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Magazine

Issue No 415 November 2026



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*Front cover: Restored locomotive
T3 No 563 at Swanage Station
Photo: Iain Ross*

stalls, raffles and the opportunity to enjoy a lunch of soup, bread roll, apple pie and cream followed by tea or coffee.

A warm welcome awaits all at the Monthly Coffee Morning on 4th November, 10.00am - 12 noon.

The Wyke Regis Society Minutes of the bi-monthly meeting held 7.00pm Tuesday 9th September at Wyke Regis Working Men's Club, Portland Road.

Next meeting: Tuesday 11th November at 7.00pm

Contact Georgina Skipper,
georgina.skipper@gmail.com or
01305 761993

Minutes of the last meeting: read to be correct.

Chairperson's Report -

Residents needed to go to Dorset Council website to register their views on their plans for the future of the Dorset National Landscape by 22nd September. I have to warn you that at the scale available on the PDF online it is difficult to see details. You may have need a big screen!

I here have to admit my confusion over the fact that as far as I can see, the area all round the proposed incinerator is shown as Special Area of Conservation, although the actual site is not. How has this not been taken into account in the planning application rigmarole? And how is it helpful to produce 55 pages on policy and not to be able to solve the Pirates Lane problem?

It's disappointing to learn that, after denials, one of the barge dwellers has been convicted of sexual

assault. Most refugees seem to be young males, and more likely to be causing problems like this.

Mail in Wyke has again become horrific. I had no mail for two weeks and then 12 items, some of which were duplicates for magazines not received the previous week, one of which was marked First Class and took 6 days to arrive. Weymouth office, which now only opens 8 - 10am, is 13 staff down. The Royal Mail's new owner's asset-stripping is evident.

I have corresponded with a resident, not a member, who was concerned about dog poo, who needs to contact Dorset Council street cleaners or their dog warden.

Dorset Greener Homes held open houses 20th - 28th September, showing interesting ways of making your house more eco.

It looks like Sandsfoot Castle has been abandoned to time, there will be no shoring up and now it seems the bridge will be removed. Nigel Stevens now reports that the gullies in Broadmeadow Road have been cleaned - by him, as the council reported that there was no need. In time for the torrential rain at the end of August! Congratulations, Nigel.

Wyke Clinic

The CQC report, circulated to members last month, appears happy to accept the in-clinic satisfaction forms. This of course ignores the large majority of patients forced to accept online or telephone consultations, or to go to Weymouth MIU or 111. They classify it as 'good' in effective, caring and responsive, the only warning was the lack of clarity over the

News

Wyke Christmas Fayre Christmas will shortly be upon us. Wyke Christmas Fayre is on Sunday 7th December from 11.30am to 4.30pm.

There will be plenty of stalls around the Square, in the Memorial Hall and in the Social Club Skittle Alley. Come and meet Father Christmas. Have your little pooch take part in the Best Dressed Dog competition.

Take part yourself with the Best Dressed House or create an artwork to have in your window (together with the Wyke Winter Art Trail). Whatever you fancy, come along and enjoy the entertainment with the choirs singing and bells ringing.

Wyke Regis WI

The Singers recently presented two evenings of magical music with their concert 'Magic Moments'. The pianist was Jo Simpson and the conductor Hilary Giles.

Craft, preserves, art and plants were among item for sale at the recent Craft and Produce Fair as well as coffee and Wyke Regis WI's

well received home made cakes. A recent speaker introduced members to Sound Yoga, a new concept for many.

A date for your diary....an Autumn Fayre will be held in the WI Hall on Thursday 20th November with



Wyke Regis WI singers

change in management/ownership and attendant problems with safety. More alarmingly, Wyke Clinic is appealing the report's findings. I have written to our MP, Lloyd Hatton, regarding the Wyke Clinic problems but have had no response. Ditto Dorset Echo. Weymouth and Lyme Bays water quality – no response from MP Lloyd Hatton.

Councillors' Reports

Clrs Nickinson and Toft attended the meeting and responded to the issues brought up in the meeting. There was interesting information on the Local Plan for houses in Wyke and Chickerell. An extra 150 homes could be built in Wyke. Areas in consideration are Land at LA/WEYM/021 Mountbatten Close(40), LA/WEYM/024 Land at Lanehouse Rocks Road (100), LA/CHIC/011 Former Training Camp (30), and LA/CHIC/016-017 Land at Mandeville Road (48). It seems that the Council is trying to cover every little space we have with houses. There is little thought for the infrastructure, schools, jobs, and doctors' surgeries, that are already at breaking point. Residents' comments on Transport Plan and Local Plan consultations are open until 13th October on the Dorset Council website (I have failed to attach the plan on page 450) (search consultation.dorset-council.gov.uk).

All Saints Church

The Church gardeners have been busy keeping the garden tidy. Parks Department have cut the grass and the church gardeners have raked the grass ready for the

new wild flowers. The clearing of brambles and ivy from around the perimeter of the churchyard and around headstones is an ongoing job. The small team of church gardeners meet in the morning on the first Tuesday of each month to maintain the area around All Saints Church. If you feel like a bit of wildlife gardening feel free to come along. If you have any garden tools that you no longer require the Church is always in need of them.

Wyke Square

The Wyke Christmas Fayre is still taking bookings for this year. We have not heard if anyone has taken on the organisation of Carols in the Square; they were looking for a new team to run the event this year. The Wyke Society along with one resident have renewed the compost in two of the planters in the Square, the Parks Dept have given the Society some Alstroemeria to go in the pots but they need the soil renewed. There has been no response to a request for a working party to upgrade these planters. The Green Spaces Fund was mentioned, but the Chair cannot find any details on government website as to how this is managed. A local window cleaner has offered to help with the watering.

Parks and Open Spaces

The newly planted hedge on the Little Green is growing okay but been put back by the hot weather. The fence between the Green and the car park is now in a poor state. A resident has offered to repair the fence if funds are available for the products. The fence is the

responsibility of the residents in Lymes Close and the Square. Parks Department are now cutting the grass on the Green every 4 weeks. A new tree will be planted in the autumn. An area near the top of the Green will be left for wild flowers and a wildlife highway. Many residents want more wild areas for wildlife and it is difficult for the Parks Department to always get it right for everyone.

The Society has contacted the War Memorials Trust to see if we can have the memorial cleaned. It has also been suggested that a metal tape attached to the Memorial would hold the wreaths in place. The War Memorials Trust has not replied to our letter. There will be a service at the War Memorial on Portland Road on the 9th November; all are welcome.

Planning

Planning for the change of use of the Methodist Hall on Portland Road has gone through, despite the lack of access for building work. The application is for 6 flats, 4 one-bedroom and 2 two-bedroom. There are reports that the development is being sold on already.

Footpaths and Highways

The footpath across Curtis Fields is

now impassable. Councillor Taylor has offered to take up this problem with the footpath officer. He has not come back to us on this and we will approach him again for information.

The problem with the overhanging shrubs and weeds along All Saints Road has been reported to Highways. Part of it is private property and not the responsibility of Highways; the part by the Church wall is Highways. The Church gardeners were willing to clear this but were warned off due to working on the Highway which is a Health and Safety problem. If any residents notice worn or illegible road markings they can contact the Highways Dept.

The Society has reported paving along the top of Portland Road and other areas in Wyke where the weeds and soil are encroaching on the footpath. Ferrybridge footpath is now accessible. The footpath off Portland Road at the back of Lyndale is in a poor state, some of it has been cleared but there is a problem with dumped garden rubbish. The footpath from Westhill Road to High Street has been partially cleared but Beryl bikes are being abandoned in the area and in alleyways. The Society are

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News

Continued from page 3

trying to find out how to report these abandoned bikes. Sacks of rubble that have been left on the green in Shrubbery Lane have been reported to the Council 'fly tipping' team.

There is still concern over the area on Portland Road at the Tesco pedestrian traffic lights. Cars are using the red light to exit Tesco.

This is a dangerous area especially during school finishing times. Resiting the lights or making the entrance and exit 'no right turn' have been suggested.

Gallwey Road residents are still struggling with large vehicles and caravans using their road and getting stuck or damaging cars. We have asked for the kerb at both

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ends of the road to be extended into the road to give the indication that the road is narrow. Cllr Webb has been mitigating signage and lineage in Shrubbery Lane.

Please report all incidents and small accidents so that an incident report can be made up of the problem areas.

Anti-social behaviour: Dog fouling in the area is a constant nuisance. Please report to Dorset Council dog warden any person you see not picking up after their dog. Residents not picking up after

Continued on page 7

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their dogs on the little green have been noticed. Putting out food for seagulls is another problem in the area, please consider your neighbours. A resident has been seen throwing food down for gulls in Wyke Square This can be reported to Dorset Environmental Health.

AOB:

An application to turn the unused building in Wyke Gardens into a small art studio is still ongoing. There has been no other interest in the building so the Council should move forward with this. It has been reported that caravans have been taken on to land at the bottom of Pirates Lane. The Council are aware of this problem. The Society will try to get some information as to the cause of the fire that recently ripped through the fields at the bottom of Pirates Lane. It is reported that the fire service trucks couldn't get into a good position to deal with it. Complaints have been put to the Transport Plan, calling for a bus service to be reinstated on Wyke Road and Lanehouse Rocks Road. Chickerell Camp is reportedly now empty. The Social Club on Chamberlaine Road has applied for a music licence all weekend, which will affect residents nearby if there is no noise level cutout.

Meeting closed at 8.45pm, next meeting will be 11th November 2025 at 7pm.

Wyke Regis Horticultural Society

Onion sets and garlic bulbs are now in stock at the Trading Post. Tickets are on sale there for our Christmas raffle to raise money for our roof repairs.

Please note that we will only be open on Saturdays throughout November and December, NOT Wednesdays..

The Trading Post in Rylands Lane will be open on Saturdays from 9.30am to 12.30pm. Membership is £10 per year but anyone joining now will pay £5 for the remainder of the Financial year. For more information email enquiries@wrhs.org.uk or call 01305 602137.

Overcombe WI

Overcombe WI have had a busy few months with an afternoon tea in August and a chance to try Greek Dancing in September.

October saw a talk on the origins of Halloween and our members have been busy knitting poppies for several local projects. Looking forward, we have our annual Christmas Fayre at St Andrews Church rooms on Tuesday 25th November for which preparations are well underway. We hope to see some of you there. If you have any questions or comments we'd love to hear from you. Drop us an email at overcombe-wi@gmail.com

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on Facebook: The Osmington Society.

Sutton Poyntz WI

As our leader Val Dawe was in Lake Como enjoying the sun, we carried on regardless. Our October speaker was Brigadier Jeff Little who last year gave a wonderful talk about the Portland Spy Ring, which was a hard act to follow.

This year's topic was the Battle of Britain and member's were not disappointed with Jeff's presentation and humour. This was the 85th anniversary of a military campaign in which the Royal Air Force (RAF) and the Fleet Air Arm (FAA) of the Royal Navy defended the UK against large-scale attacks by Nazi Germany's air force, the Luftwaffe. It was an important battle which saw the end of chivalry in warfare and the start of strategic bombing. This was the first battle in WW2 which the Nazi's lost and if they had won that battle, the UK would have been open to invasion. It's not often that a meeting runs over time but the members were reluctant to let Jeff go due to the amount of interesting questions and answers.

Members are looking forward to our Autumn Workshop making

lovely table decorations with autumnal colours on 15th October, our Autumn Lunch at the Sun Inn Lower Burton on 21st October and congratulations to our quiz team who made it through to the final. Our October Bring & Buy consisting of jams, chutneys and other goodies raised £31.40 for our charity the Women's Refuge.

Susie Marner Secretary

Christmas Fayre

Christmas Fayre at Weymouth Bay Methodist Church, DT4 7TH on Saturday 8th November 10.00am - 2.00pm, free entry.
Various stalls. Coffee bar. Supporting Weymouth Shelter Bus.

National Trust South Dorset Association

Thursday 20th November at 2.30pm 'Dorchester Archaeology' a talk by Steve Wallis. Senior Archaeologist, Dorset Council. Presented by the National Trust South Dorset Association.
St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW.
NTSDA members £4, visitors £5.

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Not everything everywhere seems to be going as well as it might at the moment. It would be fair to say that most Senior Citizens will have seen better times, both world-wide and personally. We can't do too much about global events, and advancing years bring their own problems.

Having said that, it doesn't do to dwell on these, for as oft reported, my dear old Yorkshire mum used to say when people voiced miserable thoughts 'It's being so cheerful keeps us going'. And she was right, for there is always someone who will identify a major problem and work tirelessly to help solve it. Yeah, right! As a classic example, consider avocados. These have been the subject of many emails from Mrs Barnacle of Wyke over the years, all of which I have diligently read, researched and considered in depth. Or to put it another way, ignored. But please don't tell her that. Luckily, she is so busy writing emails that sometimes she doesn't have time to read Over the Hill. Which means you are sometimes on your own. But I digress.

It does appear that she is not the only person who has difficulties with avocados. And before another tsunami of emails powers its way towards me, the plural of avocado is either avocados or avocadoes. Both are considered correct and acceptable. However, good luck with telling that to my spell checker or Mrs Barnacle. But I digress again. The knight in shining armour in this case is none other than the retail giant Tesco. But what is the problem they have solved, some non-avocado eaters will be asking? A serious trigger warning here. Some of the following deals with ill treatment of a fruit – definitely NOT a vegetable – with graphic descriptions of violence. So read no further if you are of a nervous disposition or indeed have better things to do.

Those who purchase some of the eight million avocados sold every day are divided into two camps. Those who smash them to spread on toast and those who slice them to add to salads. My In-house Adviser is of the former persuasion, and we have had many conversations where I try to persuade

her not to be so violent, but so far without success. Those who smash need a squishy fruit, those who slice prefer a firmer one. Until the Tesco breakthrough, not quite comparable with the discovery of Penicillin, but close, there was no way to tell whether an avocado was smashable or sliceable. The TARC (Tesco Avocado Ripeness Checker) is a machine which uses ultraviolet technology to scan the fruit in seconds and tell you – not me, because I don't need to know – its interior state. Who said science doesn't do anything for us? Unfortunately, the machines are only presently installed in five stores, the closest to us being in Salisbury. Which isn't good enough. Write to your MP and demand parity with Salisbury. Perhaps they could install them in all those redundant red phone boxes, alongside the books, plants and defibrillators?

But scientific research can lead to other improvements in our daily lives. You probably noticed the paper published in a recent Royal Society Open Science journal entitled 'Bayesian reinforcement learning models reveal how great-tailed grackles improve their behavioural flexibility in serial reversal learning experiments'. Mrs Barnacle certainly did, for she is quite a fan of great-tailed grackles. I will not insult your intelligence by writing that great-tailed grackles are the official birds of Cartagena de Indias, a Colombian city, and many monuments and artistic works have been created there in honour of its intelligence and adaptability – you already knew that. Dr Corina Logan of Cambridge University carried out the research which led to the report, and I have studied it at great length without understanding most of it. However, it is my conclusion, and mine alone, that it proves without doubt that it would be beneficial to replace each of our current MPs with a long-tailed grackle, thereby increasing the IQ level of Parliament and improving any decisions made. And it would be cheaper as they would be satisfied with bird seed for lunch. Just for once, Mrs Barnacle agrees with me. If you would like more information I can put you in touch with her. But I di-

gress yet again.

In the words of an old radio joke once banned by the BBC 'winter draws on' and our clocks will have to be altered soon. My In-house Adviser insists that the way to remember whether this is to gain an hour or lose an hour is 'Spring forward, Fall back'. But as I pointed out, with impeccable Welsh logic, you can equally well say 'Spring back, Fall forward'. Her stock response to this is 'Now you are just being silly', which is difficult to argue against. Anyway, in cold weather, the wisest thing to do is nothing, which is something we humans are not good at, though it does become easier the older we get. Only three UK mammals hibernate – bats, dormice and hedgehogs. Many other animals slow down, which I find difficult as my usual state is pretty slow anyway. But hibernation has dan-

gers. When asleep you can't fight off predators, like spammers, and lowers the heart rate which can stop altogether with a shock, such as winning the lottery. What we should do is act like the water vole in winter. They collect and store food, become more sociable and gather in one burrow. Eating the stored food, sharing company and body warmth they do as little as possible and spend a lot of time asleep. It is a very attractive option and one for which Senior Citizens are ideally suited. And all without having to worry about the state of avocados (or avocadoes), great-tailed grackles or Strictly Come Dancing. Perhaps Dr Logan should publish a research paper on the intelligence and adaptability of water voles and how best to copy them.



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Includes refreshments, no need to book in advance.

Family History Society The November meeting of the South Dorset group of the Somerset & Dorset Family History Society will take place on Friday the 21st of the month.

It will be a humorous look at advertising styles from the past given by Bruce Upton entitled 'Adverts From Bygone Days' As usual, it will be held at St, Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW, with the talk starting at 2.30pm preceded by tea or coffee.

Admission is £2 for members and £3 for non-members. Please note there will be no meeting in December.

Weymouth Concert Brass

After a very enjoyable and entertaining 'Last Night of the Proms' evening at Weymouth Bay Methodist Church on 27th September, the band's focus now shifts to Remembrance Sunday on 9th November when

we will be playing for the traditional Service of Remembrance at the Portland Cenotaph.

Following that, we will begin our preparations for the Christmas season - always a busy time of year for the band, and this year will be no exception!

As ever, the band is always keen to hear from prospective new players. We normally meet once a week on Thursday evenings at St Edmund's Church Hall, Lanehouse Rocks Road.

To get in touch, or for further information, contact us at weymouthconcertbrass@gmail.com, or find us on Facebook or X.

Friends of Lodmoor Country Park

Friends of Lodmoor Country Park Weymouth held a nature walk hosted by Bob Ford on Tuesday 16th September. It was very well attended and was extremely interesting and informative.

Bob pointed out the various tree species both native and non native and we heard a woodpecker and chiff-chaff and saw a few swallows and geese fly by.

Wyke Christmas Street Fayre

Sunday 7th December 2025

11.30 – 4.30 pm Free Entry

Old Wyke Square, Chamberlaine Road, the Memorial Hall and in the Wyke Regis Social Club



Come along and enjoy the fun!

We have plenty of stalls for all to enjoy
Bells ringing, Choirs singing

Meet Father Christmas – in the Club Skittle Alley

Best Dressed Dog Competition

Best Dressed House in the Village Competition

Join in the Wyke Winter Art Trail,
by creating a Christmas Artwork in your Window

Hunt the Christmas Elf

Christmas Raffle – 4pm in the Square

**Kick start the Christmas celebrations,
supporting local good causes.**

Hedgehog Hibernation

When do hedgehogs hibernate? Due to our much warmer winters, the answer is: Later than previous decades, often well into December, if they hibernate at all.

Hibernation is hazardous for hedgehogs. It is an energy conservation strategy to get through a period of food scarcity, probably triggered by shorter days and night temperatures consistently below 5-7°C. Their precious autumn fat reserves enable hedgehogs to survive a prolonged period of torpor when their bodily functions slow right down: Body temperature falls from 35°C to 7-10°C, respiration of 25-30 breaths per minute becomes less than 10, and pulse rate reduces from 200-280 bpm to 2-48 bpm. Hedgehogs may wake several times during the winter months and often move nests, using up precious energy reserves.

So how can you help hedgehogs through the winter?

Most importantly, offer food and water all winter if you can. This helps them build up fat reserves, and provides nourishment when they rouse during hibernation.

Act immediately to rescue hedgehogs of any size seen out in the day

According to recent research, healthy young hedgehogs over 450g (larger mango) and seen only at night survive hibernation as well as larger animals.

Small late-born hoglets (Autumn juveniles) are best left to feed naturally in the wild as long as possible, and only rescued if smaller than 450g when night temperatures drop to 5°C (mid-late November)

Call Hedgehog Friendly Portland if you have any concerns.

Jo Morland, Hedgehog Friendly Portland, 07815 012163 and on Facebook

Fairbridge Trust Spreading Awareness of Fair Trade

With falling leaves and shorter days, autumn has definitely arrived but it has brought with it more community events and opportunities for us to raise awareness of our shop and fair trade. In October each year the Thomas Fowell Buxton Society hold a meeting to honour Black History Month and invite us to take a stall along which is always very well supported.

We are then taking part in the Community Spirit Exhibition to be held at All Saints Church, Wyke Regis from Monday 3rd to Saturday 8th November. You can find more details of this event in the Church News Section of this magazine or check their Facebook page for updates @theparishofwykeregis. Like most churches in Weymouth, All Saints is a registered Fairtrade Church and, as part of this exhibition, I thought it would be an interesting exercise to relate the Fruits of the Spirit; love, generosity, patience, kindness etc to the 10 Principles of Fair Trade. Do come along to All Saints at some time during the week to discover and celebrate all that is going on within the parish.

The next community event that we have been invited to is the RNLI Coffee Morning to be held at the Ocean Room on Thursday 13th November from 10.30am - 12.30pm. This is always a popular event with a large number of stalls, an enormous raffle, cakes and entertainment from the Rock Choir. We will then be at the Wyke Christmas Fayre on Sunday December 7th from 12.00 - 4.30pm. Another popular community event centred around Wyke Square, the Memorial Hall and Wyke Social Club.

If any of you are involved in other events that you would like us to

Continued on page 13

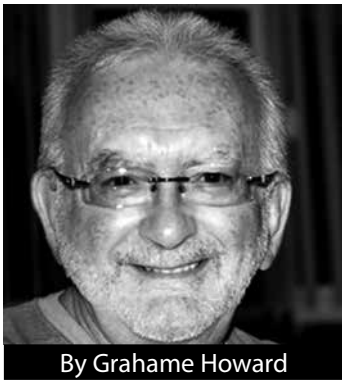
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By Grahame Howard

Never a Dull Moment

Well, here we are, nearer to Christmas than we were last month. That is wisdom don't you think? We are in early autumn well, close anyway. One can always tell because there is dew on the car most mornings and the spiderwebs are everywhere. Is it only me, but when I go out of the door to take Charlie for his walk, I usually get a face full of them. They're everywhere, especially on the hedges and conifers. There will be a national arachnophobia crisis if this carries on.

I do not like spiders very much. I used to have to visit a house where this lady kept a tarantula in a glass case. I wouldn't have minded so much, but I always had to sit next to it and it used to eyeball me. The lady saw me looking at it once, and asked me if I would like to hold it. I politely refused this and couldn't wait to get out of the place.

Talking of spiders, my daughter was bitten by one recently. She was in a pub with her husband and felt sharp discomfort. This discomfort turned into a nightmare for her. She had to attend A&E because her leg had swollen pretty badly and she was in a lot of pain. The hospital confirmed that it was a False Widow Spider bite and gave her medication to help take the swelling down. It took about ten days before she felt better.

Moving on, I have just celebrated my birthday, and what a blessing that was. Among my presents from my kids, I received three Miles Davis albums and a John Coltrane one. I love laid back jazz, especially with a quintet of perhaps, Trumpet, Sax, Piano and drums like Mr Davis used to offer. With a glass of wine, the lights turned low and the music playing it is a fantastic way of relaxing. I tried to recruit my 17 year old grandson to this form of music but, he feels it is not for him. He's at Music College and plays lead guitar in a local band in Weymouth - the Metallic and Heavy Rock stuff. Not the type to relax to but, I must say, the band are very good.

One highlight of my birthday was

a meal out at an Italian restaurant. The CO booked a table for four but, in the end, it was just the CO, my daughter and myself who attended. The thing is, the CO forgot to inform the waiter that one person was unable to attend and we sat there for at least 45 minutes before he took our order. He kept going by but whatever we did, we were unable to catch his eye. In the end, hungry and seriously dehydrated, the CO said drastic action needed to take place and she shouted to him, 'Hoy,' in her best east ender accent. This did the trick. He stopped dead in his tracks and while he was coming over, I went to the loo and my daughter suddenly realised she had dropped some money on the floor and was under the table trying to find it. He was very apologetic and told the lonely CO that he thought there was a fourth diner coming. She suddenly realised that she hadn't mentioned this and apologised. After that, with the food ordered and my daughter suddenly finding her money under the table and my return from the loo, we had a lovely meal and my birthday was complete.

As some of you know, I have to wear hearing aids. The one's I have been using since before Lockdown are brilliant, but a few month ago, one of them stopped working. It would work for a time and then stop again. It was a very frustrating time. This was exacerbated by the fact that I couldn't get an appointment straightaway. There was a six week queue. This was agony, as anyone with a hearing loss knows. I couldn't speak on the telephone because I could not decipher what the person was saying. One chap even said to the CO, 'What's the matter with him, don't he understand English?' The CO told him that I didn't. Thanks for that. During the 6 week wait, I came to the conclusion that if everybody spoke in a very high voice, I would be able to understand what they were saying. Speaking in a deep voice was like listening to a bassist playing down a coal mine - yes they do this at times.

I then remembered that it is all about different tones. With myself, I struggle with the lower tones but can usually understand the high ones. Therefore, if you meet me in the street or wherever, remember to speak high. Anything other than that, I just can't make it out.

However, I finally got my appointment and was told that the amplifier on the aid had stopped working. This was replaced and I could hear again - for three days, when the same thing happened. This time, I managed to get an emergency appointment and was re-fitted with

another aid. This time it worked, thanks to the very experienced audiologist.

So all is well; the CO has just left a 'Jobs to do' list on my desk. It reads: Front flower box needs repair, the car needs washing, the fences need

re-painting and the plants around the pool, need clearing. After that, I need to report back to her where I will receive another list of jobs that need doing. Surely there is an easier way of living!

Grahame

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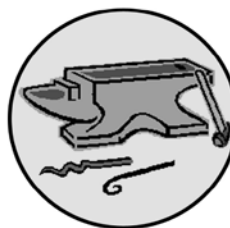
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bring a stall to please get in touch. We also offer the opportunity for groups to enjoy a private shopping evening after the shop has closed. We have an upstairs seating area which comfortably seats 12 people where you can gather over a drink, have a brief introduction to Fairtrade and the stories behind some of our gifts, if wanted, and then shop at your leisure. If you are interested, the easiest way to contact us is by email at the address below to arrange a date. If you haven't already got them, now is the time to be buying your Advent Calendars and Christmas cards. We have Divine Milk Chocolate calendars as well as the Real Advent Calendar complete with a Christmas Story Activity booklet. We also have non chocolate Advent calendars, perfect for popping in the post. Our Christmas cards are sold to support the work of Transform Trade and are selling fast.

We can be contacted on 01305 772842, by email at thebridgefairtrade@gmail.com or follow us on Facebook.

The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ
Open Tuesday-Saturday 10.00am-4.00pm plus Mondays in December.

Friends Of Weymouth Library

Friends Of Weymouth Library talk in Weymouth Library on Saturday 1st November.

Julian Halsby, author of a book of modern ghost stories, entitled *'When Reason Dreams'*, will be the speaker for the Friends of Weymouth Library (FOWL) talk on Saturday 1st November at 10.30am in the Library. The stories are set in the modern world, in places where you would not expect to encounter the supernatural.

Tickets are available in the Library at £2 for members and £3 for non-members. Contact the Library on 01305 762410 or 01305 832613. Everyone welcome.

Citizens Advice

Q. I lost some money in a banking scam and I am scared that it might happen again. What can I do to minimise the risk?

A. Sadly, you are not alone. In September 2025, Citizens Advice commissioned a survey to find out the extent of this problem. Our

research shows that an estimated 10% of people across the South West and around seven million people nationally were caught out by a scam in the past year.

The top five scams people have unwittingly fallen for are:

Online shopping scam (26%) - Includes fake websites and counterfeit or non-existent goods
Investment scam (18%) - Like 'get rich quick' schemes and cryptocurrency scams

Other financial scam (18%) - Such as banking, fake loans, card and bank account fraud

A friend or family member 'needs help' scam (16%) - Tricked into thinking someone you care about needs money urgently

Mobile network scam (14%) - Includes being scammed into taking out a new contract or paying for a new handset.

We are urging consumers to be cautious when taking advantage of shopping deals ahead of Black Friday and Christmas. As scammers get more sophisticated it's important to work together to raise awareness, report scams and share our experiences to help protect ourselves and others.

There are steps you can take to better protect yourself and your loved ones. Something might be a scam if:

Someone you don't know contacts you unexpectedly, or you're asked to transfer money quickly

You're being asked to share personal or security information like passwords, PINs or codes

You suspect you're not dealing with a real company, for example there's no postal address

You've been asked to pay in an unusual way - paying by debit or credit card gives you extra protection if things go wrong

Remember - if something seems too good to be true or doesn't feel right it might be a scam, so take a moment and get advice

If you've been scammed:

Talk to your bank or card company immediately if you've handed over any financial and sensitive information or made a payment
Report the scam to Action Fraud on 0300 123 204

Contact the Citizens Advice Consumer Service on 0800 144 8848 for help with what to do next.

Prostate Health

The NHS is not currently able to offer prostate health screening opportunities for men between

the age of 40 and 80.

The Weymouth based New-Man Prostate Cancer Support Group, in conjunction with The Graham Fulford Charitable Trust, is offering a rare opportunity for local men to have a free PSA Blood test on Saturday November 22nd at The United Church on South Street, Dorchester DT1 1EE. Results will be supplied within 10 days.

Testing will be by appointment only.

Book your place at: www.mypstatests.org/events and search for 'Dorchester'. Then register for an account or log into your existing account and choose a time slot for your test. For booking enquiries call: 01926 419959.

Testing will take place during 15 minute sessions from 10.00am-

2.00pm.

Parking is available nearby at either the Old Market or Acland Road Car Parks.

Weymouth Bay Concerts

Moonlight Swing Band at Weymouth Bay Methodist Church DT47TH on Saturday 22nd November at 7.30pm.

Tickets £10 in advance from Pete 01305812637 or obn door £12. Cash only.

Geoff Miller with Dorchester Big Band on 1st November at 7.30pm at Weymouth Bay Meth-

Continued on page 16

Advertorial

Quality dementia care, led by experts

At Care UK's Anning House, we're passionate about supporting people to live well with dementia. With expert-backed training and luxurious, purpose-built facilities, you can trust us to care for your loved one.

When we welcome a new resident to Anning House, our team gets to know them well so that we can tailor care to suit their individual needs. Regular care plan reviews ensure that everyone is supported at every stage of their dementia journey. It's all part of our person-centred approach.

Care you can depend on

We work closely with academic partners and dementia experts to ensure that we stay up-to-date with the latest approaches to dementia care. The Association of Dementia Studies also provides bespoke training for our teams.

This collaboration means our care and practice is supported and informed by evidence, so that you can be assured your loved one receives the very best, compassionate care.

Supporting people to live well with dementia

At Anning House our lifestyle team delivers meaningful activities, designed to support residents to live fulfilling lives, including gardening, crafting, baking and reminiscence.

We also run a regular dementia café, which allows members of the local community who are living with dementia, and their loved ones and carers, to visit our home and meet other likeminded people. These free events are a great

opportunity to hear from experts in dementia care and make new friends in a relaxed and welcoming environment.

Our Namaste care sessions take a sensory approach to dementia care that can be particularly beneficial for people living with advanced dementia. Set in a calming, softly lit environment, these sessions involve music therapy, hand or foot massages and relaxing aromas.

Safe, supportive, purpose-built facilities

We understand that moving somewhere new can feel overwhelming, but our purpose-built home has been carefully designed to meet the latest dementia standards, creating an environment that is safe, welcoming and easily understood.

Everything from colour schemes, signage and furniture to the design of our crockery, has been carefully chosen to support residents to be as independent as possible.

Trusted to care

Anning House care home in Weymouth is part of Care UK, the country's most-awarded large care provider. We've been delivering high-quality, person-centred care for over 40 years. That's why over 10,000 families trust us to care for their loved ones.

To find out more about the dementia care we offer Anning House call 01305 897 686 or visit our website careuk.com/anning-house

*Anning House care home
Cross Road, Weymouth, DT4 9QX*

The Ridgeway Churches

† Holy Trinity, Bincombe; † St Nicholas, Broadway; † St Nicholas, Buckland Rippers; † St Francis, Littlemoor; † St Osmund, Osmington; † St Andrew, Preston; † St Laurence, Upwey.

Serving Bincombe, Broadway, Buckland Rippers, Littlemoor, Nottingham, Osmington, Overcombe, Preston, Poxwell, Ringstead, Sutton Poyntz, & Upwey
Worship and information is available at www.weymouthridgeway.org.uk

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

Normal Sunday worship in church

8.00am St Osmund's, Osmington (3rd, 4th)
9.00am Holy Trinity, Bincombe
9.00am St Nicholas, Buckland Rippers (1st, 3rd)
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)
9.15am St Andrew's Church Rooms (1st)
10.30am St Nicholas, Broadway
10.30am St Francis, Littlemoor
10.30am St Osmund's, Osmington (1st, 2nd, 5th)
10.30am St Laurence, Upwey
4.00pm St Nicholas, Buckland Rippers (2nd, 4th)
6.30pm St Francis, Littlemoor (4th) Celtic Prayer

Weekday Worship

7.30pm Mon Evening Prayer/Compline St Francis'
7.00pm Tues Together on Tuesday St Francis' Church
7.30pm Tues Candlelight Service St Andrew's. Communion 1st Tuesdays
12.45pm Tues Prayer Meeting St Francis'
8.00am Thurs Morning Prayer St Francis'
12.00pm Fri Prayer Meeting St Andrew's
(For weekday services at St Nicholas see separate paragraph

PLACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

Who's Who

Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 revjamesmenzies@outlook.com (day of rest Monday)

Team Vicar

Rev'd Philip Elliott (Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadway; St Nicholas, Buckland Rippers) The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 weymouth.west.ridgeway.vicar@gmail.com (day of rest Monday)

Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147 weymouth.ridgeway.team.office@gmail.com

Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc (01305) 834866 standrewsan-

gels@hotmail.co.uk

Hall Hire

St Andrew's Church Rooms, Preston,

Shirley Mitchell (01305) 837147 sachurchrooms4@gmail.com

St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 anne_field@talk21.com

Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, prestonvillagehallweymouth@gmail.com. 07742 636511.

New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: weymouth.ridgeway.team.office@gmail.com or 01305 837147.

Special Events

Variety Evening

Friday 24th October

7pm for 7.30pm

St Andrew's Church Rooms, Preston Variety of local acts, Bar, Raffle, FUN! Tickets £10

Tickets from The Team Office 01305 837147 weymouth.ridgeway.team.office@gmail.com

All Saints & St Edmunds Churches

Rector. Rev'd John Mackenzie.

www.parishofwykeregis.org.uk

You will find a warm welcome at our friendly and inclusive churches. All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road.

All Saints Church DT4 9ES

The church is open daily for visitors and private prayer from 9.00am.

Regular church services

Sundays

8.00am Holy Communion BCP (said). First Sunday of the month 9.30am Café Church, with refreshments beforehand.

2nd, 3rd and 4th Sundays 9.30am Sung Holy Communion, followed by refreshments.

5th Sundays Joint Service with St Edmund's, location alternates between All Saints and St Edmunds churches.

Morning Prayer

9.00am Tuesday - Friday.

9.30am Saturday.

Fridays 10.30am Holy Communion (said), followed by refreshments.

Coffee Mornings

10.00am - midday, third Saturday of the month (please see dates below).

Livestream

Our 9.30am Sunday Holy Communion services are also livestreamed. An order of service is published each week so you can join in with the hymns and prayers. Connect via any of the following links.

YouTube - youtube.com/user/WykeRegisChurch/live

Facebook - <https://www.facebook.com/allsaintsweykeregis>

Parish website - parishofwykeregis.org.uk/live

St Edmund's Church DT4 9HZ

Sundays

11.00am Holy Communion with hymns, occasionally alternating with Service of the Word.

5th Sunday joint service with All Saints.

Thursdays

1.00pm-3.00pm Little Saints Baby and Toddlers Group, during term time. Bring along your children, grandchildren or Godchildren and meet up with others. All welcome. Contact Amy on 07397 805124 if you are interested and would like to know more.

Coffee Mornings

10.00am - midday, last Saturday of each month (please see dates below). Wyke Regis Parish works in our schools, as well as local charities and other organisations.

Men's Breakfast at St Edmund's Church Hall

Fancy a chat over a full English Breakfast? (other options available)

Every 2nd Saturday in the month 9.00am to 11.00am, next on 10th May. For more information and to book a place contact: info@parishofwykeregis.org.uk

Coffee Mornings

10.00am-midday, last Saturday of each month (please see dates below).

Hall Hire

Have an event you need a venue for? St Edmund's beautiful church hall is available for hire at very reasonable rates. Send enquiries to office@parishofwykeregis.org.uk, or contact Amy on 07397 805124 for more information.

Wyke Regis Parish works in our schools, as well as local charities and other organisations. We offer many opportunities for people of all ages to come together, such as Men's Breakfasts, walking groups, craft groups, as well as chances to learn to sing and ring the bells, all of which help towards combatting loneliness and isolation.

Live Local News

In addition to the livestream services at All Saints Church, the parish also runs a live local news programme at 6.00pm on Saturdays and a quiz at 7.30pm the same evening. These can be accessed using the livestream links above.

If you want to get in touch, the parish contact number is 01305 784649 or email office@parishofwykeregis.org.uk

Regular parish activities

All welcome. Get in touch beforehand, or just come along and join in!

Art Groups - Contact Janet Hall on 01305 839737.

Bell Ringing - weekly practices for ringers of all ages. Contact Michael Dillstone on 01305 784902.

Book Group - Meets quarterly. Next meeting: Tuesday 4th November, 2.00pm, All Saints Church

Churchyard Working Group - All Saints: 1st Tuesday in the month; St Edmunds: 3rd Tuesday in the month. If you're interested, please come along armed with gardening gloves and wellies!

Choir Practice - All Saints, 6.00pm on Friday. Contact Derek Griffin on 01305 772873.

Circle of Friends Lunch - Lynch Lane Garden Centre. 12pm, 1st Wednesday in the month. Next meeting 3rd September.

Craft Group - 10.00am on Thursdays at All Saints, fortnightly.

Poetry Corner - Meets quarterly. Singing for Fun - 3rd Tuesday in the month, 2.00pm, All Saints Church.

Walking Group - meets at Bingleaves Green on Mondays at 10.00am.

Men's Breakfast at St Edmund's Church Hall
Fancy a chat over a full English Breakfast? (other options available) Every 2nd Saturday in the month, 9.00am to 11.00am, next on 13th September. For more information and to book a place contact: office@parishofwykeregis.org.uk

Come And Catch The Community Spirit! Monday 3rd - Saturday 8th November 2025.

You're invited to a week of joyful celebration in the parish of Wyke Regis where we shall be shining a light on everything that grows in our community - from local groups and charities to events which bring love, peace, kindness and a real connection to life. This is for everyone! Friends, families, neighbours old and new.... come and see what's happening - find encouragement - discover ways to join in!

All Saints church will be open Monday-Friday 10.00am-4.00pm and Saturday 8th 10.00am-12.00 with an exhibition of displays highlighting the ways in which the two churches and community interact to enhance the lives of all. Friday 31st October 10.30am Morning Prayer in preparation

for the Community Spirit week ahead.

Saturday 1st November 10.00am-3.00pm. Quiet Day of reflection on how we can show love to all.

Sunday 2nd November 9.30am Cafe Church service - everyone is very welcome!

Monday 3rd November 7.00pm Launch Evening with guest speaker Neil Biles, light refreshments will be served

Tuesday 4th November 10.00am-6.00pm Arts Workshops for all ages

Wednesday 5th November 2.00pm We welcome the Wyke Regis Federation Choir

Thursday 6th November 6.00pm-8.00pm Community Singing with wine and nibbles

Friday 7th November 6.00pm-8.00pm Choir Workshop with Cheese & Wine

Saturday 8th November 10.00am-12.00 Church Tours and illustrated talk

Do come and join us, and help to build joy and community together - we would love to see you!

Please address any queries to the Parish Office office@parishofwykeregis.org.uk

Weymouth Family Church

14 Westham Road, Weymouth DT4 8NP. <http://weymouthfamilychurch.org.uk/>

Sunday 10.30am-12.00

Main meeting. At least twice a month, we share in the Lord's Supper, remembering what Jesus did for us on the cross and declaring it until He comes again, deepening our union with Him.

Monday 10.30am-12.00

Coffee morning with the opportunity to learn Makaton sign language, open to all.

Tuesday 7.00pm - 9.00pm.

Craft evening. Join us for some craft activity and enjoy a chat and a cuppa.

Thursday 10.30am-12.00.

Coffee morning, open to all.

Copy & Distribution Dates 2026

Issue	Copy Date	Distributed from
January	Monday 2 December 2025	Monday 16 December 2025
February	Monday 5 January 2026	Monday 19 January 2026
March	Monday 2 February	Monday 16 February
April	Monday 2 March	Monday 16 March
May	Tuesday 7 March	Monday 20 April
June	Tuesday 5 May	Monday 18 May
July	Monday 1 June	Monday 15 June
August	Monday 6 July	Monday 20 July
September	Monday 3 August	Monday 17 August
October	Tuesday 1 September	Monday 14 September
November	Monday 5 October	Monday 19 October
December	Monday 2 November	Monday 16 November
January 2027	Monday 30 November	Monday 14 December
February 2027	Monday 4 January 2027	Monday 18 January 2027

Dates may be subject to change

Friends of Weymouth Peace Garden

The Garden was originally a Quaker burial ground and is now a calm, tranquil space enjoyed by local people and visitors alike throughout the year.

Situated on the Nothe, next to the Nothe Tavern, unless the weather is bad, volunteers meet every Saturday

morning for a gardening working party for 2-3 hours from around 10.15. to approximately lunchtime, with coffee/chat break part way through. It is informal, friendly and new volunteers are welcomed. Gardening expertise is not necessary, enthusiasm and interest are more important.

Holy Trinity with St Nicholas Weymouth

We are an inclusive church, come as you are, we welcome you all.

The Harbourside Church

Trinity Road Weymouth DT4 8TJ

Wednesdays 10.00am Said Eucharist

<https://www.holytrinityweymouth.org>

Face book: Holy Trinity Weymouth with St Nicholas

Sunday 8am - Said Communion service (in the Lady Chapel)

Sunday 10am - Sung Communion service (in the main space)

1st Sunday 6.00pm for a 6.30pm start - Open Table - Inclusive service for LGBTQIA+ friends, families and allies (in the main space)

Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
	10.45am	Coffee Morning	Broadway
Fridays	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
Saturdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

Methodist Churches in Weymouth

Churches are available for baptisms, marriages (including same sex marriages at Weymouth Bay) and funerals.

Sunday Morning Services

10.30am Chickerell, North Square, DT3 4DX

10.30am Lanehouse, Lynch Lane, DT4 9DL

10.30am Weymouth Bay, 32 Melcombe Avenue, DT4 7TH

Sunday Evening Services

6.30pm Weymouth Bay, normally 2nd Sunday in month.

Worship information in available at www.dsw.church

Church Activities

Chickerell

Craft and Chat - 1st and 3rd Wednesdays at 2.00pm

Craft and Sew - 2nd and 4th Fridays at 7.00pm

Coffee Morning - last Saturday in the month at 10.00am

chickerellmethodist@gmail.com

Weymouth Bay

Wednesday

10.00am Coffee Morning - all welcome, tea, coffee, cakes, books and jigsaws to borrow or swap

10.30am Grace Notes, informal singing group for all abilities

2.00pm CAMEO, women's group meets fortnightly

5.00pm Miscellany Band for anyone who plays a musical instrument

Thursday

2.00pm Bible study Group

First Friday in the month

2.00pm Dementia Café for people with dementia and their carers

Last Saturday in the month

9.00am Garden Gang

Rooms are available for hire, all enquiries to weybay@yahoo.com or 01305 457510.

Feeling Better

Abigail Langstone - Wring

BSc, FETC, MAR.

www.dorsetclinicalreflexology.co.uk



Presenting The NHS Dorset County Hospital Clinical Reflexology Project at a International Conference in Europe, Part 1.

The International Council of Reflexologists ICR held their first face to face conference since covid this September in Athens Greece. The conference theme 'Making Reflexology Mainstream' was announced in 2024 with a call for papers (abstract submissions). I submitted my abstract 'Providing evidence to support reflexology provision in mainstream healthcare' and was thrilled when chosen to present at the conference. Delivered over 2 hours my presentation was divided into part 1, a series of slides that illustrated the strategic route and data evidence (presented as graphs) that enabled an externally funded reflexology project move from trial phase to sustainable daily service status within a UK NHS hospital Cancer Service that remains operational to date. NHS Clinical Reflexology Service Project Pathway. Identifying a need: The Project Proposal. (Keep it simple = Why? Who? What? Where? When? How?) Guidelines and Permissions: Behind the Scenes Paperwork. (Governance Policy & Procedure. Standard Practice. Risk Assessments. Training).

Service Delivery: Practicalities and Assessment Process. (Adapting reflexology. Consent/evaluation form. Annual patient survey and Staff Engagement Event. Clinical Audit - Urgent& Integrated Care Division (A). Annual Reports.) Internal 2019 Award-Winning Audit Data Findings. (2,078 patient feedback data) Service Development 2014-2022. (Over 10,000 patient feedback data) 5 year NHS Clinical Reflexology Service Model. Getting Published. (Process of study submission, external double blind peer review) Barriers to UK NHS Mainstream Integration. (Lack of Degree status training that would enable membership of Allied Healthcare Professionals Council HCPC) Special Mention. (Belinda Ryan 1961-2019 a friend that opened doors to benefit others. Prof David Machin who donated research expertise and statistical analysis to the project. Patricia Miller OBE, CEO Dorset ICB whose professional support 'made things happen' and Beryl Crane for her inspirational teachings.)

With focus on the 2019 NHS Clinical Reflexology Clinical Audit aims, objectives and outcomes that included the evaluation of the Clinical Reflexology Service from a patient perspective: Identification of patient concerns (physical/emotional): Patient perceived outcomes: Patient experience comments on Service, Beneficial

Effect and Therapeutic Effect. The audit outcome report findings showed of the 2,078 patient feedback data Service uptake was 70.60% Female 29.40% Male with the highest number of patients 48.80% aged 61-75. 50.10% were Chemotherapy patients 42.11% Ward in-patients 7.80% Radiotherapy patients. The top three patient identified concerns were Anxiety (45.62%) Pain (22.81%) and Swelling (10.59%). 1,839 Patient Experience Comments were collated and categorized with 638 patient comments on the Service with 126 rating excellent. 247 patient comments on Beneficial Effect (physical change) with the highest number 36 citing a reduction in pain after reflexology. 954 patient comments on the Therapeutic Effect with 517 feeling relaxed after reflexology. The Audit data informed the external double-blind peer reviewed published article in the Royal College of Nursing Cancer Nursing Journal and can be viewed in full on line Open Access (citation) Langstone-Wring A, Whatley J (2023) Patients' experiences of clinical foot reflexology in a hospital cancer

service. Cancer Nursing Practice doi: 10.7748/cnp.2023.e1841. My presentation was well received by colleagues from around the world, there were questions throughout about the complex processes involved in setting up and running a complementary service within the UK NHS. Delegates took away the Consent/Evaluation form I specifically designed for use in clinical settings to introduce in their settings so they might start to collect patient data in a standardized manner. So hopefully more meaningful data will be published and further the cause of reflexology recognition and integration into mainstream healthcare provision going forward. Part 2. Practical demonstration of Professional Clinical Reflexology PCR- The Langstone-Wring 20 minute Method. I am fully qualified, insured and DBS checked with over 30yrs professional experience specializing in Clinical Reflexology. Nutritional Therapy, Homoeopathy and Counselling. Contact Tel 01305784986 abigailwring@btinternet.com www.dorsetclinicalreflexology.co.uk

News

Continued from page 13

odist Church, DT4 7TH.

Tickets £10 in advance from Pete 01305812637 or on door £12. Cash only.

Art Exhibitions

The Final Journey

An exploration of death and dying through art is a group exhibition taking place in the Royal Manor Theatre, Fortuneswell, Portland, DT5 1LT.

We open at noon on the 15th November and daily from 10.00am to 4.00pm until the 19th November. As well as the art and poetry created by the 20 contributors, there will be workshops and talks. Antje Rook will be introducing the Portland Wind phone on Sunday the 16th November at 5.00pm. Jeremy Russell from the Dorset Downs Burial Ground will be giving a talk on Monday the 17th November at 6pm. Shelley Daniels will give a talk about Grief Cafes and how they can help on Tuesday the 18th November at 2.30pm and Angie McLachlan, a Thanatologists, Priest and retired Embalmer will give a personal view from the threshold of death's door on Wednesday 19th November at 2.30pm. There will also be a poetry work-

shop about grief at the Dry Dock Pub DT4 8EW on Sunday 26th October at 2.00pm with Antje Rook and Nicki Greenham. There will be a pop-up café and opportunities for visitors to participate in painting a coffin and to talk to the artists. Do drop in. The Christmas Fayre is a three-day event taking place in the Royal Manor Theatre, Fortuneswell, Portland DT5 1LT from the 7th to the 9th of November between 10.00am and 4.00pm. Twenty local artists will be displaying their work, with plenty of affordable art, crafts and cards to browse and purchase - that's Christmas sorted! There will be a pop-up café, for visitors to enjoy home-made cakes and spend time with the artists. Do drop in.

Age UK Volunteer Visiting

We are looking for friendly people in Weymouth and Portland who would enjoy spending a short amount of time each week visiting a local older person to provide company and a friendly chat.

The Volunteer Visiting Service matches a friendly volunteer with

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Abigail Langstone-Wring BSC FETC MAR MFHT



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Head Style

Opening Times

- Monday Closed
- Tuesday 9.00 - 5.00
- Wednesday 9.00 - 5.00
- Thursday 9.00 - 6.00
- Friday 9.00 - 6.00
- Saturday 8.30 - 1.30

Chalbury Corner,
Preston, Weymouth

Telephone 01305 834647

an older client in their local area for a weekly home visit to reduce loneliness and provide companionship.

It is about company and conversation to brighten the day, not about providing home help, transport or a shopping service. Priority is given to older people who live alone so you know that if you volunteer you will be helping those that need it the most.

We offer full training and regular supervision from a dedicated line manager and pay travel expenses. If you can help, please contact Kathy on 01305 231 382 or email volunteerenquiries@ageuknswd.org.uk

Healthy Happy Living Weymouth & Portland Newsletter No 2

This second edition has been created with input from Dorset Social Prescribers, the Primary Care Network (PCN), and the Nutrition Department at Bournemouth University.

Our aim is to encourage friends, families, and neighbours to talk about simple everyday choices that help us live healthier, happier lives, reducing the risks of long-term conditions like diabetes, cancer, heart disease, and stroke.

Know Your Numbers, protect your heart

Continues on page 18

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Coronary heart disease is the single biggest killer of men. It also kills more women each year than breast cancer, with signs from studies that cases are rising among women under 65 years old (The Times, 6 August 2025).

High blood pressure is a leading cause of heart attacks, strokes, and serious blood-vessel problems. It usually has no symptoms, which is why it is often called the 'silent killer'.

Know Your Numbers Week, 8 to 13 September

PCN staff will be out and about offering free blood pressure checks in supermarkets, pubs, The Veterans Hub in Weymouth, and at our offices on Lynch Lane.

Check your numbers and learn what they mean at bloodpressureuk.org. See 'Our blood pressure chart' to compare your readings.

Conquering loneliness, from a Social Prescriber

'I met with a client and their family at Ageing Well Clinic, Weymouth. They seemed well supported but were looking for something to get them out of the house. I showed

them the Keep in Touch calendar of local activities, and with some motivational conversations and signposting they started to attend a few of the drop-ins. They are still attending activities and lunches, and have said how grateful they are to have been made aware of what is available. Thank you to the Social Prescribing Team for linking them with the right connections.'

What social prescribing can do Link workers connect you with local non-medical support to boost health and wellbeing — for example, reducing loneliness, building confidence, and getting more active. They can introduce you to community groups and help with practical issues that make life harder.

How to access social prescribing

Contact your GP surgery for a referral, or refer yourself to the Social Prescribing service by telephoning Help and Care at 03033 030153, or emailing them at contact@helpandcare.org.uk. You can also visit socialprescribingacademy.org.uk to learn more.

Eating healthily on a budget: Smart tips for nutritious meals

Eating well does not have to be expensive. With a little planning, you can enjoy balanced, tasty meals while keeping costs down. More fruit, vegetables, and higher-fibre foods provide valuable nutrients that help us stay healthy.

Plan your meals

Create a weekly plan and shopping list. It helps avoid impulse buys of high-fat, high-sugar, high-salt foods and reduces waste. Try not to shop when hungry, or consider shopping online.

Affordable ways to get your 5-a-day

Canned fruit, vegetables, beans, and lentils — as well as frozen fruit and veg — are long-lasting and just as nutritious as fresh options. Avoid fruit canned in syrup. Seasonal produce is usually cheaper, so consider eating with the seasons and look out for special offers.

Cook at home

Home-cooked meals save money. Batch cook, use leftovers, and try one-pot dishes to save energy and washing up. Keep lids on pans to hold the heat in.

Limit processed foods

Pre-packaged and ultra-processed options are often more expensive and less healthy.

Use leftovers

As much as a quarter of food we buy is wasted. Turn leftovers into soups, salads, sandwiches, or wraps. Combine cooked meat, tofu, beans, cheese, eggs, and vegetables with pasta for a simple bake. If you have a freezer, cook larger quantities and freeze in portions. Slice bread and freeze some to prevent it going stale.

Organise your fridge

Keep food covered so it doesn't dry out. Store newer items behind older ones so nothing gets forgotten.

Try food-sharing apps

Consider Too Good To Go and Olio to rescue surplus food at low cost.

Find out more

BBC Food has great ideas for cheap recipes and meals. British Nutrition Foundation, Creating a Healthy Diet: <https://www.nutrition.org.uk/creating-a-healthy-diet/>

Article by Dr Joanne Holmes RNutr and Dr Sarah Hillier RNutr – senior lecturers at Bournemouth University on the BSc (Hons) Nutrition and MSc Nutrition and Behaviour programmes. Both are Registered Nutritionists with the Association for Nutrition.

Trading Standards News

No Blame, No Shame

The national #NoBlameNoShame campaign says that if you think scams only happen to people who are 'gullible' or who are out of touch, then think again.

The truth is, anyone can be vulnerable to scams, especially during stressful times or when facing big life changes. Maybe you're moving out for the first time, going through a separation, dealing with bereavement, or an addiction. These moments can make even the most switched-on person a target.

Everyday type decisions can be confusing too, like buying goods online, investing your money for higher returns, switching energy providers, or booking last-minute holidays. We can't all be confident consumers in all we do. If you're not sure what you're doing, then you're potentially vulnerable too. It's then easy to get caught out. If you're not confident with fast changing digital tools and technology, then the risks can be even higher. Scammers use these tools to trick people into handing over money or personal details. They might start off friendly and helpful but might quickly turn pushy or even threatening if you hesitate. Vulnerability isn't a weakness, and it's often not permanent, it's just a part of life that everyone experiences at some point. The key is to recognise it and take steps to protect yourself. Talk openly with friends and family about scams and how they work. Don't be afraid to ask questions or double-check things that seem off. If something feels too good to be true, it probably is.

Most importantly, look out for each other. Share what you know, and don't judge someone if they get caught out. Don't let anyone make you feel ashamed for being cautious.

Why not join over 5500 other people in Dorset and become a 'Friend Against Scams'? You'll learn how to spot a scam, increasing your knowledge so you can talk with friends and family to help keep



Calling all Wyke creative folk to make a

Wyke Winter Art Trail

Wyke Village from 1st – 7th December 2025



Creating unique tissue paper 'Stained Glass' artworks/ other ideas to be displayed in your windows around Wyke

To learn how to make your individual artwork and to take part in this project we will be holding

FREE WORKSHOPS

At Wyke Community Hall
Sat 8th November 12-2pm

At Wyke Memorial Hall
9th & 16th November 10-12 am

Sat 15th Nov @ Wyke Regis Library 10-1pm

To book call Fiona 07780463147

Limited spaces



them safe too. Visit www.friends-againstscams.org.uk

The Boys are Back in Town

For all lovers of live music, then the night of Friday 21st November promises to be another one not to be missed, when an array of local talent will once again be playing at The Centenary Club in Weymouth.

It follows a series of hugely successful performances that have been arranged at the venue organised by The Boyz, chaired by Chris Dean, a well known and much respected musician. This next evenings' entertainment has three superb groups performing; Package Deal, Strange Brew and the last ever performance of Crystal Ship, together with an acoustic set from solo artist Ken Watkins.

Formed as one of many Weymouth groups in the 60s Crystal Ship were originally known as The

Conquerors. As the band evolved, with a few line-up changes, they proved to be very successful playing West Coast music not only at local clubs but also at top venues including The Middle Earth in London. In 1968 Crystal Ship recorded two demo tracks in London and finally, after 58 years, these have been released on an album Times of Strange Days Past. The tracks are The Blue Man Runs Away and Times of Darkness Past. The band reunited as Crystal Ship Relunched in 2017 at a local fundraising event bringing together a number of Weymouth bands from the 60s and 70s. Crystal Ship Relunched have been performing rock and blues music at various events since. Their final line-up features six members, three of which: Alan Hodder - vocals, Phil Biggs - drums and Mick Martin - guitar played in the original Conquerors and Crystal Ship. Abler White-guitar has also played in Weymouth bands since the 60s. Their bass player Adrian Bond,

who lives in Trowbridge, is a keen blues player and has been with Crystal Ship for over seven years. Last but not least they also feature Alexis, a regular part of the band in recent years. Alexis comes from Swanage and not only sings with Crystal Ship but also performs alone as a solo artist at many local venues. Crystal Ship have now decided to call it a day and return to port. For their final gig they are delighted to have been invited again to the annual Reunion Event at The Centenary Club where they relaunched in 2017. The band will be playing a selection of numbers from their beginnings in 1963.

Originally formed in 1966 Package Deal band reformed a few years ago for a one off reunion. This proved so popular with our local audiences that they have performed several times since. Delivering a punchy soul driven sound this seven piece band is bound to take you back to the early Motown and Stax era. The line up for this event is: Dana Milverton

- Drums, Bobby Lovett - Trumpet, Vicki Osborne - Tenor Sax, Steve Peach - Bass Guitar, Andy Prior - Keyboards, Mike Stockwell - Lead Guitar and Tony May - Lead Vocals. The ever popular Package Deal are really looking forward to playing the type of music which started off most of their musical journeys and has now spanned several decades. It's always guaranteed to get people dancing!

Strange Brew are a Weymouth band who were very popular around these parts about 35 years ago. They got together following an advert in the Echo looking for musicians to back a local singer. The local singer in question was none other than Jumpin' Jimmy Thunder who was at the depth of his inestimable powers with his legendary Golden Eagle Inn residency. The band secured management, landing regular gigs across the

Continues on page 22

Frome Valley Morris Mummers
Present a play once performed in Broadway
Disguises, fighting, a doctor, a resurrection, a fool all feature. Suitable for all ages

Followed by a Talk & Slide Show by Sue Virgin
Broadway - Down Memory Lane

Saturday 6th December
From 2pm to 4pm (doors open at 1.30pm)
St Nicholas Church, Broadway, DT3 5DN



Free Community Event with tea and cake,
as a thank you for the support given to the church
For catering purposes please book your place in advance by
contacting Susana on:-
07944617553 or email susanamalik@yahoo.com
St Nicholas Church registered charity number: 634137

An evening of JAZZ
with
Clive Ashley - saxophone
Buster Cottam - double bass
Charlie Mason - guitar



Talented musicians & composers with a wealth of experience.

Friday November 7th 2025 7.30pm
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Tunes you know, often developed into adventurous
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plus some original pieces too

Please bring your own refreshments
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BURNS NIGHT

Saturday
17th January - 7pm
(doors open at 6.30pm)

Celebrating the life and
legacy of Robert Burns,
featuring two course
Scottish Fayre, Bagpipes,
Scottish Ceilidh and a
Wee Dram of Whisky.

Tickets £20 and must be
booked in advance for catering
purposes by contacting Susana
on 07944 617553 or emailing
susanamalik@yahoo.com



St Nicholas Church registered charity number: 634137

Craft & Coffee
Knitting, Crochet & Craft
Group

3rd Tuesday of Every Month
10am to 12 noon
St Nicholas Church, Dorchester Rd, DT3 5DN

Whether you're a beginner or a seasoned crafter, just
bring your own project and join in the crafty chat over a
cup of tea or coffee.

For more info contact
Susana on
07944617553



St Nicholas Lunch Club
Second Tuesday of every month at
St Nicholas Church, DT3 5DN
11.30am - 2.30pm (Lunch served at 12)

Please join us for a home cooked meal
and make new friends

Board games and puzzles available
Donations towards costs welcome

For catering purposes and dietary requirements,
please book in advance by contacting
Susana on 07944617553
or emailing susanamalik@yahoo.com



Wyke Earls Community Film Club
Presents

SUNSHINE ON LEITH

Wyke Regis Memorial Hall
All Saints Rd, DT4 9EZ

7:00 pm Sun 16th Nov 2025

Entry: £6.50 (includes glass of wine/soft drink)

Book now at: parishofwykeregis.org.uk
or contact
Jeff Thomas on 07710 096174



Victorian Locomotive restored to former glory

Constructed in 1893, No 563 was a member of the renowned T3 class, which was designed by William Adams in 1891. Out of the twenty T3 locomotives produced, No 563 stands as the sole survivor of its class. Additionally, No 563 holds significance as it is the final express passenger tender locomotive crafted by the esteemed William Adams. Since 1945, no examples of this locomotive type have been seen in operation.

The T3 locomotives, including No 563, were documented operating from London Waterloo to Swanage, transporting holidaymakers. These tourists contributed to the development of Swanage into the town it is today, with No 563 playing a role in that transformation. Manufactured at Nine Elms, this T3 class locomotive commenced service as London and South Western Railway (LSWR) number 563 in March 1893. Initially withdrawn in March 1939 after covering 1.5 million miles, it returned to service the following month. Ultimately, it was withdrawn again in August 1945 and placed in storage at Eastleigh before being relocated to Kimbridge Junction in January 1948, awaiting scrapping. However, 563 was preserved due to the celebrations planned for the centenary of Waterloo station later that year. In March 1948, 563 was returned to Eastleigh and restored

to its original state in preparation for its exhibition at Waterloo as a representative of the LSWR era. Following the conclusion of the Waterloo exhibition, 563 was stored at the Farnham electric multiple unit carriage sheds. After spending several years on display at the National Railway Museum in York, it was shipped by sea to Canada in 2011 for a six-month role in a theatrical production of *The Railway Children*, later reprising the show at King's Cross station in London – although it had to be towed along the tracks for the performance. When it was donated to the Swanage Railway Trust by the National Railway Museum in 2017, it was still inoperable and nearly unrecognizable compared to the shining green engine it has become today.

Restoration efforts on the T3 commenced in late 2017, with most of



Above and below: T3 No 563 on display at Corfe Castle goods yard prior to restoration in October 2017.



LSWR logo before restoration



LSWR logo after restoration



T3 No 563 in its new livery at the Swanage Railway autumn gala 2025

the work on the locomotive being performed by specialized contractors at the Flour Mill workshops in Gloucestershire. The restoration of the locomotive's tender, which holds 3,300 gallons of water and three tons of coal for the engine, was conducted at the Swanage Railway's Herston engineering works located on the outskirts of Swanage.

On Saturday, 7th October 2023 an event that harkened back to the golden age of Victorian steam travel took place at Swanage Railway to commemorate the T3 locomotive class 563 as it pulled its first passenger train since 1945.

The T3 has been restored to its former splendor, thanks to a £650,000 restoration initiative carried out by volunteers at the Swanage Railway Trust, which received commendation from Anthony Coulls, the senior curator at the National Railway Museum.



email:
info@registermagazine.co.uk

The Boys are Back!

Reuniting local bands that played in the Weymouth area in the 1960s, 70s and 80s

Weymouth Centenary Club Friday 21st November

6.45pm until late

Featuring three Live Bands

★ Package Deal ★ Strange Brew ★ Crystal Ship
plus ★ Ken Watkins

Tickets just £10 with all profits going to support local charities

Obtainable from the Centenary Club, Weymouth

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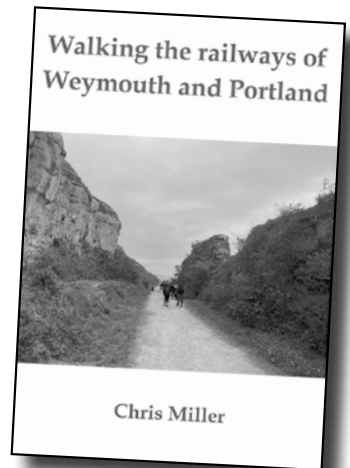
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South and London, as well as a memorable appearance with Jumpin' Jimmy on ITV's culture show Art Beat, which can still be found on You Tube. As with most bands, personnel come and go but most of the former members of Strange Brew are getting back together for a one hour set at The Centenary Club. Their line-up consists of Matt Black - Keyboards, Justin Bryant - Lead Guitar, Chris Payne - Guitar/ vocals Peter Langdown - vocals, John Portsmouth - Drums and Gary Cockroft - Bass guitar. Starting the evenings entertainment will be a solo acoustic guitar performance from Ken Watkins. Since moving to our area over 50 years ago Ken has been entertaining us with his skilful guitar playing, rich vocals and a unique sense of humour. Few of us would not have seen him playing in a diverse range of venues that have included; countless pubs, busking in the street and performances at

Weymouth Pavilion. Tickets for the evening are priced at just £10 with all proceeds once again going to support local charities. Due to the huge success of previous evenings this has enabled thousands of pounds to be raised. Amongst the charities that have benefited are the Dorset and Somerset Air Ambulance, Weldmar Hospice, Munsty's, A Stars, Parkinson's, Veterans Hub, The Lantern Trust, the Dorset County Hospital MRI Cancer appeal, Chickerell Primary School, Young Minds, RNLI, Salvation Army, MS Freedom and local Foodbanks. Chris Dean is looking forward to another successful evening. 'When we first came up with the idea of getting together local musicians that had performed as far back as the 80s, 70s and even 60s, I was not sure how well they would be received. I need not have worried as the response has been fantastic. The area has always had a

brilliant reputation for producing talented local musicians and it's fantastic that we can provide a showcase for it. We get all ages coming proving that music really can be enjoyed by anyone. Many of the musicians and audience travel many miles to be here. There is also a Facebook page that we hope will be of interest to many locals and musicians. It's called Reunion of local bands in and around Weymouth in the 60s, 70s and 80s. You are invited to join it and add your memories and pictures. Without everyone's support we would not be able to continue. Where words fail, Music speaks! There will also be a raffle on the evening that includes a star prize of £100 and a second one of £50. The entertainment starts at 6.45pm and continues until late! It's recommended that tickets are obtained in advance by calling at the Centenary Club or by telephoning 01305 839310. There will also be tickets available on the door.



Portland: The D-day Centre, Castletown; and Portland Museum, Wakeham
Or contact the author on miller545@btinternet.com.

Remembrance Sunday in Weymouth

Weymouth's Remembrance Sunday service and parade takes place on Sunday 9th November at the Weymouth War Memorial on the Promenade.

The Mayor of Weymouth, Cllr Caroline Nickinson will be joined by her Chaplain Father Scott Anderson, veterans, Councillors - including the Armed Forces Covenant Liaison, and members of the Armed Forces for the service, which begins at 10.55am. Members of the public are invited to join together to remember and honour the service and sacrifice of all those who defend our freedoms and protect our way of life.

To signal the start of the two-minute silence, members of the Nothe Fort Garrison will fire the first cannon from the beach at 11am, followed by a second at 11.02am to mark the end.

There will be a wreath laying service at the Weymouth War Memorial followed by a parade along the Esplanade to the US Memorial Service where a short wreath laying ceremony will also take place.

Any organisations such as local schools, Brownie or Scout groups who wish to lay a wreath at Weymouth War Memorial before the official service begins should notify the Town Council by Friday 7th November by emailing events@weymouth-towncouncil.gov.uk

Mayor of Weymouth, Cllr Caroline Nickinson said: "Weymouth has a rich military history, and I am honoured to be joining representatives from our Armed

New Railway Walks Book

Walking the railways of Weymouth and Portland by Chris Miller. £6.95

This book guides the reader through four illustrated walks in Weymouth and Portland in Dorset. They all happen to be, in part, on disused railway tracks. The text describes these railways and the role they played in the local economy, viz. Weymouth Harbour's trade with the Channel Islands; the stone quarries on Portland. It also includes discussions of historic events that took place at various locations along the walks. For example: the 1645 siege of Melcombe Regis in the Civil War; the emergence of Weymouth as a seaside resort following George III's spending the summer there from 1789-1805; the use of convict labour to build the breakwaters forming Portland Harbour and various forts to protect it; the manufacture of torpedoes in Wyke Regis in both world wars.

The book has over 80 colour plates (including some from the late nineteenth century) and is available from

Dorchester: Teazel and Skylark, Trinity Street; and Occasional Bookshop, Durngate Street.

Bridport: The Book Shop, 14 South Street.



The Original Crystal Ship Line-up pictured in 1963.



The Current Crystal Ship Line-up set to make their final performance at The Centenary Club on Friday 21st November.

Forces for this year's Remembrance Sunday service at Weymouth War Memorial, where I will lay a wreath on behalf of the Town Council. Members of the public are welcome to join us for this poignant service and should gather at Weymouth War Memorial in good time as we prepare to pay tribute to our Armed Forces personnel – past, present and future."

Cllr Joanna Dickenson, Armed Forces Covenant Liaison, added: "It is a huge privilege to attend Weymouth's Remembrance Sunday Service as Weymouth Town Council's Armed Forces Covenant Liaison. To stand with so many other families in Weymouth who have connections to the Armed Forces is a real honour."

Free parking

To support the event, Weymouth Town Council applied for free parking in the Dorset Council operated car parks in the town centre. These include Cosens Quay, North Quay, Governors Lane, Harbourside, Melcombe Regis, Park Street, Pavilion, Pavilion Forecourt, Royal Yard and Swannery car parks.

Parking Prohibitions

Between 9pm on Saturday 8th November and approximately 12pm on Sunday 9th November, no parking is permitted at the following locations which form the service and route of the parade, its assembly and dispersal points.

The Esplanade - both sides between King Street and Lennox Street, parking bays in Astrid Way, the parking area by the Pier Bandstand and the loading bay adjacent to Enzo's Restaurant.

"No Waiting" cones will be placed at these locations on the afternoon of Saturday 8th November, and drivers are advised to find alternative places to park.

Traffic Diversions

On Sunday 9th November, The Esplanade from William Street to King Street will be closed to traffic from 10am until approximately 12pm.

Further traffic diversions will also be in effect from 12pm until approximately 12.30pm on The Esplanade between King Street and the Kings Statue. Diversion signs will be placed.

These measures have been implemented with the safety of all

residents, general public and those attending the parade in mind.

Cannon fire noise

People attending the service at Weymouth's War Memorial are pre-warned that the cannon fire will be loud!

Weymouth Town Council

A round-up of some of the key decisions and announcements made at Weymouth Town Council's Full Council meeting on Wednesday 15th October.

Town Mayor's announcements

Mayor of Weymouth, Cllr Caroline Nickinson, announced the winner of the annual carpet bedding design which features at Greenhill Gardens. Earlier this week she met with members of the Council's Greenspaces Team, including the gardeners, and they chose Dorset charity the Lexi May Trust to have its logo set in flowers in the gardens in 2026.

Cllr Nickinson said: "The charity was set up by the family of Lexi who sadly passed away with a brain tumour in 2016 at the age of eight. They support children with terminal illness and life-limiting conditions throughout Dorset with the provision of memorable, fun, and special days out."

Petition on palm trees

A petition was presented to the committee concerning the removal and replacement of two palm trees on Weymouth's seafront.

During the meeting, Assistant Town Clerk Charmaine Denny said council staff have been working on a new option which could see all nine palm trees remain in their existing locations. This will be brought to Environment and Services Committee on Wednesday 29th October for councillors to consider and decide if they want to stay with the original resolution or change to the new option that will be presented.

In line with the recommendation in the committee report, the petition was referred to this meeting of Environment and Services Committee.

Weymouth Neighbourhood Plan

An update was provided on progress of the Weymouth Neighbourhood Plan (NP).

The examiner has completed his independent examination of the Weymouth Neighbourhood Plan, recommending 48 modifications to ensure the NP meets the 'Basic Conditions' and other legal requirements.

Full Council agreed these modifications which will be updated in the plan and then submitted to Dorset Council for the next stage, a referendum of Weymouth residents. Full details on the Weymouth Neighbourhood Plan, including the modifications, are available on the website.

Royal Manor Theatre

Our busiest ever November is here! No doubt a great time was had by all who came along to this wonderful theatre on Portland to see Humble Boy, or had a blast with the RockinBanana Quiz night or came to see the mind bending performance by Danny Lee Grew! Without your visits and support we wouldn't be able to offer such a wide range of great things to do! All without the need to cross the beach road!

Humble Boy is now another memory, a great deal of love to everyone who came over to see this wonderful production by Chris Matthews and his talented cast. And congratulations to Chris, the aforementioned cast, and all the people involved in assisting in the production.

This month, we start with our annual Rocky Horror Picture Show Screening, where the more adventurous of us will be grooving and letting our freak flags flutter at the 6th year of this popular event.

A few days after, we have Antje Rook hosting a couple of pop-up exhibitions in the Lower Hall, the "Winter Wonderland Christmas Market" starts on November 7th until 9th.

November 14th sees Arts reach present "Making a killing", by Ben Kernow. Performed by just two actors, Making a Killing is a razor-sharp, dark comedy about justice, corruption, and the cost of survival in a world disturbingly like our own. Bold, biting, and impossible to ignore, the play takes inspiration from The Journal of Master Franz Schmidt, Public Executioner of Nuremberg, 1573-1617. A remarkable historical record that lays bare the humanity and contradictions

of a man who killed for a living.

Then we have Antje Rook back, hosting several artists around the theme "The Final Journey, an exploration of Death and Dying through art" from November 15th to the 19th, which will be accompanied by talks and workshops. And will also introduce the first Wind phone to Portland. 20 people from Portland and Weymouth, artists and non artists will show their take on "The Final Journey".

We top November off with another RockinBanana Quiz night on the 28th, these are always great fun with a lively mix of folk from all corners of Portland and afar!

We're also partnering with the Heights Hotel to assist with their Murder Mystery Evening! See details of the event on November 29th, on the Heights website and Facebook.

Stay tuned for more from your local Royal Manor Theatre on Portland, and get in touch if you want to experience the best that your local community theatre and amateur dramatic society has to offer. Search for "Royal Manor Theatre Portland" or go to <https://www.royalmanortheatre.co.uk>. Email: info@royalmanortheatre.co.uk

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