

# Register

## Magazine

Issue No 392 December 2023



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Distributed to: Wyke Regis, Preston, Sutton Poyntz, Osmington and Osmington Mills

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## along. The talk generated a lot of questions and we all discovered things we didn't previously know!

After tea and biscuits I gave a report of our trip to The DFWI AGM at Poole Lighthouse. Four of us attended and we had a very enjoyable day. After singing 'Jerusalem' we were welcomed by the Mayor of Poole and introduced to Ann Jones who is the NFWI chairman. She gave us a very interesting talk about her history in the WI, which started when she was only in her early 20s. She told us how supportive the older members were especially when she started a family. They loved babysitting and helping her out as she is also a busy farmer's wife in Wales. She also talked about the loss of Denman College and how they are piloting a new scheme to hire local hotels to hold courses for members.

After lunch we were very entertained by The Reverend Kate Bottley, she had everyone in hysterics. She told us how she got into TV and Radio by accident because of a video of her and a theatrical bride and groom dancing. And how she started going to church initially because she fancied the Vicar's son! She now only works as a locum Vicar because she's so busy. The meeting ending with the National Anthem.

After my report we got on to future events. We are having a Craft Workshop in early December where we will be making Christmas table decorations. They will be loaned by the members for the Christmas Party which is the next day and then taken home for their own Christmas table. Our birthday meal has been booked for February 2024 at Weymouth Golf Club. The meeting then came to a close with the raffle, competition winners announced and birthday cards distributed.

Val Dawe - Treasurer

## Royal Crescent & Preston Road Practice

### Weymouth Research Hub

Are you interested in health research? The Weymouth Research Hub, at the Linden Unit is inviting local people to come forward and take part in vital, lifesaving clinical trials. Your time and expenses are reimbursed (rates vary by study) Health research is important – last year in the UK more than 1 million people took part in research.

Volunteers helped turn the tide against Covid-19 by taking part in vaccine trials.

If you would like to volunteer to help save lives and improve healthcare for others call 01305 362025 or email weymouthresearchhub@dchft.nhs.uk

### Enhanced Access – What is this?

At a recent Patient Participation meeting we realised patients were not aware of Enhanced Access appointments – these are appointments offered outside of normal surgery hours and may be at another GP surgery.

The NHS strategy is to get general practices working more closely together. There are now appointments (GP, nurse, and other clinicians) offered by the Weymouth Locality. This means you could be offered a sooner appointment at another GP surgery with appointments available on a Saturday morning.

### Dates for your Diary

Tuesday 28th November  
Closed 1.00pm - 2.00pm  
Wednesday 13th December  
Closed 1.00pm - 2.00pm  
Monday 25th December  
Closed  
Tuesday 26th December  
Closed  
Monday 1st January  
Closed

### Practice Merger

We are continuing to progress towards the planned merger of our practice with Dorchester Road practice, under one contract, in April 2024. Our website has a list of frequently asked questions you may find useful which we will continue to update as the merger draws closer.

### Shingles Vaccine

The shingles vaccine helps protect against shingles. It's recommended for people at higher risk from shingles, including all adults turning 65, those aged 70 to 79 and those aged 50 and over with a severely weakened immune system. Shingles can occur at any age, but the risk and severity of shingles and its complications increase with age and is higher in individuals who have a severely weakened immune system.

Shingles cannot be caught from other people. Instead, it develops in people who have previously been infected with chickenpox. At least nine in ten adults are already infected with the virus that causes Shingles, having had chickenpox as children, and around one in

## Local news

### Preston and Sutton Poyntz Councillor News

**We are very pleased that the works to resurface the roads between Coombe Valley Road and Seven Acres Road has been carried out. There are some teething issues on parts of the road which we are dealing with and we have liaised with highways staff on this matter. These works overall are a big improvement for the area and most residents we have spoken to agree.**

We are now pushing for action on the pavements in this area and for re-surfacing works on Sutton Road, Cedar Drive, Willow Crescent and others. Since 2019 over a third of Prestons' roads have been resurfaced and we will continue to push for improvements.

I am also pleased that after three years of lobbying Bodkin Lane has had some flood prevention works put in which residents are pleased with especially with the over development taking place on Kingsbere Road. We have also been dealing with parking issues

relating to this site with highways going out to speak with those causing the issue.

I would like to commend my town council colleagues from Preston and Sutton Poyntz for opposing the proposals contained within them which would allocate a large section of Preston and neighbouring areas for housing. I encourage all residents to fill in the survey and view the plan on the Weymouth town council website under Neighbourhood plan.

I would like to wish all Preston and Sutton Poyntz residents a very Merry Christmas from all of us in the Preston and Sutton Poyntz Councillor team. Please feel free to get in touch anytime over the Christmas season on 07809905412 or clrlouie.oleary@dorsetcouncil.gov.uk

### Sutton Poyntz WI

**We welcomed Cordelia English from Nantes Solicitors to our November meeting. She gave us a very informative talk about Wills and Power of Attorney, taking questions as we went**

four people will go on to develop Shingles in their lifetime – the risk of this increases with age.

Some cases can result in serious symptoms such as blindness, hearing loss, nerve pain and potentially death, however the vaccine can significantly reduce the risk of people developing shingles and experiencing nasty symptoms.

Eligible patients will receive an invite from the surgery for their vaccination, however if you think you are eligible and have not received an invitation, please contact the surgery to book your Shingles Vaccination.

### Booking your GP Appointment Online

To avoid disappointment, please note that GP appointments which are booked online are for consultations only.

Please do not book a GP appointment online for any procedure, such as Joint Injections, Implants, Cryotherapy, Cervical Smear, Coil removal. Some procedures require more GP time and instruments and devices made ready. Please contact reception to book these appointments.

When booking an appointment online, it is helpful if you could state the reason for your appointment, i.e., pill review, hip pain.

Thank you for your cooperation.

### Age UK –

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or visit [www.ageuk.org/north-southwestdorset](http://www.ageuk.org/north-southwestdorset)

### Did you know you can get help and advice from:

#### Your Pharmacy

Pharmacists can give treatment advice for a range of minor illnesses and will tell you if you need to see a doctor.

#### Your GP Online

Contact your GP online via eConsult on our Practice website.

Your query will be reviewed and answered by your GP within 48 hours, often the same day.

### NHS 111

Go to [111.nhs.uk](http://111.nhs.uk) or call 111 if you have an urgent medical problem and you are not sure what to do. The sooner you get advice, the sooner you're likely to get better. In an emergency, go to A&E immediately or call 999.

### Winter illnesses self care

Winter Illnesses are usually not serious, but they can make us feel very unwell and can make some health problems worse leading to further complications, especially for people who are more 'at risk' such as: people aged 65 and over, people with long term conditions, babies and children under 5, people on a low income, people with a disability, pregnant women, people who have a mental health condition.

### Sore Throat

Symptoms of a sore throat include a painful throat especially when swallowing or a dry scratchy throat and can last 7 days without treatment.

*What can I do?* Suck lozenges, ice cubes or ice lollies, eat soft or cool food, gargling with salt wa-

ter can help reduce swelling and pain (children should not try this), avoid smoking, drink plenty of water, take pain relief such as paracetamol or Ibuprofen. Speak to your local pharmacy team.

*When to seek help?* Contact the surgery or NHS 111 if symptoms last more than 10-14 days, you have a very high temperature, you feel hot and shivery, you have problems swallowing and severe pain, you are dehydrated, you have a weakened immune system.

### Cold

Symptoms of a cold are different from flu because they develop slowly and include a blocked or runny nose, sneezing, coughing, sore throat and a slight fever and can last up to 10 days.

Colds are generally harmless infections that get better in time without the need to visit the surgery.

*What can I do?* It is important to rest up and drink lots of fluids. Paracetamol or Ibuprofen can help with symptoms. Your local pharmacy can help with symptom relief advice.

*When to seek help:* Contact the surgery or NHS 111 if you have a very high temperature, feel hot and

*Continued on page 4*



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shivery, have a long-term condition, chest pain, blood when you cough, difficulty breathing, swelling of the glands in your neck and armpits, symptoms lasting over 3 weeks.

### Cough

Coughing is common. 1 in 5 people will get a cough in winter. Symptoms can last up to 3 weeks and in some cases up to 8 weeks.

*What can I do?* Visit your pharmacist for over-the-counter medicines. Homemade remedies such as hot water with lemon juice and a teaspoon of honey can help (Not suitable for babies under 1).

*When to seek help:* Contact the surgery or NHS 111 if your cough lasts more than 3 weeks, you have chest or shoulder pain, blood when you cough, breathlessness, hoarseness or changes in your voice for longer than 3 weeks that continues once the cough is better, new lumps or swelling around your neck and above your collarbones.

### Flu

For most people flu can cause unpleasant symptoms, but if you are in an 'at risk group' flu can cause

severe illness. Symptoms of flu develop quickly and include a high temperature, aches and pains, tiredness, headache, a dry chesty cough.

### *What can I do?*

The flu vaccine is the safest and most effective way to help protect against flu. You should rest, keep warm and drink plenty of water. Paracetamol or Ibuprofen can help with aches and pains and bring down a fever. Antibiotics do not work on flu.

### *When to seek help*

If you are worried and your symptoms do not improve after 7 days, if you are in an 'at risk group'.

### COVID-19

It is still important to be mindful of COVID-19 symptoms, which are similar to cold and flu and can include diarrhoea, feeling sick or being sick, aches and pains, blocked or runny nose, high temperature and cough, loss or change of sense of smell or taste, shortness of breath, feeling exhausted, headache, loss of appetite.

### *What can I do?*

Most people no longer need to take a COVID test. If you are eligible, it is important to be up to date

with your COVID-19 vaccinations. If you think you might have COVID-19, drink lots of fluids, rest, wear loose clothing, take pain relief. Antibiotics will not help. Stay at home if you have a high temperature, and do not feel well enough to go to work or carry out normal activities. Avoid contact with others.

### *When to seek help*

Contact the surgery or NHS 111 if you are concerned about your symptoms, if you feel you can no longer manage at home, or you are worried about a child or an elderly person.

### Norovirus

'The winter vomiting bug' Symptoms can appear quickly and can include vomiting and diarrhoea, slight fever, headaches, stomach cramps, aching limbs.

### *What can I do?*

Norovirus is very contagious, so stay at home and rest. Drink lots of water to avoid dehydration. Stay off school or work until you have not been sick or had diarrhoea for at least 2 days. Do phone your pharmacy for advice on how to relieve your symptoms. Do not visit the surgery. Ensure you wash your hands frequently with soap and water. Alcohol hand gels do not kill norovirus. You should start to

feel better in 2 to 3 days.

### *When to seek help*

Telephone the surgery or NHS 111 if there is blood in your diarrhoea. If you keep being sick and cannot keep fluids down. If you have diarrhoea for more than 7 days or vomiting more than 2 days. If you have a serious underlying condition such as kidney disease.

[www.royalcrecentsurgery.co.uk](http://www.royalcrecentsurgery.co.uk)

## Overcombe WI

**Our November meeting was extremely well attended and we welcomed two visitors. Our speaker was Rachel from the Citizens Advice Bureau who spoke about the CAB nationally and locally. Each CAB office is an independent charity who aim to help individual problems and to raise the profile of issues on local and national policies.**

They work on four principles: that it is free at point of use, although donations are always welcome: that it is independent: that they are impartial: that it is confidential. 80% of the staff are volunteers and there are over 100 in central Dorset. Our main office is in Weymouth library although there are outreaches in GP surgeries, foodbanks, The Lantern Centre etc. They assist the Macmillan char-



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 **Golden Charter** 

ity, have a refugee settlement worker, the travelling community, help to maximise incomes, work face to face, via email, telephone and letters. Many of their clients are not IT literate which currently can bring its own problems. Many organisations help to fund the Bureau including Dorset Council, Local Authority, Wessex Water, Health Service, Food Banks and other groups. Rachel brought a room temperature guide and leaflets for each of our members. There were many questions from the floor including one on the recently received fuel allowance to pensioners. We were told that if this allowance was not needed and members wished to donate it, the Dorset Community Foundation will happily accept any donation and pass on to others in need. The Bureau has an extremely large website content which is open and available to anyone. This was a most interesting and informative talk and Rachel was warmly thanked for attending. Ideas were shared regarding our pre-Christmas coffee morning on 21st November to which everyone is invited and made very welcome. That includes you! Put the date in your diary, 10.00 – 12 noon. Plenty of stalls, homemade cake, coffee and tea at The Church Rooms,

Preston, just opposite St Andrew's Church. Easy parking. You will be made very welcome. The walking group continues to thrive together with a craft group, a singing group and two book clubs. Skittles has restarted after the summer break. A jigsaw loan to members has started and was popular with members. For just £1 a jigsaw can be borrowed and returned when completed, or when the borrower gives up, whichever is the sooner.

There were four large boxes on the hall stage at the meeting and these were soon full to bursting with gifts for the food bank. Donations of food and household items, Christmas treats and new toys were brought in by the members. I delivered this to the food bank hub the next morning who were delighted with our efforts. (I had to deliver them immediately, the car was full!) We also collected wrapped gifts to be taken by two of our members to the Westhaven Hospital. The hospital is always delighted to receive these, in particular for their patients who perhaps don't receive gifts. I felt very proud to be the president of such a generous and kind group of ladies.

*Continued on page 6*



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We look forward to our get togethers during the wintertime, the next meeting is our Christmas party, then into the New Year. How time flies.

Jackie Greet  
WI President

## Christmas songs and Carols in Greenhill Gardens

Come and join in our seasonal offering of Christmas songs and

**carols plus some fun! In Greenhill Gardens. Sunday 17th December 2023 at 3.00pm, free mince pies and hot drinks for all.** The friends of Greenhill Gardens <http://www.greenhill-gardens.co.uk>

## Wyke Regis WI

Two events have recently provided fun for members. A Fish and Chip lunch, delivered to the Hall and organised by the Book Club, was enjoyed and then followed by an afternoon of Cha-

**rades with all topics being book titles. An afternoon of puzzlement, hilarity and ingenuity!**

The Table Tennis group organised a Beetle Drive and Bingo evening. Again, a lot of fun and laughter with lovely prizes and luxury biscuits with coffee!

The speaker at the monthly meeting was Fiona Penny. She gave an interesting talk on her own history as a florist, while demonstrating two table decorations with an autumn theme. Both were very attractive, with many everyday hedgerow & garden components. The Poetry Group have been busy composing limericks. The endeavour was so successful that one

hundred of the limericks - with illustrations by members of the Art Group - have been published in a booklet which is available at £3 a copy. These are on sale at the monthly coffee mornings and at the Wyke Christmas Fayre in the Square.

New members are very welcome to find out more about the Institute at the Coffee Mornings, first Tuesday in the month, 10.00am to 12 noon and the monthly meetings, second Thursday in the month at 2.00pm, WI Hall, Gallwey Road.

## Wyke Regis Horticultural Society

The Trading Post will be serving mince pies and hot drinks on Saturday 16th December before Closing for Christmas at 12.30pm. The Raffle will be drawn at 12.15pm. The top prize is a beautiful alabaster Hare kindly donated by Helen Toft.

We will re-open on Saturday 13th January at 9.30am, when hopefully the seed potatoes will be in stock.

Normal opening times: Wednes-

Continued on page 8





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**In the closing weeks of the year and as Christmas approaches it is only natural that our thoughts should turn to...sheep. Or to one sheep in particular.**

Now anyone, like me, who comes from, or for that matter stays in, Wales, will have a soft spot for sheep. This is because there are so many of them that they are often considered to be one of the family. The Welsh are not alone in this feeling for I believe that Portland has the same affinity for these woolly covered mammals, Portland sheep being one of the oldest breeds in the UK. And in New Zealand the ratio is about five sheep for every person, which seems a trifle excessive. But I digress.

It was upsetting to learn that one Scottish sheep in particular spent last Christmas, and perhaps the one before that, all on its own. This happened because it became stranded at the foot of an isolated sea cliff in the Cromarty Firth. The area is difficult to access from the landward side because of the 250 feet (that's roughly 76 metres) cliffs and the gorse, bracken and fencing that gets in the way. A bit like the Coast Path I imagine.

Anyway, if like me your knowledge of geography in general, and Scottish geography in particular, is a bit lacking I can reveal that Cromarty Firth is a sea inlet on the east coast just below Invergordon. Hope that makes it clear. The sheep, let's call her Dolly, was first discovered by kayakers who were paddling along the coast as long ago as 2021. Not the most hospitable place to paddle. When I had a canoe I had

trouble launching it at Overcombe Corner, but Jillian, one of the kayakers, must be made of sterner stuff. Jillian says that Dolly followed them as far as she could along the rocky shoreline before turning back, bleating all the while. Recently Jillian returned, to observe that Dolly was still there, more than a full year later, and that her fleece had grown much longer and was now dragging on the ground. Until we can find an interpreter who speaks Baa (the universal language of sheep) we don't know if Dolly is bleating to request help or shouting 'Go away. This is my part of Scotland'. But assuming the former, various official organisations have been contacted and drones (do you think that a drone is named after the noise it makes?) have been used to capture pictures of Dolly. Which is a bit unfair, as she is probably not looking her best at the moment. The Cairngorm Mountain Rescue Team and the SSPCA (work that out for yourself) both seem to say that unless Dolly lets them know directly that she requires assistance they won't be able to help. Something to do with GDPR - General Data Protection Regulations - or PPS - Preserving the Privacy of Sheep. The Coastguard are not too interested and the RNLI don't seem to have been involved. But BHC (the British Hovercraft Company) have volunteered one of their vessels and are seeking funding for the crew's 1,400 mile round trip. Sounds as though they must be based in West Bexington. So if you have a big garden and would like to help by offering Dolly a safe

place to graze after the rescue, let me know and I'll pass on your offer. But I digress again, for what had really caught my eye was the news - or was it AI generated false information, let's hope so - the news that the art of handwriting is in serious decline. There's even talk of soon being able to sit exams using laptops. Perhaps I should feel guilty that I have typed this, not written it with my prize fountain pen. Guess how I won the pen all those years ago in my schooldays? It wasn't for chipping away at a stone tablet as some rude readers have suggested. However my In-house Adviser insists that there is to be no boasting about the excellence of my handwriting. So of course there won't be any.

Great-granddaughter Evie has just started 'Big School' and is learning to write, but my concern is that she might be one of the last generations to do so. It's lovely to see her pride at being able to write her name and quite a number of other words besides. Admittedly they are short ones at the moment but longer ones are sure to be added to the list in the near future. But with your help perhaps we can achieve two objectives at one go - to encourage the use of handwriting and cheer up Dolly the sheep. We just have to ask our grandchildren

to write a nice Christmas Message to Dolly which can be delivered by the hovercraft to her sun-drenched Scottish hideaway. But we need to start now, because if the hovercraft is really travelling from West Bexington it needs to get underway soon to arrive by Christmas Day. Stop Press News. Dolly, who some people thought was called Buttens - yes, with an e not an o - has been rescued by a team of four led by an intrepid climber/sheep farmer who is definitely called Cammy. They abseiled down on ropes then hauled Dolly, sorry, Buttens to the top, apparently, according to the SSPCA, in fine fettle. Dolly/Buttens, that is, not the rescuers. Fiona, for she has now had her name changed yet again, has been taken to a secret location to recover, so your garden won't be required for grazing. Meanwhile the Hovercraft, based in Sandwich, not West Bexington, has been cancelled, after a GoFundMe page had raised about half the £2000 needed for a waterborne rescue. So when I find out where Dolly/Buttens/Fiona is recovering we can send off all those lovely handwritten messages that you are going to ask your grandchildren to write. It's going to be a busy run-up to Christmas.

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days 2.00pm - 4.00pm and Saturdays 9.30am - 12.30pm. To join, come in and sign the form. Membership is £10 per year.

The Society wishes all its Members a Happy Christmas and a Peaceful New Year.

## Wyke Square Carols

**Come and sing carols in Wyke Square. Monday 18th December 2023 at 7.15pm.**

Weymouth Concert Brass will play, mulled wine and Father Christmas too. A torch and reading glasses are recommended.

## Citizens Advice

**Q: I like shopping online and I'm always on the lookout for a bargain, especially with the festive season coming up, but I'm worried about scammers. How can I avoid getting caught out?**

**A:** While scams can be tricky to recognise there are steps you can take to protect yourself from falling foul to a scammer.

Remember, if it seems too good to be true then it probably is. If you're buying from a site you haven't used before, do some research

before hitting buy. Find the company's return and refund policies so you know your rights if something goes wrong. You should also look up the company's address: this can normally be found in the website's 'contact us' section and should include a street name, not just a post office box.

Take some time to see what other people have said about the website. Look at different review websites, don't just rely on reviews the company has put on its own website.

Scammers will often ask you to pay in unusual ways, or put you under pressure to buy, so be wary of people contacting you out of the blue offering an item for a quick sale or special deal.

If you do fall victim to a scam, don't feel ashamed. Scammers are clever and regularly adapt their methods making them harder to spot. And do report it, as this alerts authorities to scammers' techniques and prevents others from being taken advantage of.

You can report a scam to Citizens Advice or Action Fraud. If you've transferred money in the last 24 hours contact the police via the non-emergency number 101,

however if you feel unsafe use 999. You should also contact your bank to let them know you've transferred money.

You can find out more about your rights via the Citizens Advice consumer advice pages or by contacting our Consumer Helpline on 0808 223 1133.

## The Fairbridge Trust

**We would like to thank all our customers, our regulars and occasional visitors, for your continued support throughout the year and for telling your friends about us.**

We have been open for 6 years, but there are still people who haven't yet discovered us! For those of you who don't realise, we are a charity, we are all volunteers and we are pleased to be able to make regular donations to support both local and overseas charities working for the relief of poverty.

We recently made donations to The Nest and Weymouth Foodbank who are both seeing increased demand. So, when you are doing your Christmas shopping, please don't forget us. You are not only supporting our wonderful producers, ensuring they receive a fair price for their products but also the local and overseas chari-

ties that we give donations to.

Our Transform Trade Christmas cards are selling well, as are our beautifully decorated Christmas candles from South Africa and olive wood decorations from Bethlehem. Our regulars will be pleased to know that we have recently had a long-awaited delivery of spreads and chutneys from eSwatini with some new flavours available.

Three assorted jars in a gift box make an ideal gift, especially for the men on your list. We also have three different sizes of jute bags, printed with Christmas themes, to fill with treats as an alternative to a hamper.

For younger members of the family our Lanka Kade toys appeal to children, parents and grandparents. The wooden toys are made in Sri Lanka by skilled artisans using rubber wood from trees which no longer produce rubber and so would otherwise be destroyed. We stock a wide selection but not the complete range and so we would always be happy to order from the catalogue for you – just don't leave it too late!

Whether it is a main present or stocking fillers you are looking for, you will be sure to find something different so come and have a look. We will be at the Holy Trinity Church Christmas Fayre on 25th



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November and at the Wyke Christmas Street Fayre on Sunday 3rd December with a selection of gift ideas.

If you are involved in any events where you would like us to have a stall then please get in touch or if there is anything you particularly want we would be happy to deliver. We also welcome groups who would like to arrange a shopping evening. Enjoy getting together with friends in our upstairs seating area, learn more about fair trade and the things we sell while enjoying a hot drink and then shop at your leisure.

We will be opening the shop on Mondays in December and will be open until Christmas Eve but then closed until Tuesday January 2nd. During January we will be open Tuesday-Saturday but with shorter hours, from 11.00am-3.00pm. Wishing all our customers a very happy Christmas and joyous New Year!

The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ. Opening times in December Monday-Saturday 10.00am - 4.00pm, closed 25th December-1st January. We can be contacted on 01305 772842 or by email at thebridgefairtrade@gmail.com

## Stunning new mural for children's ward

A popular Dorset artist has created a vibrant new mural on Kingfisher Children's Ward at Dorset County Hospital.

Marina Renee-Cemmick grew up in Dorset, studying in Marshwood and then Hardy's School in Dorchester before moving to Glasgow to study Painting at Glasgow School of Art (2018). An exciting artist, she has exhibited both nationally and internationally. Marina is interested in paint and uses multiple techniques to produce eye-catching work with a real attention to detail. Underpinning all her work is a drawing practice which remains at the core of investigating and representing the spaces she inhabits and draws inspiration from.

This strong artistic practice foundation can be seen in the stunning new mural that Marina has created on the Kingfisher ward at Dorset County Hospital.

In collaboration with the staff and children of Kingfisher ward, the Mural, with images of tigers, rainforest frogs, fish, octopi, penguins and of course a kingfisher, was completed over the course of a week this summer.

Marina Rennee-Cemmick said, 'It was really a pleasure to do and a joy having everyone involved. I would not have managed to do a 50 ft wall in four-and-a-half days without them! It was wonderful to see how much it means to everyone, and how engaged the children and staff were.'

Sarah Woodward, Kingfisher Matron said, 'Everybody (on the ward) got involved and had a go, we felt a real part of the project. We have a consultant who loves penguins, so

Marina added a penguin in for us! 'It's lovely to see young people coming through the corridors pointing at all the different animals and counting them. It creates a really positive feel for everybody on the ward.'

This artwork was made possible by the generous support of The Arts Society, Dorset County.

A representative of the Arts Society said,

'The charitable aim of the Arts Society is to support the arts and we in the Dorset County branch are delighted to fund the new mural in the Children's Kingfisher Ward. We knew from the outset that Marina Renee-Cemmick's creativity would not disappoint, as we have supported her studies and amazing talent in the past. We could not be more pleased to see

this mural come to fruition, and to know that it will give pleasure for ongoing years to the many young patients who will visit Kingfisher Ward. It gives us particular pleasure too that the ward staff have been so invested in this project.' If you would be interested in supporting further arts projects or have any queries, please contact artsinhospital@dchft.nhs.uk

## The Friends of Weymouth Library

The Friends of Weymouth Library (FOWL) talk on 2nd December will be by Dr Francis Burroughs and entitled 'Don't Put Your Daughter on the Stage.'

*Continued on page 12*

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<b>Thursday 7<sup>th</sup> Dec</b>	THE TRAIN OF LIGHTS, DARTMOUTH	£55.00
<b>Thursday 14<sup>th</sup> Dec</b>	WINCHESTER CHRISTMAS MARKET	£31.00
<b>Saturday 16<sup>th</sup> Dec</b>	THE TRAIN OF LIGHTS, DARTMOUTH	£55.00

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Marina Renee-Cemmick with her new mural at DCC



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By Grahame Howard

### North Devon Update

**Last time, I told you that we were just going to Ilfracombe in North Devon. We did and we got back just in time before the great floods that have been hitting the whole country. Was it wet? Yes, it was. Did we get wet through? Yes, we did.**

The weather on the way there was atrocious; the rain was beating down and debris was flying everywhere. The journey had started well, nice sunny weather as we dropped Charlie and my daughter's dog Teddy, off at the kennels. However, as soon as we hit Tiverton, the heavens opened and it poured down. There must be something about Tiverton. I told you on the last issue, that the first time we broke down there and had to push the car in the pounding rain. Again, it was raining but thankfully, the car went well.

We always stop at the Moose Lodge for breakfast. This is a log cabin on the Tiverton By-pass and the breakfast's are amazing. After spending a good hour there until we were refreshed, we set off again on the final leg to Ilfracombe. Was it still raining? Yes, it was, in fact it was rather like a typhoon as we all rushed the short distance to the car. It may only have been a short way, but it was like we had been swimming in our clothes. We were drenched. Finally we arrived in sunny Devon, no, that was wrong, Storm Devon to correct the way it was when we pulled up onto the rear car park of our hotel. It was quite a distance to the front of the hotel and as it was now like standing in a waterfall, we tried for access at a rear door. After ten minutes or so, the door sprung open and we went through to find the reception. After booking in, we went back to the car to get the luggage. I had asked the receptionist if she had a wetsuit but, she just stared at me as if I was mad. I couldn't even see her because, by now my glasses were waterlogged and also steamed up, so I couldn't blame her.

I had asked for our rooms to be together when I booked the reservation. However, that was not to be. Our room was one floor above reception but, my daughters and grandson's rooms were on the third floor but far from each other. The CO and I got into one lift with our luggage and the others got into the lift opposite. They went to different locations so, if you went into the wrong lift, you spent ages trying to find where you were. Also, the room numbers didn't go in sequence. Our number was 102 but next door it was 110 and as you went along the corridor - which was separated by heavy fire doors and steps that annoyingly went nowhere - three steps down and then three steps up to where you were, the numbers were random 130, the next 120. It was crazy. We finally found our room after considering ringing Trip Advisor for directions, and I must say, it was very nice. The magazine had said it was Sea view, it was, but one would have had to move a flipping massive hill or mountain that blocked the view to the sea. Still, it was nice. My daughter's room was not so good. Her window, again sea view/mountain view, had a sash window that was open and refused to close. The rain and the wind was belting in. After complaining to reception, they were given another room, much better but a floor above. We never did find where our Grandson's room was, it was a mystery. After booking in, we all decided to take a stroll into the small town and quay. I lie here, because it was more like running in double-time because the wind forced us along. And yes, it was still raining. The CO complained that she hadn't brought her boots and I offered to catch a bus back home to go and get them. I got the 'look'. We returned to the hotel to get dried and prepare to go out for a meal. The hotel wasn't serving evening meals. Why, I don't know but I was beginning to think that Basil Fawlty was around somewhere. In the evening, it was still raining but after a short walk we found a bar called, 'Sax on the beach'. Yes, I did write 'Sax', don't let your minds wander. Apparently, some young people had started their own bar and had musicians to entertain us. However, they couldn't sell alcoholic drinks because their licence hadn't come through yet. We were given a pint of lager or glass of wine free but, after that,

one had to go three doors away to a mini-market and buy your own which you could take back and drink in the bar. The CO thought it was a great idea until we told her that she would have to go and fetch this. I think the term was, 'On your bike mate'. That was good for a while but we ended up in Wetherspoons, which was enormous. After we had eaten and savoured quite a few pints, we thought we would get back to the hotel and have a drink there. Wrong! The bar shut at just after 9pm, so we decided on going to bed to recoup our strength. During the night, someone tried to get into my daughter's room, while they were sleeping. For-

tunately, she had put the safety lock on, but this person, whoever it was was persistent. My son in law then got up and shouted 'Go away old chap would you' or words to the effect. When they reported it to reception the next day, they were told, not to worry, it would be the night porter doing his security checks. Well, this convinced us that we were staying at Fawlty Towers. After this, the sun shone for the rest of the long weekend and we had a lovely time but I must say, I would be cautious about staying in that place again.

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Francis Burroughs has experience of producing and conducting over two hundred operatic productions, and not all the drama happens on stage! The talk begins at 10.30am and lasts until 12 noon. Refreshments are included. All are welcome. Tickets are £2 for members and £3 for non-members. These are obtainable at the library, 01305 762410.

## Cattistock Open Gardens event supports DCC

Further support for Dorset County Hospital Charity's recently launched Emergency and Critical Care Appeal has been received from the Cattistock Open Gardens team.

The event held in June this year was the first community fundraiser to support the new appeal which is raising funds to enhance the new Emergency Department and Critical Care Unit shortly to commence construction on the hospital's Dorchester site. Gillian Wallace, Chair of Cattistock Open Gardens said,

'We decided to donate 50% of the proceeds from our event on 10 and 11 June to the Emergency and Critical Care Appeal. We are only too aware of how all healthcare continues to face huge challenges in the wake of the pandemic and economic challenges and would like to do our bit to help.'

The event raised £1,400 for the appeal, which was officially launched at the Dorset County Show. In addition to the income from ticket sale and teas, the organisers ran a grand raffle and plant sale which added to the total raised.

Simon Pearson, Head of Charity at DCH Charity said,

'We would like to thank everyone concerned with the Cattistock Open Gardens event for their amazing support for Dorset County Hospital. This appeal is supporting the largest new-build project at Dorset County Hospital since it first opened on the new site. The new Emergency Department and Critical Care Unit will enable the hospital to meet future demand in both areas and the appeal will enhance facilities and treatment spaces to make patient care even better.'

To find out more about the Emer-



Cattistock Open Gardens event supports Dorset County Hospital

gency and Critical Care Appeal visit [www.dchcharity.org.uk](http://www.dchcharity.org.uk) or email [charity@dchft.nhs.uk](mailto:charity@dchft.nhs.uk).

## Dates for fireworks and funfairs for 2024

Next year's dates for summer fireworks displays and funfair bookings have been agreed by Weymouth Town Council's Environment and Services Committee.

Following a decision at this week's committee meeting, five firework displays will take place on Mondays during the summer holidays including July 29th, and August

5th, 12th, 19th, and 26th.

Officers were also requested to explore commercial sponsorship opportunities for at least two of the events. Plus, the traditional firework display in November will also take place along the seafront. The proposed dates for the funfair bookings at the Pavilion Forecourt and the Jubilee Clock site along the promenade were also approved as follows:

Pavilion Forecourt location:-  
March 29th to April 14th, Easter holidays

May 4th to 6th, three days

May 25th to June 2nd, nine days

July 29th to August 31st, split over two bookings. The first is from

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July 29th to 21st August and the second is from August 22nd to September 1st to allow for variety and for no one operator to have a monopoly.

October 19th to 27th, nine days over the October half term school holiday.

November 5th, firework night.

Jubilee Clock location

August 9th to 21st, 12 days.

Weymouth Town Council declared a climate emergency and as part of this commitment, the funfair operators will be asked to improve the energy efficiency of their operations and reduce the use of diesel generators to help reduce carbon emissions.

Cllr Ryan Hope, Chair of Environment and Services Committee, said: 'A number of firework displays and funfair bookings have been agreed as part of Weymouth Town Council's events programme for 2024. They create a great atmosphere as well as providing a welcome boost to the local economy with residents and holiday makers flocking to the town to enjoy these popular events.'

The dates were agreed at the Environment and Services Committee meeting on Wednesday 1st November.

## 70 Years of Memories

**There will be another chance to see the video of local people's memories, which was made for the Platinum Jubilee Celebrations.**

It features many local people and takes us back over events nationally and locally. It will be shown at All Saints' Church on Monday December 4th at 2.00pm. Everyone is welcome to come and enjoy the film and chat after over tea and cake.

## National Trust South Dorset Association

**Thursday 14th December at 2.30pm 'Stained Glass in Dorset Churches' a talk by John Drabik.**

St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW (Bus no 10)

NTSDA members £3 Non NTSDA members £4 (includes refreshments/ no need to book in advance).

## Cancer support group

**Hello, we are the C'Siders. A local support group offering a warm and friendly welcome to anyone in the Weymouth and Portland area affected by can-**



*Cancer support group. Some of our members at our recent anniversary meal, one of the many fun events we enjoy as a group.*

cer.

C'Siders was founded 7 years ago by the late Peter Meacham, who back in 2016 was a man on a mission to bring people together at a time when they may be feeling most vulnerable and anxious. Where they could share similar experiences, worries or offer each other some words of comfort or advice. Since then C'Siders has grown to 90 members and whether you've had a cancer diagnosis yourself, or care for someone who

has, everyone is welcome.

We meet on the second Monday evening of each month at the Centenary Club, Weymouth where we have a variety of speakers on topics ranging from cancer care, health and wellbeing to general interests such as photography, wildlife and arts & crafts. We organise regular outings which have included boat trips, visits to the theatre, gardens, and music festivals. We also meet

*Continued on page 14*

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From the 3<sup>rd</sup> November we will be offering our winter delivery service on Fridays and Saturdays between 5 and 8pm.

The shop will be open to customers as normal, however if you would like a delivery, please call the shop from 2pm on either day to reserve your delivery slot.

Deliveries available between Osmington, Overcombe, Preston and Sutton Poyntz.

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for a 'coffee and chat' morning on the fourth Thursday of each month alternating between The Beehive, Portland and The Palm House, Weymouth. All the dates can be found on our website C'Siders - Weymouth and Portland Cancer Support Group www.csiders.org.

For those members who wish to keep active there are the weekly C'Fit exercise classes at Osprey Leisure Centre, Portland and table tennis at Wyke Regis Community and Sports Association. If you're feeling really adventurous, we offer paddle boarding sessions as well!

Becoming a C'Siders member is easy and costs nothing. All you have to do is complete and sign a form giving us permission to add you to our mailing list. Once a member, you will receive a regular update by email of forthcoming meetings, events and outings and will be entitled to any subsidy offered by C'Siders.

If you feel like you could benefit from some friendly support, then please don't hesitate to get in touch. C'Siders... helping each other through difficult times but having fun along the way.

Contact membership@csiders.org for a membership form or ring 07392 935064.

## Christmas Concert - Encore Singers

**Saturday December 16th, at 7.30pm, in the United Church, Dorchester.**

Admission is free, but there will be a retiring collection for Weldmar Hospicecare.

We will be singing a variety of songs, mostly well-known, with opportunities for the audience to sing along if they should wish to.

Also featured will be the very talented local flautist, Myeongsuk Ha.

More information is available on

our Facebook page: <https://www.facebook.com/EncoreSingers-Dorchester/>

## Hope URC Christmas Craft Fayre

**Hope URC Church is holding its annual Christmas Craft Fayre on Saturday 2nd December 10.30am - 3.30pm.**

With free entry, there are over fifteen stalls of homemade gifts supporting home crafters. Some of the stalls are raising money for charity - Weldmar, Parkinsons UK, Church Building Fund.

There's a huge on the day raffle with lots of fantastic hamper prizes, plus delicious cakes and refreshments for you to enjoy.

Please do come along and support this community event.

## Weymouth Bay Church

**A drop in cafe for people with dementia and their carers on first Friday of every month**

**at Weymouth Bay Methodist Church from 2.00pm - 4.00pm, £2 per person.**

Come and enjoy a cuppa and cake, music and other activities. More information from Esme 01305812637.

Ambassadors Big Band in concert at Weymouth Bay Methodist Church on Saturday 25th November at 7.30pm. Tickets £12 on door or in advance from Pete 01305812637 £10.

## Mini Pantos

**It's panto time and you can put on a pantomime with no rehearsals. It's incredible but true!**

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from cue cards. They are therefore ideal for all groups, organisations, clubs and families during the festive and new year periods.

Nine mini pantos are available on the website [www.minipantos.com](http://www.minipantos.com) Author Iain Campbell is the creator of mini pantos and he has just finished a new script

'Scrooge!'. It relates the well known Dickens' story of 'A Christmas Carol' and follows Scrooge's journey from miserable miser to transformed citizen. It is very light-hearted and so so funny, ending with exuberant singing. Only six characters are involved and it lasts about 25 minutes. Just right for the coming festive time!

Now, another gem is available. This time it is a mini play, which follows the same easy and funny style of the mini pantos, 'The Nativity Play'.

Author Iain Campbell says 'The idea came to me when I remembered seeing my children perform nativity plays in their primary schools and seeing how much fun everybody had. One of them even included a frog and a giraffe!' But this new play has a twist because it is adults acting as the children in a nativity school play. The result is a totally hilarious performance!

All of the mini pantos and the nativity play scripts are available from the mini pantos website. Ordering is easy via the website. They cost £24.99 each and are a great addition to any social or meeting for groups this coming festive season and into the new year.

[www.minipantos.com](http://www.minipantos.com)

For more information contact Iain Campbell

T: 01305 768446

M: 0771 8476873

E: [iaincampbellgo@yahoo.co.uk](mailto:iaincampbellgo@yahoo.co.uk)

[www.minipantos.com](http://www.minipantos.com)

**Quiz with Basket Meal**  
**Saturday 25th November - 7.30pm at the Bridge Inn, Preston.**

£10 per person including choice of basket meal. Raffle with all proceeds to Weldmar Hospicecare and 2 Go Mad in Madagascar Trek. For bookings call 01305 833380 or Emma Mansell on 07891 055844. Email [emmajmansell@gmail.com](mailto:emmajmansell@gmail.com)

**Christmas Fair**  
**Saturday 9th December, 2.00 - 5.00pm at Steve Edmunds Church Hall, Ludlow Road, Lanehouse.**

Local crafts, refreshments, tombola, raffle, children's games and much more. Tables available at £10 each, booked in advance. Contact 01305 833380 or Emma Mansell on 07891 055844. Email [emmajmansell@gmail.com](mailto:emmajmansell@gmail.com)

**Preston Village Market**  
**Saturday 2nd December**  
**Come along to our last market of the year in St Andrew's Church Rooms, Church Road, Preston DT3 6BU.**

Our crafters have been busy creating gifts and cards for Christmas. Bulb Bowls will be prepared for growing on.

The resident Avon lady will be in

attendance as well as our Fairtrade stall, along with a lot more. Delicious refreshments available.

This time we are raising funds for the following:

Papyrus UK. Dedicated to prevention of suicide in young people and promotion of positive mental health and well being and the St Andrew's Church Fund.

Free entry but donations to our

*Continued on page 16*



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chosen charities would be much appreciated.  
At our last market we raised £134 for charity.

## Carol Sing-a-long

**St Andrew's Church Choir is leading a Carol Sing-a-long on Wednesday 20th December 6.30 - 7.30pm at The Spice Ship on Preston Road, Weymouth DT3 6BJ. Everyone welcome!**

## Your councillor update

### Weymouth Town Council (Wyke Regis) and Dorset Council (Rodwell and Wyke Regis) Mayor of Weymouth Dorset:-

It has been another busy but enjoyable month covering councillor duties with Mayors engagements. And again the request for copy has come round so quickly and catches me by surprise. Sometimes a little voice inside whispers 'don't do it, no-one will notice' then I get on the bus or go into a shop and someone will say 'Hello,

how nice to see you I do love reading your piece in the Register' So hear I am again. I keep mentioning the Neighbourhood plan but it is important to the long term future of our town so do please get involved; join the workshops or complete the surveys – or both. Keep an eye on websites or go into the libraries to learn more. I have also been involved since the start of Dorset Council in the formation of the Dorset-wide local plan and meetings for this have increased recently. Our neighbourhood plan will feed into the Dorset plan so it is good to see both sides of the picture.

I have recently been invited to join an EAP; Executive Advisory Panel on Grid Capacity. This is a long-term strategic overview of the power supply and power needs of the County. Some very com-

plex statistics and projections but a hugely important piece of work for the future economy and well-being of our County. Thankfully, we have some very able advisors. With my fellow Dorset Council ward members Cllr Sutton and Cllr Heatley I had a virtual meeting with the consultant appointed to help with our aspirations in the use of the governments levelling up fund. It was no surprise but I was very pleased that my colleagues shared my views and I theirs. Weymouth Town councillors have since had an opportunity for the same conversations. I will read the report with interest when it arrives.

Finally for this section I have had a number of very heated discussions with Richard Drax and our

Continued on page 18

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**Sue - 07557 127878**

Portland Social Club

Thursday 5.30pm

Lanehouse - Saturday 8.30 & 10.00am.

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Living at Anning House is all about quality of life. Every colleague in the home is passionate about enabling residents to enjoy a fulfilling lifestyle, tailored around their unique needs and preferences. The lifestyle team organises a huge variety of group and one-to-one activities, with plenty going on each day.

With the extra support that our care home offers, new residents are often surprised at what they can do, whether that's being able to continue with an activity they've enjoyed in the past, or even discovering new hobbies with our daily activities.

The purpose-built home is designed for enjoying a luxury lifestyle, with en-suite rooms and facilities including a cinema, café, hair and beauty salon, and comfortable lounges and dining rooms. The home also boasts stunning gardens with wheelchair friendly pathways – the perfect place to spend some time when the weather allows.

Whether your loved one enjoys a quiet cup of tea in bed before starting the day, loves going for strolls in the landscaped grounds, or enjoys a chat over a glass of wine, the team at Anning House will spend time to enable them to continue living life the way they want to.

**Anning House care home, Cross Road, Weymouth DT4 9QX**

**01305 510 196 [careuk.com/anning-house](http://careuk.com/anning-house)**

*\*As rated by the Care Quality Commission in England and the Care Inspectorate in Scotland.*

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DC cabinet members about our bus service. I find these conversations difficult within Dorset Council because frankly compared with the rural areas we appear well served. However, we have fewer cars per head of population in Weymouth and Portland, lower wages and greater need.

Although when comparing timetables our bus service looks good the time table does not show the number of buses cancelled, running late or full up. For example, waiting at Foords Corner for a bus to Weymouth I counted six travelling to Portland. After almost an hour one appeared travelling to Weymouth, but of course it was full! Is the Bermuda Triangle lo-

cated on the Island?

When the buses are fully staffed they run well, I believe a recruitment drive is well under way so I hope we will see an improvement because when it is bad it is horrid. Mayoral activities have been busy I am still trying hard to support local community groups. I had great fun during Parliament week hosting young people in the new Town Hall. Students from All Saints Academy and Wyke Brownie Packs joined in some lively games and fascinating discussions. You can see photos and learn more about this on the Mayor of Weymouth Facebook page. I hope that future Mayors will build on this, so if you run a group, old or young and

would like to take part do please contact [mayor@weymouthtown-council.gov.uk](mailto:mayor@weymouthtown-council.gov.uk) for next year. I was very grateful for the help of our Youth Council with this event. A great bunch of young people.

Despite some decidedly iffy weather the opening of the St John's community garden was dry and even sunny. It was lovely to meet all the people who have worked so hard to transform the garden. People are delighted, my thanks to both Weymouth Town Council, Dorset Council and to Green Fingers and lots of volunteers.

The Beach Motocross, run by Purbeck Club and Weymouth and Portland Lions was a great event. Loads of competitors and spectators both local and from much further afield. The weather was kind

again and everyone was very impressed with the event. The Lions always do us proud. We tend to take things for granted but visitors really envy our beautiful town and beach and our events

Weymouth Town Council's Resort Team staged the final firework event for November 5th. Did you see the bonfire? It was spectacular and followed by a terrific firework display. It was very, very cold but dry and clear. The Lions were out in force again helping me collect for the Mayor's Christmas Fund. All the money raised is given to local charities. Go on line to donate to donate if you would like to. Again I had the opportunity to talk to lots of spectators, all loved the displays. So many of our visitors have been coming here for generations and will continue to do so

## Seasonal Community Events...



**Carols in Wyke Square**  
**Monday 18 December 2023**  
**7.15 pm**  
**Weymouth Concert Brass**  
 Father Christmas may call  
 Don't forget a torch and reading glasses!

**ENCORE SINGERS**  
 invite you to  
**An Evening of Christmas Music**  
 Guest Soloist  
**Myeongsuk Ha [flute]**  
 Musical Director: James Crawshaw  
 Accompanist: John Walker  
**DEC | 16 | 7:30pm**  
 United Church, South Street,  
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 Retiring collection for  
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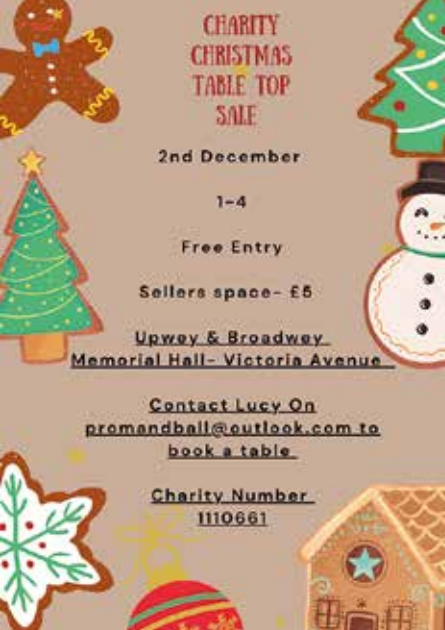
**Frome Valley Morris Mummers**  
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*Disguises, fighting, a doctor, a resurrection,  
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 Followed by a Talk & Slide Show by Sue Virgin  
**Broadway - Down Memory Lane**  
**Saturday 2nd of December**  
 From 2pm to 4pm (doors open at 1.30pm)  
 St Nicholas Church, Broadway, DT3 5DN  
 All proceeds to be split between Age UK  
 and St Nicholas Church Repair Fund  
 Tickets: Adults £8, Accompanied Children £4 & Under £4 Free.  
 Teas/coffees/Soft Drinks and Delicious Homemade Cakes on Sale  
 Tickets will be available on the day, but numbers are limited.  
 To purchase tickets in advance, contact  
 Susana on 07944617553 or email [susanamalk@yahoo.com](mailto:susanamalk@yahoo.com)



**Christmas Fayre**  
**Saturday, 25<sup>th</sup> of November**  
**10am - 3pm**  
 St. Nicholas Church, Dorchester Road  
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## **Advent and Christmas in the Parish of Wyke Regis**

**November 29th**, 6.30pm - Advent film Group - Cineworld Weymouth

**December 3rd**, 6.30pm - Advent Service of light - All Saints Church

**December 6th**, 6.30pm - Advent film Group - Cineworld Weymouth

**December 13th**, 6.30pm - Advent film Group - Cineworld Weymouth

**December 17th**, 6.30pm - Lessons and Carols - a traditional Carol service  
All Saints Church

**December 20th**, 6.30pm - Advent film Group - Cineworld Weymouth

**December 21st**, 6.30pm - The longest night - a blue Christmas service  
All Saints Church

### **Christmas Eve**

The Nativity 4pm - carols and the Christmas story for all the family - informal and fun as we build the Christmas Crib - All Saints Church

The Nativity 7pm - carols and the Christmas story for all the family - informal and fun - St. Edmund's Church

Midnight Mass 11.30pm - All Saints Church

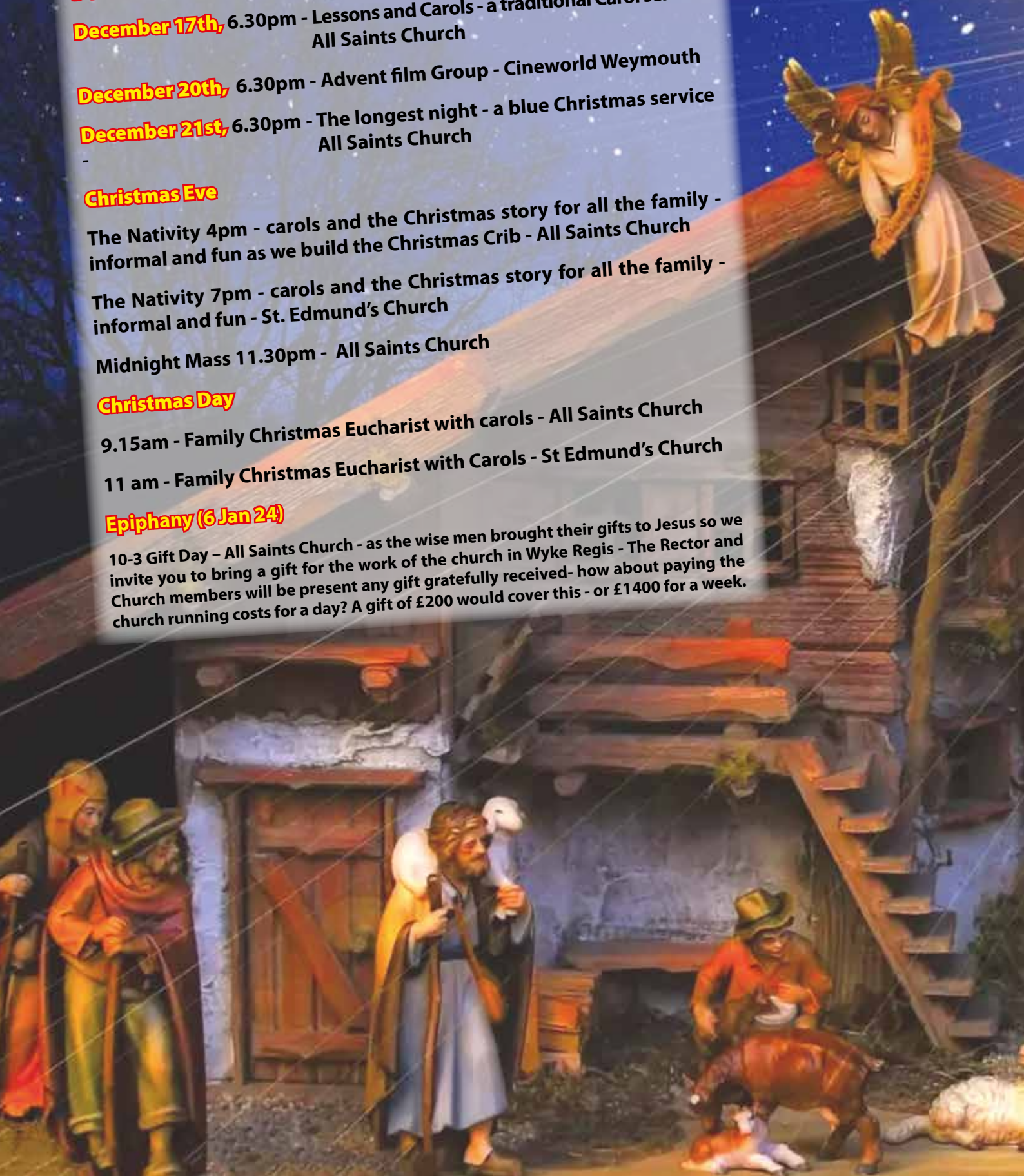
### **Christmas Day**

9.15am - Family Christmas Eucharist with carols - All Saints Church

11 am - Family Christmas Eucharist with Carols - St Edmund's Church

### **Epiphany (6 Jan 24)**

10-3 Gift Day - All Saints Church - as the wise men brought their gifts to Jesus so we invite you to bring a gift for the work of the church in Wyke Regis - The Rector and Church members will be present any gift gratefully received- how about paying the church running costs for a day? A gift of £200 would cover this - or £1400 for a week.



Dear Friends

I can't tell you how happy Sophie and I are to be in Wyke - and how much we are, like you, looking forward to Christmas here. We experienced a super welcome when we arrived and when I was inducted as the Rector here in October- wonderful to be joined by our Mayor, schools, uniformed organisations, welfare societies and many others that help in the building of this community. Some, however, are not as fortunate to receive such a welcome - Jesus - that first Christmas was unable to find welcome or a room, save a stable in the company of the animals. Indeed not long after his birth he was hounded from his, in fear of death, and had to take refuge in a foreign country with different cultures. It is fortunate that the country that his parents chose for him was welcoming to this refugee family. We are beginning to see, once again, refugees being housed on the barge in Portland harbour- let's ensure that they too can similarly feel welcomed into our community- especially at this Christmas time.



There will be quite a few events in the church this Advent and Christmas - all of which you will be very welcome to - we will have Carol services - from the traditional (like you see on the telly) to informal family focused ones where we will all be encouraged to belt out our favourite carols!

We will also introduce a few new things - an Advent film group - a group of us - hopefully you? - will go to Weymouth Cineworld to see a film that starts between 6.30 - 7pm, then talk about it over a drink in town. Also we will hold a longest night service on December 21st this is especially for (but not limited to) those who find Christmas hard, who aren't quite ready to feel jolly and are pushed away from those perfect family Christmases we see in the adverts - this is a blue Christmas service - listening to the Christmas story from a different, more reflective perspective - do come and see - all are welcome to everything we do in both your churches of the Parish of Wyke Regis.

You might see me around in Wyke - in the shops and pub - please do come and say hello- I'd love to meet you - and if I don't see you at any of the events planned, have a very wonderful Christmas.

Much love  
John

Revd John MacKenzie  
Rector, The Parish of Wyke Regis



# The Ridgeway Churches

† Holy Trinity, Bincombe; † St Nicholas, Broadway; † St Nicholas, Buckland Ripers; † St Francis, Littlemoor; † St Osmund, Osmington; † St Andrew, Preston; † St Laurence, Upwey.

*Serving Bincombe, Broadway, Buckland Ripers, Littlemoor, Nottingham, Osmington, Overcombe, Preston, Poxwell, Ringstead, Sutton Poyntz, & Upwey*

Worship and information is available at [www.weymouthridgeway.org.uk](http://www.weymouthridgeway.org.uk)

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

## Normal Sunday worship in church

8.00am St Andrew's, Preston (1st)  
8.00am St Osmund's, Osmington (3rd)  
8.30am Holy Trinity, Bincombe  
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)  
9.15am St Andrew's Church Rooms (1st)  
9.30am St Nicholas, Broadway  
10.15am St Francis', Littlemoor  
10.30am St Osmund's, Osmington (1st, 2nd, 4th, 5th)  
11.00am St Laurence, Upwey  
4.00pm St Nicholas, Buckland Ripers  
6.00pm St Francis', Littlemoor (2nd) Prayer Meeting  
6.30pm St Francis', Littlemoor (4th) Celtic Prayer

## Weekday Worship

7.30pm Tues Candlelight Service St Andrew's  
12.45pm Wed Prayer Meeting St Francis'  
08.00am Thurs Morning Prayer St Francis'  
12.00pm Fri Prayer Meeting St Andrew's  
07.00pm Fri (1st) Revival Prayer Meeting St Francis  
(For weekday services at St Nicholas see separate paragraph)

## Carols

17th December

6.00pm St Osmund's Church, Osmington

21st December

5.00pm In the Shopping Precinct, Littlemoor

6.30pm St Andrew's Church, Preston

24th December Christmas Eve

Benefice Christmas Eve Communion Service

10.15am St Francis' Church, Littlemoor

(Please note there will be no morning services at the other churches in the Benefice)

Crib Service

4.30pm at St Andrew's, Preston

Christingle

6.30pm at St Francis', Littlemoor

Midnight Service

11.00pm St Andrew's Church, Preston

25th December Christmas Day

9.15am Morning Worship at St Andrew's, Preston

9.30am Morning Worship at St Francis', Littlemoor

9.30am Holy Communion at St Osmund's, Osmington

## SACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

## Who's Who

### Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 [revjamesmenzies@outlook.com](mailto:revjamesmenzies@outlook.com) (day of rest Monday)

### Team Vicar

Rev'd Philip Elliott  
(Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadway;

St Nicholas, Buckland Ripers)

The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971  
[weymouth.west.ridgeway.vicar@gmail.com](mailto:weymouth.west.ridgeway.vicar@gmail.com) (day of rest Monday)

## Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147  
[weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

## Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc  
(01305) 834866 [standrewsangels@hotmail.co.uk](mailto:standrewsangels@hotmail.co.uk)

## Hall Hire

### St Andrew's Church Rooms, Preston,

Shirley Mitchell (01305) 837147 [sachurchrooms4@gmail.com](mailto:sachurchrooms4@gmail.com)

### St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 [anne\\_field@talk21.com](mailto:anne_field@talk21.com)

### Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

### Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset  
[prestonvillagehallweymouth@gmail.com](mailto:prestonvillagehallweymouth@gmail.com). 07742 636511.

## New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com) or 01305 837147.

## Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
Fridays	10.45am	Coffee Morning	Broadway
	8.45am	The Angelus with Meditation	Broadway
Saturdays	9.00am	Morning Prayer with communion	Broadway
	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

## All Saints & St Edmunds Churches

### Parish of Wyke Regis All Saints and St Edmund's Churches

All Saints Church, Portland Road, Wyke Regis is now open normally from 9.30 until 5.30pm for visitors and private prayer. Please call in, you are most welcome.  
Rector: Rev'd John MacKenzie

### Sundays

8.00am Said Communion. BCP (unless Rector is away.)  
First Sunday of the month 9.30am Café Church, with refreshments beforehand.  
All other Sundays 9.30am Sung Holy Communion, followed by refreshments.

### Fridays

10.30am Said Holy Communion, followed by refreshments.  
Tuesday – Friday: Morning prayer in the church at 9.00am.

### Saturdays

Third Saturday of the month Coffee Morning. All are welcome to join us for coffee, tea, cakes, books, Fairtrade stall and, of course, chat.

### Livestream

Our 9.30 am Sunday services are also livestreamed. An order of service is published each week so you can join in with the hymns and prayers. You can connect via any of the following links:  
Youtube – [youtube.com/user/WykeRegisChurch/live](https://youtube.com/user/WykeRegisChurch/live)  
Facebook – [facebook.com/groups/allsaintswyke](https://facebook.com/groups/allsaintswyke)  
Parish website – [parishofwykeregis.org.uk/live](https://parishofwykeregis.org.uk/live)  
Our weekly Pew Sheet is also published on the website with up to date news and the readings for the service.

**St Edmund's Church, Lane House Rocks Road is open for:**  
Sundays

Every fortnight 11.00am Sung Holy Communion alternating with Service of the Word.

Thursdays during term time.

1.00pm Little Saints Baby and Toddlers Group. Please bring along your children, grandchildren or Godchildren and meet up with others. All welcome.

In addition to the livestream service the parish also runs a live local news programme at 6.00pm on Saturdays and a quiz at 7.30pm the same evening. These can be accessed using the livestream links above.

If you want to get in touch with us, we can be contacted on 01305 784649 or email [info@parishofwykeregis.org.uk](mailto:info@parishofwykeregis.org.uk)

### Forthcoming All Saints Church Events

#### Portland Coves in Concert

Wyke Regis Memorial Hall, Saturday 2nd December, 7.30pm

Concert before the Wyke Christmas Fayre

Enjoy an evening with the Portland Coves and their 'Celtic roots music with a twist'. Cash bar. Tickets £7.50, online from <https://www.parishofwykeregis.org.uk/events>, from 07966 429161 and 07710 096174, or on the door.

#### Film Night: Merry Christmas

Wyke Regis Memorial Hall, Saturday 9th December, 7.00pm (doors

open 6.30pm). 2005 war drama film based on the Christmas truce of 1914. Against all the odds, four unlikely individuals from opposing sides bond during this bloodless respite, to experience the hope and goodness of humanity. Written and directed by Christian Carion.

Certificate 12. Entry £5.50, includes glass of wine or soft drink. Reserve your seat at <https://www.parishofwykeregis.org.uk/events> or on 07710 096174.

#### Music and Carols for Christmas with Weymouth Concert Brass

All Saints Church, Saturday 15th December, 7.30pm. Free concert! Come and listen to some lovely Christmas brass music and also sing some of your favourite carols. Cash bar and retiring collection with all money raised going to The Nest Community Shop, Weymouth. So please come along and support this event and bring your friends and families too.

#### All Saints Church Coffee Morning

Saturday 16th December, 10.00am to midday. All are welcome to join us for our Christmas themed Coffee Morning: coffee, tea, cakes, books, Fairtrade stall, music and, of course, chat.

#### Advent and Christmas Services

#### in the Parish of Wyke Regis.

Sunday 3rd December, 6.30pm - Advent Service of light, All Saints Church.

Sunday 17th December, 6.30pm - Service of Lessons and Carols - a traditional Carol service All Saints Church.

Thursday 21st December, 6.30pm, The longest night - a blue Christmas service, All Saints Church. Christmas Eve

4.00pm - The Nativity, carols and the Christmas story for all the family - informal and fun as we build the Christmas Crib, All Saints Church.

7.00pm - The Nativity, carols and the Christmas story for all the family - informal and fun, St Edmund's Church.

11.30pm - Midnight Mass, All Saints Church.

Christmas Day

9.15am - Family Christmas Eucharist with carols, All Saints Church.

11 am - Family Christmas Eucharist with Carols, St Edmund's Church.

Epiphany (6th January 2024)

10am to 3pm Gift Day at All Saints Church - as the wise men brought their gifts to Jesus so we invite you to bring a gift for the work of the church in Wyke Regis. The Rector and Church members will be present any gift gratefully received. How about paying the church running costs for a day? A gift of £200 would cover this or £1400 for

a week.

#### Regular parish activities

Monday Walking Group - meet at Bincleaves Green at 10.00am.

Fellowship Group meeting 2.00pm .

Craft Group - Thursdays at All Saints, fortnightly.

Singing for Fun - monthly at All Saints.

Friday Choir Practice - All Saints 5.45pm.

Art Groups: Leader Janet Hall. 01305 839737

Two groups which meet twice a month to work informally with paint and other media. No experience necessary. Check for space before coming.

Coming Events at All Saints Church  
Events at St Edmund's Church

#### Christmas Table Top Sales

Saturday 9th December. 2-4pm in St Edmund's Church Hall. Tea, cakes and a warm welcome. Raffles, prizes. £5 in advance to hire a table. Call Julie on 07979 375263)

A Celebration of Christmas  
Come and experience again the story of the first Christmas in art, craft, music and word in All Saints Church. December 16th to December 24th 10.00am to 3.30pm. Look out for further details in the next few weeks!

## Local news

Continued from page 19

### Mayor's Christmas Fund Appeal is now open for donations!

If you or your organisation can help the Mayor of Weymouth spread some Christmas joy in the town this year, Weymouth Town Council would love to hear from you.

Mayor Cllr Kate Wheller is on the

lookout for organisations to donate to the annual Christmas Fund appeal.

Last year's fund raised over £1,000 which was shared between organisations including The Lantern Trust, The Bus Shelter, food banks, the Veterans Hub, Samaritans, The Nest, MV Freedom and many more.

Mayor of Weymouth, Cllr Kate

Wheller, said: 'If you can help, please consider making a donation as it really will make a difference to different communities in Weymouth.'

Cheques can be made payable to 'The Mayor's Christmas Fund' and sent to:

Mayor's Christmas Fund, Weymouth Town Council, Commercial Road, Weymouth, DT4 8NG.

For more details on how to make a donation, please email [mayor@weymouthtowncouncil.gov.uk](mailto:mayor@weymouthtowncouncil.gov.uk)

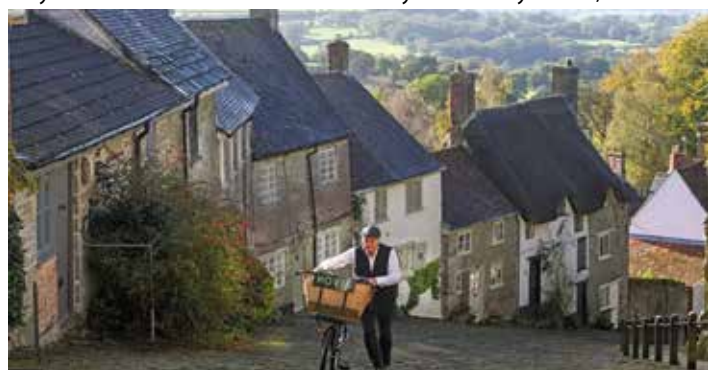
## How do you say that?

Or rather, when did we do that? Advent, the four weeks leading up to Christmas Day, used to be one of the two periods the Church could not marry you. If you are lucky enough to have records of your ancestors going back a long way, you quite often see their weddings on December 26th, or at the end of Lent, the other period without Church masses.

Most of us have the feeling that Christmas fever starts earlier every year. I like to resist it till after Remembrance Day, but with mince pies in the shops year-round it's hard. Our forefathers didn't start Christmas till much later, but they finished it later too... Old Christmas is now our January 6th, Epiphany, for reasons too complicated to go into here. And Christmastide finished at Candlemas, 2nd February, by which time your evergreens need to be out of your house. It's a long time, but the days were short, dark and cold, and both humans and farm animals would rather stay in and eat their food stores.

So have a happy Christmas and New Year (which also used to start much later... at the end of March!) and may you and your loved ones have as much light, warmth and food as you wish.

GS



The original Hovis "boy on the bike" has returned to the scene of the iconic advert 50 years after it first aired. Carl Barlow was 13 when he started in the commercial, pushing a bike with a basket of bread up Gold Hill in Dorset. The advert was once voted the most iconic of all time, and the cobbled Shaftesbury street went on to become a popular tourist destination.

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