

# Register

## Magazine

Issue No 411 July 2025



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**Distributed to: Wyke Regis, Preston, Sutton Poyntz, Osmington and Osmington Mills**

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*Front cover: RNLI mural, Custom House Quay, Weymouth, celebrating 200 years of the RNLI.  
Photo: Iain Ross*

## Overcombe WI

**For our May meeting we had a talk by Grace Lovelass, a local professional opera singer. Grace has previously visited with her talk entitled 'Life as an Opera Singer' but for this meeting she talked about her journey 'From Prima Donna to Ironman'.**

She talked us through her preparations and experiences when taking part in her first Ironman in Vichy. That particular Ironman consists of a 1.9km river swim, an 89.8km bike ride and then an 20.8km run - all to be completed before a 17hour cut off!

Grace went on to tell us of 2 further Ironman races she had taken part in, the most recent being the ROC which included a an epic run up and down Eryri (Mount Snowdon).

Members had an enjoyable evening and agreed it was something many of us would like to get involved in... by watching from the sidelines next time it is in Weymouth!

*Sarah Griffiths  
Overcombe WI*

## The Wyke Regis Society Minutes of the bi monthly meeting and AGM held 7pm Tuesday 13th May 2025

**At Wyke Regis Working Men's Club, Portland Road**

**<https://www.wyke-regis-society.org.uk/>**

Contact Georgina Skipper, georgina.s.skipper@gmail.com

Members present: G. Skipper, Chair, R. Lander, P. Seaward, N. Stevens.

Apologies: J. Hamdorff, I. Cox, M. Holdaway, K. Holdaway

Minutes of the last meeting: read to be correct but next meeting date was incorrect.

**Chairperson's Report:** As we had no quorum and no councillors there was a general discussion. It was pointed out that the low turnout could be due to three different dates on the last minutes. As no comments had been received about the proposal to change to quarterly meetings, the next meeting was set for two months' time as usual. Hopefully we will be able to discuss the AGM minutes more fully then, with feedback from councillors.

No news to date on the incinerator, but 150 shipping containers are being installed next to Starbucks at Osprey Quay, for what purpose is not clear.

JH reports that the Chickerell

Camp have done a great job repainting the railings at the War Memorial.

**Planning:** it is understood that the Methodist Hall conversion is on hold because of access problems. The Society along with many residents had rejected this plan on the grounds of no adequate parking and over development of such a small site.

**Ferrybridge Footpath:** Members report diggers and earthmovers in operation at the site. We hope this will give better results than when the scrub was previously removed.

**Pirates Lane:** No news, although the owner is believed to have sold a plot and is installing structures, and has done the same in other counties.

**AOB:** Kitchen equipment and single duvets would be welcome at the Lantern containers at Mount Pleasant. We had just heard that a suspected murder had taken place there. It was unclear from the report whether the new influx of travellers was involved.

Wyke Regis Medical Centre/Lane-house/Chickerell was discussed, with all members having recent negative experiences. According to the latest CQC report in 2022, when WR came almost bottom of the patients' poll, and they were rated in need of improvement, they had 6 doctors for 15000 patients (50% more patients than the average), 4 Nurse Practitioners, 3 Nurses, 1 Paramedic, 1 Mental Health and 4 medical assistants.

WR web page now reports 2 doctors, 2 locums, 3 NPs, 2 Paramedics, 4 Nurses and 2 Healthcare Assistants. They also report 7 Practice Managers, 7 Admin Secretaries, 1 Prescription Manager and 6 Reception staff. I can only speak from personal experience, but I worked as an admin secretary for 4 doctors and it was just me, part time. And I covered another practice when necessary. We also had one Practice Manager who covered both practices with one Administrator for each. How can it be efficient to have so few doctors and so many administrators? It is unclear how we reclaim a good service, as CQC are aware of the fall in standards since 2018. I can only assume all those support staff are needed to answer the vast number of complaints they must be getting.

Meeting closed at 8.15pm. Next

## News

### Preston and Sutton Poyntz Councillor News

**May marked a year since the last local elections and it's been a privilege for us all to serve you. It has certainly been School fete season with Cllr Peter and Joanna Dickenson and myself attending St Andrews school fete and Bincombe Valley school fete which were extremely busy.**

I attended Bincombe Valley myself so it's always nice to return and for Cllr Peter Dickenson as the former lollipop man it was a similar feeling returning back to St Andrews. We'd like to thank the PTFA of both schools for their work. Another well attended event was the coffee morning in aid of Bowel cancer at the Sutton Poyntz Misson Hall organised by Hilary Davidson. This raised a staggering amount for a worthy cause.

Some of the issues within the ward we as a team have been dealing with include pavement repairs on the junction of Puddledock Lane and Sunnfields, blocked up drains on Oakbury Drive (now jetted) and the biggest of all at the mo-

ment the Rivera Hotel. I attended a multi-departmental meeting on this issue at county hall and am reassured that Dorset council are doing everything in their power to ensure the site is secure, safe and doesn't deteriorate further. I will hopefully be able to update further soon.

I met with Dorset highways officers at the end of May and am pleased to announce they have agreed to install a drain on the entrance of Collete Close from Maunsell avenue. This will hopefully stop the water flowing down to the bus stop on Maunsell Avenue. This work won't be carried out until the end of summer. If you have any issues then please get in touch.

*Cllr Louie O'Leary on behalf of the Preston and Sutton Poyntz councillor team.*

Cllrlouie.oleary@dorsetcouncil.gov.uk  
07809905412.



meeting will be Tuesday 8th July 2025 at 7pm, all residents welcome.

## Wyke Regis Horticultural Society

Carey's Secret Garden will be giving a talk on the development of the garden on 24th June at 7.00pm. Tickets £7.50 to include a supper of homemade soup and dessert. Following on from the talk we are organising a trip to Carey's Secret Garden on 17th July.

We have a minibus with limited seating leaving at about 9.30am but there will also be car spaces available or you can arrange your own transport. Booking is essential for both these events.

Please come and help us celebrate! On 26th July we will be holding a barbeque at the clubhouse to celebrate our centenary. The Trading Post will be open from 9.30am until 3.30pm that day. Tea and cakes available all day and the Barbeque from 12.00. There will also be a display of material from our archives.

Non members are welcome at all these events.

The Trading Post in Rylands Lane is open on Saturdays 9.30am to 12.30pm and on Wednesdays 2pm to 4pm. Membership costs £10 a year. Come along to the Trading Post and have a look at what we offer members. For more information: email enquiries@wrhs.org.uk.

## Wyke Regis WI

The Institute's 102nd birthday was celebrated with a cream tea. The birthday cake, made



Wyke Regis WI members celebrate the Institute's 102nd birthday

by Sally Hudson and iced by Eve Reeves, was cut by Betty Marsh a member for 55 years. The hall was appropriately decorated for the VE Day celebrations and six members shared their memories of that day.

The Singers entertained with two evening performances of their show 'Travelling Tales', which were greatly enjoyed by their audiences. Plans are already afoot for the October concerts. Future plans include a seafront stall in July and the annual picnic at the Nothe in August.

## Hedgehogs: When To Rescue

Hedgehogs are nocturnal, coming out at dusk to forage and

find mates. Most hogs out at night are absolutely fine and should be left alone. If you see one on a road or pavement, it may 'freeze' when a threat such as cars or humans approach.

Unless obviously injured, move it to the verge or pavement to go safely on its way. But most hedgehogs out in the day are in trouble and need to be rescued. The one exception is an adult moving with purpose. It might be a mum nest building, foraging or taking a break from her family, or one that has been disturbed and is seeking safety.

A hedgehog needs help if it is: Injured or in distress.

Lying out in daylight (hedgehogs don't 'sunbathe').

Wobbly or walking unsteadily (a sign of dehydration or injury).

Trapped in netting, in a drain or pond.

Surrounded by flies or covered in fly eggs.

Being attacked by dogs or birds.

Hoglets are squeaking or out in

the day without an adult.

If you find a hedgehog in need, ask a rescue for advice as soon as possible. Please do not put it under bush or wait and see for a day or two. And please don't try to look after it yourself. Wearing gardening gloves, pick it up and put in a high sided box with torn newspaper or an old tea towel to hide under and contact a rescue straightaway. The sooner it is in the care of an experienced rescue and give help, the greater its chances of survival.

Jo Morland

Hedgehog Friendly Portland, 07815 012163 or on Facebook.

## Friends of Lodmoor Country Park

Bag a Bargain at the Table Top Sale Trail around Lodmoor. Up to 50 households taking part.

Continued on page 4

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A community and fundraising event from the Friends of Lodmoor Country Park. Offers of help and publicity very welcome.

01305 750557 and 01305 770772 Facebook and lodmoor- friends@hotmail.com

## Weymouth Drama Club

**First of all thank you for coming in this year of the Towns of Culture to first our Pantomime! Treasure Island was great fun for us all, and then we had the Accidental Death of an Anarchist, a sell out success! Well next up is the iconic Abigail's Party.**

Mike Leigh's classic of suburban boredom and aspiration set in the 70's speaks to a whole generation of striving consumers. At its heart is domineering hostess Beverly, who forces drinks and nibbles on her guests, she's forever on the verge of swaying – either to the music or from one too many gin and tonics – but beneath this there are occasional glints of

something harder.

Tickets are selling fast for the show which is on at The Bay Theatre from Weds 25th June to Sat 28th. Tickets at <https://www.weymouthdramaclub.com/>

There will be more to come in October in a really productive year for the Drama club.

As always if you want to get involved with these or other shows we are always looking for new members - have a look at the website. Also if you have youngsters looking to join our junior section we have places in many age groups - again details on the Website.

## Friends of Weymouth Library

**The Friends of Weymouth Library (FOWL) are pleased to have funded and opened a daily subscription to The Dorset Echo.**

"This will be a valuable resource for local news and views" said a spokesperson. "With so much online, this will benefit those who like to know what is happening locally and prefer to read print."

They hope you enjoy this new ser-

vice.

FOWL aims to promote our Library and its services and raises money to purchase items and support events outside the its usual budget. Call 01305 750557 for more information.

## National Trust South Dorset Association

**Tuesday 15th July at 2.30pm 'Boradway-Down Memory Lane' a talk by Sue Virgin.**

Presented by the National Trust South Dorset Association. St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW. NTSDA members £4, Non-members £5, includes refreshments, no need to book in advance.

## Fairbridge Trust Divine Chocolate

**At Easter I mentioned the rising cost of cocoa, caused by many factors including climate change. That price increase has now reached our suppliers and sadly, must be passed on to our customers.**

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tion in the cocoa industry, creating a world where farmers thrive and prosper. Their business model reflects the belief that producers should earn a share of the profits they help to create.

That's why Kuapa Kokoo Farmers' Union, a co-operative of over 100,000 cocoa farmers in Ghana, who grow the finest quality cocoa, co-own Divine Chocolate. But those farmers are struggling to cope with the problems caused by aging trees, disease, too much rain and drought; all of which leads to falling production. We believe that the quality of the Divine chocolate and caring for the farmers is worth paying a little more for.

On a brighter note, I am pleased to report that the Keeleco Soft Toys I introduced last month are selling well. They were popular on our stall at the Wessex Folk Festival and have also sold well at Weymouth College. Who would have thought that the hammerhead shark would be the most popular! Since the Easter break the College have been stocking a small range of our gifts and snacks in their shop which is proving popular with both students and staff. For us it's a great way to spread the fair trade message, particularly to

Continued on page 7



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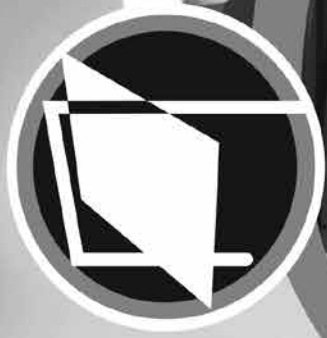
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young people.

The BAFTS Conference in May was as inspiring as I hoped it would be. As a result of meeting new suppliers we now have some beautiful lightweight and hand-painted silk scarves from Northern India. They would make the perfect accessory for a summer outfit and could easily be posted as a special gift. Hopefully, by the time this is published, the scaffolding which has been hiding us will be down and it will be a lot easier to see us and get to the door so we look forward to welcoming you in to see what's new.

We can be contacted on 01305 772842 or by email at thebridgefairtrade@gmail.com

The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ. Open Tuesday-Saturday 10.00am-4.00pm.

## The Friends of Greenhill Gardens

**We are really pleased to bring you another summer season of fabulous music in Greenhill Gardens, all events are on Sundays and from 2-4pm and of course weather dependant.**

July 2025

6th - Neil and Sally - a popular duo singing songs you know!

13th - Tony Lowe - Popular Cool Swing

20th - Dorset Wrecks - the local sea shanty group

27th - Georgy Broad - featuring the Duke and Broad Rat Pack Duo Show

August 2025

3rd - The Originals & FOGG Summer Fayre - the ever-popular rock and roll band return!

10th - Music Kraft - a new band for 2025, An afternoon of music to suit all ages and to sing along to!

11th - Darron Garnett - The Voice of Cool Swing

24th - Scandals - returning rock and roll band from last year

25th (Bank Holiday Monday) - Tony Lowe - Weldmar Hospice event

31st - The Katz with all your favourite songs from the 60's onwards.

## Purbeck Shuttle 200 Summer Bus Service 2025

**The shuttle bus to RSPB Arne, is now in its fourth consecutive**

**year, has been renamed to celebrate the 200th anniversary of the modern railway, thus Purbeck Shuttle 200 and includes The Blue Pool, Purbeck Park and Norden Farm Campsite.**

The trial shuttle bus service originally set up by the RSPB to connect Wareham train station and RSPB Arne Nature Reserve has been extended to cover the period from 28th May to the end of August 2025 on a two day a week service on Wednesdays and Saturdays.

The main objective is to provide a sustainable public transport link from Wareham Station to the RSPB Arne Reserve, The Blue Pool Nature Reserve and Purbeck Park connecting with the Swanage Heritage Railway, thus reducing road traffic especially during the main summer season. This also enables links with walking and cycle hire for visitors staying within the region. No bookings needed, just step onboard, enjoy the journey, and experience the outstanding scenery within Purbeck's internationally recognised heathland.

This we hope will establish a regular service now this is becoming known to locals and tourists alike and a growing expectation the bus will be there this summer. This is particularly useful for those without access to a car and is also beneficial for local people coming into Wareham from the outlying parishes acting as a rural transport hub.

The project is supported and funded by the Purbeck Community Rail Partnership, Dorset Council's Community Transport Fund, RSPB Arne, The Blue Pool, Wareham Town Council and operated by Dorset Community Transport.

Steven Booth, Purbeck Community Rail Officer said "We are so pleased to be involved in this project working with our partners as it supports our aims and objectives to promote sustainable integrated transport by linking the railway and bus to Purbeck's most picturesque attractions. RSPB Arne remains one of the few places in the UK where all six of the UK's native reptiles can be found situated on Poole Harbour and within the Dorset Natural Landscape area. In addition to this the popular natural tourist attraction, The Blue Pool Nature Reserve, situated in the tranquil scenic surroundings of a former clay mining pit can also be reached for the first time by public transport.

Tim Christian, Dorset Community Transport Manager, said: "We're delighted to offer the continua-

tion of the shuttle bus through the summer period. This is a valuable service for those who can't drive or don't have access to a car to be able to come and visit RSPB Arne and the Blue Pool and connect by rail. Whether visitors choose to leave their cars at home, don't have access to a vehicle, we hope our Purbeck Shuttle 200 service will enable more people to enjoy these major Purbeck attractions, experiencing wonderful wildlife, and stunning views.

For the full Bus timetable and further information, visit:

<https://ectcharity.co.uk/Dorset/local-bus-service-in-dorset>

## Family History Society

**The July meeting of the South Dorset group of the Somerset & Dorset Family History Society will take place on Friday July 18th and presented by Ian Brooke with the mysteriously titled 'Why Am I Here?'**

As usual, the talk will be held at St.Aldhelm's Church Centre, Spa Road, Radipole, DT3 5EW, commencing at 2.30pm, preceded by tea or coffee.

Admission is £2 for members and £3 for non-members

Please note that there will be no meeting in August.

## Royal Manor Theatre

**Well we don't think we've been so busy! A huge thanks to everyone who came and enjoyed our production party for Holes, and thanks to the 'Not Another Holiday Park' cast and crew for creating such an original and madcap show. Not for the faint hearted, and we look forward to the remaining shows.**

At time of writing, ArtWey is setting up in our Lower Hall, and we're sure that the artwork on show will be as stunning and interesting as last year. We hope you made time to pop in and take a look.

Our wonderfully funny production of Tom Basden's 'Holes', a dark comedy set on a desert island following a plane crash, starts on the 19th. How can Davidson Business Solutions survive when their three best members of their Sales and HR team are stranded on a Remote Archipelago? But has the world ended? Will we find out who ate all the risotto? All these questions will be answered in this Royal Manor Theatre amateur production of Holes, for three nights only from June 19th to June 21st. Tickets available from The Royal Portland Arms at Fortuneswell, Portland Pet Supplies at Easton,

*Continued on page 10*

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**Senior Citizens are always ready to acknowledge that they are never too old to learn. Unfortunately, understanding what we are being told, and remembering it afterwards is a little more difficult than it used to be, but we do have to try and keep up. Indeed, it is essential, for in today's fast changing world, if we don't keep up then we are left behind. A long way behind.**

In our grandparent's time, and even in our parents' days, this was not too serious as things changed very slowly. But now however, we are expected to use increasingly complex IT equipment to perform simple tasks such as paying for our tea and biscuits in a cafe. And while doing so to avoid being scammed by unscrupulous thieves, expert enough to fool even our largest banks, who should know better. This is why a Senior Citizen is advised to set aside a period of time every day to learn at least one new piece of information. Sometimes this time of day can coincide with an overwhelming desire to nod off, but attempting to complete a General Knowledge crossword usually helps maintain alertness levels.

My In-house Adviser vouches for this approach. Sadly the prize crosswords have become so much harder nowadays, probably because anyone can cheat by looking up the answer on the Internet. Before the Internet we had to cheat by looking up the answer in an encyclopaedia or Thesaurus. So now personal and local 'general' knowledge is not enough. A good example is a recent crossword clue which asked for a ten-letter word meaning 'Someone who stares at canals'. Now Dorset is not overly blessed with canals.

About 200 years ago the Dorset and Somerset Canal was planned and construction started. Unfortunately after about eight miles or so the company ran out of money and despite the name, none of those miles were within Dorset. However there was a canal that opened in 1841 near Lytchett Bay in Upper Hamworthy, to transport clay to Poole Harbour, but archaeologists Keith Jarvis and Alan Hawkins, who discovered this, found that the only bit of the canal that survives today is a muddy water-filled area about 10 metres wide near Upton. This means most Dorset folk cannot claim any great

knowledge of canals, little or no experience of staring at them, and no acquaintance with the sort of people that like to stare at canals. There has never been the need for such a word in this fine, almost canal-free county. And to save Mrs Barnacle of Wyke the trouble of having to look it up on Google and emailing me with the answer, the word is a gongoozler. No doubt when you read gongoozler you said to yourself 'Of course it is, how silly of me not to remember it', or words to that effect. A huge Information Industry – that's it, because without a super set of important looking initials the ideas don't count – has sprung up to keep us informed about current trends. For instance, a recent magazine article explained that the reason for my aching feet is most likely that I don't tie my shoelaces correctly. And there's me thinking that, as a Mature Senior Citizen, it was probably because of many decades spent walking about on my large, flat plates of meat, as my London born Grandfather used to call them. And even after reading the article and following the ideas therein my feet still hurt when they are exercised too much. And 'too much' is much less than it used to be, and 'exercise' doesn't last long either. But even mentioning a magazine article demonstrates that I am out of touch. Apparently social media is used to communicate ideas nowadays, though to judge by the anger it generates, the 'social' side of it is overstated. But not being au fait – that's another phrase I learnt from a crossword answer – with social media can mean missing out on vital matters. Matters much more important than tying shoelaces correctly – namely, the best way to eat McVitie's chocolate digestive biscuits.

These biscuits were first produced in 1925 and for 100 years everybody has been eating them the wrong way round, according to Alan Coulson, the general manager of the McVitie's factory up in Stockport. Senior Citizens have a nose for advertising campaigns and this announcement smells just a little bit like the start of one. But setting cynicism aside, Tony – if I may call him that and he can call me Chris – says that the biscuit should be put into your mouth with the chocolate side down, repeat DOWN. This allows the tongue to reach the chocolate

immediately, resulting in a whole new taste sensation. Yeah, right. But now you can proudly say that, using what you have learned today, if you come across someone staring intently at a small muddy pool near Upton you will be able to politely engage them in conversation. Something like 'Hello there gongoozler. I couldn't help noticing that your shoelaces are not laced correctly thereby contributing to your aching feet and that the chocolate digestive biscuit you are eating with your cup of tea is upside down.' The watcher will welcome your kind remarks and act immediately to remedy the shoelace and biscuit errors, thanking you warmly for your

sound advice. However, before offering this advice, it would be as well to practice saying 'gongoozler' so it cannot be mistaken for an insult, to make sure that your own shoelaces are firmly tied in the approved manner and that you have recently eaten a chocolate digestive biscuit or two. This will ensure that if the gongoozler does regard any or all of your remarks as offensive and you have to make a sudden exit, your chances of tripping over your laces is reduced and that you will have the necessary energy to run away at full speed. Just occasionally too much knowledge can be a dangerous thing.

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Our Summer Variety Show will be on Saturday July 5th, featuring performances from Wessex Musical Theatre, the Royal Manor Theatre players and local acts.

A couple of weeks afterwards, on Saturday July 19th, it is the turn of the playmakers to unleash their Summer Show, a double act featuring a Murder Mystery and in the second half, Peter Pan.

We are so proud at how brilliant the playmakers show themselves as the most talented bunch we've met.

We are expanding our performance schedule so there will always be opportunities to be part of local arts and supporting your local theatre on Portland. Whether you want to learn the power of drama, or want to help out in the production with other theatre crafts, or simply want to be involved in another way, there's always something for you at your Royal Manor Theatre on Portland.

## Purbeck Mining Museum

**Dorset couple praised for their contribution in helping to showcase Purbeck's industrial heritage. Two familiar faces will be retiring as volunteers at the Purbeck Mining Museum near Norden at the end of May.**

Sue and Derek Double of Poole are stepping back from the clay face after many years greeting and advising visitors to the increasingly popular heritage attraction that is part of the Swanage Railway. 'Both Sue and Derek deserve wholesome praise for providing

such a warm welcome to visitors over many years,' says Peter Sills, Chairman of the Purbeck Mining Museum. 'Their passion and commitment has been infectious for visitors and fellow volunteers alike and we are indebted to the huge contribution they have made in helping to drive footfall and ensure every visitor – both young and old – enjoys their visit to the museum. On behalf of all of the museum's volunteers, I wish them a long, healthy and happy retirement.'

Sue originally joined the museum's team of volunteers in 2014, when the attraction was very much in its infancy, and received a 10 year long service award at a special meeting of volunteers last November. Her husband, Derek, began working as a volunteer ticket inspector on the Swanage Railway in 2001 and moved over to join his wife as part of the front of house team at the Purbeck Mining Museum seven years ago. He will be receiving a 25 year long service award from the Swanage Railway later this year.

In recent years they have taken the bus from Parkstone to Poole and then on to Norden to carry out their duties, opening the gates to the museum and greeting the growing number of visitors. For many years, they were joined by Alfie, their much-loved and very popular dog who they sadly lost last year.

'Being so actively involved in such an interesting attraction has been really rewarding,' says Derek, who was previously an Insurance Officer with both Hampshire and Dorset Police. 'We've loved every minute! I originally moved over to

the museum on a temporary basis following an operation on my leg, but it suited us both – and Alfie! – and I enjoyed it so much that I decided to stay.'

'I've really loved meeting so many people from all over the world during my time at the museum,' adds Sue. 'It really has been a joy to be part of such a friendly and committed team and to provide both local people and those from much further afield with insight and experiences that really shine the light on Purbeck's industrial heritage. Although we're now stepping back from frontline duties, I am sure we will continue to watch the museum's continued development with interest and, health permitting, I do hope we can help out the team from time to time.'

More information about the museum and further details on the roles and opportunities for volunteers are available at [www.purbeckminingmuseum.org](http://www.purbeckminingmuseum.org). The Purbeck Mining Museum is housed in an authentic and recreated mine building at Purbeck Park near Norden station on the Swanage Railway and is open most days from 11am to 4pm. Full details of opening times are available on the museum's website.

## Weymouth Concert Brass

**Our July highlights will be concerts at Radipole Gardens at 2.00pm on Sunday 13th July, on Weymouth Esplanade (RNLI fundraiser) at 6.00pm on Wednesday 23rd July, and at the Borough Gardens bandstand in Dorchester at 1.45pm on Saturday 26th July. Hope to see you on one of those dates, perhaps?**

As ever, the band is always keen to hear from prospective new players. We normally meet once a week on Thursday evenings at St Edmund's Church Hall, Lanehouse Rocks Road.

To get in touch, or for further information, contact us at [weymouth-concertbrass@gmail.com](mailto:weymouth-concertbrass@gmail.com), or find us on Facebook or X.

Jeff Thomas

## News from Trading Standards

### Fighting Back Against Scam Mail

**In an age where internet scams dominate headlines, it's easy to forget that traditional postal**

**scams still pose a serious threat, especially to people more reliant on letters through the post.**

That's why the return of the SCAMnesty campaign by the Friends Against Scams, and National Trading Standards Scams Teams, is both timely and vital.

SCAMnesty invites people across the UK to send in any unwanted scam or nuisance mail, completely free of charge, to help investigators disrupt fraud. The process is simple: just drop the mail into an envelope and send it to NTSST, FREEPOST, MAIL MARSHALS. No stamp is required.

This campaign will be running throughout the Summer, but you can send post to the Freepost address at any time.

Postal scams come in many forms: fake lotteries, bogus health cures, clairvoyant promises, and investment traps. They often use official-looking seals, urgent deadlines, and personal touches to manipulate recipients. The goal? To extract money through deception, often targeting older or isolated people.

What's most alarming is that only 5% of these crimes are reported. Victims often feel ashamed or unsure of where to turn. But the truth is, these fraudsters are professionals. Falling victim to their tactics is not a sign of weakness, it's a reflection of how sophisticated these scams have become.

By participating in SCAMnesty, you're not just clearing out your junk mail, you're contributing to a national effort to protect others. Every piece of scam mail sent in helps the National Trading Standards Scams Team build cases, shut down operations, and prevent future harm.

If you are affected by scam mail, perhaps you have lost money to a scam and would like advice on what to do, then visit [www.citizensadvice.org.uk/consumer](http://www.citizensadvice.org.uk/consumer) or phone the Citizens Advice consumer helpline on 0808 223 1133. Trusted advice will be provided. Citizens Advice will also identify people who may require more support, and a referral will be made to Dorset Council Trading Standards.

## Mayor's Community Award Winners 2025 Announced

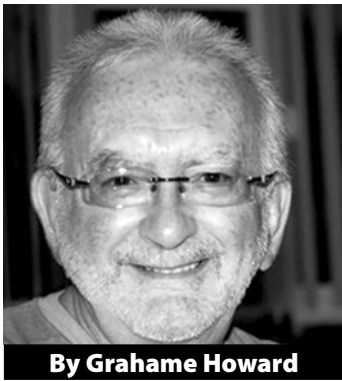
**From a local wildlife and bird rescuer to two young litter pickers, Weymouth Town Council**

Continued on page 13



Sue and Derek Double have been praised for their contribution to the Purbeck Mining Museum, near Norden, as they confirm their retirement.





**By Grahame Howard**

**Poet, Priest & Author**

**Hi there, I hope you're enjoying the sunshine (written early June). Well it's been a busy one where we have been busy in the garden (well, I've been busy under the supervision of the CO). Grass, hedges and borders have all received attention and, I am now replacing some glass panels in the greenhouse that got blown out in the last storm that we had. I needed to cut some glass but couldn't find my glass cutter.**

I asked the CO if she had seen it, and she told me that she had put it in a safe place. I asked her where but she couldn't remember. I wanted to say that she's always doing that, but I decided against this as I got 'the Look.' Therefore I bought a new one and it is now in my safe place.

I was strolling through Dorchester quite recently and found myself looking at the bronze statue of William Barnes outside St Peter's Church. This led me to do a little digging into his past. He was born in 1801 in the small village of Bagber not far from Sturminster Newton. The statue outside the church, shows him in clerical dress as he was often seen as he walked to his little school just a hundred yards away in South Street. Barnes was a learned man which included being a writer and poet, a priest, a mathematician, engraving artist and an inventor.

Barnes was the author of 800 poems, his most famous one being,

Linden Lea and even though a generation older, was friends with Thomas Hardy who admired his flair for the Dorset dialect, which Barnes loved writing in.

He worked in Dorchester as a solicitor's clerk between 1818 - 1823 before moving to Mere where he opened a school. This is where he started writing his poems in the Dorset dialect which was so loved. He also studied many languages. In 1835, after marrying a Dorchester girl - Julia Miles, he moved back to the county town where again, he created a school, firstly in Durngate Street and then on to South Street. After another short move in South Street, the school became a neighbour of an architect's practice in which Thomas Hardy was an apprentice.

In 1847 Barnes was ordained as a priest after taking a BD degree in Cambridge and after various curacies at Whitcombe Church. He eventually became rector of St Peter's Church in Winterborne Came. He served there until his death in 1886. Shortly before his death, he was visited by Thomas Hardy and a friend, Edward Grosse. In a letter, Grosse wrote that Barnes was dying as picturesquely as he lived: 'We found him in bed in his study, his face turned to the window, where the light came streaming in through flowering plants, his brown books on all sides of him save one, the wall behind him being hung with old green tapestry. He had a scarlet bedgown on, a kind of soft biretta of dark red wool on his head, from which his long white hair escaped on to the pillow; his grey beard, grown very long, upon his breast; his complexion, which you recollect as richly bronzed, has become blanched by keeping indoors, and is now waxily white where it is not waxily pink; the blue eyes, half shut, restless under languid lids.'

The Life of William Barnes (1887) by Leader Scott, p. 325, I have often photographed the

statue of William Barnes, not really knowing much about him. Also, I have spent much time along the narrow lane through Winterborne Came. It is brilliant for wildlife and photography, with sightings of deer, sparrow hawks, buzzards and the odd grouse. I have also been mesmerised by the hares boxing together along the road. It is a lovely part of the world, a little narrow for the car but worth it when you see an old Oak tree surrounded by RapeSeed. It makes the eyes pop.

Once, the CO and I were walking with our King Charles dog, Alfie who is no longer with us. We decided to walk around the huge Rape Seed field and Alfie decided he was going to investigate. He raced into the field and was gone for ages. The CO began to become anxious and went in there herself to try and find him. All I could see

was the Rape Field and the CO's head just popping out. After no joy, she came out of the field and then there was a loud rustling where we were and a deer shot out of there followed quickly by Alfie. He had obviously found this and wouldn't leave until it moved. It frightened us both but is a lovely memory of Alfie.

Well, summer continues and let's hope it continues to be a good one. After months of rain and heavy winds, it is so nice to be able to get out in shorts and t shirt. But, I feel I must remind you to shop early for Christmas. It's not far away now, those long queues are waiting for us and you'll thank me for reminding you, I know you will. Have a great July and I'll see you all again in August.

Grahame

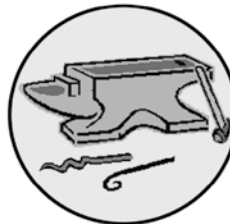
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## has announced the winners of the 2025 Mayor's Community Awards.

As one of his last public engagements during his term as Mayor, Cllr Jon Orrell presented the winners with certificates and thanked them for the tireless work they do for their communities. This took place during a presentation before the Council's Full Council meeting on Wednesday 14th May. The following residents received an award:

Sisters Alice, 8, and Sophia, 10, won an award for their services to the environment through their litter picks in Wyke. They go out in all weathers, without any prompting, which shows real commitment.

Dave Drage For many years, Dave has been a massive face of youth football in and around Weymouth going out of his way to coach kids from all ages. From taking training sessions, going to matches in the morning and afternoon encouraging all the time. Dave is described as 'a true footballing legend around the area and an absolutely lovely man in his own right.'

Denise Arthur Denise is a wonderful member of her local community. She is always the first person to visit and check on her elderly neighbours. She has strong relationships up and down the road, when emergencies strike, she visits people in hospital and ensures that family members are contacted. Despite the loss of her husband last year, she has not wavered in her consistent support of others.

John Collins, also known as 'Danny the Bike Man' has for many years restored bicycles and sold them to generate income for local charities.

Kallum Gethins Kallum received the award in recognition of his dedication to the Weymouth community. He has worked tirelessly to organise events that bring people together and support local causes. His passion and commitment to making a difference makes him highly deserving of this recognition.

Katherine Davis and Christopher Perrett Joint nomination for their work with Weymouth Park Run. Katherine and Christopher work relentlessly on their own time and without financial reward to make Park Run happen every week. Although there are other volunteers that help each week. Kath and Chris are the backbone of Weymouth parkrun. They are a shining

example of 'community heroes'.

Maggie Irvine Maggie is a long-standing committee member and volunteer at Littlemoor Community Centre as well as the food bank. Maggie also helps out her local neighbours and is always selfless putting others first.

Nicki Quinn Nicki is a local wildlife and bird rescuer. She is the go-to person when there is an animal or bird in need. Nicki dedicates her time to help eliminate suffering and ensure sick or needy creatures have the best possible outcome. She is an amazing, compassionate lady who truly cares for our precious wildlife and needs recognition for her many years of selfless work.

Rosemary Spicer Rosemary has, for the last 23 years, has been running a gentle exercise class for around 30 to 40 retirees on a voluntary basis. She is an inspiration to all she comes into contact with, and those in her weekly class benefit both physically and mentally from her gently stimulating sessions.

## New Mayor and Deputy Mayor of Weymouth elected

**Cllr Caroline Nickinson has been elected as the new Mayor of Weymouth during the Full Council meeting on Wednesday 15th May, with Cllr Thomas Taylor elected as Deputy Mayor.**

Outgoing Mayor Cllr Jon Orrell raised £1,290 at a recent fundraiser for his chosen charity The Lantern Trust and was congratulated for all his work in the role over the past year.

The commemorative Ken Isaacs rose bowl is presented each year to an organisation that has stood out for the Mayor, and Cllr Orrell chose Citizens Advice Central Dorset (Weymouth and Portland) for the valuable role they do in helping residents with various issues. Newly elected Mayor Cllr Nickinson thanked Councillors for their support and endorsement and announced that Weldmar Hospicecare will be her chosen charity during her term.

Other elections at Full Council included:

Cllr David Harris was elected as Council Leader, with Cllr Kate Wheller as Deputy Leader.

The following councillors were nominated to serve as Committee Chairs and will be confirmed

at the next respective committee meetings:

Cllr Matt Bell - Chair of Environment and Services Committee.

Cllr David Civil - Chair of Finance & Governance Committee.

Cllr Louise Bown - Chair of the HR Committee.

Cllr Peter Dickenson - Chair of the Planning & Licensing Advisory Committee.

Cllr Clare Williams - Chair of the Appeals Committee.

In addition, Cllr Joanna Dickenson continues in the Armed Forces Covenant Liaison role, and Cllr Tim Young as Rights of Way Liaison.

## Weymouth Central Beach Seaside Award

**Environmental charity Keep Britain Tidy has today announced the winners of the prestigious Seaside Awards for summer 2025, and among them is Weymouth Beach.**

Welcoming the news, Weymouth Town Council's Town Clerk, Jane Biscoombe, said: 'We are delighted to be awarded the prestigious Seaside Award for another year. Weymouth Beach is such a fantastic resource for our residents. And with its award-winning coastline and jam-packed programme of events, it brings visitors back to

our shores year on year. And as the town council for Weymouth, we are so proud to maintain this beautiful stretch of the Jurassic coast for all to enjoy'

Keep Britain Tidy's Chief Executive, Allison Ogden-Newton OBE said: 'In England we are lucky enough to have some of the best beaches in the world. It's wonderful to see the Seaside Award flag flying proudly over Weymouth Beach, demonstrating their quality to residents and visitors alike.

'The awards are a credit to the collective efforts of beach and site managers, volunteers, residents and businesses who should take pride today in their tireless efforts to maintain, protect and improve some of our best-loved and most popular spaces.'

The Seaside Awards are aimed at improving the quality of England's coastline and promoting the country's best beaches, celebrating the quality and diversity of the coast.

Among the criteria beaches are assessed against are:

Safety and services, such as first aid, lifeguards where necessary  
Environmental information including displaying details about local eco systems  
Environmental management, including litter and waste.

*News continued on page 16*

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^Care UK relative survey April & September 2024. Study operated by QRS Market Research, an independent survey agency.

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The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

## Normal Sunday worship in church

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9.00am Holy Trinity, Bincombe  
9.00am St Nicholas, Buckland Rippers (1st, 3rd)  
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)  
9.15am St Andrew's Church Rooms (1st)  
10.30am St Nicholas, Broadwey  
10.30am St Francis, Littlemoor  
10.30am St Osmund's, Osmington (1st, 2nd, 4th, 5th)  
10.30am St Laurence, Upwey  
4.00pm St Nicholas, Buckland Rippers (2nd, 4th)  
6.30pm St Francis, Littlemoor (4th) Celtic Prayer

## Weekday Worship

7.30pm Mon Evening Prayer/Compline St Francis'  
7.00pm Tues Together on Tuesday St Francis' Church  
7.30pm Tues Candlelight Service St Andrew's. Communion 1st Tuesdays  
12.45pm Tues Prayer Meeting St Francis'  
8.00am Thurs Morning Prayer St Francis'  
12.00pm Fri Prayer Meeting St Andrew's  
(For weekday services at St Nicholas see separate paragraph)

## PLACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

## Who's Who

### Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 [revjamesmenzies@outlook.com](mailto:revjamesmenzies@outlook.com) (day of rest Monday)

### Team Vicar

Rev'd Philip Elliott  
(Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadwey; St Nicholas, Buckland Rippers)  
The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 [weymouth.west.ridgeway.vicar@gmail.com](mailto:weymouth.west.ridgeway.vicar@gmail.com) (day of rest Monday)

### Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147 [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

## Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc (01305) 834866 [standrewsangels@hotmail.co.uk](mailto:standrewsangels@hotmail.co.uk)

## Hall Hire

St Andrew's Church Rooms, Preston,  
Shirley Mitchell (01305) 837147 [sachurchrooms4@gmail.com](mailto:sachurchrooms4@gmail.com)

St Francis' Community Room, Littlemoor  
Anne Field (01305) 832532 [anne\\_field@talk21.com](mailto:anne_field@talk21.com)

Mission Hall, Sutton Poyntz  
Maureen Morris (01305) 835533.

## Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset [prestonvillagehallweymouth@gmail.com](mailto:prestonvillagehallweymouth@gmail.com). 07742 636511.

## New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com) or 01305 837147.

## Ridgeway Churches Diary

### Tuesday 1st July

#### Knit & Natter

St Andrew's Church Rooms, Preston

Every 1st Tuesday 10am - 12pm  
St Francis' Church, Littlemoor  
Every Tuesday 10.30am-12pm

### Thursday 3rd July

#### Little Lambs Baby & Toddler Group

9.30am-11.30am  
Every Thursday. £1.50  
St Francis' Church, Littlemoor

### Saturday 12th July

#### Coffee, Cake & Chat

10am-12pm  
Every 2nd Saturday  
St Osmund's Church, Osmington  
£3 per head

### Monday 14th July

#### Angel's Lunch Club

12.30pm. Every 2nd Monday  
St Andrew's Church Rooms, Preston.

(Suggested donation of £7 per head)

Contact 01305 834866

### Friday 18th July

#### Osmington Lunch Club

12.15pm for 1.30pm  
Every 3rd Friday

# All Saints & St Edmunds Churches

## Rector. Rev'd John Mackenzie.

### [www.parishofwykeregis.org.uk](http://www.parishofwykeregis.org.uk)

You will find a warm welcome at our friendly and inclusive churches. All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road.

## All Saints Church DT4 9ES

The church is open daily for visitors and private prayer from 9.00am.

### Regular church services

Sundays  
8.00am Holy Communion BCP (said).  
First Sunday of the month 9.30am  
Café Church, with refreshments beforehand.

2nd, 3rd and 4th Sundays 9.30am  
Sung Holy Communion, followed by refreshments.

5th Sundays Joint Service with St Edmund's, location alternates between All Saints and St Edmunds churches.

### Morning Prayer

9.00am Tuesday - Friday.

9.30am Saturday.

Fridays

10.30am Holy Communion (said), followed by refreshments.

Osmington Village Hall, Shortlake Lane, Osmington

Contact: [francesgroves@btinternet.com](mailto:francesgroves@btinternet.com)

## Special Events

### Casterbridge Male Voice Choir & Friends

#### Saturday 21st June

7.30pm (Doors open at 7pm)  
St Andrew's Church Rooms, Preston. DT3 6BU

Come and listen and join in some of the songs from the 1940's as we look back to the end of WWII  
Licenced bar and nibbles .  
Flags provided! Tickets £15  
Please contact 01305 837147 or [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

## Village Market

### Saturday 2nd August

10am - 12.30pm. Variety of stalls and delicious refreshments  
St Andrew's Church Rooms, Preston. DT3 6BU

## Carrie Martin Concert

### Sunday 7th September 3pm

An afternoon of acoustic music  
Tickets £15 including tea/coffee & cake.

Tickets available from The Team Office

01305 837147 [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

## Coffee Mornings

10.00am - midday, third Saturday of the month (please see dates below).

### Livestream

Our 9.30am Sunday Holy Communion services are also livestreamed. An order of service is published each week so you can join in with the hymns and prayers. Connect via any of the following links.  
YouTube - [youtube.com/user/WykeRegisChurch/live](https://youtube.com/user/WykeRegisChurch/live)  
Facebook - <https://www.facebook.com/allsaintswykeregis>  
Parish website - [parishofwykeregis.org.uk/live](http://parishofwykeregis.org.uk/live)

## St Edmund's Church DT4 9HZ

### Sundays

11.00am Holy Communion with hymns, occasionally alternating with Service of the Word.

5th Sunday joint service with All Saints.

### Thursdays

1.00pm-3.00pm Little Saints Baby and Toddlers Group, during term time. Bring along your children,



grandchildren or Godchildren and meet up with others. All welcome. Contact Amy on 07397 805124 if you are interested and would like to know more.

#### Coffee Mornings

10.00am – midday, last Saturday of each month (please see dates below). Wyke Regis Parish works in our schools, as well as local charities and other organisations. We offer many opportunities for people of all ages to come together, such as Men's Breakfasts, walking groups, craft groups, in addition to opportunities to learn to sing and ring the bells, all of which help towards combatting loneliness and isolation.

#### Men's Breakfast at St Edmund's Church Hall

Fancy a chat over a full English Breakfast? (other options available) Every 2nd Saturday in the month 9.00am to 11.00am, next on 10th May. For more information and to book a place contact: info@parishofwykeregis.org.uk

#### Coffee Mornings

10.00am-midday, last Saturday of each month (please see dates below).

#### Hall Hire

Have an event you need a venue for? St Edmund's beautiful church hall is available for hire at very reasonable rates. Send enquiries to office@parishofwykeregis.org.uk, or contact Amy on 07397 805124 for more information.

Wyke Regis Parish works in our schools, as well as local charities and other organisations. We offer many opportunities for people of all ages to come together, such as Men's Breakfasts, walking groups, craft groups, as well as chances to learn to sing and ring the bells, all of which help towards combatting loneliness and isolation.

#### Live Local News

In addition to the livestream services at All Saints Church, the parish also runs a live local news programme at 6.00pm on Saturdays and a quiz at 7.30pm the same evening. These can be accessed using the livestream links above. If you want to get in touch, the parish contact number is 01305 784649 or email office@parishofwykeregis.org.uk

#### Regular parish activities

All welcome. Get in touch beforehand, or just come along and join in!

**Art Groups** – Contact Janet Hall on 01305 839737.

**Bell Ringing** – weekly practices for ringers of all ages. Contact Michael Dillistone on 01305 784902.

**Book Group** – Meets quarterly. Next meeting: Tuesday 5th August, 2.00pm, All Saints Church Churchyard Working Group – All Saints: 1st Tuesday in the month; St Edmunds: 3rd Tuesday in the month. If you're interested, please come along armed with gardening gloves and wellies!

**Choir Practice** – All Saints, 6.00pm on Friday. Contact Derek Griffin on 01305 772873.

**Circle of Friends Lunch** – Lynch Lane Garden Centre. 12.00pm, 1st Wednesday in the month. Next meeting 2nd July.

**Craft Group** – 10.00am on Thursdays at All Saints, fortnightly.

**Poetry Corner** – Meets quarterly. Next meeting: Tuesday 1st July, 2.00pm, All Saints Church. Theme: Childhood.

**Singing for Fun** – 3rd Tuesday in the month, 2.00pm, All Saints Church.

**Walking Group** – meets at Bin-leaves Green on Mondays at 10.00am.

#### Men's Breakfast at St Edmund's Church Hall

Fancy a chat over a full English Breakfast? (other options available)

Every 2nd Saturday in the month, 9.00am to 11.00am, next on 12th July. For more information and to book a place contact: office@parishofwykeregis.org.uk

#### Coming Events

##### All Saints

**Concert:** West Wycombe Community Choir 3.00pm, Saturday 28th June Buckinghamshire community choir singing 'anything from Bach to the Beatles, with lots in between!' Delicious cream tea to follow the concert. Entry £6.50. Book online or contact Alison Rimmer on 07984 370737.

#### Coffee Mornings

10.00am – midday, Saturday 21st June & 19th July  
All are welcome to join us for coffee, tea, home-made cakes, Fairtrade stall, books, music and for a catch up with friends old and new. Gluten free available.

#### St Edmund's Church Rose Queen Festival

1.00pm-4.00pm, Saturday 12th July, St Edmund's Church Hall  
A fun filled afternoon for all the family with stalls and games. Amberlight Majorettes; fancy dress competition for fairytale

characters (with a prize for every entrant); barbecue; afternoon teas; ice creams and children's activities.

#### Coffee Mornings

Saturday 28th June & 26th July

All are welcome to join us between 10.00am and 12 noon. Teas, coffees and home-made cakes (GF available). Books, CDs, jigsaw puzzles, and a chance to catch up with old friends and welcome new ones.

### Holy Trinity with St Nicholas Weymouth

#### The Harbourside Church

Trinity Road Weymouth DT4 8TJ

**Wednesdays 10.00am Said Eucharist**

**Sunday 8am** - Said Communion service (in the Lady Chapel)

**Sunday 10am** - Sung Communion service (in the main space)

**1st Sunday at 6.00pm** - Open Table - Inclusive service for LGBTQIA+ friends, families and allies (in the main space)

#### Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
	10.00am	The Holy Eucharist	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	Coffee Morning	Broadway
Fridays	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
	10.00am	The Angelus and Meditation	Broadway
Saturdays	8.45am	Morning Prayer	Broadway
	9.00am		

### Methodist Churches in Weymouth

**Minister: Rev Ruth Lowns-brough**

**Tel: 01305 820489**

**email: ruthlownsbrough59@hotmail.co.uk**

Churches are available for baptisms, marriages (including same sex marriages at Weymouth Bay) and funerals.

#### Sunday Morning Services

10.30am Chickerell, North Square, DT3 4DX

10.30am Lanehouse, Lynch Lane, DT4 9DL

10.30am Weymouth Bay, 32 Melcombe Avenue, DT4 7TH

Sunday Evening Services

6.30pm Weymouth Bay, normally 2nd Sunday in month.

Worship information is available at [www.dsw.church](http://www.dsw.church)

#### Church Activities

##### Chickerell

Craft and Chat – 1st and 3rd Wednesdays at 2.00pm

Craft and Sew – 2nd and 4th Fridays at 7.00pm

Coffee Morning – last Saturday in the month at 10.00am  
[chickerellmethodist@gmail.com](mailto:chickerellmethodist@gmail.com)

#### Weymouth Bay

##### Wednesday

10.00am Coffee Morning – all wel-

come, tea, coffee, cakes, books and jigsaws to borrow or swap  
10.30am Grace Notes, informal singing group for all abilities  
2.00pm CAMEO, women's group meets fortnightly  
5.00pm Miscellany Band for anyone who plays a musical instrument

#### Thursday

2.00pm Bible study Group

#### First Friday in the month

2.00pm Dementia Café for people with dementia and their carers

#### Last Saturday in the month

9.00am Garden Gang  
Rooms are available for hire, all enquiries to [weybay@yahoo.com](mailto:weybay@yahoo.com) or 01305 457510



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## Sutton Poyntz WI

**Our June Meeting started off a bit differently this month, because our speaker was running a bit**

late we decided to have the Business of the meeting first. After the Business was completed we had our usual cup of tea and a biscuit or two.

We then welcomed our Speaker Brian Bates who talked to us about the history of The Tolpuddle Martyrs. The Tolpuddle Martyrs were a group of six men led by George Loveless, two of whom were Methodist preachers, who got together in 1834 and formed a society to try to approach the Landowners in the area to persuade them to pay agricultural workers a decent wage. The Landowners had cut their wages and Dorset workers were the lowest paid in the Country at that time. Unfortunately for them it was against the law to form such a society and swear an oath of allegiance, so they were arrested and tried. The jury was made up mostly of Landowners in the area and their relatives, so they received an unfair trial sentenced to seven years and penal transportation to Australia. This caused an outcry around the country as it was thought of as a very harsh sentence and so in 1836 they were pardoned. There is today a Shelter in Tolpuddle erected in 1934 near to the Sycamore tree that the men used to meet under. A Rally is held every year in the third week of July and

features a parade, there have been many famous speakers at the Rally for instance Tony Benn and Billy Bragg. We thanked Brian for a most interesting talk then we closed the meeting as usual with our popular Raffle.

We have been asked by The Sutton Poyntz Society to join in with their quest to put on a Poppy display in the village, knitted, crocheted or made from felt Poppies are all welcome. Our members seemed keen on this idea and will attend the upcoming workshops. Our outing to Highclere Castle in July is getting ever nearer and we have a full coach, we are all looking forward to having a wonderful day in Downton Abbey! Fingers crossed for the weather! There is an outing to see the WOW show in November planned and an Autumn meal also planned. Next month on the 2nd July we will be having our quarterly Bring and Buy sale running alongside our meeting which is very popular with members and raises funds for The Women's Refuge, our chosen Charity.

Visitors are welcome.

*Val Dawe - President*

## Sunday Afternoon Music at St Andrews Church Rooms

**Listening to live music on a Sunday afternoon has proved to be a very popular and hugely suc-**

**cessful formula at St Andrews Church Rooms in Preston. Last month's latest event featured an unforgettable performance by our own local legend Ken Watkins. Each tune was delivered with his trademark wit and warm humour, making for a thoroughly entertaining experience. Charming the audience with a rich and electric mix of songs that were brought to life with an array of instruments- from guitars, banjos, his quirky banjolele and trusty ukulele. The event raised over £500 for the church to continue its valuable work in the community.**

Following the same format will see a welcome return visit to the venue of Carrie Martin on September 7th at 3.00pm. Some of her past performances have included appearing with Gordon Giltrap, Rick and Oliver Wakeman. Rick has described her talent as being "phenomenal" whilst legendary guitarist Gordon Giltrap who has been instrumental to Carrie's success has said "It's pretty obvious from the moment you hear Carrie Martin sing that she is an outstanding vocalist with passion in each breath. Don't be too side-tracked by that voice and stage persona and well crafted songs, because you might just miss the fact that she is a fine guitar player as well." Last September's event was a sell out and due to limited seating early booking is strongly recommended. Bookings, which must be made in advance, are priced at £15 that includes tea / coffee with delicious homemade cakes and scones. You are welcome to bring your own drinks, but please also bring your own glasses. Bookings can be made by contacting Shirley Mitchell, The Church Rooms, Preston DT3 6BU Telephone 01305 837147 on weekdays between 10.00 am and 2pm, by Email to; weymouth.ridgeway.team.office@gmail.com or by Telephoning Alex Sissons 07801 820722. Not only can we promise you a great afternoon you will also be helping in raising much needed funds for the church. We are looking forward to seeing you there.

## Report from Cllr Kate Wheller

**Rodwell and Wyke Regis (DC) and Wyke Regis North (WTC)**

I have mentioned the Dorset Local Plan so often I am sure you are all thoroughly tired of it. However, it is important so I don't apologise for

mentioning it again. We recognise that frequent consultations can be tedious and often confusing, coming as they do under many guises. This summer the consultation on the Local Plan for Dorset will be launched but will encompass a series of other issues on which Dorset Council invite your opinions and thoughts. Please do take part, a number of councillors and excellent staff have spent some years on this work and we really do value your feedback.

Portland and Weymouth Towns of Culture continues. Do watch out for the various events, there is bound to be something that will peak your interest. We are blessed with enormous talent locally Cllr Jon Orrell completed his very busy year as Mayor of Weymouth on Wednesday 14th May; my thanks to him on behalf of you all. He has represented us all very well. He has been an incredibly hard-working and popular Mayor. Cllr Caroline Nickinson was unanimously elected as the Weymouth Town Mayor for 2025/26 with Cllr Thomas Taylor as her deputy. Do welcome them, I am sure they will make a great team. If you would like the Mayor to attend your event contact the Mayors Secretary at the New Town Hall, Commercial Road.

This meeting was followed on Saturday 17th May by the Weymouth Community Expo at the Jubilee Clock. Incorporating the Annual Parish meeting it is an opportunity to present the annual report (a sort of State of the Nation!) and for any resident to ask questions and discuss issues with town council staff and councillors. The highlight for me is always the opportunity to talk to so many voluntary groups all on one site. We are so lucky here in Weymouth. We have a very diverse population keen to share their culture and their interest. We have such a range of volunteers, many listed on other pages of the Register; all sharing a strong voluntary service ethos. This weekend Weymouth Louviers Twinning Society welcome French guests to our town. The Society was formed over 60 years ago because two young girls became pen pals! What an old fashioned concept! but these friendships have been sustained and many members have been visiting Louviers and hosting French guests for many, many years. I have always been aware of the Society but became properly involved in 2014 when I was Mayor of W&PBC

*Continued on page 19*

## Weymouth Family Church

**14 Westham Road, Weymouth DT4 8NP. <http://weymouthfamilychurch.org.uk/>**

Weymouth Family Church is a loving, Christian fellowship that seeks to welcome all people into an environment where they can find out about Jesus.

We welcome everyone, irrespective of their background, life experience and stage in their faith journey. We believe the bible is the Word of God and that all are in need of the love, forgiveness and salvation that only Jesus can give. We provide bible study opportunities mid-week and also help to the local community through spiritual support, provision of meals and hosting various support groups. Church is not the building but the people, and we meet each week as follows:

**Sunday** 10.30am-12.00 Main meeting. At least twice a month, we share in the Lord's Supper, remembering what Jesus did for us on the cross and declaring it until He comes again, deepening our union with Him.

**Monday** 10.30am-12.00 Coffee morning with the opportunity to learn Makaton sign language, open to all.

**Tuesday** 7.00pm – 9.00pm. Craft evening. Join us for some craft activity and enjoy a chat and a cuppa.

**Thursday** 10.30am-12.00. Coffee morning, open to all.



An afternoon of acoustic music with

# Carrie Martin

St Andrews Church Rooms, Preston

**Sunday 7th September**

starting at 3pm raising funds for St Andrews Church

Having recently performed with her, Rick Wakeman describes her as being "phenomenal"



Tickets £15 including tea /coffee and homemade cakes or scones

For anything else bring your own drinks and glasses

Early booking recommended, due to limited seating

Advance bookings only. Payment please by cash or cheque.

Please contact Shirley Mitchell, The Church Rooms, Preston DT3 6BU.

01305 837147

on weekdays between 10.00 am and 2pm.

Email to: [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

or phone Alex Sissons 07801 820722

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## Feeling Better

Abigail Langstone - Wring

BSc, FETC, MAR.

[www.dorsetclinicalreflexology.co.uk](http://www.dorsetclinicalreflexology.co.uk)



### A Clinical Reflexology case study: Vestibular Migraine.

I was contacted by Mr A who had been referred to me, asking if I might help him manage a complex range of on-going symptoms. Aged in his sixties with a demanding and stressful job and following bereavements he began to experience sudden and fleeting feelings of unwellness and weakness.

Following many GP visits and blood tests that yielded no significant results, he was referred for further tests and numerous scans and consultations with a Hospital ENT consultant and a Neurologist. The result was a di-

agnosis of vestibular migraine. According to NHS Southampton University Hospital a vestibular migraine, or migrainous vertigo mainly presents with dizziness and/or balance symptoms that affects approximately 40% of migraine patients. Other symptoms may include weakness, nausea, vomiting, blurred vision, flashing lights, fatigue, irritability, difficulty concentrating, poor sleep. The exact cause of vestibular migraine is unclear however, research suggests vestibular migraines, like other migraine types, tend to run in families (genetic link).

According to Mersey Care NHS Foundation Trust some researchers believe that an imbalance of chemicals in the brain, such as serotonin, may contribute to the development of vestibular migraines. Other triggers include changes in female hormone levels

experienced at puberty, pregnancy and menopause and for some patients, environmental factors like weather changes, noisy overcrowded and unfamiliar settings, computer screens, lighting in supermarkets, shops etc. dehydration, motion sensitivity, tinnitus or sensitivity to sounds and a lack of Vitamin D. According to Healthline certain foods and drinks, such as caffeine, alcohol, processed foods, and aged cheeses can be a trigger. The most common triggers are stress, anxiety and fatigue. Keeping a diary will provide insight of frequency and intensity of episodes and may identify an individual's trigger.

At Mr A's initial appointment as with all new patients, a full case history was taken including past medical history, physical and emotional traumas and current prescribed medications. Collecting and recording this information is necessary to comply with my governing body professional code of conduct, illustrate best practice and guide treatment. We discussed treatment options and Mr A decided 'to give Clinical Reflexology a try'. During treatment Mr A shared the emotional stresses he had experienced in the last few years, his experiences of loss, and how his anxiety had worsened since diagnosis. I explained how when feeling anxious or stressed (shock/trauma), the hormones adrenalin and cortisol flood the system activating the sympathetic branch of the autonomic nervous system, blood is quickly diverted from the extremities (arms and legs) to the vital organs in the centre of the body in order to sustain life. Raising heart rate, blood pressure and pulse rate. Symptoms of weakness in the legs, shallow breathing, giddiness and light headedness, sweating, dry mouth, urgency of the bowel or bladder, nausea, vomiting, shaking and feeling faint are a some of the symptoms felt when experiencing the 'fight or flight' response.

The areas of sensitivity on Mr A's feet included the solar plexus (or celiac plexus, a nerve centre in the abdominal area responsible for normal function of abdominal organs) adrenal glands (or suprarenal glands found on the top of both kidneys responsible for adrenalin and cortisol production), muscles of the neck and shoulders and head area (cranial nerves). After treatment Mr A felt more relaxed, less tense in his neck and upper back, head clearer and breathing easier.

Next appointment Mr A. Feed-

back included that his legs had felt less weak when increasing his dog walking, improved sleep and benefit from treatment. He revisited his GP and medication dose had increased. Mr A continues with Clinical Reflexology noting that the days of feeling unwell have lessened, there have been few blips triggered by stress or anxiety. I have continued to focus treatment on calming and rebalancing the autonomic nervous system whilst supporting the somatic nervous system. We discussed the importance of diet and how by keeping a food diary, identified triggers can be eliminated and replaced with alternative foods. My conclusions drawn from many years of experience advising on elimination diets is chocolate, cheese, coffee, oranges, MSG and E numbers are the most frequently identified migraine triggers closely followed by pork and processed meats.

NHS Southampton Hospital website offers further dietary advice and suggests that the lack of food or irregular meals, dehydration, alcohol, caffeine and the food additives (monosodium glutamate, aspartame, tyramine or nitrates) as well as some sleeping tablets can also trigger a migraine. For more information visit: [www.vestibular-migraine.co.uk](http://www.vestibular-migraine.co.uk).

Supporting patients by listening and acknowledging their pain, concerns or worries, negotiating individual treatment pathways and working professionally using a skill set that includes Clinical Reflexology, Counselling, Nutritional Therapy and Homoeopathic prescribing to bring about change (mind/body/spirit) is the truly holistic approach of a complementary practitioner. If you suffer from migraine headaches or a range of symptoms that seem unconnected get in touch I may be able to help you to discover the link in your causal chain! Mr A 'I personally feel that the sessions are like a 3 in one for me. Treatment, informative and counselling all rolled into one really good and helpful'.

Fully qualified, insured, DBS checked over 30 years professional experience in Clinical Reflexology, Nutritional Therapy, Homoeopathy, Counselling.

Tel 01305784986

[abigailwring@btinternet.com](mailto:abigailwring@btinternet.com)

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Abigail Langstone-Wring BSC FETC MAR MFHT



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- Thursday 9.00 - 6.00
- Friday 9.00 - 6.00
- Saturday 8.30 - 1.30

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Preston, Weymouth

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and Louviers had just elected a new, young and dynamic Mayor. He is completely committed to the twinning movement and anxious for it to grow. This year a number of younger French Councillors and staff met with some society members and cultural leaders to discuss ways of strengthening our ties. If you lead a choir, perform in a band, are an artist or a sportsman and would be interested in extending your range across the channel we would love to hear from you. From small acorns large oaks grow. Perhaps you would like to be an artist in residence in Louviers? Or exhibit? Be part of a master class for french guests or help organise a sports tournament. No idea is silly, no idea is too small or too big. Get in touch. If none of that appeals and you just fancy a closer friendship across the Channel the Society meets once a month and hosts a number of social functions. Get in touch.

I continue to post on my Councillor Kate Wheller facebook page however if you wish to contact me please email [cllrkateheller@weymouthtowncouncil.gov.uk](mailto:cllrkateheller@weymouthtowncouncil.gov.uk), [cllrkate.wheller@dorsetcouncil.gov.uk](mailto:cllrkate.wheller@dorsetcouncil.gov.uk) or phone 07850 060947; you can leave a message. I do welcome your thoughts and comments and yes even your complaints. I rarely pick up on messenger. You are always likely to find me around the village and town, at the library, W.I. on the bus or at home. I will continue to attend the monthly coffee morning at All Saints Church, Portland Road, you will be most welcome to join me there to discuss any residents issues. I also try to attend Holy Trinity Church once a month and am happy to talk to your there.

Kate

Cllr Kate Wheller: Wyke North; Rodwell and Wyke - Leader - Labour Group;

Cllr Mike Sewry : Rodwell - [cllrkatesewry@weymouthtowncouncil.gov.uk](mailto:cllrkatesewry@weymouthtowncouncil.gov.uk)

Cllr Howard Atkinson : Melcombe Regis - [cllrhowardatkinson@weymouthtowncouncil.gov.uk](mailto:cllrhowardatkinson@weymouthtowncouncil.gov.uk)

Cllr Thomas Taylor : Wyke South - [cllrthomastaylor@weymouthtowncouncil.gov.uk](mailto:cllrthomastaylor@weymouthtowncouncil.gov.uk)

Cllr Paul Kimber : Portland - Dorset Council - [cllrpaul.kimber@dorsetcouncil.gov.uk](mailto:cllrpaul.kimber@dorsetcouncil.gov.uk)

You can contact Lloyds office [lloyd.hatton.mp@parliament.uk](mailto:lloyd.hatton.mp@parliament.uk) if you don't do emails write to PO

Box 9788, Weymouth, DT4 4JH w

### Weymouth Library Coming soon - the 2025 Summer Reading Challenge - Story Garden

The 2025 Summer Reading Challenge: Story Garden - Adventures in Nature and the Great Outdoors launches on the 5 July. This exciting new theme will inspire children to tap into a world of imagination through reading, exploring the magical connection between storytelling and nature.

The annual Summer Reading Challenge is delivered in partnership with public libraries across the UK, and it's free for children to take part. Throughout the summer, children joining 'Story Garden' can discover new books, par-

ticipate in free activities at their local library, and explore the link between reading and the great outdoors, where nature and imagination come together.

We will be sharing more about our exciting plans to bring Story Garden to libraries over the coming months.

### Discover Dorset's History - One Lunchtime at a time!

Dorset History Centre is excited to introduce From the Stacks, a new series of short lunchtime talks open to everyone. These sessions take place on the last Wednesday of each month and are designed to fit easily into your day, especially if you work nearby.

Each talk lasts between 15 and 30 minutes and offers a chance

to hear fascinating stories from Dorset's past. Whether you are a regular visitor or have never been to the History Centre before, these talks are a great way to learn something new and find out more about the work we do.

If you are curious about local history or just looking for something different to do on your lunch break, we would love to see you there.

No need to book - just drop in, bring your lunch if you like, and enjoy a slice of Dorset's history.

### Solar savings for Dorset's highways

We are feeling the benefit of the sun, after installing solar panels on our highways depots in Charminster, Ferndown and

Continued on page 20

**The Dorset Wrecks**  
**Sea-Song & Shanty Concert**  
**Saturday 19th July**  
7.30pm, doors open 7pm  
at  
**St Nicholas Church, Broadway, DT3 5DN**  
**£10 per person, cash preferable**


Proceeds to National Coastwatch, Portland Bill  
and St Nicholas Church Repair Fund



*Expect fun and wonderful songs and a Cash Bar*

To buy tickets in advance please contact  
**Susana on 07944617553**  
or [susanamalik@yahoo.com](mailto:susanamalik@yahoo.com)

**West Wycombe Chamber Choir**




**Summer Concert**

at  
**ALL SAINTS CHURCH, WYKE REGIS**  
**3:00 pm Saturday 28th June**  
*An afternoon of music celebrating the British Isles*  
followed by  
**Cream Teas**  
**West Wycombe Chamber Choir**  
**Musical Director Barry Hodgkinson**

Entry: £6.50 (under 16s free)  
Book now at [www.parishofwykeregis.org.uk/events](http://www.parishofwykeregis.org.uk/events)  
or contact Alison on 07984 370737

Parishofwykeregis.org.uk  
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**St Nicholas Lunch Club**  
**Second Tuesday of every month at**  
**St Nicholas Church, DT3 5DN**  
**11.30am - 2.30pm (Lunch served at 12)**  
*Please join us for a home cooked meal and make new friends*

**Board games and puzzles available**  
**Donations towards costs welcome**

For catering purposes and dietary requirements,  
please book in advance by contacting  
**Susana on 07944617553**  
or emailing [susanamalik@yahoo.com](mailto:susanamalik@yahoo.com)







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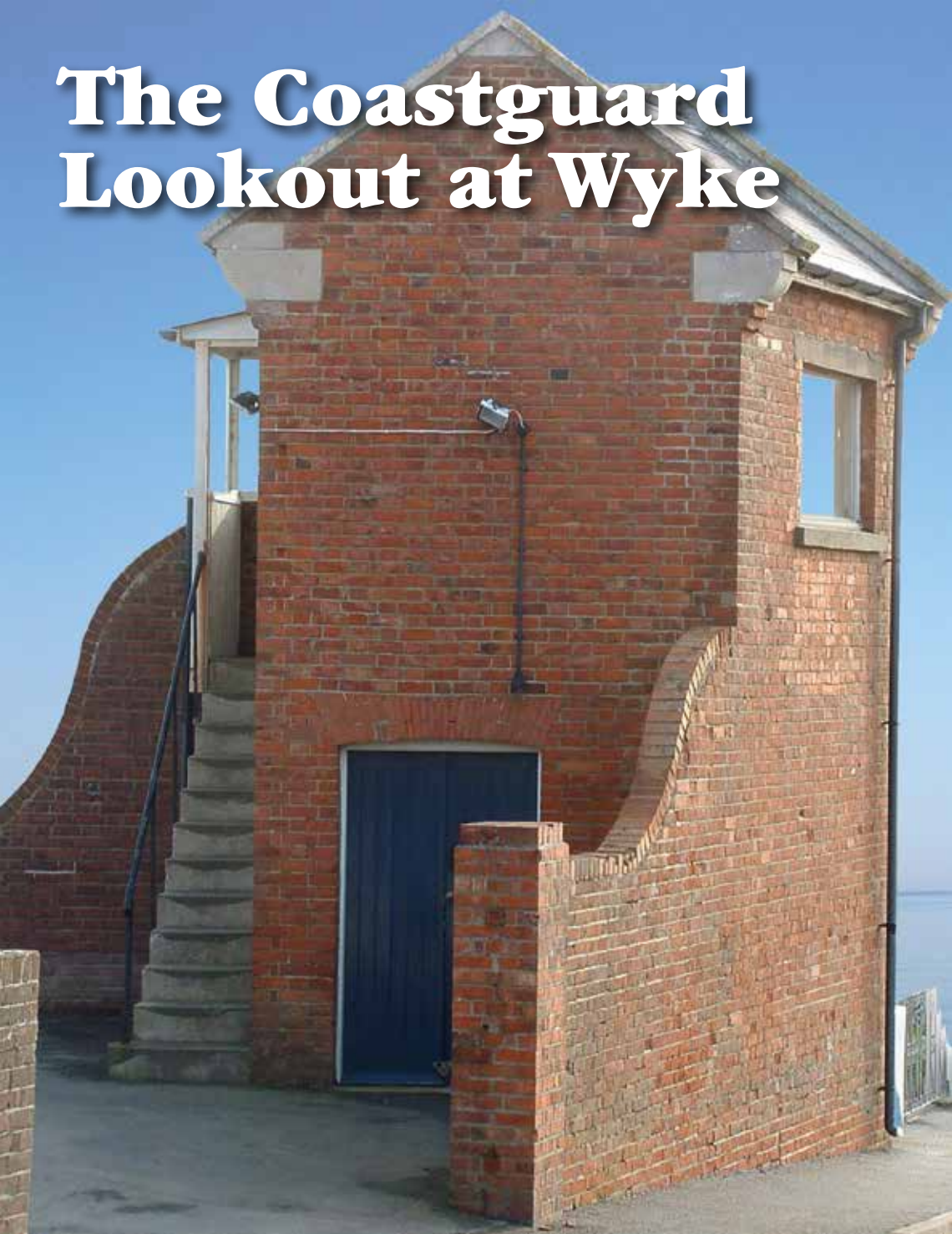
**Tea/coffee and delicious homemade cake**

**Every Thursday morning from 10.45am to 12 noon**  
(Helping to raise money for repairs to the church)



# The Coastguard Lookout at Wyke



## The former Coastguard's Lookout Tower, Westhill Road

**That splendid, uncompromising pile of brickwork presented on the cover of the March 2011 Wyke Register pleased me immensely – chiefly because Wyke came so close to losing it some years ago, and if it had not been for some fancy footwork by the Protection Society it would have been demolished and some pretty “town houses” (pretty horrible and out of place) built there instead.**

I cannot supply dates, but there must be a lot of people now who do not know the story. First of all,

*“...in 1886 the additional red brick houses were added along with the Coast Guard's lookout which gave a wide view of Lyme Bay and Portland Harbour.”*

The History of Wyke Regis by the late Doug Hollings

Trinity House no longer needed the lookout, and sold it. An enterprising pair decided to use the compound for a vehicle repair works, and rigged up lighting on the tower so that they could do this noisily at night, much to the annoyance of residents. Eventually I think the Council told them this was no place for a business of that nature, and it was sold on. The next we knew was that it was proposed to build the town houses mentioned above, and I remember seeing an architect's drawing of a row of houses with garages under, and balconies for owners to look out over Wyke Castle, Red Lane (“Pirates Lane”) and the

green fields of the Heritage Coast down to the Fleet and the sea beyond.

There are details of this story that I realise I do not remember, but the Protection Society tried in vain to get the lookout listed. I do not recall why its sale went back to Trinity House, but it did, and they put out a notice that prospective buyers should send in bids - with the money - for the property. One of the Protection Society's members, Ted McBride, had done some careful research on the lookout and discovered that it was the only example in England that had the coastguard cottages adjacent to a lookout, forming a complete

little complex. So, after some careful discussion, the Society decided to bid for it, although its own regulations did not permit it to own property. Accordingly, we made a derisory bid for it, which we guessed would be rejected, and sent it off to Trinity House with Ted's research papers. It cost the Society £10 for the Banker's Order accompanying the bid. As expected, this was refused, and so was the only other bid sent in. The Society's Treasurer restored the money to the Society's funds, and we heard no more – until the report of some visitors from London talking about the listed lookout. Nothing was said to the Society; obviously Trinity House had read and reacted, and had done just what we had hoped – listed the building, but not of course, the modern cabin built within the walled compound.

It was bought by a man involved in building ‘Spinnaker View’ alongside Asda. Then someone passed me word that the expression, “There are more ways than one of demolishing a listed building,” had been heard, and advised me to look round the back. So one evening I squeezed through the wire mesh frame put there to keep people out, and looked about. There is a door to the lookout, facing away from the road. It was wide open, and looking a little weatherworn. No wonder! From the gap between step and door-step a little tree was growing, an elderberry. I know elderberries grow quite quickly, but this one must have been there for more than a year. It was tall enough just to touch the lintel – probably six feet – and it looked very strong and healthy. I photographed it and sent the picture off to the Conservation Officer.

Not surprisingly the lookout came back on the market, and this time was bought by a sensible local. What intrigues me now about this tale is that so much happened behind the scenes, things that we were never told about. The Protection Society must have been cursed, praised, and cursed again, but we still have the lookout tower complementing Wyke Castle on Westhill Road, and all for the cost of a Bank Draught - £10. Well worth it.

*First published in the April 2011 edition of the Wyke Register and written by the late J Kane.*



## Wareham.

Since the installations in 2022, we have saved approximately £54,000 a year in energy costs and significantly reduced our highways team's carbon emissions.

The three schemes were part of a programme to install energy saving and renewable energy measures at over 200 council-owned sites over the course of a year. This was made possible thanks to £19 million from central government's Public Sector Decarbonisation Scheme.

Cllr Jon Andrews commented: "The installation of solar panels at our depots is a significant step towards a greener future for Dorset. Not only are we reducing our carbon footprint, but we are also making substantial savings on energy costs.

"Even with the relatively small solar panel installations at the three depots combined, we are generating enough energy to power the equivalent of 77 average-size homes a year.

"This renewable energy, which costs nothing to generate

at the three sites, is used to charge our equipment and growing electric vehicle fleet, and help power our buildings. "We are committed to helping build a greener, more sustainable future for our county and it is fantastic to see the positive impact these solar panels are having on our carbon footprint and the council's energy bills." To meet our carbon neutral target, Dorset Council needs to move away from using fossil fuels (like oil and gas) to heat and power its buildings by 2035.

To do this we need to improve the energy efficiency of our buildings, replace all oil and gas heating systems with low carbon alternatives, and generate any energy used from renewable sources.

Over 750,000 kilowatt hours (kWh) of electricity has been generated so far from the solar panels at the three depots. Excess energy generated by the solar arrays is fed back into the national electricity grid.



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# Organisations

## Accordian Club

Every Tuesday 7.30pm. St Ann's Schoolroom, Radipole Lane, Weymouth. £3.00 includes tea/coffee and biscuits. For more information please email or call Graham. gacrow1907@googlemail.com. 07733367065.

## Aquafit

Exercise in the water with a smile. Tuesday & Thursday mornings at Osprey Leisure Centre. All abilities welcome. Margaret on 01305832944 or 07977191547.

## Beachview Community Centre,

Beachview Close, Wyke Regis, DT4 9JA. My Place Dorset run a lunch club, every Friday from 12.00. Please call Michelle Wilson to pre book on 07920 428039.

## Baby and Toddler Group

0-4 years. St Edmunds Church Hall, Lanehouse Rocks Road, DT4 9HZ. 1.00pm-3.00pm during term time. Free fun, singing, crafts. Please contact Amy on 07397 805124 if you are interested.

## Blind & Partially Sighted

Wednesdays 1.30pm - 4.00pm Weymouth Community Safety Centre, Radipole Lane. Bingo/Excursions - Jenny Clift. 01305 787065.

## Breathe Well Weymouth

A support group for people with lung problems. Meet 2nd Wednesday of the month. 2.30pm - 4.30pm at The New Fire and Community Centre, Radipole Lane, Weymouth. Mike on 07792846463 or 01305 814600.

## Busy Bees

Friendly stitch and craft group meets alternate Thursday 2.00pm-4.00pm in Upwey. For more information contact Joy on 0774 230 5841.

## Community Angels

Volunteer Support- Do you need neighbourly help or could you volunteer to help someone? Please 'phone 01305 834866 for more information.

## The Cygnet Group

Third Saturday in the month, St Paul's Church Hall, Abbotsbury Road, 10.00am-12 noon. For more details Eve Hanney 01305 787220 or Joan Savage 01305 820668.

## C'Siders - Cancer Support Group

Regular meetings, activities and events for anyone affected by cancer. Find out more at csiders.org, search csiderswp on Facebook, email info@csiders.org or ring on 07392 935064..

## Dorchester and Weymouth Branch of Epilepsy Action

Coffee and Chat Meetings, Jacksons' Gallery in Fortunswell, Portland every second Thursday 10.30 - 11.30am. Suttons' Coffee Shop, St Albans St, Weymouth. On the 4th Thursday each month

## Dorset Kidney Fund

Support for Renal Patients through-

out Dorset and South Somerset. For help and information please call Diana Crowder on 01305 834954 or Sue Bithell on 01305 269293.

## Friends of Lodmoor Country Park

Aim to protect, maintain and improve the Park for all to enjoy. We have tree trails, gym equipment, a children's playground all free and we hold events such as Sparkle in the Park, table top sales and Pic-a-Book-Nic. Contact 01305 770772

## Friends of Weymouth Library

Supports and promotes our Library. Talks, socials, book sales, knit & natter and quizzes all raise money for Library activities. Membership £6 pa. Secretary 0781 213 9114. Library 01305 762410. friendsofweymouthlibrary.org.uk

## Hardy Quilters and Stitches

Meet on the second Monday of the month (not July or August) 9.30am to 12.30pm, St Francis of Assisi Hall Merredin Close Littlemoor DT3 6SB. Contact. chantaldavid1@gmail.com

## Island Voices Community Choir

Tuesdays 7.30pm - 9.30pm (in term-time. Peter Trim Hall, St George's Centre, Reforne, Portland. The first session is free and then £6 per week. Contact Anne for information linkusup9@gmail.com or 01305776328.

## Ladies Keep Fit

Exercise to music classes for the mature mover. We have a few vacancies at the Southill Community centre on Thursday mornings 9.45am till 10.45am. Please contact Linda 889119. Try the first class free.

## Ladies Social Badminton

Players needed for ladies badminton group. Friendly group, social games, not league. Meet Tuesdays at Redlands Sports Hub. Details Rosemary 01305 832456

## Lip Reading and Communication Skills

Mondays in school term time, 2pm - 3.30pm at the Frank Reynolds Community Centre, Dorchester Road, Weymouth, DT3 5BY (Broadway). Email. elizabeth.ian.messer@gmail.com

## Littlemoor Library

Tues 9.30am - 1.00pm.  
2.00pm - 5.00pm.  
Wednesday 2.00pm-5.00pm.  
Thursday 2.00pm - 6.30pm.  
Friday 2.00pm - 5.00pm.  
Saturday 9.30am - 12.30pm  
The library holds the following.  
Writing Group every Monday at 10.00am.  
Library Gets Lively Every Tuesday 11.15 - 12.00 noon.  
Reading Group on the second Wednesday in the month 10.30am - 11.30am.

## Mulberry Bush Pre-school

At St Andrew's School. Children. 2 years 9 months to school age. Contact jjones@standrews.dsat.org.uk

## Osmington Archery Club

We meet one afternoon a week in the Village Hall throughout the year. Sometimes in better weather in the summer we shoot on private ground at Milborne St Andrew. Please phone 01305 833460 for further details.

## Osmington Art Group

We meet each Thursday afternoon in term time at Osmington Village Hall from 2.00pm till 4.00pm. Bring your own art, whatever it is, and draw, paint, collage, in a relaxed atmosphere and pause for tea and cake or biscuits (and a natter), at half time. Phone Sheila 01305833150 or email sheilaedmonds@hotmail.com.

## Osmington Leisure

Table Tennis is held on Wednesday evenings (7.30pm - 9.30pm).

## Osmington Lunch Club

The club is now meeting on the third Friday of the month. A two course meal is available with a glass of wine for only £8.50. Guests arrive at Osmington Village Hall at 12.15 for lunch to be served at 12.30. To book a place phone Fran on 832430 or 07817825527.

## Osmington Village Hall

07387 118300 osmingtonhallbookings@gmail.com. www.osmingtonvillagehall.co.uk.

## Parish of Wyke Regis, All Saints with St Edmunds

All Saints, Portland Road, 01305 78464 info@parishofwykeregis.org.uk www.parishofwykeregis.org.uk  
Every Friday at All Saints. 10.30am Holy Communion followed by coffee.  
Sundays at All Saints. Possible 8.00am Said Holy Communion  
9.30am Sung Holy Communion. First Sunday in month - Café Church.  
St Edmund's, Lane House Rocks Road. Alternate weeks, Holy Communion or Service of the Word. 11am  
Mother and Toddlers at St Edmund's. 1pm - 3pm  
Please check our block of parish activities elsewhere in magazine.

## Pilates classes with Clair Myers

Every Thursday morning St Andrews Church Rooms, Preston 9.00 and 12.30 for beginners and advanced, men and women. cmpilates@live.co.uk

## Preston Pre-school

Where learning is fun, in a free flowing environment indoors and outdoors. Children from 2 years. Funded places available.  
Monday - Friday 8.45am to 2.45pm  
For more information, phone 07826515321, e-mail prestonpre-school@hotmail.co.uk or simply come and visit us during our opening times.

## Preston Table Tennis Club

Wednesdays 7.00pm and 9.00pm, Westfield School, Littlemoor Road. Contact Mick Hogan. E-mail. prestonttc@gmail.com

## Preston Pantomime Group

Meets every Wednesday, 7.30pm at Preston Village Hall. New members

welcome from age 14 upwards. Contact Julie on 832620.

## Portland Gig Rowing Club

Meet Osprey Quay for various rowing sessions during the week and weekends and are open to all from 11yrs and over. For more information, www.portlandgigrowingclub.co.uk

## Repair Cafe Weymouth

Volunteers repair broken items in return for a donation. Events are on the second Saturday of the month from 10.30am - 12.30pm, except July and August., The Top Club, Louviers Road, Littlemoor DT3 6AY with free car parking. www.repaircafeweymouth.org or 'Repair Cafe Weymouth' on Facebook. E.repaircafeweymouth@gmail.com.

## Scottish Country Dancing

Thursday 7.00pm September - May. New dancers welcome anytime. Southill Community Centre, Radipole Lane, Weymouth. DT4 9SF. Details from Judy on 833660 .

## Social Badminton Players Needed

Friendly groups, non league, Redlands Community and Leisure Centre. Ladies Doubles 10 to 11am Tuesdays Mixed Doubles 9 to 10.30am Fridays Details - Rosemary 01305 832456

## South Dorset Caledonian Society

Friendly Scottish Country Dancing including popular Ceilidh dances. Mondays, Preston Village Hall. 3.45pm - 5.45pm £3 inc Tea and Coffee. No partner required, wear soft shoes. Email frank@southdorsetcaledonians.org or phone Frank and Marilyn 01305 835075.

## South Dorset Radio Society

We meet on the second Friday of the month, Weymouth West Scout Hall, Granby Close, DT4 0SR from 7.30. www.HamRadioSouthDorset.com, E. stuartvanstone@btinternet.com

## South Dorset Ramblers Group

Guided walks for our members throughout Dorset, on Wednesdays, Saturdays, and Sundays. Taster walks available. www.ramblers.org.uk/go-walking/ramblers-groups/south-dorset-group

## Somerset and Dorset Family History Society

St Aldhelms Church Centre Spa Road on the 3rd Friday of the month talks commence at 2.30 pm, preceded by tea or coffee. John on 01305 776008.

## South Dorset Woodcarving Club

South Dorset Woodcarving Club Tuesdays, 7 - 9pm - Upwey Old School Hall, Church Lane, Upwey, DT3 5EQ Contact - Jen & Dave. 01305 771742 or Andy. 07739 020839. Find us on Facebook. email. southdorsetwoodcarvingclub8@gmail.com

## Southill Short Mat Bowls Club

Meet at Southill Community Centre, Radipole Lane, Mondays 2.00pm and Wednesdays 2.00pm & 7.00pm. First 3 lessons free, then £4 per session. Tuition given. www.southillsmbc.co.uk

## SSAFA

Pilgrim House, 1 Hope Street, Weymouth, DT4 8TU. (By appointment only). All enquiries to. 020 4566 9131.

## Start your Memoir Courses

Are you ready to write down your memories? Events of your life? What you know of your ancestors? Create a record of your life (or even a book) for your grandchildren and generations to come? To find out more, contact writer Sheena on sheenadearness51@gmail.com or 07875 842399.

## The Light Spiritualist Church

Preston Village Hall, Preston Road, Weymouth. DT3 6BH. Sunday Services 5.30pm for 6.00pm. Tel 07483 811516.

## Watercolour Art Classes

Thursdays, 1-3, Broadway and Upwey Memorial Hall. Starting September 7th. Call Jan 07746 871134 for more info.

## Weldmar Hospicecare Shops

Wyke Regis.- 82 Portland Road, Tel 788369. Open Mon - Sat 9am - 5pm. Weymouth -71 St Thomas Street. Tel. 783523. Open Mon - Sat 9am - 5pm. Sun 10am-4pm. 59, Great George Street. Open Mon - Sat 9am - 5pm. Tel 787825. 10 Hardwick Street. Tel. 777774. Mon - Sat 9.00am - 5.00pm Weymouth Outlet

Unit 11/12 Oxford Court, Granby Ind Estate, Weymouth DT4 9GH. Tel. 770760. Mon - Sat 9.00am - 5.00pm.

## Weymouth Art Group (WAG)

Meet Tuesday mornings Southill Community Centre. 9am till 12 noon. £2 refreshments available. Friendly group. All abilities. Non teaching, but occasional workshops. Contact Chair - carol.morrison7@icloud.com

## Weymouth Astronomy Club

7.30pm second Friday each month St Aldhelm's Church Centre, Spa Road, New members welcome. www.weymouthastronomy.co.uk

## Weymouth & Portland Branch, Fleet Air Arm Association

Welcomes serving and veteran members of the Fleet Air Arm. 7.30pm on the first Friday of the month at Weymouth & Melcombe Regis Working Mens Club, DT4 8BT. Contact branch secretary email. faaa.wpsecretary@outlook.com. Facebook "Weymouth & Portland Branch FAA Association" Website www.faaa.org.uk/

## Weymouth and Portland Sub-Aqua Club (BSAC)

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

## Weymouth Ind Evangelical Church

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm.

## Weymouth Carers Group

Meetings 11am to 1pm on the third Tuesday of the month, Bethany Hall, Westham Road, next to Wilko. For more information 07766 529297 and leave a message with contact details.

## Weymouth Choral Society

St Aldhelm's Church Centre, Spa Road, Monday 7.30 to 9.30pm during term time. You can join at any time of the year. www.weymouthchoralsociety.org info@weymouthchoralsociety.org. uk or Melodie on 07929 519973.pman

## Weymouth Drama Club

For adults and young people, meeting on various nights during the week.. For information contact Jacqui Trent on 07709601567 or curtainraisers7@gmail.com www.weymouthdramaclub.com

## Weymouth East Scout & Guide Groups

Beavers - Friday 5.30 - 6.30  
Cubs - Wednesday 6.30 - 8.00  
Scouts - Friday 7.00 - 9.00  
Explorers - Thursday 7.00 - 9.00  
Brownies - Thursday 5.00 - 6.15  
weymoutheastscouts@gmail.com

## Weymouth South Scout Group

Scout Hut - Ryland's Lane  
weymouthsouthgroup@gmail.com - volunteers welcome  
Waiting List - weymouthsouthwaitinglist@outlook.com  
Squirrels aged 4 to 6. Mon - 5.30 to 6.30pm  
Beavers aged 6 to 8. Wed - 5.30 to 6.45pm & Fri 6.00 to 7.15pm.  
Cubs aged 8 to 10½. Tue & Thur - 6.00 to 7.30pm.  
Scouts aged 10½ to 14½. Mon & Wed - 7.00 to 9.00pm.  
Explorers aged 14½ to 17, Tue & Thur 7.45 to 9.30pm.

## Weymouth and District Model Engineering Society

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickerell Road. Talks on Tuesday during Winter months. www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

## Weymouth Floral Design Group

New Venue Now Meeting at the Holy Trinity School, Cross Road, Weymouth. Doors open 7.15pm for 7.30pm start. Meetings held usually 3rd Thursday of the month (except August no meeting & Dec meeting on the 2nd Thursday).

## Whist and Military Whist Drive

Moonfleet Bowls Club, Knightsdale Road. Tuesday, start 2.00pm.

Further details on 784056.

## Whist Drive

Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

## Wyke Regis Horticultural Society

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm  
Annual Membership £10 may be taken out at our shop during opening times. www.wrhs.org.uk

## Wyke Regis Community Association

Email. wrca@btconnect.com  
www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook  
www.facebook.com/WykeRegisCommunityAssociation/

## Wyke Regis Library

Monday 12.00 noon - 6.00pm  
Wednesday 2.00pm - 5.00pm  
Thursday 10.00am - 1.00pm  
Friday 10.00am - 1.00pm  
Saturday 10.00am - 1.00pm  
Throughout each month, we also hold a number of free group events in the library.  
Scrabble - the 1st Monday of every month - 2.00 - 4.00.  
Knit and Natter - the 2nd and 4th Monday of every month - 2.00 - 4.00.  
All ages Chess - Mondays - 4.15 - 5.45.  
Rhyme Time - Wednesdays - 2.15-2.45.  
Lego Club - Wednesdays - 3.15 - 4.15.  
Cuppa and Company - Thursdays - 10.30 - 12.30.  
Reading Friends - the 2nd Friday of every month - 10.30 - 12.30.  
Learn to Crochet - every Saturday - 11.15 - 12.45.

## Wyke Regis Pre-School

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

## Wyke Regis Medical

Portland Road, Wyke Regis - 782226  
Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

## Wyke Regis Nursery

Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qualified teachers). Nursery housed within Wyke Regis Infant School. Monday - Friday 8.45am - 3.15pm. Term time only. From 3 years. For more information tel. 01305 782470 or email us at info@wykeregisfed.dorset.sch.uk

## Wyke Regis Society

www.wykeregissociety.org.uk  
Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or georgina.skipper@gmail.com

## Wyke Ukedelics

Non-profit group of musicians who gig to keep our members and equipment from wear and tear, available for functions. Dave 07980 32221 or Clare 07837 307932.

## Wyke Regis WI

General meetings are at 2pm on the second Thursday of the month at the WI Hall, Gallwey Road, DT49AJ. The various interest groups meet at regular times during the month, details on our website. For more information contact us. 07719312901. Email. secretary@wykeregiswi.org.uk  
www.facebook.com/wykeregiswi  
www.wykeregiswi.org.uk

## Yoga

Sutton Poyntz. Small groups at our home studio on Tuesday, Wednesday and Friday mornings. Also Chair Yoga (a standing and seated practice) at the Mission Hall on Wednesday mornings. Contact Isabelle on 07970 772963 and Lea on 07973 268836.

## Yoga JAX

Thursday mornings 10.30 - 11.30 Hope Redemer Church, Trinity Street, off Hope Square, Weymouth. Basic Vinyasa yoga, gentle, restoring, traditional. Phone 07543 627944.

## My Life through Music with Roger James

In last month's edition we featured an article with Roger. It told the story of him being born at the end of the 2nd World War and being a very sick child was not expected to live.

Throughout his life he has found salvation through music leading for him to become a drummer in a local band before becoming an acclaimed singer. He has recently released his autobiography entitled Behind the Face.

Unfortunately the link to read his book was shown incorrectly. It can be read FREE by following the link:- <https://jollyrroger.substack.com>



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