

Allan showed no mercy winning all fourteen games but there were some good performances from the challengers and prizes were presented to:

First person to sacrifice (or lose) their queen - Eden

Best game - Arthur

Last mum standing - Lucy

Last man or boy standing - John

The participants enjoyed the event so much that they have agreed with Allan to play a return match at the latter end of the season. Perhaps Allan could then be blindfolded!

Malcolm Stevens, who kindly helped to set up the event, has provided a very entertaining report which can be found here <https://www.dorsetchess.co.uk/allan-pleasants-simul/>

Many photos were taken of the event which can be viewed here on the Library's own Facebook page https://www.facebook.com/groups/297327031666914/?locale=en_GB

Citizens Advice

Q. As winter is approaching I am getting more and more worried about my energy bills. What can I do to try to keep them down?

A. Small changes can make a big difference when it comes to saving energy. Citizens Advice has teamed up with Energy Saving Trust to share advice on getting help if you are struggling with energy bills and tips on how to cut energy costs around the home.

Washing clothes at 30°C could save around £15 per year and reducing the number of wash cycles by one per week could save a further £15.

Reducing shower time to four minutes could save a typical household as much as £75 a year (and why not switch off the shower while you are soaping up?).

Putting only the water you need in the kettle could save around £12 a year on electricity.

Draught-proofing windows and doors will help your home feel warmer and could save around £50 a year on bills.

Turning appliances off at the wall/plug when you're not using them could save an average of £60 a year.

Turning the thermostat down by 1°C could save around £115 a year. However, lifestyle changes won't be possible for everyone and may not be enough to cover the hole in household budgets caused by higher prices, so check you're getting all the support you're entitled to. This could include:

Checking what benefits you're entitled to by using a benefits calculator such as www.entitledto.com
Warm Home Discount - a £150 annual discount if you get certain benefits.

Cold weather payments - payments if you get certain benefits and the weather is extremely cold.
Grants from your energy supplier - to help you pay off debts you may owe.

Household Support Fund is available to households across Dorset who meet the criteria, contact Dorset Council for details.

If you are on a very low income you may also be eligible for charitable support, contact Citizens Advice on 0800 144 88 48 for details.

For more information, visit the Citizens Advice website <https://www.citizensadvice.org.uk/debt-and-money/get-help-with-the-cost-of-living/>

www.citizensadvice.org.uk/debt-and-money/get-help-with-the-cost-of-living/

Home Library Service needs more volunteers

Are you a keen reader? Can't bear to be without a good book? Then you'll understand how important it is to be able to carry on reading, even if you can't get to your local library.

We are looking for more volunteers across Dorset to choose and order books for our clients on a regular basis, using the library services online catalogue. Initial training and ongoing support will be provided.

If you are interested please contact Maria Jacobson, Royal Voluntary Service Manager, Dorset Home Library Service, on 01305 236666 or email maria.jacobson@royalvoluntaryservice.org.uk

Online Arts Award Discover group for children

It's time for Dorset children to have some creative fun. Starting on 9th November (for 5 consecutive weeks) - Join our virtual Arts Award Discover group to find out about all types of art, take part in art activities, share

your creations and ideas, and all from the comfort of your home. It's all about having fun and being creative.

Arts Award is a range of unique qualifications for children and young people and Discover is the first step. Through Arts Award children and young people develop creativity, communication and leadership skills. At the end of the 5 weeks, children aged 7-10 will have achieved Arts Award Discover, and certificates will be awarded by Trinity College, London.

Limited places available so book your child's place early. <https://dorsetcouncil.us1.list-manage.com/track/click?>

Digital Switchover scams

The UK's telephone network is changing. Between now and 2025 most telephone providers will be moving their customers from old analogue landlines to new upgraded landline services using digital technology. Services that rely on the old landline system such as home phones and healthcare devices will be switched over.

The new network will provide a future proof, more reliable and de-

Continued on page 14

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Winter Delivery Service.

From the 3rd November we will be offering our winter delivery service on Fridays and Saturdays between 5 and 8pm.

The shop will be open to customers as normal, however if you would like a delivery, please call the shop from 2pm on either day to reserve your delivery slot.

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pendable broadband service that will support the UK for decades to come.

The Local Government Association (LGA) says the change will be straightforward for most people. However, they have warned that criminals are using misinformation about the switchover to confuse people vulnerable to scams. The LGA says people who use healthcare telephony devices are particularly at risk of being targeted by scammers, who trick victims into disclosing their personal and financial information over the phone. Around 2 million people use these devices across the country.

The switchover is free of charge and councils and their homecare alarm providers or contractors will never ask for personal or financial information over the phone.

The LGA says it has seen reports of fraudsters calling people claiming their bank details are needed as part of the switchover or their

service will be disconnected. It has also received reports of residents being contacted over the phone by callers claiming to work for the NHS, asking for their personal information.

The LGA expects scam attempts to increase as the switchover date nears. In addition to phone calls, criminals may create phishing emails and fake websites to try to obtain peoples' personal data.

Telecoms providers such as Virgin Media, O2 or BT should contact customers before the switchover to check in to make sure their service isn't affected.

Anyone with telecare services should check how the switchover will affect them, and what they need to do to be ready, so their care isn't disrupted.

Seen a scam? Report it to Action Fraud online or by calling 0300 123 2040.

If you want advice because you have been affected by a scam, then call the Citizens Advice con-

sumer helpline on 0808 2231133, or visit citizensadvice.org.uk/consumer

The Fairbridge Trust

By the time you read this 'the dig' along the old Weymouth High Street will be well under way. This will be our last opportunity to see what remains of the old buildings before the area is resurfaced as a car park and then put in the hands of developers.

Already there is excitement as the walls of The Weymouth Arms are being exposed and a well has been uncovered so who knows what they might find at the bottom of that!

Monday to Friday there are teams of enthusiastic volunteers beaver-ing away on their knees revealing walls and hoping to find something special. At the same time work is being carried out on the Town Bridge, but there is still pedestrian access across it so come on down to South Harbourside to see what is going on. We serve hot

drinks in our upstairs seating area so take a break while you are here and enjoy a drink with one of our Fairtrade flapjacks or packets of cookies.

Now is the time to be thinking of Advent and Christmas. This year our Christmas cards support the work of Transform Trade who campaign against trade injustice. They support the farmers and workers who are struggling to cope with the impact of climate change and corporate greed. For Advent we have the Meaningful Chocolate Company's Real Advent Calendars, a Fairtrade chocolate calendar with a twenty four page Christmas story activity book designed to be used every day in Advent as a fun way to learn the Christmas story. These are not available in supermarkets. We also have Divine milk and dark chocolate calendars and a selection of Advent Calendar cards. The cards all come with envelopes so perfect for sending to friends and family. We have a selection of Christmas candles and decorations, Lanka Kade Nativity sets and Christmas characters as

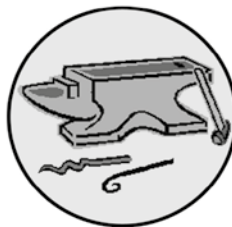
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We can be contacted on 01305 772842 or by email at thebridge-fairtrade@gmail.com

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Charity Reunion Gig

Charity gig at the Weymouth Centenary Club featuring Monkey Jump, 11th Hour, Crystal Ship and Andy Collett, on 24th November, 6.45pm till late. Tickets £8. Club bar prices plus usual raffle.

Tickets are available now, either direct from the Club or to reserve/ or pay over the phone by contacting Paul on 01305 839310 (afternoons are best).

Any problems in contacting the above number then contact 07774792736.

Please help by showing your support for this gig, so we can gain some inspiration to carry on these local charity events for you

to enjoy.

If anyone can suggest any worthy local charities for any future events please let us know.

Wessex Craft and Food Market

Sunday 26th November, 10.30am-3.00pm, Westfield Arts College.

Large variety of crafts from wooden toys, jewellery to cards and many more. Free parking & free entry. Refreshments will be available throughout the day. Our charity Hangers Heroes based in Weymouth (www.hangersheroes.co.uk) raising monies and awareness of small charities in Dorset. All profit from this market will be going to our charity.

Friends of Weymouth Library talk

On Saturday November 4th the speaker will be Jackie Winters and her subject will be "Exploring the Quiet Lanes and Villages of West Dorset", based on her most recently published book.

The talk begins at 10-30am in the Library and tickets are £2 for members and £3 for non-members; refreshments are available. All are welcome.

Tickets are available from the Library (phone no. 01305 762410).

Osmington Folk Event

Chris While and Julie Matthews on Friday November 3rd at Os-

ington Village Hall, DT3 6FT.

Chris and Julie will be touring in October/November this year. They will be dipping in to their huge catalogue of songs this time taking you through every emotion it's possible to have.

Tickets £18 - 07816 832554

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Continued on page 16



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Building Resilience

Since covid I have received many requests for help from adults and parents of children/young adults who are having difficulties and feelings of anxiousness following personal experiences of the pandemic. To ensure my helping strategies are appropriately informed I have researched several models of resil-

ience in the hope that I might gain deeper understanding of the fears and anxiety associated with trauma and be more fully equipped professionally to support those affected. I don't think it is too strong a statement to say that everyone will during their lifetime experience a deeply distressing or disturbing experience or physical injury that will leave them feeling traumatised.

Resilience is described as an individual's ability to cope with trauma, adversity and hardship measured by how quickly they recover or 'bounce-back' to being happy and successful after something difficult or bad has happened. It is accepted that there are four main types of resilience Physical, Mental, Emotional, and Social and very often how a person behaves following a traumatic event may indicate where gaps in their resilience might lie. Many theories and models support professional helping strategies. Seligman's 3Ps positive psychology framework model - Personalisation, Pervasiveness, and Permanence - refer to three emotional reactions that we tend to have to adversity (1). The five R's of energy resilience - Robustness, Redundancy, Resourcefulness, Response

and Recovery are important attributes of withstanding, responding to and recovering from disruptions (2). Dr Arielle Schwartz's 6 Pillars of Resilience - Satisfaction with Lifestyle (people who lead a satisfying & fulfilling life tend to cope better with stress & adversity). Supportive Relationships. Physical Well-being. Solution-Focused Coping. Emotion-Focused Coping. Positive Beliefs (3). Dr Ginsburg's 7 C's of resilience that together allow a child to show resilience in the face of life's challenges: Competence, Confidence, Connection, Character, Contribution, Coping, and Control (4).

As a holistic practitioner my helping strategy will vary person to person utilising a range of approaches and skills depending on individual need. Identification of the trauma trigger is a good place to begin the process however this will very much depend on the nature of the trauma. Some may have great difficulty putting past hurts into words and whilst talking therapies are frequently used as a stand alone method of support. I have found that integrating Diet/Nutrition, Homeopathy and Clinical Reflexology most effective.

With the aim of re-balancing the sympathetic and para-sympathetic branches of the autonomic ner-

vous system to ease the physical symptoms associated with trauma Clinical Reflexology encourages the individual to feel relaxed, safe and secure. It is recognised that when relaxed many find it easier to share feelings, sometimes tears flow.

Readers will be aware of my mantra that there is a symbiotic relationship between physical and mental/emotional pain. So in easing the physical symptoms of trauma the mental and emotional symptoms ease and vice versa bringing about balance and positive behaviour change. Whilst some naturally have a built-in resilience others can learn behaviours that build resilience.

Kendra Cherry MSED in her Every-thing Psychology Book provides 10 ways to build resilience - Finding purpose, believing in yourself, developing a social network, embracing change, being optimistic, nurturing yourself, developing problem-solving skills, establishing goals, taking action, committing to building skills over time (5).

From a personal perspective as a free spirited great grandma, I feel blessed to be naturally resilient apart from my 'gap' and am about to address this by going on a restful nurturing spa based break.

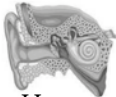
1. The Palgrave Handbook of Positive Education <https://doi.org/10.1007/978-1-349-85444-4>

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org/10.1007/978-3-030-64537-3
The Mental Wellbeing Toolbox Handbook. Bristol Acu 2. The post-Traumatic Growth Guidebook. Dr Arielle Schwartz. 3. Angie Hart and Derek Blincow Resilience Framework. 4. Dr K Ginsburg. <https://www.pathfinder.health>. Building resilience in children: the 7C's of resilience. 5. Verywellmind.com/ways to become more resilient-2795063 Kendra Cherry updated 6th Oct 2022. Contact Tel 01305784986 abi-

gailwring@btinternet.com www.dorsetclinicalreflexology.co.uk I am fully qualified, insured and DBS checked with over 30 years professional experience specialising in Clinical Reflexology, Nutritional Therapy, Homoeopathy and Coun-

selling. Abbigail Langstone-Wring. BSc FETC D. Hom MAR MFHT

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Organisations

Accordion Club

Every Tuesday 7.30pm. St Ann's Schoolroom, Radipole Lane, Weymouth. £3.00 includes tea/coffee and biscuits. For more information please email or call Graham. gacrow1907@googlemail.com. 07733367065.

Aquafit

Exercise in the water with a smile. Tuesday & Thursday mornings at Osprey Leisure Centre. All abilities welcome. Margaret on 01305832944 or 07977191547.

Beachview Community Centre,

Beachview Close, Wyke Regis, DT4 9JA. My Place Dorset run a lunch club, every Friday from 12.00. Please call Michelle Wilson to pre book on 07920 428039.

Blind & Partially Sighted Wednesdays 1.30pm - 4.00pm

Weymouth Community Safety Centre, Radipole Lane. Bingo/Excursions - Jenny Clift . 01305 787065.

Breathe Well Weymouth

A support group for people with lung problems. Meet 2nd Wednesday of the month. 2.30pm - 4.30pm at The New Fire and Community Centre, Radipole Lane, Weymouth. Mike on 07792846463 or 01305 814600.

Busy Bees

Friendly stitch and craft group meets alternate Thursday 2.00pm-4.00pm in Upwey. For more information contact Joy on 0774 230 5841.

Community Angels

Volunteer Support- Do you need neighbourly help or could you volunteer to help someone? Please 'phone 01305 834866 for more information.

The Cygnet Group

Third Saturday in the month, St Paul's Church Hall, Abbotsbury Road, 10.00am-12 noon. For more details Eve Hanney 01305 787220 or Joan Savage 01305 820668.

C'Siders - Cancer Support Group

Regular meetings, activities and events for anyone affected by cancer. Find out more at csiders.org, search csiderswp on Facebook, email info@csiders.org or ring on 07430 695462.

Dorchester and Weymouth Branch of Epilepsy Action

Coffee and Chat Meetings, Jacksons' Gallery in Fortunswell, Portland every second Thursday 10.30 - 11.30am. Suttons' Coffee Shop, St Albans St, Weymouth. On the 4th Thursday each month

Dorset Kidney Fund

Support for Renal Patients throughout Dorset and South Somerset. For help and information please call Diana Crowder on 01305 834954 or Sue Bithell on 01305 269293.

Friends of Lodmoor Country Park

Aim to protect, maintain and improve the Park for all to enjoy. We have tree trails, gym equipment, a children's playground all free and we hold events such as Sparkle in the Park, table top sales and Pic-a-Book-Nic. Contact 01305 770772

Friends of Weymouth Library

Supports and promotes our Library. Knit & natter on the first Tuesday of each month from 10.30 and all are welcome. Membership is £6 pa but non members welcome. 01305 832613/750557 or fowl8521@gmail.com www.fowl2017.wixsite.com/fowl

Hardy Quilters and Stickers

Meet on the second Monday of the month (not July or August) 9.30am to 12.30pm, St Francis of Assisi Hall Merredin Close Littlemoor DT3 6SB. Contact: chantaldavid1@gmail.com

Island Voices Community Choir

Tuesdays 7.30pm - 9.30pm (in term-time). Peter Trim Hall, St George's Centre, Reforme, Portland. The first session is free and then £6 per week. Contact Anne for information linksup9@gmail.com or 01305776328.

Ladies Keep Fit

Exercise to music classes for the mature mover. We have a few vacancies at the Southill Community centre on Thursday mornings 9.45am till 10.45am. Please contact Linda 889119. Try the first class free.

Ladies Social Badminton

Players needed for ladies badminton group. Friendly group, social games, not league. Meet Tuesdays at Redlands Sports Hub. Details Rosemary 01305 832456

Lip Reading and Communication Skills

Mondays in school term time, 2pm - 3.30pm at the Frank Reynolds Community Centre, Dorchester Road, Weymouth, DT3 5BY (Broadway). Email: elizabeth.ian.messer@gmail.com

Littlemoor Library

Tues 9.30am - 1.00pm;
2.00pm - 5.00pm.
Wednesday 2.00pm-5.00pm.
Thursday 2.00pm - 6.30pm.
Fri 2.00pm - 5.00pm.
Saturday 9.30am - 12.30pm

The library holds the following:

Writing Group every Monday at 10.00am.

Library Gets Lively Every Tuesday 11.15 - 12.00 noon.

Reading Group on the second Wednesday in the month 10.30am - 11.30am.

Mulberry Bush Pre-school

At St Andrew's School. Children. 2 years 9 months to school age. Contact jjones@standrews.dsat.org.uk

Osmington Archery Club

We meet one afternoon a week in the Village Hall throughout the year. Sometimes in better weather in the summer we shoot on private ground at Milborne St Andrew. Please phone 01305 833460 for further details.

Osmington Art Group

We meet each Thursday afternoon in term time at Osmington Village Hall from 2.00pm till 4.00pm. Bring your own art, whatever it is, and draw, paint, collage, in a relaxed atmosphere and pause for tea and cake or biscuits (and a natter), at half time. Phone Sheila 01305833150 or email sheilaedmonds@hotmail.com.

Osmington Leisure

Table Tennis is held on Wednesday evenings (7.30pm - 9.30pm).

Osmington Lunch Club

The club is now meeting on the third Friday of the month. A two course meal is available with a glass of wine for only £7. Guests arrive at Osmington Village Hall at 12.15 for lunch to be served at 12.30. To book a place phone Fran on 832430 or 07817825527.

Osmington Village Hall

07387 118300 osmingtonhallbookings@gmail.com. www.osmingtonvillagehall.co.uk.

Parish of Wyke Regis, All Saints with St Edmunds

Rector: Post vacant until Autumn. All Saints, Portland Road, 01305 78464 info@parishofwykeregis.org.uk www.parishofwykeregis.org.uk Every Friday at All Saints: 10.30am Holy Communion followed by coffee.

Sundays at All Saints: Possible 8.00am Said Holy Communion

9.30am Sung Holy Communion. First Sunday in month - Café Church.

St Edmund's, Lane House Rocks Road. Alternate weeks, Holy Communion or Service of the Word. 11am

Mother and Toddlers at St Edmund's: 1pm - 3pm

Please check our block of parish activities elsewhere in magazine.

Pilates classes with Clair Myers

Every Thursday morning St Andrews Church Rooms, Preston 9.00 and 12:30

for beginners and advanced, men and women. cmpilates@live.co.uk

Preston Pre-school

Where learning is fun, in a free flowing environment indoors and outdoors. Children from 2 years. Funded places available.

Monday - Friday 8.45am to 2.45pm For more information, phone 07826515321, e-mail prestonpre-school@hotmail.co.uk or simply come and visit us during our opening times.

Preston Table Tennis Club

Wednesdays 7.00pm and 9.00pm, Westfield School, Littlemoor Road. Contact Dave Clegg on 835108.

Preston Pantomime Group

Meets every Wednesday, 7.30pm at Preston Village Hall. New members welcome from age 14 upwards. Contact Julie on 832620.

Portland Gig Rowing Club

Meet Osprey Quay for various rowing sessions during the week and weekends and are open to all from 11yrs and over. For more information, www.portlandgigrowingclub.co.uk

Repair Cafe Weymouth

Volunteers repair broken items in return for a donation. Events are on the second Saturday of the month from 10.30am - 12.30pm, except July and August., The Top Club, Louviers Road, Littlemoor DT3 6AY with free car parking. www.repaircafeweymouth.org or 'Repair Cafe Weymouth' on Facebook. E:repaircafeweymouth@gmail.com.

Scottish Country Dancing

Thursday 7.00pm September - May. New dancers welcome anytime. Southill Community Centre, Radipole Lane, Weymouth. DT4 9SF. Details from Judy on 833660 .

Social Badminton Players Needed

Friendly groups, non league, Redlands Community and Leisure Centre. Ladies Doubles 10 to 11am Tuesdays Mixed Doubles 9 to 10.30am Fridays Details - Rosemary 01305 832456

South Dorset Caledonian Society

Ceilidh Dance Practice on Monday evenings, 7.45pm - 9.30pm at Willowbed Hall, Chickerell. £2.50 per session, inc tea/coffee. www.southdorsetcaledonians.org, e-mail: sdcsec@gmail.com

South Dorset Radio Society

We meet on the second Friday of the month, Weymouth West Scout Hall, Granby Close, DT4 0SR from 7.30. www.HamRadioSouthDorset.com, E: stuartvanstone@btinternet.com

Somerset and Dorset Family History Society

St Aldhelms Church Centre Spa Road on the 3rd Friday of the month tea or coffee at 3pm starting at 3.00pm. Contact no is John on 01305 776008.

South Dorset Woodcarving Club

South Dorset Woodcarving Club Tuesdays, 7 - 9pm - Upwey Old School Hall, Church Lane, Upwey, DT3 5EQ Contact - Dave: 01305 812064 or Andy: 07739 020839. Find us on Facebook. email: southdorsetwoodcarving-club8@gmail.com

SSAFA

Pilgrim House, 1 Hope Street, Weymouth, DT4 8TU. (By appointment only). Urgent enquiries: 01202 742934. Office Number 077 26127 532.

The Light Spiritualist Church

Preston Village Hall, Preston Road, Weymouth. DT3 6BH. Sunday Services 5.30pm for 6.00pm. Tel 07483 811516.

The Menzies Art Group

We meet in the Menzies Room at the rear of the Upwey and Broadway Memorial Hall, Victoria Ave, DT3 5NG on a Thursday morning from 9.30 -12.30. Contact Carol on 01305 787769.

Watercolour Art Classes

Thursdays, 1-3, Broadway and Upwey Memorial Hall. Starting September 7th. Call Jan 07746 871 134 for more info.

Weldmar Hospicecare Shops

Wyke Regis:- 82 Portland Road, Tel 788369. Open Mon - Sat 9am - 5pm. Weymouth :-71 St Thomas Street. Tel: 783523. Open Mon - Sat 9am - 5pm. Sun 10am-4pm.

59, Great George Street. Open Mon - Sat 9am - 5pm. Tel 787825.

10 Hardwick Street. Tel: 777774.

Mon - Sat 9.00am - 5.00pm

Weymouth Outlet

Unit 11/12 Oxford Court, Granby Ind Estate, Weymouth DT4 9GH. Tel: 770760. Mon - Sat 9.00am - 5.00pm.

Weymouth Astronomy Club

7.30pm second Friday each month St Aldhelm's Church Centre, Spa Road, New members welcome regardless of experience. www.weymouthastronomy.co.uk

Weymouth & Portland Branch, Fleet Air Arm Association

Meet 1st Friday of each month at the Wyke Smugglers, Portland Road, DT4 9AB. Full Membership open to serving or veteran members of the Fleet Air Arm. Associate membership to those with an association with the Fleet Air Arm. Please contact Jeff Cook, Branch Chairman, on 0773333274, or email jeff.cook@faaa.org.uk

Weymouth and Portland Quakers

Meet first and Third Sunday of each month 10.30am at the Fire Station, Radipole Lane, Weymouth. Tea and Coffee after. Doors are locked after 10.45am. Tel: 01305 788452.

Weymouth and Portland Sub-Aqua Club (BSAC)

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

Weymouth Ind Evangelical Church

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm.

Weymouth Carers Group

Meetings 11am to 1pm on the third Tuesday of the month, Bethany Hall, Westham Road, next to Wilko. For more information 07766 529297 and leave a message with contact details.

Weymouth Choral Society

St Aldhelm's Church Centre, Spa Road, Monday 7.30 to 9.30pm during term time. You can join at any time of the year. www.weymouthchoralsociety.org info@weymouthchoralsociety.org.uk or Melodie on 07929 519973.pmam

Weymouth Drama Club

A local drama club for adults and young people, meeting on various nights during the week. For information on how to join, please contact the secretary, Jacqui Trent on 07709601567 or curtainraisers7@gmail.com www.weymouthdramaclub.com

Weymouth East Scout & Guide Groups

Beavers - Friday 5.30 - 6.30
Cubs - Wednesday 6.30 - 8.00
Scouts - Friday 7.00 - 9.00
Explorers - Thursday 7.00 - 9.00
Brownies - Thursday 5.00 - 6.15
weymoutheastscouts@gmail.com

Weymouth South Scout Group

Scout Hut - Ryland's Lane
General = weymouthsouthgroup@gmail.com
Waiting List = weymouthsouthwaitinglist@outlook.com
Monday - Squirrels aged 4 to 6; 5.30 to 6.30 pm.
Scouts - aged 10½ to 14; 7.00 to 9.00 pm.
Tuesday - Cubs aged 8 to 10½ ; 6.00 to 7.30 pm.
Explorers aged 14 to 17; 7.45 to 9.30 pm.
Wednesday - Scouts aged 10½ to 14; 7.00 to 9.00 pm.
Thursday - Cubs aged 8 to 10½; 6.00 to 7.30 pm.
Friday - Beavers aged 6 to 8; 6.00 to 7.15 pm.

Weymouth and District Model Engineering Society

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickerell Road. Talks on Tuesday during Winter months. www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

Weymouth Floral Design Group

New Venue Now Meeting at the Holy Trinity School, Cross Road, Weymouth. Doors open 7.15pm for 7.30pm start. Meetings held usually 3rd Thursday of the month (except August no meeting & Dec meeting on the 2nd Thursday).

Weymouth Movie Makers

Meet from September to May on alternate Wednesdays at 7.30pm at the Centenary Club 21 Jubilee Close, Weymouth www.weymouthmoviemakers.weebly.com E: weymouthmoviemakers@gmail.com Chairman Anne Vincent Tel: 01305 780140.

Whist & Military Whist Drive

Moonfleet Bowls Club, Knightsdale Road. Tuesday, start 2.00pm. Further details on 784056.

Whist Drive

Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

Wyke Regis Horticultural Society

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm
Annual Membership £10 may be taken out at our shop during opening times. www.wrhs.org.uk

Wyke Regis Community Association

Email: wrca@btconnect.com
www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook
www.facebook.com/WykeRegisCommunityAssociation/

Wyke Regis Community and Sports Association

Monday - C'Siders - Cancer Support Group Table Tennis from 2pm to 4pm.
Tuesday - Weenies - A group for Toddlers and their parents/carers from 9.30am to 11am.
Tuesday - U3A Table Tennis from 2pm to 4pm.
Tuesday - Prize Bingo from 7pm to 9pm.
Wednesdays - NHS Leg Club from 9.30am to 11.30am.
Thursday - NHS Leg Club from 9.30am to 11.30am.
Friday - NHS Leg Club from 08.45 to 11.30am
Sunday - Wargames - all ages- mid-day to 5pm.

Wyke Regis Library

Mon - 10am - 1pm; 2pm - 6.30pm
Wed - 10am - 1pm; 2pm - 5.30pm

Friday - 10.am-1pm

Saturday - 10am - 1pm

Wyke Regis Pre-School

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

Wyke Regis Medical Practice

Portland Road, Wyke Regis - 782226
Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

Wyke Regis Nursery

Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qualified teachers). Nursery housed within Wyke Regis Infant School. Monday - Friday 8.45am - 3.15pm. Term time only. From 3 years. For more information tel: 01305 782470 or email us at infooffice@wykeregisfed.dorset.sch.uk

Wyke Regis Society

www.wykeregissociety.org.uk
Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or georgina.s.skipper@gmail.com

Wyke Ukedelics

Non-profit group of musicians who gig to keep our members and equipment from wear and tear, available for functions. Dave 07980 32221 or Clare 07837 307932.

Wyke Regis WI

General meetings are at 2pm on the second Thursday of the month at the WI Hall, Gallwey Road, DT49AJ. The various interest groups meet at regular times during the month, details on our website. For more information contact us: 07719312901. Email: secretary@wykeregiswi.org.uk
www.facebook.com/wykeregiswi
www.wykeregiswi.org.uk

Yoga

Sutton Poyntz. Small groups at our home studio on Tuesday, Wednesday and Friday mornings. Also Chair Yoga (a standing and seated practice) at the Mission Hall on Wednesday mornings. Contact Isabelle on 07970 772963 and Lea on 07973 268836.

Yoga JAX

Thursday mornings 10.30 - 11.30 Hope Redemer Church, Trinity Street, off Hope Square, Weymouth. Basic Vinyasa yoga, gentle, restoring, traditional. Phone 07543 627944.

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with to die for harmonies, immaculate musicianship & melodies that lodge themselves in your brain"
The Guardian

Friends Weymouth Museum

Friends of Weymouth Museum's Teas and Talk

The Friends' aim is to raise funds in support of Weymouth Museum. Towards this, the Friends generally hold talks in the autumn (October / November) and winter (February / March).

November 6th - 'Portland Curiosities' by local historian Geoff Kirby. Teas from 2.00 pm and talk starts at 2.30 pm in Hope URC, Trinity Street, Weymouth, DT4 8TW. Tickets at the door: £2 for members of 'Friends of Weymouth Museum', £3 for non-members.

November 13th - 'Traditional Music, Stories and Folksong in Dorset' by actor and musician Tim Laycock. Teas from 2.00 pm and talk

starts at 2.30 pm in Hope URC, Trinity Street, Weymouth, DT4 8TW. Tickets at the door: £2 for members of 'Friends of Weymouth Museum', £3 for non-members.

November 20th - 'Local History through Postcards' by writer, curator, lecturer & broadcaster Paul Atterbury. Teas from 2.00 pm and talk starts at 2.30 pm in Hope URC, Trinity Street, Weymouth, DT4 8TW. Tickets at the door: £2 for members of 'Friends of Weymouth Museum', £3 for non-members.

Afternoon Tea Concert Success!

As part of an ongoing and very successful series of fundraising events, St Nicholas Church, Broadway was packed for their recent Afternoon Tea and Concert. Although entrance was free, afternoon tea and cakes were sold raising over £300.

Music was provided by Music-Craft, local musicians who enter-

tained the large gathering with a wide range of music to suit all ages, jazz, pop and even a Gospel hymn in harmony!

The proceeds of this event will go towards the Church's various outreach projects, as just one of many local community initiatives.

Susana Malik (Churchwarden) and Sue Le Riche as the principal organisers thanked everyone that attended and said how wonderful it was to see the church at centre of the local community and that

it was able through their support and generosity to help so many local worthy causes, as well as look after the fabric of church itself for the benefit of the community at large.

St Nicholas Church have many other exciting events planned over the forthcoming months, including the St Nicholas Lunch Club on the second Tuesday of every month, regular quiz nights, and not to be missed, the Salvation Army Concert in aid of SSAFA



Afternoon Tea Concert Success!, St Nicholas Church, Broadway

QUIZ NIGHT

ST. ANDREW'S CHURCH ROOMS, PRESTON, DT3 6BU

FRIDAY 17TH NOVEMBER

START TIME 7PM

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THE SALVATION ARMY

ssafa the Armed Forces charity

The Salvation Army Band, Songsters & Timbrels Concert

3pm to 5pm

Saturday 11th November 2023
(Doors open at 2.30pm)

St Nicholas Church, Dorchester Road, DT3 5DN

There will be a mixture of music and song & all proceeds will go to
SSAFA & St Nicholas Church Repair Fund

Tickets - Adults £10
Accompanied Children £4 & under 5s

Free (tea/coffee/squash inc)
Delicious Homemade Cakes on sale

Tickets will be available on the day, but numbers are limited
To purchase tickets in advance, contact
Susana on 07944617553
or email susanamalik@yahoo.com

St Nicholas Lunch Club

Second Tuesday of every month at
St Nicholas Church, DT3 5DN
11.30am - 2.30pm (Lunch served at 12)

Please join us for a home cooked meal
and make new friends

Board games and puzzles available
Donations towards costs welcome

For catering purposes and dietary requirements,
please book in advance by contacting
Susana on 07944617553
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(Armed Forces Charity) on Saturday 11th November 3pm to 5pm, tickets for this or enquiries on other future events, please contact Susana Malik (07944617553 or email susanamalik@yahoo.com), or on Facebook <https://www.facebook.com/thewaytojesus> or scan the QR code.



KHB

News continued on page 23

Letters...

Dear Editor

Your article in issue 390 of the Register Magazine on the Green Woodpecker was interesting.

As with the author of the article, the Green Woodpecker is a rarity in my Wyke home garden. However, I'm fortunate to play golf at Weymouth Golf Club, where over the years one very occasionally, two Green Woodpeckers can infrequently be seen on the course.

That is until the end of July this year, when as we approached the seventh green, a 'descent' of Green Woodpeckers were ground feeding! Perhaps it was peak ant time. There must have been ten or a dozen in the group, a mix of adult and young birds all in something like a 15ft square. Sadly, they were disturbed before I could get a picture. It was certainly a unique experience for me and a fantastic communal sight. Then, later in that same round, the two Green Woodpeckers and, I think a Jackdaw (see photo) were

also ground feeding. These were presumably from the group we had seen earlier. I guess this was a bumper year for breeding.

Yours Sincerely

John Grant by email



All Saints Church, Wyke Regis
Present:
Parnham Voices
A concert by the Beaminster based a cappella choir:
BYRDSONG

Saturday 28th October at 7pm
Tickets: £10 each, to include a glass of wine
Tickets available from <http://www.parnhamvoices.org.uk/events> or on the door
All proceeds to the Church Roof Appeal.
The Parish of Wyke Regis
All Saints with St Leonard

Wyke Regis Community Film Club
Presents
FILM NIGHT
SPIRITED AWAY
7:00 pm, Friday 10th November
Wyke Regis Memorial Hall
All Adults Ed, UPG BEE

Entry: £5.50 (includes glass of wine/soft drink)
Buy online at www.marishofwykeregis.org.uk or on the door (contact Jeff Thomas on 07710 096174 to reserve)

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The Ridgeway Churches

† Holy Trinity, Bincombe; † St Nicholas, Broadway; † St Nicholas, Buckland Ripers; † St Francis, Littlemoor; † St Osmund, Osmington; † St Andrew, Preston; † St Laurence, Upwey.

Serving Bincombe, Broadway, Buckland Ripers, Littlemoor, Nottingham, Osmington, Overcombe, Preston, Poxwell, Ringstead, Sutton Poyntz, & Upwey

Worship and information is available at www.weymouthridgeway.org.uk

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

Normal Sunday worship in church

8.00am St Andrew's, Preston (1st)
8.00am St Osmund's, Osmington (3rd)
8.30am Holy Trinity, Bincombe
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)
9.15am St Andrew's Church Rooms (1st)
9.30am St Nicholas, Broadway
10.15am St Francis', Littlemoor
10.30am St Osmund's, Osmington (1st, 2nd, 4th, 5th)
11.00am St Laurence, Upwey
4.00pm St Nicholas, Buckland Ripers
6.00pm St Francis', Littlemoor (2nd) Prayer Meeting
6.30pm St Francis', Littlemoor (4th) Celtic Prayer

Weekday Worship

7.30pm Tues Candlelight Service St Andrew's
12.45pm Wed Prayer Meeting St Francis'
08.00am Thurs Morning Prayer St Francis'
12.00pm Fri Prayer Meeting St Andrew's
07.00pm Fri (1st) Revival Prayer Meeting St Francis
(For weekday services at St Nicholas see separate paragraph)

SIACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

Who's Who

Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 revjamesmenzies@outlook.com (day of rest Monday)

Team Vicar

Rev'd Philip Elliott
(Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadway; St Nicholas, Buckland Ripers)
The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 weymouth.west.ridgeway.vicar@gmail.com (day of rest Monday)

Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147 weymouth.ridgeway.team.office@gmail.com

Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc (01305) 834866 standrewsangels@hotmail.co.uk

Hall Hire

St Andrew's Church Rooms, Preston,
Shirley Mitchell (01305) 837147 sachurchrooms4@gmail.com

St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 anne_field@talk21.com

Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset prestonvillagehallweymouth@gmail.com. 07742 636511.

New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: weymouth.ridgeway.team.office@gmail.com or 01305 837147.

Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
	10.45am	Coffee Morning	Broadway
Fridays	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
Saturdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

All Saints & St Edmunds Churches

Parish of Wyke Regis All Saints and St Edmund's Churches

We are delighted to be welcoming our new rector, Reverend John MacKenzie, to the parish in October.

His Induction, Installation and Institution will be conducted by the Bishop of Salisbury, The Rt Rev'd Stephen Lake, on Tuesday 17th October at 7.00pm in All Saints Church. All are welcome to attend the service and afterwards at the finger buffet reception in Wyke Regis Infant School. Rev'd John's first Parish Holy Communion Service will be at St Edmund's church on 15th October (time to be confirmed) followed by a Harvest themed bring and share lunch. All are warmly welcome.

All Saints Church, Portland Road, Wyke Regis is now open normally from 9.30am until 5.30pm for visitors and private prayer. Please call in; you are most welcome.

Sundays

First Sunday of the month 9.30am Café Church, with refreshments beforehand.
All other Sundays 9.30am Sung Holy Communion, followed by refreshments.

Fridays

10.30am Said Holy Communion, followed by refreshments.

Saturdays

Third Saturday of the month Coffee Morning. All are welcome to join us for coffee, tea, cakes, books, Fairtrade stall and, of course, chat.

Livestream

Our 9.30am Sunday services are also livestreamed. An order of service is published each week so you can join in with the hymns and prayers. You can connect via any of the following links:

Youtube – youtube.com/user/WykeRegisChurch/live

Facebook – facebook.com/groups/allsaintswyke

Parish website – parishofwykeregis.org.uk/live

Our weekly Pew Sheet is also published on the website with up-to-date news and the readings for the service.

St Edmund's Church, Lane House Rocks Road is open for:

Sundays

Every fortnight 11.00am Sung Holy Communion alternating with Service of the Word.

Thursdays

First Thursday of the month during term time,
1.00pm Toddlers Praise
All other Thursdays during term time,
1.00pm Little Saints Baby and Toddlers Group. Please bring along your children, grandchildren or Godchildren and meet up with others. All welcome.

In addition to the livestream service the parish also runs a live local news programme at 6.00pm on Saturdays and a quiz at 7.30pm the same evening. These can be accessed using the livestream links above.

If you want to get in touch with us we can be contacted on 01305 784649 or email info@parishofwykeregis.org.uk

Regular parish activities

Monday Walking Group – meet at Bincleaves Green at 10.00am.

Fellowship Group meeting 2.00pm.

Craft Group - Thursdays at All Saints, fortnightly.

Singing for Fun – monthly at All Saints.

Friday Choir Practice – All Saints 5.45pm.

Art Groups: Leader Janet Hall 01305 839737.

Two groups which meet twice a month to work informally with paint and other media. No experience necessary. Check for space before coming.

Coming Events at All Saints

All Saints Church Coffee Morning, Saturday 21st October and 18th November 10.00am to midday

All are welcome to join us for coffee, tea, cakes, books, Fairtrade stall, music and, of course, chat.

Parnham Voices Concert

All Saints Church, Saturday 28th October, 7.00pm

The excellent Parnham Voices choir, who entertained us so memorably on St George's Day last year, return to All Saints with another entertaining programme of choral music for mixed voices. Concert starts at 7.00 pm. Tickets £10 (including glass of wine or soft

drink) available online at parishof-wykeregis.org.uk/events, or contact Jeff Thomas on 07710 096174 to reserve.

Film Night:

Spirited Away. Friday 10th November, 7.00pm

Wyke Regis Memorial Hall

2001 Japanese animated fantasy film written and directed by Hayao Miyazaki. During her family's move to the suburbs, a sulen 10 year old girl wanders into a world ruled by gods, witches, and spirits. PG. Japanese with English subtitles.

Admission £5.50, includes a glass of wine or soft drink. Contact Jeff

Thomas on 07710 096174 to reserve a seat (also available online at parishofwykeregis.org.uk/events).

All Saints Coffee morning

Saturday 18th November. See above.

Events at St Edmund's Church. Christmas Table Top Sales

Saturday 11th November and Saturday 9th December. 2-4pm in St Edmund's Church Hall.

Tea, cakes and a warm welcome. Raffles, prizes. (£5 in advance to hire a table.

Call Julie on 07979 375263)

Local news

Continued from page 20

Virtual Volunteer Fair

Wednesday 1st November 12.00-14.00pm

People often wonder how they can get involved and help make a difference in their community, but don't know where to start.

Volunteering offers such a breadth of opportunities, from being a 'community volunteer' – similar to the help during Covid - to running a local scout group. Volunteering has a long and loved legacy in the UK and is a great way to use skills you have, learn something new, make new friends, help people, and support local organisations to do the good work they do. For some people it can be a way to stay active, feel useful, connect with their community or to build confidence to re-enter the workforce. For young people, volunteering is a great way to network, build experience – and it looks great for employment and college/university applications. Volunteering comes in all shapes and sizes; it can be a regular commitment or an ad-hoc fundraiser, event, or task.

Volunteer Centre Dorset have been supporting volunteers across the county for over forty years, and in November, they will be hosting their first ever Virtual Volunteer Fair online on Wednesday, 1st November from 12pm-2pm. Whether you are an active volunteer, or think you might be interested in the future, you can join online to hear from local charities, community groups and organisations who will be speaking about their services and volunteering opportunities available. A list of the time slots will be advertised so people can join to hear all the presentations, or dip in and out. There will also be an opportu-

nity to ask questions. For anyone who registers, a recording of the event will be available, which will be especially helpful for those who aren't able to join us online. Don't miss this great opportunity to connect and support your community.

For further information about this event, please email Vicky Hall - v.hall@volunteeringdorset.org.uk

Amazing Christmas Cracker Quiz!

The FOGG Christmas Quiz Night on 1 December at the Preston Village Hall SOLD OUT in September.

A big thank you to all 90 who have supported this event.

For the lucky ticket holders, please come dressed for the Festive Season!!

The Friends of Greenhill Gardens <http://www.greenhill-gardens.co.uk>

Short Nativity Play performed by Adults as Children

A seasonal play has joined the range of Mini Panto scripts for groups to perform. It's an hilarious look at Adults playing Children to perform this easy and quick play.

Six Adults take the roles with No Line Learning or Rehearsals!

Ideal for Groups and Families this festive season who are seeking some entertainment. £24.99

Ordering is easy...

Website.. www.minipantos.com and click on The Nativity Play
E: iaincampbellgo@yahoo.co.uk
T: 01305 768446.

Christmas Songs and Carols in Greenhill Gardens

Come and join in our seasonal offering of Christmas Songs and Carols plus some fun in Greenhill Gardens.

Sunday 17th December at 3pm. Free Mince Pies and Hot Drinks for all.

The Friends of Greenhill Gardens <http://www.greenhill-gardens.co.uk>

Dorchester NFU Mutual support for Dorset County Hospital

NFU Mutual Agents and their staff at the Dorchester agency recently nominated Dorset

Quality care in Weymouth you can trust

When a family is thinking about care for a loved one, they want the best - they want to know that the care home they choose will put their loved one's safety, happiness and wellbeing first.

Anning House is managed by award-winning provider Care UK - one of the UK's most highly successful care home operators* with over 40 years' experience of delivering high quality care to older people.

Living at Anning House is all about quality of life. Every colleague in the home is passionate about enabling residents to enjoy a fulfilling lifestyle, tailored around their unique needs and preferences. The lifestyle team organises a huge variety of group and one-to-one activities, with plenty going on each day.

With the extra support that our care home offers, new residents are often surprised at what they can do, whether that's being able to continue with an activity they've enjoyed in the past, or even discovering new hobbies with our daily activities.

The purpose-built home is designed for enjoying a luxury lifestyle, with ensuite rooms and facilities including a cinema, cafe, hair and beauty salon, and comfortable lounges and dining rooms. The home also boasts stunning gardens with wheelchair friendly pathways – the perfect place to spend some time when the weather allows.

Whether your loved one enjoys a quiet cup of tea in bed before starting the day, loves going for strolls in the landscaped grounds, or enjoys a chat over a glass of wine, the team at Anning House will spend time to enable them to continue living life the way they want to.

**Anning House care home, Cross Road, Weymouth DT4 9QX
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*As rated by the Care Quality Commission in England and the Care Inspectorate in Scotland.

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